

Onder Ons Magazine

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Western Cape
Government

Health

BETTER TOGETHER.



Compliments

“Work joyfully and peacefully, knowing that right thoughts and right efforts will inevitably bring about right results. “ James Allen

Dear Editor

I herewith wish to extend my sincere gratitude and pay tribute to Tygerberg Hospital. I especially want to focus on the 3rd floor Special Care Clinic (SCC) doctors and medical staff, and some of the Administration staff members.

I am Charmain Jacobus-Botman and 35 years old. Due to previous operations and challenges with my anatomy, I was from an early age assured by a few physicians that I will have a challenge to have children.

I got married in 2011, and as any couple we wanted a family despite being aware of the possible challenge. We were pleasantly surprised that we, within three months of our marriage, got pregnant. My gynaecologist at the time, from a certain private hospital, shared our sentiment and agreed that this was a miracle.

Sadly, at 4 months of my gestation, we lost the baby.

In 2013, I got pregnant again and again lost the baby at 4½ months of gestation.

I was angry and depressed. The gynaecologist then did research and came to the conclusion that I have an incompetent cervix. It meant that I will never be able to carry a baby to term. He assured me that he will find a physician who can assist me with my challenge.

I was referred to the Special Care Clinic at Tygerberg Hospital to see Prof. David Hall. I am a medical aid member and have never attended a state-funded hospital. I had my reservations. However, I attended the SCC...It was an absolute pleasure due to the excellent service that I have

received from day one.

My special and utmost appreciation goes to the following personnel / staff members of TBH SPECIAL CARE CLINIC: MARCELINO HENDRICKS, an administrative staff member at the SCC assisted me to be loaded onto the clinic system in no time. His friendliness and effective assistance was outstanding and commendable. Any administrative queries I had was always dealt with speedily and dealt with appropriately.

NURSE EVERLYN RUITERS: A sweet soul, was always friendly and executed her task at the SCC with pleasure; treating each and every lady with the utmost respect.

SISTER CADER and SISTER BOSMAN, both extremely firm and assertive nursing staff who really make each and every lady feel like a priority. Both have an insurmountable amount of knowledge regarding their field of work and gave vital information. I understood at the end of my journey at TBH, that their only aim is to assist each mom-to-be to maintain being healthy in order to bring our baby safe and well into this world. Outstanding assistance indeed!

DR HANNES VAN DER MERWE and PROF. DAVID HALL (with their entire assisting medical team): The highest praise and appreciation go to these doctors who performed the invasive and challenging operation on me while I was three months pregnant. After consultations and several tests performed, the conclusion was that a delicate operation needed to be performed on me. A transabdominal cerclage / stitch had to be placed very high on my cervix. I was extremely scared and feared losing another baby.

Both Prof. David Hall and Dr Hannes

van der Merwe are very highly skilled physicians and the only doctors in the Western Cape who can perform the procedure. Dr Hannes van der Merwe counselled me and my husband continuously and truly went the extra mile to assure that I carry my baby to term. Prof. Hall, who led the medical team, indeed is an excellent surgeon. The operation was a huge success and I carried my baby to term. He is alive and healthy.

I need to mention other excellent doctors, who also had consultations with me at SCC: Dr Annalize Barnard, Dr Samantha Budhram, Dr Erika van der Merwe, Dr Claudina Hartel and Dr C. Cluver.

After my procedure, I was in the Medical Aid Ward (Ward D4) for a few days. Once again, I had an extremely good experience. All the nursing staff made sure that I was comfortable and really made my stay pleasant. I want to extend a special thanks to the following nurses of Ward D4: SISTER BODIE; NURSE DIDI JOOSTE; NURSE PORTIA OCTOBER ; NURSE VASS; SISTER PATERSON; CATERING: JOHANNA MITCHELL

Last, a special thanks to John Barron at Admin / Accounts for all the assistance given whenever I had queries regarding my hospital accounts. My husband, family and I will be forever grateful. Since my experience at TBH, I became a walking advertisement for your hospital. Thank you, Tygerberg Hospital personnel. You have made my dream of becoming a mother come true!!!

Kind regards,

Charmain Jacobus-Botman

The Values



Caring
To care for those we



Integrity
To be honest and do



Accountability
We take responsibility.



Responsiveness
To serve the needs
of our citizens and
employees.



Competence
The ability and capacity
to do the job we were
employed to do.



Respect
To treat the people we serve
with dignity and those we work
with another

Serving the people

09.03.2015

KOMPLIMENT – MRI-AFDELING (RADIOLOGIE)

Geagte Mev. Meyer

Ek het vandag lank hier tyd spandeer om vir my man te wag.

Dit was vir my opvallend hoe professioneel (en kalm!) mev. Johanna Markus haar pasiënte hanteer. Met deernis en só doeltreffend, al is die druk so ongelooftlik met strepe pasiënte.

Baie dankie vir sulke puik werknemers. Tygerberg kan trots wees op 'n amptenaar van hierdie kaliber.

Beste wense vir 'n blink toekoms met hierdie hospitaal.

Vriendelike groete,

Martie van Wyk

Dear Sir/Madam

On 2 January 2015 I had to bring my father to attend Tygerberg Hospital as he had developed heart failure. It was with great fear that I went there, but my expectation was grossly misleading. I received the most wonderful service and empathy from staff, and the competency was outstanding. The waiting time was a bit long, but the doctor explained to me how the triage works, which put me at ease and once attended to, there was such a good response to the treatment that he was soon discharged. In particular I need to mention a Dr R. Dreyer and Sr Benade. These are two of the most competent people I have ever come across. Both were very professional and tried their best to assist us given the time constraints, workload and resources. And to top it all, they did it with empathy and a good attitude. I could see that they enjoy their work immensely. Thank you to all the other staff at Ward F1 as well.

Yours sincerely

Ms Marie Patterson



Huldeblyk

Prof P vd Merwe

“The only way to do great work is to love what you do/ Die enigste manier om goeie werk te doen, is om te geniet wat jy doen.” Steve Jobs

Met die heengaan van Professor Pieter (Budgie) van der Merwe op 8 Februarie 2015 het die Universiteit Stellenbosch se Departement Pediatrie en Kindergesondheid 'n geliefde vorige hoof en huidige dosent verloor. Hy het reeds in 1975 deel geword van die Departement en het sy lewe gewy aan die versorging van kinders met hartprobleme, sowel as die oplei van toekomstige dokters vir Suid-Afrika. Prof Budgie is in 1987 bevorder tot Professor en was van 2003 tot en met sy aftrede in 2009 die Uitvoerende Hoof van die Departement. Sy aftrede het egter nie sy uittrede beteken nie en hy was sedertdien steeds op verskeie vlakke betrokke by die Fakulteit Geneeskunde en Gesondheidswetenskappe.

As hoof was hy sowel taakgeoriënteerd as mensgeoriënteerd, 'n skaars vaardigheid vir 'n bestuurshoof om hierdie uiteenlopende bestuurstyle suksesvol te kombineer. Hy het die kinderkardiologie- en -intensiewe sorgdienste te Tygerberg-hospitaal gevestig en was ook stigterslid van die Tygerberg-kinderhospitaaltrust, wat die Departement in staat stel om duur apparatuur te bekom deur fondsinsamelingsaksies. Tot en met sy afsterwe was hy aktief betrokke by die voorgraadse opleiding van mediese studente. Prof Budgie was nederig, eerlik, toegewyd aan sy familie, kollegas, studente en sy Skepper. Hy was aktief betrokke by die ontwikkeling van voor- en nagraadse kurrikula vir

mediese studente en toekomstige kinderartse. Ondanks uitdagings met sy gesondheid was hy deurgaans blymoedig. Hy het almal ondersteun en altyd diepe meelewendheid getoon met sy personeel en studente se suksesse. Sy vakkundige kennis was uitmuntend en talle vakpublikasies het uit sy pen die lig gesien. Prof Budgie gaan op 'n persoonlike noot baie gemis word vir sy entoesiasme, vrolike geaardheid en toegewydheid aan die groter saak van mediese opvoeding. Hy was geliefd en vir kollegas 'n steunpilaar wat altyd verstandige advies kon gee en 'n onwrikbare geloof in die potensiaal van ons studente gehad het.

With the passing of Professor Pieter (Budgie) van der Merwe on 8 February 2015, the Department of Paediatrics and Child Health at Stellenbosch University lost a beloved previous Head of Department and lecturer. He joined the department in 1975 and spent his professional life caring for children with heart disease, as well as training future doctors for South Africa. He was promoted to Professor in 1987 and served as the Executive Head of the Department from 2003 until his retirement in 2009. Prof Budgie remained involved with the Faculty of Medicine and Health Sciences in a variety of

capacities after his retirement. His management style was both task-orientated, as well as people-orientated, and he had the rare skill to combine these diverse managerial styles successfully. He established the paediatric cardiology- and intensive care services at Tygerberg Hospital, as well as the Tygerberg Children's Hospital Trust, which enabled the department to obtain expensive equipment through fundraising. Prof Budgie was actively involved in the teaching of undergraduate medical students until his death. He was involved in the development of both under and postgraduate curricula nationally and

institutionally for medical students and future paediatricians respectively. Despite the challenges of poor health, he was always cheerful, supportive and actively enjoyed the successes of his staff and students. His expertise was excellent and he published several scientific papers. Prof Budgie will be remembered for his enthusiasm, his optimistic personality and his commitment to medical education. He was a beloved colleague who always shared his wisdom and had a steadfast belief in the potential of our students.

Profs Mariana Kruger & Peter Hesseling

Sukses

Mediese eerste vir SA

Tygerberg-span bring hoop vir mans



Ons spanwerk het tot gevolg gehad dat Tygerberg-hospitaal (TBH)weer wêreldbekend is. Op 11 Desember 2014 was 'n operasie uitgevoer waarin 'n jong man se lewe weer tot 'n groot mate herstel is. Hy het 3 jaar tevore sy penis verloor nadat 'n rituele besnyding verkeerd verloop het. Hy het in 'n 9 uur lange operasie 'n penis van 'n breindood skenker ontvang. Vandag werk die penis normaal. Die skenker het ook sy hart, lewer, longe, niere, vel en korneas geskenk en kan as die ware held van die verhaal beskou word.

Die operasie was uitgevoer as deel van 'n loodsprojek om die doenlikheid van so 'n operasie te ondersoek. Prof. Andre van der Merwe is die studieleier van projek N11/243. Die operasie was deur 'n hele span dokters gedoen en veral prof. F. Graewe en dr. A. Zulke van plastiese chirurgie het gehelp met krities belangrike dele van die operasie. Ander spanlede was dr. A. Zarrabi, dr. H. Ackerman, dr. P. Spies

Our teamwork has once again resulted in Tygerberg Hospital being in the world spot light. On 11 December 2014 an operation was performed where a young man's life has been restored to a large extent. He lost his penis 3 years earlier after a ritual circumcision went wrong. During a nine hour operation, he received a penis from a brain dead donor. Today the penis is working normally. The donor also donated his heart, liver, lungs, kidneys, skin and corneas and can be considered the true hero of the story.

The operation was carried out as part of a pilot project to investigate the feasibility of such an operation. Prof. Andre van der Merwe is the principle investigator of project N11/243. The operation was done by Prof van der Merwe leading an entire team of doctors, and especially Prof. F. Graewe and Dr A. Zuhlke of plastic surgery helped with critical important

en 'n besoekende dokter, dr. T. Al-Quaud van Kanada. Die narkose-span het saam die lang ure deur die nag trotseer. Ander essensiële spanlede is sr. B. Bailey, bygestaan deur sr. Solomons as oorplantingskoördineerders. Prof. R. Moosa en dr. Johan Nel en hul span het vir die immuunonderdrukking – wat lewensbelangrik is – gesorg. Die etiese aspekte rondom die projek is 'n mynveld en dr. N. Barsdorf, hoof van bio-etiek, het die span gehelp om seker te maak die projek verloop eties korrek. Die verpleegpersoneel van saal A7 het vir byna 'n maand uitmuntend na die pasiënt omgesien. Saal D6 se personeel het advies gegee soos nodig met die suprapubiese kateter se blokkasies en het ook wondsgiteme voorsien, wat uitstekend deur die kliniese assistente gedoen was. Dr. Ian Vlok van neurochirurgie het die pasiënt verwys en ook die oorplantingskoördineerders bygestaan met die moeilike bespreking rondom die orgaanskenking. Dit was inderdaad 'n Tygerberg-spanpoging.

microscope parts of the operation. Other team members were Dr A. Zarrabi, Dr H. Ackerman, Dr P. Spies and a visiting doctor, Dr T. Al-Quaud from Canada. Jointly the anaesthesia team faced the long hours through the night. Other essential team members are Sister B. Bailey and Sister Solomons as transplant coordinators. Prof. R. Moosa, Dr Johan Nel and their team took care of the immune suppression – which is vital. The ethical aspects surrounding the project is a minefield and was advised on by Ethicist Dr N Barsdorf. The nursing staff of ward A7 took excellent care of the patient for almost a month. The staff of ward D6 gave necessary advice for the suprapubic catheter's blockages and also supplied wound care items, which was perfectly done by the registrars. Dr Ian Vlok of Neurosurgery referred the patient and also assisted the transplant coordinators with the difficult discussion about organ donation. It was indeed

Vir die bestuurspan van TBH het prof. Van der Merwe net lof. THB se bestuur was vanaf die begin van die projek ondersteunend. Die hoofuitvoerende beamppte (HUB), dr. D. Erasmus, was deurentyd in kontak en het saam met prof. Van der Merwe die ontvanger in die saal besoek. Drs. A. Muller (superintendent) en K. Maart was sedert die begin van die N11/243-projek aktiewe ondersteuners en het prof. Van der Merwe gesteun om die projek te voltooi wanneer komplikasies opgeduik het.

Prof. Van der Merwe voel dat die goeie en rustige verhouding wat tussen dokters en bestuur by TBH heers en die goeie interdepartementele spanverhoudings die grondslag gelê het om iets te kon doen wat niemand anders nog kon doen nie.

Prof van der Merwe

a team effort from Tygerberg.

Prof. Van der Merwe praises the managing team of Tygerberg Hospital. TBH management was supportive since the inception of the project. The CEO, Dr D. Erasmus, was regularly in contact and visited the donor recipient alongside Prof. Van der Merwe. Drs Muller and Maart were active supporters since the beginning of the N11/243 project backing Prof vd Merwe to complete the project when complications arose.

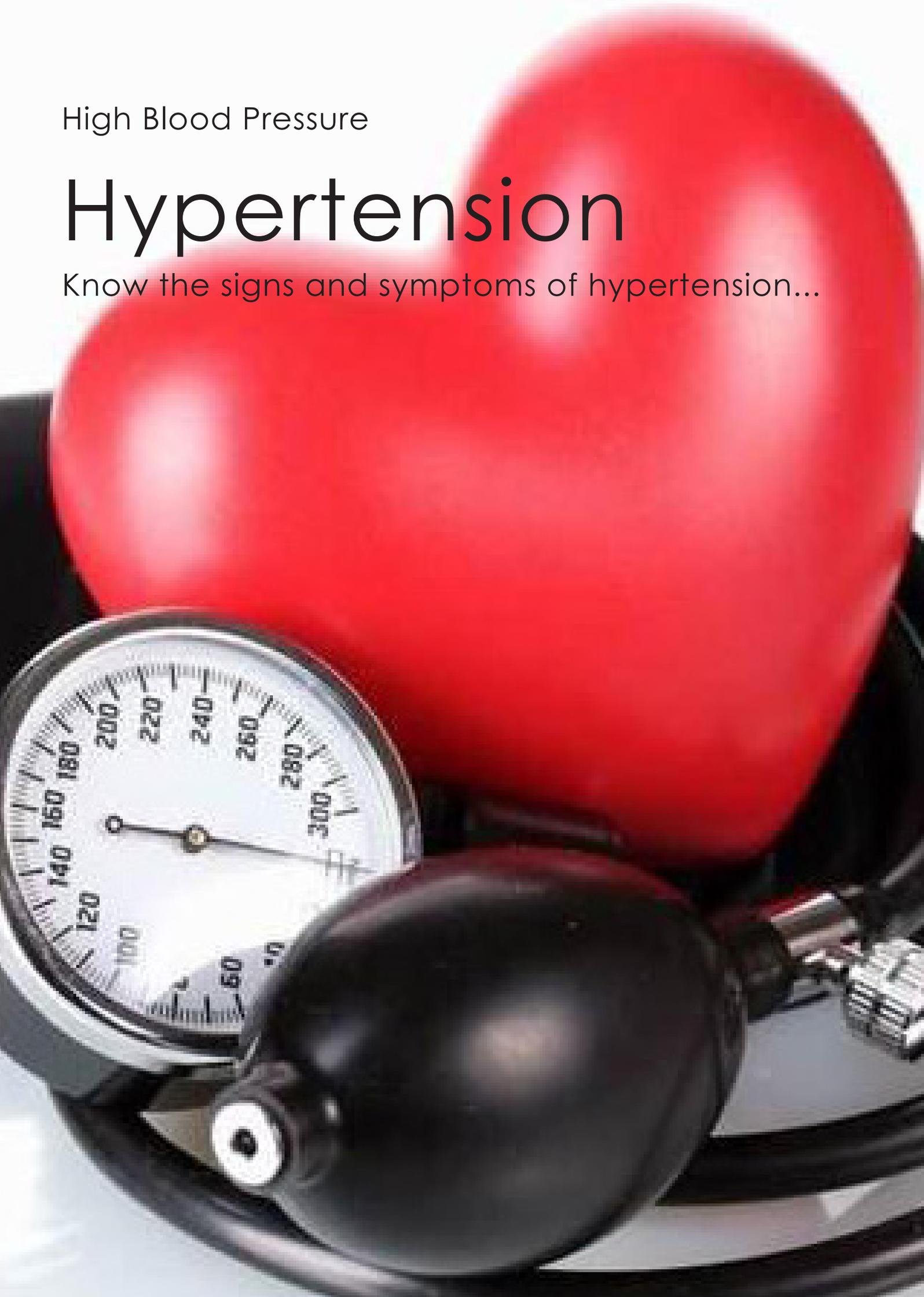
Prof. Van der Merwe feels that the good and calming relationship between doctors and management at TBH, and the good inter-departmental team relationships laid the foundation to do something which no one else could ever have done.

Prof van der Merwe

High Blood Pressure

Hypertension

Know the signs and symptoms of hypertension...





Hypertension (high blood pressure) is a very common condition with 1 out of 4 people having this condition. Hypertension may be increasing and seems to parallel the increase in obesity and the ageing population. The cause of hypertension is not known in the vast majority. Very rarely an underlying cause may be identified.

People with undiagnosed hypertension have no symptoms. It is commonly referred to as the 'silent killer'. If left undiagnosed, the complications of untreated hypertension are devastating and include strokes, heart attacks and heart failure, kidney failure, leg amputation and even blindness.

For these reasons it is important that people at risk for hypertension have their blood pressure taken at least yearly. Those at high risk include those with a family history of hypertension, older people, kidney disease, diabetics, obesity, black race, sedentary lifestyles,

and smoking and excessive alcohol use. Blood pressure of greater than 140/90 mmHg, on more than one occasion, is regarded as hypertension.

Treatment of hypertension includes lifestyle changes such as dietary changes, weight loss, exercise and religious use of blood pressure medication. Lifestyle changes are the most difficult to achieve. Limiting salt intake is the most important dietary change. Salt intake should be limited to a level teaspoon daily. This is the equivalent of 2400 mg of salt a day. It is important to mention that a slice of bread (white and brown) contains an average of 500 mg of salt! This is an important source of non-discretionary salt intake that is usually consumed in large quantities. Reducing alcohol intake to one glass of red wine daily has been shown to reduce death from cardiovascular disease such as stroke and heart attacks. Cessation of smoking is also important, but may be difficult to achieve without help

from a doctor.

Weight loss is very important and may cause large reductions in blood pressure. Patients should strive to get their weight into the ideal range for body mass index (BMI). The ideal BMI range is 20-25 kg/m². Exercise should be of moderate intensity, such as a brisk walk. It should be done for 30 minutes every other day per week (minimum of 150 minutes per week). Lastly, and most importantly, is the religious use of blood pressure medication. It is important to note that it is not necessary to eat something before taking blood pressure pills. It is also important that patients with hypertension should always inform the pharmacist of their condition when purchasing over-the-counter pills as it may interact with their blood pressure medication and may even increase the blood pressure.

Dr Mogamat Yazied Chothia

Healthy Lifestyles

World Kidney Day

Drink water regularly...



World Kidney Day is celebrated across the world every year on the second Thursday in March since 2006. It started with the first theme "Are your kidneys Ok?" Since then a new campaign highlighted a different aspect of kidney disease every year. This year the theme was "Kidney Health for All", and people were encouraged to drink and give a glass of water since maintaining a healthy intake is one of the golden eight rules of prevention. The staff at this clinic has decided to have an awareness day to encourage the importance of living a healthy lifestyle to reduce the risk of kidney disease and the progression of kidney failure.

The programme was hosted on 11 March 2015 at the clinic in the C-passage on 7th floor East side to accommodate the patients attending the Nephrology clinic. The programme started at 10h00 and Sr. Fortuin did the welcome and overview of the programme. Sr. Kok (Nephrology student) did a PowerPoint presentation about the History of World Kidney Day and why it is celebrated annually. Ms Raseda Samaai (Healthy Start Practitioner) from National Renal Care spoke about the function of the kidneys, signs and symptoms of kidney disease, prevention of kidney failure and the importance of the screening tests. She also encouraged the patients living with kidney disease to adhere to their clinic appointments and to be compliant with their medication. The different stages of kidney disease and the criteria for dialysis programme were discussed.

Patients had the opportunity to ask many questions.

Sr. Bailey (Transplant Co-ordinator) gave a very informative talk about kidney replacement therapy, kidney transplants and kidney donation. The process of organ donation was discussed thoroughly and patients actively participated in the discussion. Mr Bidii (Nephrology student) showed the patients short animation videos that illustrate what a fistula, peritoneal dialysis and Haemodialysis is.

Blood pressures and HGT's were done on a voluntary basis. A referral letter was given to two patients for blood pressure check-ups at community health centres (CHCs). No immediate intervention was needed.

An exhibition board with the relevant information were displayed at the clinic. Pamphlets and booklets were available for patients to take home.



Four patients were the lucky winners of various gifts sponsored by the Cape Kidney Association and staff members. The patients had to answer four questions based on topics discussed. Participants also received small gifts, e.g. bags, pens and broaches.

The programme ended with the patients receiving refreshments, which were received with gratitude.

Sister D Fortuin

Unit for Infection Prevention and Control (UIPC)

Here's what some of our trained Link Nurses had to say:



Ms Christina Dawson an Enrolled Nursing Assistant at the High Care Unit - *"The program was very informative. There is always something new to learn that I can apply positively. The products used are indeed working and improves the care that I render to my patients."*



Ms Christiana Dyers an Operational Manager at the Orthopaedics department - *"It was an eye-opener, very informative and I can plough back more into my ward. It is a continuous learning process."*



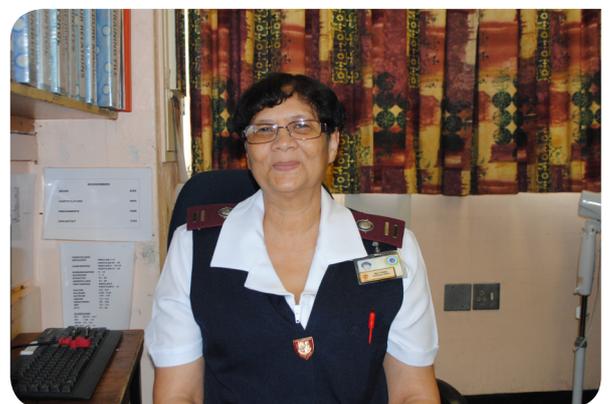
Ms Hester Van Schalkwyk an Operational Manager - *"The program has broadened my knowledge very much. I can continue my daily tasks with a peaceful heart knowing that the staff that I have trained follows the correct procedures and apply what they were taught."*



Ms Simone Jaars a Professional Nurse at the Gynaecology & Obstetrics - *"The Link Nurse program is a very good course and it should be offered to more staff. I have learnt a lot, gained knowledge and experience and can apply what I have learnt in my department."*



Ms Yolisa Njokwe is an Enrolled Nursing Assistant working at Internal Medicine Department- *"It feels good to be a Link Nurse. I have learnt a lot of measures that I can apply in my work area."*



Ms Youe Wally an Operational Manager at the Internal Medicine - *"It was an eye-opener. After the program I see things with more perspective and insight. I am now more attentive and don't want to disadvantage my patients in any way. I focus 100% on what I have learnt. More people should be granted the opportunity to go."*

Link Nurse Programme

The Link Nurse (LN) Concept is by no means unfamiliar to the medical profession. It was originally introduced in the United Kingdom and implemented to support education in ward-staff by Horton in 1988.

The Unit for Infection Prevention and Control (UIPC) launched the Tygerberg Hospital Link Nurse Programme in 2012 under the supervision of Prof. Shaheen Mehtar and Sr Magda Mocke. To date the UIPC team trained over 220 Professional Nurses in the LN Programme.

Our Link Nurses act as local communicators for IPC issues by collaborating and communicating regularly with the IPC team; also in developing ways to communicate IPC information including best practice standards and relevant supportive resources.

The LN Programme at TBH consists of:

Staff Member – IPC Link Nurse

- Professional Nurse
- Volunteer

Education

- Training Workshop (Accredited Course at U.S. cost)
- 5-Day Course (1 day a week over 5 week period)
- Act as a role model and visible advocate of IPC
- Enabling individuals and teams to learn and develop their infection prevention practice.
- Supporting local audits and maintenance

IPC Notice Board

- Visible reminder of the LN Programme
- Relevant IPC information.
- Clinical staff can monitor their own performance – statistics and audits.
- Assist with education – microbe of the month

Implementation of the Project

- Hand Hygiene Practices & Environment Cleanliness
- Baseline audits

- Interventions
- Monthly audits to monitor progress and identify obstacles

Monitoring and Evaluation

- Ward visits
- Movement of MOM and quarterly reports on the IPC Noticeboard
- Notification of Communicable Diseases
- Know-how of accessing the IPC manual on the I-drive

The role also provides a unique opportunity for nurses to enhance their personal and professional practice, developing skills such as managing change, education and leadership. Locally and nationally, LN systems are considered important for developing potential future IPC nurses or other specialist roles (i.e. roles associated with risk management or quality) through the development of transferrable skills and attributes developed as a result of their experience.

HPV & Cancer Prevention

Human Papilloma Virus (HPV) is easily transmitted from one person to next through sexual contact. This group of viruses can cause unpleasant diseases like genital warts and sometimes even cancer. The virus spread from one person to next by skin to

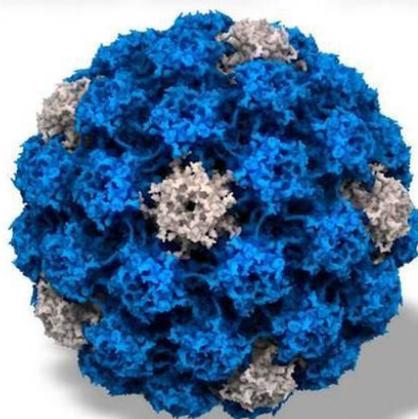
skin contact. Condoms do not always protect against this, and the only way to be sure you will not get HPV, is for both people in a relationship to be faithful to only one partner.

Genital warts are uncomfortable and ugly. It

may affect the skin around the genital area and the anus. These warts are often very difficult to treat. The best way to “treat” genital warts is to not get the infection in the first place.

An infection by oncogenic (cancer causing) types

WHAT YOU SHOULD KNOW ABOUT **HPV** VIRUS



of Human Papilloma Virus (HPV) may over time lead to abnormal changes in the cells of the cervix (the cervix is the neck of the womb), which further develop into cancer. HPV infection can also cause other types of cancer in men and women. HPV infection is quite common in young, sexually active people but is usually cleared by normal immunity. If the infection does not clear, someone will have a risk for cancer. Remember that smoking adds to the risk! South Africa has one of the highest rates of cervical cancer in the world. It is estimated that 1 out of every 30 women will develop cervical cancer during their lifetime.

The Pap smear is a well-known test to detect warning signs of cervical cancer. All grown women should be encouraged to get tested. The Government provides free screening for women over the age of 30 years at primary health care clinics. There are new

tests available to check for HPV infection, and it can be used alone or together with Pap smears to identify people that are at risk for developing cancer.

Vaccines are available to protect against HPV. The HPV vaccines are very effective in preventing infection in the first place. The vaccine should be given to girls before they become infected and the best time is around the age of 9 to 12 years. Boys may also benefit



from HPV vaccination but because the vaccines are still rather expensive, most doctors would recommend

starting with girls. Many countries have introduced national HPV vaccination programmes for all girls before they leave primary school. The good news is that the HPV vaccines are provided free of charge by the South African Government to girls in Grade 4. These younger children only need two doses six months apart to be protected. Older (over the age of 12 years) children will need three doses of the vaccine to be protected for a long time.

Let us make cervical cancer something of the past. Get your child vaccinated and go for screening at your local clinic or general practitioner.

Prof Hennie Botha

Congratulations



Professor Craig Househam (Head of Health), Mr Alfonso Malgas (Gold Audit Award for Information Management), Dr Dimitri Erasmus (CEO, Tygerberg Hospital) and Ms Petula Jansen (Silver Audit Award for Human Resource Management)

*“Coming together is a beginning
Keeping together is progress
Working together is success” - Henry Ford*

Interview with Alfonso Malgas

Name of award?

Gold Audit Award for Information Management

What the award was for?

The award was for an unqualified audit in the 2013/2014 financial year (for Information Management and Patient Administration) at Tygerberg Hospital.

Who did you receive the award from?

Based on the Report of the Auditor General to the Western Cape Provincial Parliament on Vote No. 6: Western Cape Department of Health, the award was received from Head Office (Prof. Househam) and was handed over to the representatives of Tygerberg Hospital on the day, which was CEO (Dr D. Erasmus), Director Finance (Mr T. Salie) and Acting Assistant Director (Mr A.A. Malgas).

When and where did you receive it?

The award was received at the Awards Ceremony conducted by Prof. Househam at the Lentegeur Hospital Conference Centre on 27 November 2014.

Why did you receive it? What is the award all about?

An annual audit is being conducted by the Auditor General and this award was/is based on the findings of the Auditor General during that period.

As a recipient of such an award, how do you feel about receiving it?

This really has been a tool of motivation and a reflection of the dedication to the public sector. It really made me feel proud to be a part of the Information Management Unit of Tygerberg Hospital and to be at the time the Acting Assistant Director of such a phenomenal team. This also has been a reflection of the guidance and motivation by top management of Tygerberg Hospital, and speaks volumes of their leadership in the institution and the impact they have on staff. I have to thank Mr A. Loff (previous Assistant Director of the Information Management Unit at Tygerberg Hospital) for his continuous assistance and guidance even after he accepted another position and has not been on the Tygerberg Hospital establishment any longer.

Did you expect to receive the award?

It really has been a very difficult and uncertain time as there has not been a Head of Department at the Information Management Unit at the time and I was merely acting in the interim, but believed that the outcome could be possible. I gave Mr D. Visagie leverage in terms of the audit procedures and we relied on each other's input based on our knowledge and expertise respectively. The rest of the team also has been very cooperative in assisting wherever possible. So,

in conclusion, I believed and knew we could manage to get an unqualified audit, but the award itself was an unexpected pleasant surprise.

Anything else you want to add?

This award speaks of the teamwork at Tygerberg Hospital and the cooperation of staff to ensure effective service delivery within the institution and the concern for patient care, as well as abiding by the Batho Pele principles in conjunction with the C²AIR² values of service delivery. I have to extend the award to the team at Medical Records/Patient Administration under the supervision of Ms J. Jooste and acknowledge their input in this achievement and the hard work they have done in order to make this possible. I also appreciate the support I received from the other managers of the Finance Component, as well as the COO and the Medical Superintendents, as well as Nursing whenever I called on them for assistance and guidance. Lastly, but definitely not the least, in the words of Prof. Househam, this could not have been possible without the input from all staff especially those on ground level and therefore I have to express and extend my gratitude to ALL those who were involved in the process, regardless of how small their contribution may have seem to be, because in the end it all led to the overall outcome.

New Minister of Health



On Friday, 27 February 2015 the new Western Cape Minister of Health, Nomafrrench Mbombo, visited Tygerberg Hospital. Minister Mbombo was taken on a walkabout to the newly upgraded Labour Ward C2A.

Pictured far right is Minister Mbombo with Tygerberg Hospital CEO Dr Dimitri Erasmus, Prof Gerhard Theron, Head of Obstetrics and Gynaecology department and one of the proud moms with her newborn baby girl.

Farewell Prof Househam



Mr & Mrs Househam with some of the managers



Prof Househam with some of the Facility Board Members



Administration guard of honour



Final wave goodbye

Staff Matters



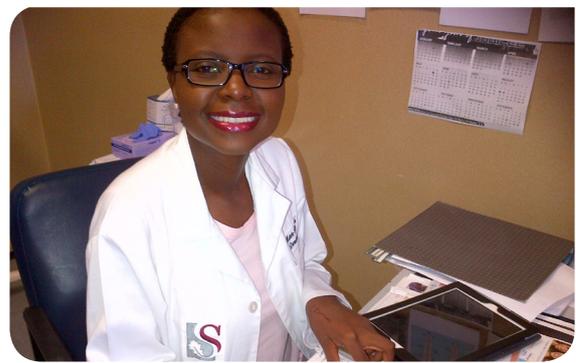
Mr Tendani Mabuda was appointed as the new Senior Manager: Nursing or the Head of Nursing



Mr Steve Edwards Medd the newly appointed Chief Artisan, for the Electrical department.



Mr Jonathan Majavie the newly appointed Assistant Director for Information Management Unit



We bid farewell to Dr Charlotte Matete Mathobela, Registrar, Dermatology Clinic



After 25 years of dedicated service Ms Elzabé Meintjes (Social Worker) bid farewell to Tygerberg Hospital.



Na amper 32 jaar diens sê ons totsiens vir Mnr Gerard (Hoffie) Hoffmeester



We bid farewell to Ms Noloyiso Mandla an Admin Clerk: Recruitment and Selection.



Mrs Sonia Swanepoel bid farewell to Tygerberg Hospital after 23 years of dedicated service.

Thank You

Following the annual audit conducted by the Auditor General for the financial year ending 31 March 2014, the Human Resources Department was awarded a silver certificate by the Head of Health, Prof Househam. The contribution of Human Resources staff members was recognised during an informal function on 19 December 2014. Tygerberg Hospital has the largest Human Resources component at a hospital in the country.



“Teamwork Divides



The Task AND



Multiplies The Success”