



Western Cape
Government

Social Development

No matter where substance
abuse leads you, there's
always a way out.



**SUBSTANCE ABUSE SERVICES
RESOURCE DIRECTORY**

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Department of Social Development Service Delivery Area Contact Numbers		
Region	Areas Covered	
WEST COAST TEL: 022 - 713 2272	<ul style="list-style-type: none"> Berg River (Piketberg) Cedarberg (Clanwilliam) 	<ul style="list-style-type: none"> Matzikama (Vredendal) Saldanha (Vredenburg)
CAPE WINELANDS TEL: 023 - 348 5300	<ul style="list-style-type: none"> Breede River Breede Valley (Worcester) Cape Agulhas (Bredasdorp) Drakenstein (Paarl) Overstrand (Hermanus) 	<ul style="list-style-type: none"> Stellenbosch Swellendam Theewaterskloof (Caledon) Winelands (Robertson) Witzenberg (Ceres)
EDEN KAROO TEL: 081 588 9118	<ul style="list-style-type: none"> Beaufort-Wes Bito (Plettenberg Bay) George Hessequa (Riverdale) Kannaland (Ladysmith/Calitzdorp) 	<ul style="list-style-type: none"> Knysna Laingsburg Mossel Bay (Mosselbaai) Oudtshoorn Prince Albert
METRO NORTH TEL: 021 - 483 7689	<ul style="list-style-type: none"> Atlantis Bellville Cape Town Delft 	<ul style="list-style-type: none"> Elsiesriver (Elsiesrivier/Goodwood) Langa Milnerton
METRO EAST TEL: 021 - 360 4200	<ul style="list-style-type: none"> Eerste River Khayelitsha 1 Khayelitsha 2 	<ul style="list-style-type: none"> Khayelitsha 3 Kraaifontein Somerset West
METRO SOUTH TEL: 021 - 763 6200	<ul style="list-style-type: none"> Athlone Gugulethu Phillippi Mitchells Plain 1 	<ul style="list-style-type: none"> Mitchells Plain2 Wynberg Retreat Fish Hoek

INTRODUCTION:

You can get help with problems caused by the harmful use of drugs and alcohol. There are different types of services available to the public, depending on the kind of problems experienced by you or the person you are seeking help for. This is a guide to some of the options that are available to help you.

HELP IS AVAILABLE:

For assistance with overcoming addiction or harmful drug and alcohol use, you can contact any one of our offices or service providers listed in this booklet. If you have access to medical aid and the financial resources for private treatment, you can access a range of private psychiatrists and psychologists through any of the private treatment centres in the province. Make sure that the treatment centre you approach is registered with the Provincial Department of Social Development. Registered centres are those which meet treatment standards required by government.

TREATMENT OPTIONS:

WHAT IS IN-PATIENT TREATMENT?

In-patient service means a residential treatment service provided at a treatment centre.

WHAT IS COMMUNITY BASED (OUTPATIENT) TREATMENT?

It is a service to a person(s) who is engaging in harmful drug and alcohol use and to the people who are adversely affected by his/her behaviour. This type of treatment involves attending regular sessions at a community based treatment centre.

COSTING:

Although certain facilities render services without any cost implications to the client e.g. government treatment centres and government subsidized treatment centres you are encouraged to enquire from the required facility if there are any costs.

GOVERNMENT CENTRES OFFERING TREATMENT		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
De Novo Treatment Centre Tel: 021 - 826 6026 Fax: 086 504 5319	Old Paarl Road, Kraaifontein Email: Russel.Kinnear@westerncape.gov.za	Inpatient Treatment Centre
Kensington Treatment Centre (Female Treatment Centre) Tel: 021 826 6026 Fax: 083 504 5319	Kensington Road, Maitland Email: Russel.Kinnear@westerncape.gov.za	Inpatient Treatment Centre
Stikland Hospital: Alcohol Rehab Tel: (021) 940 4496/4429 Fax: (021) 940 4430	Ward 13, Stikland Hospital, De la Haye Avenue, Stikland Email: Slh.ward13@westerncpae.gov.za	Inpatient treatment

INTERVENTION SERVICES PER REGION		
CAPE WINELANDS		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Toevlug Treatment Centre Tel: (023) 342 1162 Fax: 086 716 8875	40 Noble Street, Riverview, Worcester Email: trossouw@toevlug.org	Inpatient Treatment Centre, community based treatment (Beaufort West, Ceres and Worsley)
Hesketh King Salvation Army Tel: (021) 884 4600 Fax: (021) 884 4602	Cnr Old Paarl and Klipheuwel Road Muldersvlei Email: hking@mweb.co.za	Inpatient Treatment Centre
SANCA Paarl Tel: (021) 872 9671 Fax: (021) 872 5050	JF Phillips Building, 1st Floor, 34 Lady Grey Street, Paarl Email: paarl@sancawc.co.za	Community Based Treatment & After-care, Early Intervention
ABBA Tel: (021) 883 8030 Fax: (021) 883 8095	Old Luckhoff Building Banhoek Road, Stellenbosch Email: abba@adept.co.za	Early Intervention

INTERVENTION SERVICES PER REGION		
CAPE WINELANDS		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
FASFACTS Tel: (023) 342 7000 Fax: (023) 342 7001	1 Baring Street, Worcester Email: francois@fasfacts.org.za	Awareness/Prevention and Early Intervention
Hawston Health and Welfare Tel: (028) 315 2527 Fax: (028) 315 2074	169 Church Street, Hawston Email: franklin.davids39@gmail.com	Early Intervention
Prestige Ignite Tel: (021) 854 3183 Cell: 083 206 1043/083 531 4378 Fax: N/A	38 Leipoldt Street, Strand Email: Johannadewaal@gmail.com	Early Intervention
RIET - Rural Institute for Education Training Tel: (021) 859 5361 Cell: 086 694 8938	13 U Save Building, Gaf-fley Street, Pineview, Grabouw Email: ivankortje@telkomsa.net	Early Intervention

INTERVENTION SERVICES PER REGION		
EDEN KAROO		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Knysna Alcohol and Drug Centre Tel: 087 095 3128 Fax: 086 212 7848	6 Green Street, Knysna Email: info@kadc.co.za or director@kadc.co.za	Early Intervention
SANCA George Tel: (044) 884 0674 Fax: 086 216 8301	2 Doneraile Street, George Email: ddebeer@sanca-george.org.za	Early Intervention; Community Based Treatment; & Aftercare
Creating Effective Families Tel: (044) 693 1092 Fax: 086 532 7582	Alhof Street, D'Almeida Street, Mossel Bay Email: cefmb@telkom-sa.net	Aftercare

METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
The Mudita Foundation Tel: 084 857 0450 Fax: 086 540 1239	5 Merriman Place, Merriman Avenue, Stellenbosch, 7600 Email: info@themudita-foundation.org.za	Community Based Treatment

INTERVENTION SERVICES PER REGION		
METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Helderberg Cares Tel: (021) 850 0792 Fax: 086 725 1499	Office 201, Victoria Centre, Victoria Street, Somerset West Email: admin@smart-sa.org	Community Based Treatment
Help Me Network Tel: (028) 852 4234 Fax: 086 684 2018	13 Twin Oaks Centre, Main Road, Somerset West Email: sput@africa.com	Community Based Treatment & Early Intervention
SANCA Khayelitsha Tel: (021) 364 6131 Fax: (021) 364 5510	1st Floor, Nomenti Gas Supplies, 3 Phakamani Road, Khayelitsha, 7783 Email: Khayelitsha@sancawc.co.za	Early Intervention
Nkosinathi Embrace All Centre Cell: 083 876 3392 Fax: N/A	Cnr of Bonca & Sulani Drive Nonqubela Site B Hall, Khayelitsha Email: embraceallcentre@gmail.com	Early Intervention
Ikamva Tel: (028) 384 2144 Cell: 072 453 8065 Fax: (028) 384 2144	33 Viooltjie Street, Blompark, Gansbaai Email: Ikamva1@telkomsa.net	Early Intervention

INTERVENTION SERVICES PER REGION		
METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Cape Town Drug Counselling Centre Tel: (021) 447 8026 Fax: (021) 447 8818	1 Roman Road, Observatory Email: ashley@drugcentre.org.za	Early Intervention; Community Based Treatment & Aftercare
SANCA Tygerberg Tel: (021) 945 2099 or (021) 945 2103 Fax: (021) 945 2098	3 2nd Avenue Boston, Bellville Email: sanca@sancawc.co.za; tygerberg@@sancawc.co.za	Early Intervention; Community Based Treatment & Aftercare
PASCAP TRUST Tel: (021) 422 5588 Fax: 086 617 1378	68 Wale Street, Cape Town Email: info@pascap.org.za or phindeka@pascap.org.za	Early Intervention & Community Based Treatment
Christian Action for Dependence Tel: (021) 930 4472 Fax: 086 566 5066	Dutch Reformed Church, Digtebij, 25 Digtebij Street, Kuilsriver Email: org@cadwk.co.za/sw@cad.co.za	Aftercare service

INTERVENTION SERVICES PER REGION		
METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
RAMOT Tel: (021) 939 2033 Fax: (021) 930 3123	54 Toner Street, Parow Email: johannes@ramot.co.za	Inpatient
Sultan Bahu Tel: (021) 694 9874 Fax: (021) 694 9834	Central Park Primary Juniper Street, Bonteheuwel Email: bahuct@yahoo.com	Community Based Treatment & Aftercare
Hope House Counseling Centre Bergvliet Kuilsriver Tel: (021) 715 0424 Fax: (021) 903 1641	14 Silverhurst Way, Bergvliet and 6 Long Street, Kuilsriver Email: Judy.hopehouse@gmail.com	Community Based Treatment: Adolescence & Adults
Equilibrium Tel: (021) 931 7745 Cell: 072 590 3887 Fax: (021) 931 7745	9 Lower Balvenie Avenue Matroosfontein Yolanda Groep Email: equilibriumcentre145@gmail.com	Early Intervention & aftercare

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
False Bay Therapeutic Community Centre Tel: (021) 782 6242 Fax: 086 620 5826	1 Second Avenue, Fish Hoek Email: faslbayfc@telkomsa.net	Inpatient treatment services
Cape Town Drug Counselling Centre Tel: (021) 397 0103 Fax: 086 620 5826	1 Civet Street, Estridge, Mitchells Plain Email: ashley@drugcentre.org.za	Community Based Treatment
Sultan Bahu Centre Tel: (021) 690 8042 Fax: (021) 691 7900	Hanover Park Cnr, Lansur & Lonedown Road, Hanover Park Email: bahuct@yahoo.com	Community Based Treatment & Aftercare
SANCA Gugulethu Cell: 072 088 3165 Fax: (021) 633 0671	157 Lower Klipfontein Road, Athlone, 7760 Email: gugulethu@sancawc.co.za	Early Intervention & Community Based Treatment (available on Wednesday and Thursday only) appointment based

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Hope Again Recovery Home Tel: (021) 393 4455 Fax: 086 659 3824	Mount Hope KLCC, Cnr of Ajax @ Arlemis Roads, Woodlands, Mitchells Plain Email: secretary@mounthope.co.za or ladiesrecovery@mounthope.co.za	Aftercare
Siyakuyenza Tel: (021) 374 0800 or (021) 371 8189 Fax: 086 548 6098	C/O Eisieben & Mpu-melelo road, Phillippi Email: sizakuyenza.new@gmail.com or Nontembiso.mevena@yahoo.com	Early intervention
SANCA (Athlone) Tel: (021) 638 5116 or (021) 638 5181 Fax: (021) 637 2832	Child Welfare Offices 157 Lower Klipfontein Road, Athlone Email: athlone@sancawc.co.za	Community Based Treatment & early intervention, outpatient treatment, aftercare and reintegration
Realistic Tel: (021) 633 1800 Fax: (021) 633 4971	Shop 9, NY 6, Gugulethu Email: solomon-madikane@gmail.com	Early intervention and aftercare

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Early Years Service Tel: (021) 637 8700	335A Kilfontein Road, Athlone Email: avril@earlyyears-services.co.za	Awareness and prevention
FAVOR SA - Faces & Voices of Recovery South Africa Tel: (021) 534 4426 Cell: 082 466 7713/ 082 427 7297 Fax: 086 626 2916	Community Health Clinic, Karbonkel Road, Hout Bay Email: Jurgens@favor.org.za	Community Based Treatment Centre
Saltan Bahu Centre Mitchells Plain Tel:(021) 372 2945 Fax: (021) 372 1838	92 Shepherd Way, Westridge, Mitchells Plain Email: bahuct@yahoo.com	Community Based Treatment, Aftercare & Opiate Substitution Therapy
Living Hope Tel: (021) 788 9702 Fax: (021) 788 6677	171-173 Main Road, Muizenberg Email: lgmanager@livinghope.co.za/lgadmin@livinghope.co.za	Community Based Treatment
Saartjie Baartman Centre for Women and Children Tel: +27 21 633 5287 Cell: +83 324 9230	Klipfontein Road, Athlone, Cape Town E-mail: director@womacentre.co.za	Inpatient Treatment

INTERVENTION SERVICES PER REGION		
WEST COAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Rural Impact Tel: 082 614 0232 Fax: (027) 432 1870	7 Fransman Street, Lamberts Bay Email: andriesbl@telkomsa.net/colleen@ruralimpact.co.za	Early Intervention
Matzikama Alcohol & Drug Action Tel:(027) 213 3270 Fax: (027) 213 3270	Meehof Street Vredendal North Email: madamatzi@telkomsa.net	Early Intervention and aftercare
Foundation for Alcohol Related Research (FARR) Tel: (021) 685 2646 Fax: (021) 685 7034	Unit 5, Amber Place, 42 Bloemhof Street, Bellville, 7435 Email: lo@farrsa.org.za/info@farrsa.org.za	Awareness & Prevention
Keep the Dream Tel:L (027) 217 1144 Fax: 086 685 8314	Up to Date Farm, Lot 30, Lutzville Email: keepthedream@gmail.com/inajooste@mweb.co.za	Inpatient Treatment Centre
ACVV Tel: (022) 433 1477	22 Retief Street, Moorsburg Email: acvmburg@telkomsa.net	Early intervention

CITY OF CAPE TOWN - MATRIX SITES		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Tafelsig Matrix Site Tel: 201 444 4464 Email: matrix@cape-town.gov.za	Tafelsig Community Health Centre, cnr of Kilimanjaro & Pyreneze Str Tafelsig, Mitchells Plain	Outpatient Treatment Centre
Albow Matrix Site Tel: 201 444 5963/4 Email: matrix@cape-town.gov.za	Albow Gardens Community Health Centre Koeberg Road, Brooklyn	Outpatient Treatment Centre
Delft South Matrix Site Tel: 021 444 8444/5/6 Email: matrix@cape-town.gov.za	Delft South Clinic cnr Boyce Street and Delft main Rd, Delft South	Outpatient Treatment Centre
Khayelitsha Matrix Site Tel: 021 444 2919/20/21 Email: matrix@cape-town.gov.za	Town 2 Community Health Centre Cnr Japhta Masemola & Charles Mokoena Street, Town 2, Khayelitsha	Outpatient Treatment Centre

CITY OF CAPE TOWN - MATRIX SITES		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Parkwood Matrix Site Tel: 021 444 2919/20/21 Email: matrix@cape-town.gov.za	Parkwood Clinic Cnr Parkwood Ave & Walmer Road, Parkwood	Outpatient Treatment Centre
Manenberg Ruimte Road Matrix Site Tel: 021 444 3539/40/41 Email: matrix@cape-town.gov.za	Manenberg Ruimte Road Satellite Clinic Ruimte Road, Manenberg	Outpatient Treatment Centre

Department of Social Development

Street Address: Union House, 14 Queen Victoria Street,
Cape Town, 8001
Telephone: 021 - 483 5045

DSD Hotline: 0800 220 250



Western Cape
Government

Social Development

BETTER TOGETHER.

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