

2013

NASIONALE DAE NATIONAL DAYS

Compiled by SZERENA KNAPP

Every effort has been made to ensure that the correct information regarding dates and contact details is published. Should there be any discrepancies please contact the compiler on (021) 483-2483.

April

Caesarean Awareness Month

Date: 1-30 April 2013

Presenter: International Caesarean Awareness Network

World Autism Awareness Day

Date: 2 April 2013

Balanced Lifestyle, World Health Day

Date: 7 April 2013

Presenter: Department of Health

World Parkinson's Day

Date: 11 April 2013

Presenter: European Parkinson's Disease Association

World Haemophilia Day

Date: 17 April 2013

Presenter: Western Cape Haemophilia Foundation

World Book Day

Date: 23 April 2013

Presenter: Centre for the Book

World Malaria Day

Date: 25 April 2013

World Day for Safety and Health at Work

Date: 28 April 2013

Presenters: Provincial Government Western Cape: Occupational Health / Occupational and Environmental Health Research Unit (MRC)

May

Anti-Tobacco Awareness Month

Date: 1-31 May 2013

Presenter: Cancer Association of South Africa

Hepatitis Awareness Month

Date: 1-31 May 2013

Presenter: Hepatitis Foundation International

World Press Freedom Day

Date: 3 May 2013

International Firefighters' Day

Date: 4 May 2013

Hospice Week

Date: 5-11 May 2013

Presenter: Hospice Palliative Association

International No-Diet Day

Date: 6 May 2013

Presenter: Provincial Government Western Cape: Dietician

National Archives Week

Date: 6-10 May 2013

Presenter: Western Cape Archives and Records Service

World Asthma Day

Date: 7 May 2013

Presenter: Asthma Association

World Red Cross Day

Date: 8 May 2013

Presenter: American Red Cross

Lupus Awareness Day

Date: 10 May 2013

Presenter: Arthritis Foundation

International Nurses' Day

Date: 12 May 2013

Presenter: Provincial Government Western Cape: Information Management

International Day of Families

Date: 15 May 2013

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

World Telecommunication Day

Date: 17 May 2013

Presenter: TELKOM

International Museum Day

Date: 18 May 2013

Presenter: Iziko: Museums of Cape Town Centre for Conservation Education

International AIDS Candlelight Memorial Day

Date: 19 May 2013

Presenter: Provincial Government Western Cape: Health Promotion and Marketing

Africa Day

Date: 25 May 2013

Presenter: Iziko: Museums of Cape Town Centre for Conservation Education

International Day of Action for Women's Health

Date: 28 May 2013

Presenter: Gender Advocacy Programme

World No-Tobacco Day

Date: 31 May 2013

Presenter: Cancer Association of South Africa

2013

NASIONALE DAE NATIONAL DAYS

June

Men's Health Month

Date: **1-30 June 2013**

Presenter: Cancer Association of South Africa

National Blood Donor Month

Date: **1-30 June 2013**

Presenter: Department of Health

International Children's Day

Date: **1 June 2013**

Presenter: Department of Social Development

International Cancer Survivors' Day

Date: **2 June 2013**

Presenter: Cancer Association of South Africa

World Environment Day

Date: **5 June 2013**

Presenter: Cancer Association of South Africa

World Ocean Day

Date: **8 June 2013**

Presenter: Department of Environmental Affairs and Tourism

Alcoholics Anonymous Founders' Day

Date: **9 June 2013**

Presenter: Alcoholics Anonymous

World Blood Donor Day

Date: **14 June 2013**

Presenter: Western Province Blood Transfusion Service

World Elder Abuse Awareness Day

Date: **15 June 2013**

Presenter: Age-in-Action

National Youth Day

Date: **16 June 2013**

Presenter: RAPCAN

Presenters: Planned Parenthood Association of South Africa, Western Cape Education Department

World Day to Combat Desertification and Drought

Date: **17 June 2013**

Presenter: Department of Environmental Affairs and Tourism

National Epilepsy Week

Date: **17-23 June 2013**

Presenter: South African National Epilepsy League (SANEL)

World Refugees' Day

Date: **20 June 2013**

Presenter: United Nations High Commissioner for Refugees

SANCA Drug Awareness Week

Date: **24-28 June 2013**

Presenters: Cape Town Drug Counselling Centre; South African National Council on Alcoholism and Drug Dependence

International Day Against Drug Abuse and Trafficking

Date: **26 June 2013**

Presenters: Cape Town Drug Counselling Centre; South African National Council on Alcoholism and Drug Dependence

July

Psychiatric Disability Awareness Month

(Mental Illness)

Date: **1-31 July 2013**

Presenter: Cape Mental Health Society

World Population Day

Date: **11 July 2013**

Presenter: Planned Parenthood Association of South Africa

Mandela Day

Date: **18 July 2013**

Presenter: Cancer Association of South Africa

National Cancer Week

Date: **29 July - 2 August 2013**

Presenter: Cancer Association of South Africa

August

Women's Health Season

Date: **1-31 August 2013**

Presenter: Association for Voluntary Sterilisation of South Africa

Organ Donor Month

Date: **1-31 August 2013**

Presenter: Organ Donor Foundation of South Africa

World Breastfeeding Week

Date: **1-7 August 2013**

Presenter: Provincial Government Western Cape: Maternal and Neonatal Services

Rheumatic Fever and Rheumatic Heart Disease Week

Date: **5-9 August 2013**

Presenter: Heart and Stroke Foundation SA

Polio Awareness Week

Date: **6-12 August 2013**

Presenter: Department of Health: Social Mobilisation

2013

NASIONALE DAE NATIONAL DAYS

National Women's Day

Date: **9 August 2013**

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

September

Women's Health - Cervical Cancer

Date: **1-30 September 2013**

Presenter: Association for Voluntary Sterilisation of South Africa

International Childhood Cancer Awareness Month

Date: **1-30 September 2013**

Presenter: Cancer Association of South Africa

National Heart Awareness Month

Date: **1-30 September 2013**

Presenter: Heart and Stroke Foundation SA

Arbor Week

Date: **1-7 September 2013**

Presenter: Department of Water Affairs and Forestry

Kidney Awareness Week

Date: **2-6 September 2013**

Presenter: Kidney Foundation of South Africa

Physiotherapy Back Week

Date: **2-6 September 2013**

Presenter: South African Society of Physiotherapy

Casual Day

Date: **6 September 2013**

Presenter: Association for the Physically Disabled (Western Cape)

International Literacy Day

Date: **8 September 2013**

Presenter: Centre for the Book

International Foetal Alcohol Syndrome Day (FAS)

Date: **8 September 2013**

Presenter: South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

World Suicide Prevention Day

Date: **10 September 2013**

Presenter: International Association of Suicide Prevention: Central Administrative Office

International Gynaecological Health Day

Date: **10 September 2013**

Presenter: Cancer Association of South Africa

International Day for the Preservation of the Ozone Layer

Date: **16 September 2013**

Presenter: Department of Environmental Affairs and Tourism

World Alzheimer's Day

Date: **21 September 2013**

Presenter: Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Retina Week

Date: **23-29 September 2013**

Presenter: South African National Council for the Blind

Heritage Day

Date: **24 September 2013**

Presenter: Iziko: Museums of Cape Town

World Environmental Health Day

Date: **26 September 2013**

Presenter: Cancer Association of South Africa

World Heart Day

Date: **29 September 2013**

Presenter: Heart and Stroke Foundation SA

World Tourism Day

Date: **27 September 2013**

Presenter: Department of Environmental Affairs and Tourism

World Retina Day

Date: **28 September 2013**

Presenter: South African National Council for the Blind

October

International Breast Cancer Month

Date: **1-31 October 2013**

Presenter: Cancer Association of South Africa

International Day for the Older Persons

Date: **1 October 2013**

Presenters: South African Council for the Aged; Age in Action

World Habitat Day

Date: **1 October 2013**

World Animal Day

Date: **4 October 2013**

National Marine Week

Date: **8-12 October 2013**

Presenter: Centre for Conservation Education

National Nutrition Week

Date: **9-15 October 2013**

Presenter: Department of Health: Nutrition

World Mental Health Day

Date: **10 October 2013**

Presenter: Cape Mental Health Society

World Sight Day

Date: **10 October 2013**

Presenter: SA National Council for the Blind

2013

NASIONALE DAE NATIONAL DAYS

National Bandana Day

Date: **12 October 2013**

Presenter: Cancer Association of South Africa

World Arthritis Day

Date: **12 October 2013**

Presenter: Arthritis Foundation

Obesity Week

Date: **15-19 October 2013**

Presenter: Heart and Stroke Foundation SA

Global Handwashing Day

Date: **15 October 2013**

Presenter: Department of Water Affairs

World Food Day

Date: **16 October 2013**

Presenter: Department of Health: Nutrition

International Day for the Eradication of Poverty

Date: **17 October 2013**

Presenter: Department of Health

National Down's Syndrome Awareness Day

Date: **20 October 2013**

Presenter: Down's Syndrome Association

World Osteoporosis Day

Date: **20 October 2013**

World Polio Day

Date: **24 October 2013**

World Stroke Day

Date: **29 October 2013**

Presenter: Heart and Stroke Foundation SA

November

Men's Health Month

Date: **1-30 November 2013**

Presenter: Cancer Association of South Africa

November in aid of CANSA

Date: **1-30 November 2013**

Presenter: Cancer Association of South Africa

National Children's Day

Date: **2 November 2013**

Presenter: Department of Health

SADC Malaria Day

Date: **8 November 2013**

Presenter: Department of Health

World Diabetes Awareness Day

Date: **14 November 2013**

Presenter: South African Diabetes Association

International Day for the Prevention of Violence Against Women

Date: **25 November 2013**

Presenters: Western Cape Network on Violence against Women; New Women's Movement

16 Days of Activism Against Domestic Violence

Date: **25 November-10 December 2013**

Presenters: Western Cape Network on Violence against Women; New Women's Movement

December

SunSmart and Environment Month

Date: **1-31 December 2013**

Presenter: Cancer Association of South Africa

World AIDS Day

Date: **1 December 2013**

Presenter: Planned Parenthood Association of South Africa

International Day for Persons with Disabilities

Date: **3 December 2013**

Presenters: Association for the Physically Disabled (Western Cape); SA National Council for the Blind

International Volunteer Day

Date: **5 December 2013**

Presenter: Volunteer Centre

World Patient Safety Day

Date: **9 December 2013**

Presenter: Cancer Association of South Africa

International Human Rights Day

Date: **10 December 2013**

Contact details

Age-in-action

Tel: (021) 426-4249

Fax: (021) 426-4290

Cell: 082 805 9572

E-mail: <saca@age-in-action.co.za>

Alcoholics Anonymous

Tel: (011) 869-9077 / (021) 510-2288

Fax: (021) 510-2288

Web site: cape.org.za

Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact person: Henriette Arendse

Tel: (011) 478-2234

Contact person: Karen Borochowitz

Tel: (044) 533-3154 / Cape Town branch no. (044) 352-9487

E-mail: <alzheimerssa@icon.co.za>

Web site: alzheimers.org.za

2013

NASIONALE DAE NATIONAL DAYS

Arthritis Foundation

Contact person: Pat Jones
Tel: (021) 425-4738/425-2344
Fax: (021) 421-7330
E-mail: <arthcpt@mweb.co.za>
Web site: arthritis.org.za

Association for the Physically Disabled (Western Cape)

Contact person: Ray Blecher
Tel: (021) 555-2881/2
Fax: (021) 555-2888
E-mail: <apd-wc@mweb.co.za> / <director@apd_wc.org.za>

Association for Voluntary Sterilisation of South Africa

Tel: (021) 531-1665
Fax: (021) 531-1665
E-mail: <avssa@polka.co.za>

Asthma Association

Contact person: Paddy de Jager
Tel: (011) 643-2755
Fax: (011) 678-3069
Web site: asthma.co.za

Cancer Association of South Africa

Contact person: Alice Victor
Tel: (021) 689-5347/81/82
Fax: (021) 685-1937
E-mail: <avictor@cansa.org.za>
Web site: cansa.org.za / cansa.co.za

Cape of Good Hope SPCA

Contact person: Parveen Said
Tel: (021) 700-4140
E-mail: <publicrelations@spca-ct.co.za>
Web site: spca-ct.co.za

Cape Mental Health Society

Contact person: Carmen Hanslo
Tel: (021) 447-9040
Fax: (021) 448-8475
E-mail: <info@cmhs.co.za>
Web site: capementalhealth.co.za

Cape Town Drug Counselling Centre

Contact person: Cathy Karassellos
Tel: (021) 447-8026/35/45
Fax: (021) 447-8818
E-mail: <ctdcc@iafrica.com>
Web site: drugcentre.org.za

Centre for the Book

Contact person: Nelisa Lunika
Tel: (021) 423-2669
Fax: (021) 424-1484
E-mail: <nelisa.lunika@nlsa.ac.za>
Web site: centreforthebook.org.za

Centre for Conservation Education

Tel: (021) 762-1622

CMC Health Resource Centre

Tel: (021) 931-8140

Cystic Fibrosis Association

Tel: (021) 557-0323 / (011) 294-3849

Deaf Federation of South Africa (DEAFSA)

Contact person: Lenie Viljoen
Tel: (021) 683-4665 / 683-4666
Fax: (021) 671-2644
TTY (telephone device for the deaf): (021) 683-0664
E-mail: <deafsa2@iafrica.com>
Web site: deafsa.co.za

Department of Health

Contact person: Faith Mkosi
Tel: (021) 483-5682
E-mail: <Fmkosi@pgwc.gov.za>
Web site: doh.gov.za

Department of Health: Nutrition

Tel: (021) 918-1413 / 483-5663
Fax: (021) 483-2682

Department of Health: Pharmacist

Tel: (021) 918-1526

Department of Health: Social Mobilisation

Tel: (012) 312-0099

Department of Education

Contact person: Paddy Attwell
Tel: (021) 467-2531/32
Fax: (021) 467-2363
E-Mail: <pattwell@pgwc.gov.za>

Department of Environmental Affairs

Contact person: Desetso Ramotso
Tel: (012) 310-3822
Fax: (012) 322-2682
Cell: 082 219 5136

Department of Social Development

Contact person: Stefanus Scholtz
Tel: (012) 312-7605

Department of Social Services

Contact person: Derrick Schroeder
Tel: (021) 483-4004

Department of Water Affairs

Contact person: Michelle Parker
Tel: (012) 336-8252 / (021) 950-7100
E-mail: <bdc@dwaf.pwv.gov.za>

2013

NASIONALE DAE NATIONAL DAYS

Down's Syndrome Association

Tel: (021) 910-0753 / 919-2701

European Parkinson's Disease Association (EPDA)

E-mail: <lizzie@epda.eu.com>

Web site: epda.eu.com

Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms

Tel: (021) 461-7360

Fax: (021) 461-9198

E-mail: <famsawc@new.co.za>

Web site: famsawc.org.za

Gender Advocacy Programme

Contact person: Agnes Petersen

Tel: (021) 465-0192/7

Fax: (021) 465-0089

Web site: gender.co.za

Health Promotion Resource Centre

Contact person: Agnes Petersen

Tel: (021) 931-8140

Fax: (021) 465-0089

E-mail: <health1@gender.org.za>

Heart and Stroke Foundation

Tel: (021) 447-4222

Fax: (021) 447-0322

Cell: 083 302 7311

E-mail: <murishca@heartfoundation.co.za>

Web site: heartfoundation.co.za

Heart Foundation

Contact person: Michelle Kearney

Tel: (021) 447-4222 / 086 022 3222

Fax: (021) 447-0322

E-mail: <michelle@heartfoundation.co.za>

Web site: heartfoundation.co.za

Hepatitis Foundation International

Web site: www.hepfi.org

Hospice Palliative Association

Tel: (021) 531-1706

International Caesarean Awareness Network, Inc.

E-mail: <info@ican-online.org>

Web site: www.ican-online.org

International Association of Suicide Prevention: Central Administrative Office

E-mail: <iasp1960@aol.com>

Web site: www.med.uio.no/iasp

Iziko: Museums of Cape Town

Contact person: Hamish Robertson

E-mail: <hrobertson@iziko.org.za>

Tel: (021) 481 3849

Fax: (021) 481-3993

Web site: iziko.org.za

Kidney Foundation of South Africa

Contact person: Fanie du Toit

Tel: (011) 447-2531 / 086 671 7347

Fax: (011) 447-2531

E-mail: nkfsa@mweb.co.za

Web site: nkf.co.za

Mental Health Information Centre

Contact person: Zimbini Ogle

Tel: (021) 938-9229

Fax: (021) 931-4172

Web site: mentalhealthsa.co.za

New Women's Movement

Tel: (021) 697-3337/8

Occupational and Environmental Health Research Unit (MRC)

Tel: (021) 406-6719

Fax: (021) 406-6163

Web site: uct.ac.za

Organ Donor Foundation of South Africa

Contact person: Phillipa Douglas

Tel: 0800 22 66 11 (toll free) /

(021) 426-0198

Fax: (021) 426-1097

Web site: odf.org.za

Planned Parenthood Association of South Africa

Tel: (021) 448-7312

Fax: (021) 448-7320

E-mail: <ppawc@ppawc.co.za>

Web site: ppasa.org.za

Provincial Government Western Cape

(PGWC): Child Health

Tel: (021) 483 4266

Provincial Government Western Cape

(PGWC): Dietician

Tel: (021) 918-1481

Provincial Government Western Cape

(PGWC): Health Promotion and Marketing

Tel: (021) 918-1247

Fax: (021) 949-8153

Provincial Government Western Cape

(PGWC): Information Management

Contact person: Danver Roman

Tel: (021) 918-1503

E-mail: <Droman@pgwc.gov.za>

Provincial Government Western Cape

(PGWC): Maternal and Neonatal Services

Tel: (021) 918-1507

Provincial Government Western Cape

(PGWC): Occupational Health

Tel: (021) 483-3287

Provincial Government Western Cape

(PGWC): Oral Health

Tel: (021) 954-2237 / (021) 633-8606

2013

NASIONALE DAE NATIONAL DAYS

Resources aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Contact person: Christina Nomdo
Tel: (021) 712-2330
Fax: (021) 712-2365
Web site: rapcan.org.za

South African Society of Psychiatry

Tel: (011) 484-9330
Fax: (011) 484-9332
Web site: sasop.co.za

South African National Blood Service (SANBS)

Tel: (011) 761-9000
E-mail: <donor@nl.sanbs.org.za>
Web site: sanbs.org.za

South African Dental Association

Contact person: Dr Roux Vermeulen
Tel: (022) 482-1228
Fax: (022) 482-2339
E-mail: <info@sada.co.za>
Web site: sadanet.co.za

South African Diabetes Association

Contact person: Margo McCumisky
Tel: (021) 425-4440
Fax: (021) 425-7940
E-mail: <capewc@diabetessa.co.za>
Web site: diabetessa.co.za

South African National Council for the Blind

Tel: (012) 452-3811
Fax: (012) 346-4699
E-mail: <admin@sanb.org.za>

South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

Contact person: Ruth Fortuin
Tel: (021) 945-4080/1
Fax: (021) 945-4082
E-mail: <sancawc@mweb.co.za>

South African National Epilepsy League (SANEL)

Contact person: Driki Snyman
Tel: (021) 447-3014
Fax: (021) 448-5053
Web site: epilepsy.org.za

South African Psoriasis Association

Contact person: Catherine Alexander
Tel: (021) 981-1650 / (021) 551-4114 (AH)
Fax: (021) 981-1650

South African Society of Physiotherapy

Contact person: Daphne Beukes
Tel: (011) 561-3290
Cell: 083 250 6224
E-mail: <besem@iafrica.com>
Web site: physiosa.org.za
Tel: (021) 975-2634
Fax: (021) 976-1740

TELKOM

Contact person: Hannelie van Tonder
Tel: (021) 311-3740
E-mail: <vtondeh@telkom.co.za>

Volunteer Centre

Contact person: Deline van Boom
Tel: (021) 674-5367
Fax: (021) 418-3707
E-mail: <volcent@iafrica.com>
Web site: volcent.co.za

Western Cape Archives and Records Service

Tel: (021) 466-8122

Western Cape Cerebral Palsy Association

Contact person: Hillary Lane
Tel: (021) 685-4150
Fax: (021) 686-8544
E-mail: <ceo@wccpa.org.za>

Western Cape Education Department

Web site: wced.wcape.gov.za

Western Cape Haemophilia Foundation

Contact person: Mrs J Butler
Tel: (021) 654-6468

Western Cape Network on Violence against Women

Contact person: Synnovo / Shahiema
Tel: (021) 633-5287
Fax: (021) 637-3487
Web site: saartjiebaartmancentre.org.za

Western Cape Provincial Library Service

Contact person: Szerena Knapp
Tel: (021) 483-2483
Fax: (021) 419-7541
E-mail: <capelib@pgwc.gov.za>
Web site: www.westerncape.gov.za

Western Province Blood Transfusion Service

Contact person: Marika Champion
Tel: (021) 507-6365 / (021) 975-6228 (AH)
E-mail: <marika@wpbts.org.za>