

# IT'S FLU TIME...

GIVE YOURSELF  
AND YOUR  
FAMILY THE  
PROTECTION  
YOU  
DESERVE...

## GET VACCINATED

THESE "HIGH RISK" GROUPS SHOULD  
SERIOUSLY CONSIDER  
HAVING THEIR  
FLU VACCINATION<sup>1,2</sup>



HEALTHCARE  
WORKERS



CHRONIC  
CONDITIONS



THE ELDERLY



PEOPLE  
WITH HIV



PREGNANT  
WOMAN

- Influenza is a viral respiratory disease that can be associated with serious illness and even death.<sup>1</sup>
- The most effective way to prevent the disease is vaccination.<sup>1</sup>

References: 1. World Health Organization (WHO) Factsheet: Influenza (Seasonal), 6th November 2018. Available at: [https://www.who.int/en/news-room/fact-sheets/detail/influenza-\(seasonal\)](https://www.who.int/en/news-room/fact-sheets/detail/influenza-(seasonal)) (accessed 4th March 2021). 2. Influenza (flu). Mayo Clinic [online]. Accessed 23/10/2018. Available at: <https://www.mayoclinic.org/diseases-conditions/flu/symptoms-causes/syc-20351719>. Abbott Laboratories S.A. (Pty) Ltd, Reg. No. 1940/014043/07, Abbott Place, 219 Golf Club Terrace, Constantia Kloof, 1709. Tel No.: 011 858 2000. Approval date: February 2023. Promotional Review Number: SAF2262928.



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