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What are the signs and symptoms of TB?

Sweating a lot during the night

A cough that will not go away

Not feeling like eating food

Losing weight and feeling very tired

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TB can be cured
AIDS toll-free line: **0800 012 322**

- TB (tuberculosis) is an infectious disease that spreads through the air from person to person.
- Go to the clinic if you have been coughing for 2 weeks or longer.
- Stay on your TB treatment till your health worker tells you to stop.
- Talk to your health worker about family planning, if you are fasting, if you are having an operation or going through initiation.
- Cover your nose and mouth when you cough or sneeze.
- Open windows so that TB germs can blow out.
- Wash hands often to stop germs from spreading.
- TB can be cured even if you are HIV positive.
- TB testing and TB treatments are free at the clinic.
- Tell the health worker if there are children under 5 years in a house with someone who has TB.

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