



Western Cape
Government

Social Development

SUBSTANCE ABUSE SERVICES

RESOURCE DIRECTORY

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Department of Social Development Service Delivery Area Contact Numbers		
Region	Areas Covered	
WEST COAST TEL: 022 - 713 2272	<ul style="list-style-type: none"> Berg River (Piketberg) Cedarberg (Clanwilliam) 	<ul style="list-style-type: none"> Matzikama (Vredendal) Saldanha (Vredenburg)
CAPE WINELANDS TEL: 023 - 348 5300	<ul style="list-style-type: none"> Breede River Breede Valley (Worcester) Cape Agulhas (Bredasdorp) Drakenstein (Paarl) Overstrand (Hermanus) 	<ul style="list-style-type: none"> Stellenbosch Swellendam Theewaterskloof (Caledon) Winelands (Robertson) Witzenberg (Ceres)
EDEN KAROO TEL: 044 814 1687	<ul style="list-style-type: none"> Beaufort-Wes Bito (Plettenberg Bay) George Hessequa (Riverdale) Kannaland (Ladysmith/Calitzdorp) 	<ul style="list-style-type: none"> Knysna Laingsburg Mossel Bay (Mosselbaai) Oudtshoorn Prince Albert
METRO NORTH TEL: 021 - 483 7673	<ul style="list-style-type: none"> Atlantis Bellville Cape Town Delft 	<ul style="list-style-type: none"> Elsiesriver (Elsiesrivier/Goodwood) Langa Milnerton
METRO EAST TEL: 021 - 360 4200	<ul style="list-style-type: none"> Eerste River Khayelitsha 1 Khayelitsha 2 	<ul style="list-style-type: none"> Khayelitsha 3 Kraaifontein Somerset West
METRO SOUTH TEL: 021 - 763 6200	<ul style="list-style-type: none"> Athlone Gugulethu Phillippi Mitchells Plain 1 	<ul style="list-style-type: none"> Mitchells Plain2 Wynberg Retreat Fish Hoek

INTRODUCTION

You can get help with problems caused by the harmful use of drugs and alcohol. There are different types of services available to the public, depending on the kind of problems experienced by you or the person you are seeking help for. This is a guide to some of the options that are available to help you.

HELP IS AVAILABLE:

For assistance with overcoming addiction or harmful drug and alcohol use, you can contact any one of our offices or service providers listed in this booklet. If you have access to medical aid and the financial resources for private treatment, you can access a range of private psychiatrists and psychologists through any of the private treatment centres in the province. Make sure that the treatment centre you approach is registered with the Provincial Department of Social Development. Registered centres are those which meet treatment standards required by government.

TREATMENT OPTIONS

WHAT IS IN-PATIENT TREATMENT?

In-patient service means a residential treatment service provided at a treatment centre.

WHAT IS COMMUNITY BASED OR OUTPATIENT TREATMENT?

It is a service to a person(s) who is engaging in harmful drug and alcohol use and to the people who are adversely affected by his/her behaviour. This type of treatment involves attending regular sessions at a community based or outpatient treatment centre.

COSTING:

Although certain facilities render services without any cost implications to the client e.g. government treatment centres and government subsidised treatment centres, you are encouraged to enquire from the required facility if there are any costs.

GOVERNMENT CENTRES OFFERING TREATMENT		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
De Novo Treatment Centre Tel: (021) 826 6026	Old Paarl Road, Kraaifontein Email: Russel.Kinnear@westerncape.gov.za	Inpatient treatment
Kensington Treatment Centre (Female Treatment Centre) Tel: (021) 826 6026	Kensington Road, Maitland Email: Russel.Kinnear@westerncape.gov.za	Inpatient treatment
Stikland Hospital: Alcohol Rehab Tel: (021) 940 4496/4429	Ward 13, Stikland Hospital, De la Haye Avenue, Stikland Email: Slh.ward13@westerncape.gov.za	Inpatient treatment

INTERVENTION SERVICES PER REGION CAPE WINELANDS		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Toevlug Treatment Centre Tel: (023) 342 1162/3	40 Noble Street, Riverview, Worcester Email: trossouw@toevlug.org	Inpatient treatment and community based treatment (Beaufort West, Ceres and Worsley)
Hesketh King Salvation Army Tel: (021) 884 4600	Cnr of Old Paarl and Klipheuwel Road Muldersvlei Email: hking@mweb.co.za	Inpatient treatment
SANCA Paarl Tel: (021) 872 9671	JF Phillips Building, 1st Floor, 34 Lady Grey Street, Paarl Email: paarl@sancawc.co.za	Community based treatment, aftercare and early intervention
ABBA Tel: (021) 883 8030	Old Luckhoff Building Banhoek Road, Stellenbosch Email: abba@adept.co.za	Early intervention
RIET - Rural Institute for Education Training Tel: (021) 859 5361 Cell: 086 694 8938	13 U Save Building, Gaffley Street, Pineview, Grabouw Email: rietwoman-substanceabuse@telkomsa.net	Early intervention

INTERVENTION SERVICES PER REGION CAPE WINELANDS		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
FASFACTS Tel: (023) 342 7000	1 Baring Street, Worcester Email: francois@fasfacts.org.za	Awareness/prevention and early intervention
Hawston Health and Welfare Tel: (028) 315 2527	169 Church Street, Hawston Email: franklin.davids39@gmail.com	Early intervention
Prestige Ignite Tel: (021) 854 3183 Cell: 083 206 1043/ 083 531 4378	38 Leipoldt Street, Strand Email: Johannadewaal@gmail.com	Early intervention
BOWL Community Centre Tel: (023) 342 1856	72 Church Street, Worcester, CBD Email: ceo@bowlcomcentre.co.za	Community based treatment and aftercare

INTERVENTION SERVICES PER REGION		
EDEN KAROO		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Knysna Alcohol and Drug Centre Tel: (044) 382 5260	6 Green Street, Knysna Email: info@kadc.co.za or director@kadc.co.za	Early intervention and aftercare
SANCA George Tel: (044) 884 0674	2 Doneraile Street, George Email: ddebeer@sanca-george.org.za	Early intervention, community based treatment & aftercare
Creating Effective Families Tel: (044) 693 1092	9 George Road, Mossel Bay Email: pdupreez@cefmb.co.za	Early intervention

METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
The Mudita Foundation Tel: 060 509 2098	Unit 11, Oewerpark, Rokewood Road, Die Boord, Stellenbosch, 7600 Email: info@themudita-foundation.org.za	Early intervention and community based treatment

INTERVENTION SERVICES PER REGION		
METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Helderberg Cares (SMART) Tel: (021) 850 0792	Office 201, Victoria Centre, 7 Victoria street, Somerset West Email: admin@smart-sa.org	Community based treatment
Help Me Network Tel: (021) 852 4234	13 Twin Oaks Centre, 144 Main Road, Somerset West Email: sput@africa.com	Community based treatment & early intervention
SANCA Khayelitsha Tel: (021) 364 6131	93 Phakamani Road, Khayelitsha, 7783 Email: vuyiswa@sancawc.co.za	Early intervention
Blompark Ikamva Jeug Ontwikkeling en Rekenaar Sentrum Tel: (028) 384 2144 Cell: 072 453 8065	33 Viooltjie Street, Blompark, Gansbaai Email: ikamva1@telkomsa.net	Early intervention

INTERVENTION SERVICES PER REGION		
METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Cape Town Drug Counselling Centre Tel: (021) 447 8026	1 Roman Road, Observatory Email: ashley@drugcentre.org.za	Early intervention, community based treatment & aftercare
SANCA Tygerberg Tel: (021) 945 2099 or (021) 945 2103	3 2nd Avenue Boston, Bellville Email: sanca@sancawc.co.za; tygerberg@sancawc.co.za	Early intervention; community based treatment & aftercare
PASCAP TRUST Tel: (021) 422 5588	68 Wale Street, Cape Town Email: info@pascap.org.za or phindeka@pascap.org.za	Early intervention & community based treatment
Christian Action for Dependence Tel: (021) 903 1030	Dutch Reformed Church, Digtebij, 25 Digtebij Street, Kuilsriver Email: org@cadwk.co.za/sw@cad.co.za	Aftercare
Tehillah Community Collaborative Tel: (021) 933 0990	196 16th Avenue, Leonsdale, Elsie's River Email: tehillac@polka.co.za	Early intervention

INTERVENTION SERVICES PER REGION		
METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
RAMOT Tel: (021) 939 2033	54 Toner Street, Parow Email: johannes@ramot.co.za	Inpatient
Hope House Counseling Centre Kuilsriver Tel: (021) 903 1641	14 Silverhurst Way, Bergvliet and 6 Long Street, Kuilsriver Email: info@hopehouse.org	Community based treatment (adolescence & adults)
Equilibrium Tel: (021) 931 7745 Cell: 079 590 3887	9 Lower Balvenie Avenue Matroosfontein Email: equilibriumcentre145@gmail.com	Early intervention & aftercare
Cape Town Drug Counseling Centre (Atlantis) Tel: (021) 571 7180	Drosdy Centre, Wesfleur Centre, Atlantis Email: ashley@drugcentre.org.za	Community based treatment
Sultan Bahu (Bellville) Tel: (021) 694 9874	12 Middle Street, Bellville Email: bahuct@yahoo.com	Community based treatment and aftercare

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
False Bay Therapeutic Community Centre Tel: (021) 782 6242	1 Second Avenue, Fish Hoek Email: faslbaytc@telkomsa.net	Inpatient treatment
Cape Town Drug Counselling Centre Tel: (021) 397 0103	1 Civet Street, Eastridge, Mitchells Plain Email: ashley@drugcentre.org.za	Community based treatment, early intervention and aftercare
Sultan Bahu Centre Tel: (021) 690 8042	Hanover Park Cnr, Lansur & Lonedown Road, Hanover Park Email: bahuct@yahoo.com	Community based treatment & aftercare
SANCA Gugulethu Tel: (021) 633 0610	157 Lower Klipfontein Rd, Cape Town Child Welfare Building, Gatesville Email: vuyiswa@sancawc.co.za	Early intervention & community based treatment (available on Wednesday and Thursday only) appointment based

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Hope Again Recovery Home Tel: (021) 371 7323 or (021) 393 4455	Mount Hope KLCC, Cnr of Ajax @ Artemis Roads, Woodlands, Mitchells Plain Email: secretary@mounthope.co.za or ladiesrecovery@mounthope.co.za	Aftercare
Sizakuyenza Tel: (021) 370 0049	C/O Eisieben & Mpumelero road, Phillippi Email: sizakuyenza.new@gmail.com or Nontembiso.mevana@yahoo.com	Early intervention
SANCA (Athlone) Tel: (021) 638 5116 or (021) 638 5181	Child Welfare Offices 157 Lower Klipfontein Road, Athlone Email: athlone@sancawc.co.za	Community based treatment, early intervention & aftercare
Realistic Tel: (021) 633 1800	Shop 9, NY 6, Gugulethu Email: solomonmadikane@gmail.com	Early intervention and aftercare

INTERVENTION SERVICES PER REGION		
METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Early Years Service Tel: (021) 637 8700	335A Kilfontein Road, Athlone Email: avrilc@earlyyears-services.co.za	Awareness and prevention
Saltan Bahu Centre Mitchells Plain Tel:(021) 372 2945	92 Shepherd Way, Westridge, Mitchells Plain Email: bahuct@yahoo.com	Community based treatment, aftercare & opiate substitution therapy
Living Hope Tel: (021) 788 9702	171-173 Main Road, Muizenberg Email: lgmanager@livinghope.co.za/lgadmin@livinghope.co.za	Community based treatment
Saartjie Baartman Centre for Women and Children Tel: (021) 633 5287	Klipfontein Road, Athlone, Cape Town E-mail: director@womancentre.co.za	Inpatient treatment

INTERVENTION SERVICES PER REGION		
WEST COAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Rural Impact Tel: (027) 432 1869	6 Burrell Crescent, Lamberts Bay Email: andries@ruralimpact.co.za	Early intervention
Matzikama Alcohol & Drug Action Tel:(027) 213 3270	28 Church Street, Reunion Building, Vredendal Email: vuyiswa@sancawc.co.za	Early intervention and aftercare
Foundation for Alcohol Related Research (FARR) Tel: (021) 686 2646	Unit 5, Amber Place, 42 Bloemhof Street, Bellville, 7435 Email: lo@farrsa.org.za/info@farrsa.org.za	Awareness & prevention
Keep the Dream Tel:(027) 217 1144	Up to Date Farm, Lot 30, Lutzville Email: keepthedream0@gmail.com/inajooste@mweb.co.za	Inpatient treatment

CITY OF CAPE TOWN - MATRIX SITES		
Name & Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Tafelsig Matrix Site Tel: (021) 444 8444/5/6	Tafelsig Community Health Centre, cnr of Kilimanjaro & Pyreneze Str Tafelsig, Mitchells Plain Email: matrix@capetown.gov.za	Outpatient treatment
Albow Matrix Site Tel: (021) 444 5963/4	Albow Gardens Community Health Centre Koeberg Road, Brooklyn Email: matrix@capetown.gov.za	Outpatient treatment
Delft South Matrix Site Tel: (021) 444 8444/5/6	Delft South Clinic cnr Boyce Street and Delft main Rd, Delft South Email: matrix@capetown.gov.za	Outpatient treatment
Khayelitsha Matrix Site Tel: (021) 444 2919/20/21	Town 2 Community Health Centre Cnr Japhta Masemola & Charles Mokoena Street, Town 2, Khayelitsha Email: matrix@capetown.gov.za	Outpatient treatment

CITY OF CAPE TOWN - MATRIX SITES		
Name & Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Parkwood Matrix Site Tel: (021) 444 4212/3	Parkwood Clinic Cnr Parkwood Ave & Walmer Road, Parkwood Email: matrix@capetown.gov.za	Outpatient treatment
Manenberg Ruimte Road Matrix Site Tel: (021) 444 3539/40/41	Manenberg Ruimte Road Satellite Clinic Ruimte Road, Manenberg Email: matrix@capetown.gov.za	Outpatient treatment
Eersterivier Matrix Site 021 444 7147	Bobs Way, Eersterivier Email: matrix@capetown.gov.za	Outpatient treatment
Scottsdene Matrix Site 021 444 8777 / 497 / 518	Scottsdene Clinic Eoan Street, Scottsdene, Kraaifontein Email: matrix@capetown.gov.za	Outpatient treatment

Department of Social Development

Street Address: Union House, 14 Queen Victoria Street,
Cape Town, 8001
Telephone: 021 - 483 5045

DSD Hotline: 0800 220 250



Western Cape
Government

Social Development

BETTER TOGETHER.

July 2020