## What Services are provided at a Thuthuzela Care Centre?

**Welcome and comfort** from a lay counsellor, receptionist, site co-coordinator or nurse.

**Trauma containment** by a counsellor.

An **explanation** of how the medical examination will be conducted and what clothing might be taken for evidence.

**Signing of consent forms** for medical examination and HIV testing.

**HIV counselling and testing**, survivor receives **Medical Treatment** for the prevention of Pregnancy, HIV, Hepatitis B, and Sexually Transmitted Infections.

After the medical examination, the **survivor receives a comfort pack** and there are **bath or shower** facilities that they can use.

An investigating officer from **SAPS FCS* will interview** the survivor and take his/her statement.

A social worker will offer **counselling** to child and adult survivors.

A referral letter or appointment will be made for **long-term counselling.**

The victim (survivor) is offered **transportation home** by the investigating officer.

Arrangements for the survivor to go to a **place of safety, if necessary.**

**YOU CAN STILL RECEIVE THESE SERVICES, EVEN IF YOU DO NOT OPEN A CASE.**

* SAPS FCS is a Family Violence, Child Protection and Sexual Offences Unit

THUTHUZELA CARE CENTRE

Turning Victims into Survivors

| THUTHUZELA CARE CENTRE CONTACT NUMBERS: | |
|---|---|
| WORCESTER TCC* | 023 348 1294 |
| ATLANTIS TCC* | 021 010 0421 |
| KHAYELITSHA TCC* | 021 360 4570 |
| HEIDEVELD TCC | 021 699 0465 |
| KARL BREMMER TCC | 021 918 1321 |

**In the Western Cape Area, MOSAIC operates in the Breede Valley and the City of Cape Town in three Thuthuzela Care Centres: Worcester, Atlantis & Khayelitsha.**

MOSAIC
TRAINING SERVICE & HEALING CENTRE
combating abuse and gender-based violence

66 Ottery Rd, Wynberg | PO Box 18460, Wynberg, Cape Town 7824, RSA
Tel: +27 (0)21 761 7585 | Fax: 086 6518 662 | Email: info@mosaic.org.za
www.mosaic.org.za

UNITED NATIONS TRUST FUND TO END VIOLENCE AGAINST WOMEN

Spotlight Initiative

# Access to Care & Justice for Rape Survivors

- What to do
- Where to go
- How to get Justice

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combating abuse and gender-based violence

# IN CASES OF RAPE AND SEXUAL ASSAULT

## What is a Thuthuzela Care Centre?

THUTHUZELA CARE CENTRE
Turning Victims into Survivors

It is a government run, one-stop centre situated in a hospital where a survivor of rape can access a range of services and care post the traumatic experience of rape or domestic violence without being exposed to secondary victimisation.

## What is their Purpose?

- **Reduce secondary victimisation**
- **Increase conviction rates of perpetrators**
- **Reduce the time to finalise criminal cases**

*Thuthuzela is 'Comfort' in isiXhosa*

The Thuthuzela Care Centre (TCC) project is led by the NPA's Sexual Offences and Community Affairs Unit (SOCA), in partnership with various departments and donors as a response to the urgent need for an integrated strategy for prevention, response and support for rape survivors. MOSAIC is a partner NGO at the TCC's that provides services aimed at preventing and addressing all forms of abuse and sexual violence, providing high quality response services when incidences occur and supporting clients through the process of healing and rebuilding their lives.

**MOSAIC operates in three TCCs in the Western Cape: Worcester, Atlantis and Khayelitsha.** Details on reverse.

## What is Rape?

**Rape is when someone forces you to do any sexual act.** If you do not agree to have any sexual activity of any kind, it is rape. Rape is when someone puts their penis, finger or an object into your vagina, anus and mouth against your will. Rape is an abuse of power. Rape is a crime.

## What is Sexual Assault?

**Sexual Assault is any type of sexual contact or behaviour that happens to you without your consent.** This includes forced sex, touching, attempted rape, and being forced to watch pornographic videos or pictures.

## Who can commit Rape?

- A family member (mother, father, uncle, aunt, cousin, sister, brother, etc.)
- A husband, boyfriend or partner
- A neighbour
- A stranger
- A friend

## Who can be raped?

**Anyone can be raped.**
**A man, a woman, a boy or a girl can be raped.**

## What to do if you have been raped?

**Do not wash yourself or change your clothes, as it is important not to destroy evidence.**

**Go to a safe place and tell someone you trust about what happened to you.**

**Go to a hospital (Thuthuzela Care Centre) or a doctor for a medical examination within 72 hours or 3 days.**

**Report the rape to the police.**