

# What Is Child Abuse?

Breaking down the self-confidence of a child



Not taking proper care of a child, for example: Not cleaning, clothing or feeding a child



Neglecting a child's medical needs



Forcing a child to touch your private parts



Verbally abusing a child.



Neglecting a child's educational needs



Not listening to a child



Not giving love to a child.



Manipulating a child



Exposing a child to pornographic acts or literature



Teasing a child unnecessarily



Leaving a child without supervision



Engaging in any sexual behaviour (looking, showing, or touching) with a child to meet the your interest or sexual needs



Do not use your child as a punching bag to vent your frustration



# How can we help?



## Childline Tollfree Number

**116** Free from Vodacom, MTN & Cell C Networks and all Telkom Landlines



## Online Counselling

You may chat to an online counsellor on our website: [www.childlinesa.org.za](http://www.childlinesa.org.za) by clicking on the "Chat to a Counsellor" button. This will take you into a new screen where you will chat to a trained and experienced counsellor. Chats are instantaneous, private and confidential (unless we feel you are in danger, or need further help). Chatrooms are open Monday to Friday 2-6pm



## Email

[info@childlinewc.org](mailto:info@childlinewc.org)

**REMEMBER- keep telling until someone believes you and takes action to protect you.**



## What happens when you contact Childline?

- **Make contact with Childline using the ways we just described**
- **Anything you tell us remains private and confidential unless you need further help or we feel you or someone you know is in danger**
- **Don't bottle your feelings... when you speak to us you can let them out, be it happy, sad, anger or excitement.**
- **It is never too late to get help!**
- **Remember, when you feel that nobody understands, Childline listens.**
- **We care... you call...**



# TELL US!

