



Celebrating the Cape Winelands District

CHILD HEALTH An integrated Project

The Cape Winelands District Municipality launched a collaborative project in celebration of International Children's Day. The project, initiated by the Department of the Premier, focused on the protection of vulnerable children in rural communities. The Department of Health in the Cape Winelands was invited to form part of the festivities.

The child protection project took a three-pronged approach:

- An interactive play, with child and sexual abuse as the subject, was performed at farm schools in the BreedeValley and Langeberg Subdistricts. The arrangements were made by the Department of Education.
- Parents were invited to attend an evening workshop at identified schools, where they were educated about children and sexual abuse. Social Services presented these evenings.
- A Children's Day Celebration was planned for Saturday 9 June 2012.

Nurses from both subdistricts spent the Saturday screening children aged 8 to 13. Weight and height was measured to identify problems such as malnutrition, diabetes and chronic disease. Eyesight was evaluated and, of the more than 130 children attending, eight were referred – referral notes were given to parents and teachers for access to eye care.

The children were given oral-care education as well as toothbrushes and toothpaste. In an effort to address TB, handwashing was demonstrated, cough etiquette was explained, and the symptoms of TB discussed.

In addition to the health talks and screening, the older children were invited to discuss any queries they might have about sexual health. The nurse who held this discussion on "wise sexual choices" noted that a number of teens had quite complicated questions about sexual behaviour and its consequences.

The Children's Day Celebration put Healthcare 2020 into action by putting a number of principles into practice – building strategic partnerships, addressing health issues at a primary level, and strengthening the district health services. Most of all, by going out into the communities and screening and referring children who required care, client-centred care was definitely achieved.



Sr Verrooi of Worcester Community Health Centre instructing hand-washing to attentive delegates



The Tooth Fairies! Rochelle Felix : CWD Programme Co-ordinator for physical rehabilitation, (far right) galvanised the oral hygienists from the Witzenberg sub-district to help fight tooth decay

Contents	Page
Hoë koppe Besoek Stellenbosch	2
Women's Health Season	3
Community Dialogue	4
News Clips	4
TB Conference	5
Minister's Honor	7
Preventing fires in Montagu	8

NOTES FROM THE DIRECTOR

Dear Colleagues

On my recent visit to primary healthcare facilities in the Witzenberg sub district, accompanied by two members of the Cape Winelands District Health Council, I was again reminded of the importance of clear communication to our community on service delivery packages available at our health care facilities, referral routes and purpose of EMS and Healthnet.

The engagement with the patients in the waiting room was positive and very rewarding. It was clear that the expectations of the community pertaining to Planned Patient Transport were often unrealistic in respect to available resources within the department. However the dialogue highlighted amongst other issues, poor availability of public transport in our rural areas. I really appreciated the honest feedback of the patients, with loads of compliments to the Operational Manager and staff of Nduli clinic. It was good to hear that they noticed their hard work and dedication, and were fully appreciative of it. It was also clear to me that those patients took up ownership of that facility, which is key to partnering with the community in service delivery at a local level.

I walked away with an important lesson of communication i.e. not just to transfer information, but listen and connect with one's audience. We are often so busy in our health facilities, that we overlook the importance of communicating to our patients; whether it relates to staff shortages and impact on waiting times or treatment interventions. We must be careful not to just provide information, but should endeavour to utilize every opportunity to really listen and enter into a constructive dialogue with our patients and communities.

Key to deliver a superior patient centred service is proper communication; not just talking, but listening and connecting to our clients. I hope you will, like me, take some time to reflect on your own style of communication, in an effort to improve interaction with one another and our patients.



Dr Phillips

I would like to express my thanks to our communications officer, Jo-Anne Otto for finalising the communications plan, specifically focusing on the Cape Winelands District. She has already started the process of communicating the packages of care, points of access and knowledge of the referral pathway to our communities.

"It's not enough just to work hard. It's not enough to do a great job. To be successful, you need to learn how to really communicate with others. Everyone communicates. Few connect."

- John C Maxwell

Regards
Dr Lizette Phillips

HOë KOPPE BESOEK Stellenbosch onder die loep

Afgevaardigdes van die Nasionale Raad van Provinsies het Dinsdag 12 Junie 2012 by Mbekweni en Cloetesville-klinieke in die Stellenbosch Subdistrik besoek afgelê.

Die afgevaardigdes is spesifiek getaak is om vas te stel of kwessies by vorige besoeke, in 2007 en 2011, opgelos is. Die besoek het goed afgeloop, tenspyte van die soms moeilike vrae wat beantwoord moes word.

Verbeteringe soos die integrasie van dienste en die pasiënt vervoer stelsel het die besoekers beïndruk. Die algehele vriendelikheid van die personeel was indrukwekkend.



Stellenbosch Subdistrik bestuur, lede van die Kaapse Wynland Munisipaliteit en die Nasionale Raad van Provinsies.

GEOGRAPHICAL SERVICE AREA Top Management think tanks!

A Geographical Service Area (GSA) refers to the manner in which the various levels of services, at primary, district, secondary and tertiary facilities, interact with one another to improve service accessibility for our clients.

Recently Dr Renette Crous, newly appointed Chief Director Rural Health Services, joined the management of the Overberg and Cape Winelands at their quarterly meeting.

In the Cape Winelands we form part of two GSA's, Overberg and our eastern district which both refer to Worcester and Tygerberg Hospitals and Drakenstein and Stellenbosch who refer to Paarl and Tygerberg Hospitals.



From Left: Drs Crous, (Chief Director: Rural Health) Phillips, (Director CWD) Cupido, (DDG), Mrs Kamfer (Director: Overberg), Dr Shumann (MM Worc Hospital) and Mrs Neethling (CWD DDProfessional Support Services)



Feel it, Treat it, Beat it!
Voel dit, Behandel dit, Klop dit!
Ikuhlasele, yinyange, uyilwe!

WOMEN'S HEALTH SEASON

Every women's opportunity to Glow

July to September 2012 is Women's Health Season. During this season we focus on issues that many women shy away from. As women we generally don't discuss cervical screening or breast exams over a cup of tea, yet when one of our friends is diagnosed with a cancer, we offer our strength, love and support.

This year, whether you are a nurse, doctor or health-care worker, remember to share your love, care and support by screening each woman who comes to you for care. If you are a woman, mother, sister or friend, remember to take a moment and ask the girls in your life whether they have been screened, know how to perform a breast self-exam and, if they are sexually active, whether they are practising safe sex and good family planning.

The Women's Health Team have put together an achievable plan to guide healthcare personnel through this season. Remember to offer screening to all women entering your facility.

Our district, in line with Provincial guidelines are focusing on the following key deliverables:

Cervical Screening: Ensure through extended services and liaison with industry that all women have an opportunity to be screened for cervical cancer.

Breast Health: Screen and educate all women on self breast exam, abnormalities and risk factors. Ensure that staff implement new protocols and understand referral pathways.

Couple Year Protection Rate (CPYR): Ensuring that all women have access to family planning and the promotion of the Intra Uterine Contraceptive Device (IUCD)

Ante-Natal Care: Establishing all Pregnant Women's nutritional status by using the Mid-upper arm circumference method and treating and referring those that require nutrition according to BANC protocol.

Together, all women can be in glowing health!

WOMEN'S HEALTH

Caring for the Carer

The Women's Health Co-ordinators, Etta Ludik and Jeanette Meiring are embarking on a district wide awareness campaign among female staff members. Preventable cancers such as breast and cervical cancers remain high on the list of reasons for death among women in the Cape Winelands. Etta and Jeanette will be hosting a funfilled morning of health, beauty and girliness for female staff in your sub-district.

Do make a point of going along on the following dates:

31 August: Drakenstein
7 September: Breede Valley
14 September: Stellenbosch
21 September: Langeberg
28 September: Witzenberg

CLOETESVILLE

Borsvoedingsweek

Baie dankie aan ons borge wat ons gehelp het met ons "event"



Ons is in die Womans Health seisoen en Cloetesville CDC het die borsvoedende pasiente bederf met 'n oggend van inligting, geskenke, babaklere, speelgoed en ander geskenke.

Ons het skenkings ontvang van Goeie Hoop Sielkundige dienste, Medi-Clinic Stellenbosch en Straalig.

Sr Jaap en van haar personeel het ook ruimlik bygedra. Mammias is ook gewys

hoe om met 'n koppie vir hul babas melk te gee, en om sodoende bottelvoeding te vermy.

Woorde: Natheema Toffar

Quotations to remind us that being a woman is FUN!

"Women and cats will do as they please. Men and dogs should relax and get used to the idea." - Sir Robert Heinlein

"A girl should be two things: classy and fabulous." - Coco Chanel

"There are three ways to spread news: telegram, television and tell-a-woman." - Anon

COMMUNITY DIALOGUE

We went to listen

Western Cape Government Health has for a while now had a desire to speak with our clients in non-stressful situations. When one engages with the public on neutral ground, i.e. not at a clinic or in a position of authority, one can communicate on an equal footing, and one is more likely to hear constructive solutions to issues.

With this in mind, the Cape Winelands District, together with staff from the Health Promotions/ASM programme, hosted their first community dialogue on Saturday 23 June 2012 at the Zwelethemba Community Hall, Worcester.

Members of the community were invited to attend a play depicting sexual and reproductive health challenges, such as termination of pregnancy and rape, and issues around parental communication and even accessibility to services in the Health Department. The play gave the audience the opportunity to think about these issues while they were in their own environment, which they could then discuss and share.

It was a highly participative engagement, with many issues being brought to light and some even being resolved right there. The Cape Winelands is looking forward to hosting more of these events in the future.



Western Cape Department of Health and actors

BESTUURSBESOEK

Kraam-afdeling, Worcester-GDS

Worcester-gemeenskapsdagsentrum is in 'n unieke situasie, hulle lewer nie net die volledige pakket van dienste wat van so 'n sentrum vereis word nie, maar bied ook 'n 24-uur-geboorte-fasiliteit, oftewel MOU soos dit genoem word.

Dit was hierdie eenheid wat dr. Phillips, vergesel van haar bestuurspan, onlangs besoek het. Na gesprek met sommige van die wagtende kliënte, om uit te vind hoe die nuwe afspraakstelsel vorder, is dr. Phillips na die eenheid geneem.*

Sr. Creamon, die eenheid se bestuurder, het aan ons verduidelik dat hierdie diens tans tussen 130 en 140 (sowat vyf per dag) babas per maand in die lewe bring! Daar is uitdagings, soos ma's wat nie die kliniek bywoon gedurende swangerskap nie en pasiënte wat onder die invloed van alkohol of dwelms is wanneer hulle inkom vir hul bevalling.

Dr. Phillips is beïndruk met die netheid en organisasie van die eenheid, asook die vriendelikheid en positiewe gesindheid van die personeel in hierdie uitdagende eenheid.

*Sien Samantha Govender se berig op bl. 7 oor die implementering van hierdie nuwe stelsel!



Dr Phillips luister aandagtig na Sr Creamon



Community members listen attentively to Sr Sigula of Zwelenthemba Clinic.

Dank aan hospitaal

JOHAN EN ADRI OLIVIER van Mosselbaai skryf:

Graag wil ons net dankie sê vir al die personeel van die Ceres provinsiale hospitaal met klem op die dokters en die verpleegpersoneel vir die hulp en bystand met Johan wat die naweek van 28 April 'n hartaanval gehad het.

Al ons eer aan die Hoër Hand, dokters en personeel van die hospitaal. Mense, julle kan met trots na die Ceres-hospitaal gaan en bêre julle negatiwiteit van die provinsiale hospitaal. Daardie mense was puik.

Letters

Robertson-hospitaal is tops

MARIE-CLAIRE LACROIX van Robertson skryf:

Hiermee wil ek die dokters, verpleegsters en personeel van die Robertson-hospitaal bedank vir hul uitstekende diens en pragtige, skoon hospitaal tydens my verblyf. Julle is puik. Gaan voort met julle goeie diens. Robertson kan trots wees op so 'n fasiliteit. Dankie aan almal wat my kom besoek het en al die boodskappies en SMS's. Maar die grootste dank aan ons Hamelse Vader wat my gesond gemaak het en my mede-kollegas en baas by Printnor wat my ondersteun het.

TB CONFERENCE: Strong focus on Healthcare workers

The third SA TB Conference was held at the Durban ICC from 12 to 15 June 2012. Health staff in the Cape Winelands District who attended were Mr J Kruger, Srs L Steyn and T Lewis, and Dr C Gunst.

The Conference was opened with a moving address by Dr A Nkhi, When the caregiver develops TB – a personal perspective – “I am a 39-year-old * G4P0 waiting to hear the pitter-patter of feet in my home.” She relates how despite completing her treatment for TB of the uterus, she has struggled to carry a pregnancy to term due to complications of her TB.

TB among healthcare workers (HCW) remained one of the focus points of the conference. It was related that we are at an increased risk of developing TB due to exposure in the workplace, and that there should be a focus on Infection Control within all facilities. HCWs who know that they have HIV, should go on a course of isoniazid prophylactic therapy (INH) if they were exposed to TB. Unfortunately this is not a permanent solution to help prevent infection, that is why HIV+ nurses are encouraged to disclose their status, so that they can be placed in positions that pose less risks to their health. (HCWs who need help with this can contact their Dr or closest ARV Clinic and ask about isoniazid prophylactic therapy often called - IPT)

Some other points of discussion at the conference were:

- new diagnostics, such as “GeneXpert” which can offer test results within 2 hours
- anti-TB medication
- MDR TB and nurse-initiated MDR treatment

* G4P0 stands for “gravida 4, para 0”, and means that the person has had four pregnancies, but zero live births.

Words: Dr C Gunst - CWD Clinical Governance

Prof. Van Helden from the SA Medical Research Council addressed the issue of Molecular Epidemiology of MTB. The salient message was that “magic bullets are not the most effective way to manage an epidemic ...” His modelling and research had shown that at least 75% of new TB cases could be due to reinfection, rather than reactivation of latent infection. Hence it is crucial to diagnose early and treat completely.

The final plenary session included a talk by Dr Chris Dye, from the WHO – Stop TB campaign. He mentioned six possible interventions that could control the TB epidemic, if they are all implemented together (and as effectively as they are written in the existing protocols):

1. antiretroviral therapy for HIV+ clients that need it
2. accurate and sensitive TB diagnosis (the roll-out of GeneXpert will assist with this aspect)
3. earlier TB diagnosis and a higher cure rate of TB cases (we have the protocols and plans)
4. treat latent infection in HIV+ clients (INH prophylactic therapy - we have the protocol)
5. treat latent infection in HIV- clients (not policy but we can do intensive case-finding, in accordance with the new policy from Western Cape Government Health)
6. protection for uninfected TB patients (vaccine – SATVI is working on this in our area).

In conclusion, we were challenged with the message,

**“ARE WE PREVENTING IT?
ARE WE FINDING IT?
ARE WE TREATING IT?”**



Delegates attending the 3rd TB Conference at Durban International Convention Centre were met with a dazzling opening display.



Writing in the sand! Dr Gunst was delighted to spot the “Choice” condom in the pocket of this sand sculpture!

STELLENBOSCH HOSPITAL

Enjoys some R&R

Stellenbosch Hospital has been enjoying the attention of a team of workmen who have, on the instruction of the Department of Public Works and Transport, transformed the facility.

The renovation-and-refurbishment project cost a total of R1,8 million and included:

- replacement of all bumper rails
- painting of all passages
- flooring (vinyl) of all passages in the facility
- installation of a security system in Maternity Ward
- upgrading of staff toilets in the administrative section.

The personnel of the facility are delighted with the improvements.



Mr Bennet Abrahams (Finance Stellenbosch Hospital) and Mrs Ronel du Plessis (CBS Cape Winelands) clearly delighted at the new passages



*Srs in General Ward
From Left: Ms CF Manual, Sr M Mahlo, Nurse R Majiki, and Ms C Abrahams (Community Care Worker and Student)*

NQUBELA en McGREGOR Mooi Gemaak



Die personeel van McGregor-kliniek pronk met trots oor hulle nuwe skoon en opgegradeerde kliniek. Die kliniek se bedrading is heeltemal oorgedoen. Die gebou is opgeknop en alles het 'n nuwe lagie verf gekry.



Personeel van die Nqubela-kliniek in Robertson staan by die nuwe konsultasiekamers wat deur ANOVA geskenk is. Hierdie gebou bied meer spasie vir personeel en pasiënte, veral dié wat die fasiliteit besoek vir TB- en MIV-verwante sorg.

ORRELPYPIES Montagu se Babas

'n "Bulletjie" van 'n seuntjie wat 5 086 g geweeg het, is op 18 April 2012 in Montagu Hospitaal gebore vir mamma Shamienna Alexander. Bradwin is die 25-jarige mamma se eerste baba en is hy nie met bietjie moeite gebore nie! Bradwin was 57 cm lank met 'n kopotrek van 37,5 cm. Dr. Oscar Lin en sr. Alfrieda Hoogbaard het die verlossing hanteer. Dié twee en was self beïndruk met die groot baba!



Foto: Saam met Bradwin (regs) op die foto is sy twee kamer- en verjaardagmaats, wat onderskeidelik 2 692 g en 1 524 g met geboorte geweeg het.

MINISTER'S HONOR Pharmacy staff applauded

Western Cape Minister of Health, Mr Theuns Botha, visited Robertson Hospital on Monday 11 June 2012 to meet Mr Sampie van Staden, Chief Pharmacist in the Langeberg District, and Ms Chrissie Hendricks, Post Basic Pharmacist Assistant in the Cape Winelands District (CWD), to congratulate them personally for their recent awards.

Mr Sampie van Staden was awarded the National Prize for Pharmacy Excellence for his accomplishment in implementing a Chronic Medication Alternative Distribution plan in the Langeberg Subdistrict. The project, which has been running for almost a year, has shown excellent results in promoting compliance and adherence in patients.

Ms Chrissie Hendricks was awarded the First Place Runner-Up for her work in managing drug and vaccination supplies and avoiding stock-outs in all 50 facilities that the district office supports!

Minister Botha enjoyed a meal with the winners and their managers.



From left to right: Hennie Myburgh (Finance Manager, Robertson Hospital), Naomi Liebenberg (Nursing Manager, Robertson Hospital), Dr Lizette Phillips (Director of CWD), Chrissie Hendricks (Post Basic Pharmacy Assistant and First Runner-up), Minister Botha, Anita Mettlerkamp (Primary Healthcare Manager of the Langeberg Subdistrict), Sampie van Staden (Chief Pharmacist of the Langeberg Subdistrict and Winner), Dr Luise Lunnon (Medical Manager of Robertson and Montagu Hospitals), Charles Williams (Pharmacy Manager in the CWD) and Dr Klaus von Pressentin (Family Physician in the Langeberg Subdistrict).

Brewelskloof Bewaarskool Kleuterpret

"Dit is lekker om te leer." "Ons juffrou se naam is Juf. Toekie." Brewelskloof se kleutermaatjies het nou hulle eie skooltjie, Dinsdae en Donderdae.

Alle maatjies moet gereeld stories hoor, inkleur en knip en plak om skoolgereed te wees.

As hierdie kindertjies by die skooltjie is, vergeet hulle dat hulle lank in die hospitaal moet bly, en kry hulle die kans om net kleuters te wees.

Appointments for Patients A way forward to client-centered care

It is with great pleasure that I write this feedback report. We started investigating the implementation of a patient appointment system for Worcester Community Day Centre in August 2011 by opening an express window for certain departments in the clinic. Since we were already doing this for our patients collecting chronic medication, it was quick and easy to implement. To me and our clerk's surprise, this worked beautifully.

In November Mrs Titus, our Operational Manager, let us know that it would be a good idea to implement fully, thus addressing Health-care 2020's principle of client-centred care.

The next three months were immensely challenging. We had to find solutions to staff shortages and customer complaints, both in the media and through the district office. However, we forged ahead, made mistakes, went back to the drawing board, tried a new way until our aim was reached! At last in March 2012 we could confirm that we had achieved success.

As the saying goes, though, the proof is in the pudding. To prove that our project is a success, several surveys were conducted. Our pre-appointment service time for patients visiting the Acute Nurse on 11.05.2011, without an appointment or referral, took a total of 5½ hours. According to a follow-up survey done in February 2012, that time had come down to 2 hours and 34 minutes without an appointment, and 1 hour and 55 minutes with an appointment!

I have conducted an in-house client and staff satisfaction survey. Both indicate that staff and patients are happy with the new system. These surveys will be conducted quarterly so as to assure that we are performing efficiently and effectively.

I would like to thank all the staff in the Records Department, Reception, Maternity, TB, and Information Management for their contribution, initiative and hard work in realising the Department's vision and our goal. Without your dedication, understanding, and support this implementation would not have been possible. I SALUTE YOU! You have done me proud ... THANK YOU!

A special thank you to Management and all the staff at Worcester Community Day Centre and PHCIS for your honesty, support, and team spirit, and last but not least THE COMMUNITY FOR BUYING INTO THE CONCEPT. Without their understanding for the need for change this project would never have succeeded.

Words: Samantha Govender; Worcester Community Day Center



Juf. Toekie en die kleuters gesels oor diere

CORPORATE IDENTITY

Team Accountability

When one hears the slogan: Just do it! The first thought that comes to mind is probably the international sports brand NIKE. The next icon one thinks about is the correct tick, perhaps after that one's thoughts wonder toward needing a bit of exercise! This is exactly how Corporate Identity and branding works.

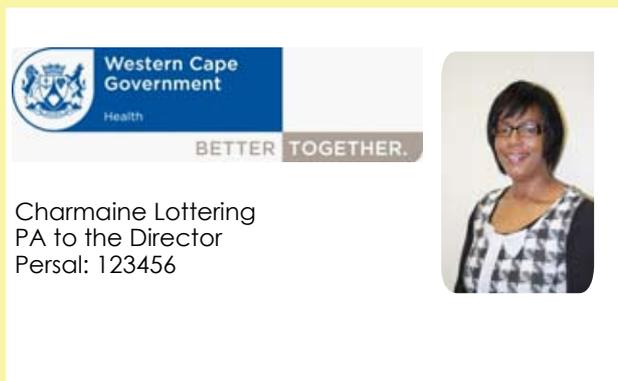
Western Cape Government have embarked on a Corporate ID process that is aimed at branding us as the most recognised government in the country.

There are clear guidelines on everything from signage to letterheads! One of the first changes that we can make on facility level is to adapt our access cards and name badges to the new look.

Below are the two examples of how they should look.



This is the magnetic badge



This is the access card or facility access card. This can be done on the kind of holders that are used at conferences.

The new Corporate ID is for immediate implementation. Please make sure that you adapt your facility, documentation and presentation accordingly.

A circular with regard to the use of display systems in facilities has already been distributed. CIRCULAR 24/2015 it is available at your sub-district offices as well as on the Intranet.

With a little effort we can be "Better Together"

ANOVA CONFERENCE

Well attended

"Citius, Altius, Fortius"

"Better, Higher, Stronger": This was the theme of this year's conference. The organising committee decided on this theme due to the Olympic games starting in London later in July.

Hierdie leuse was deurlopend oor die drie dae van die konferensie. Die doel hiervan was om die boodskap van 'better' gesondheid dienste en pasiënte sorg, asook om 'higher' te streef om HIV en TB onder beheer te kry, en laastens, om 'stronger' te word as gesondheidswerkers teen HIV en ander kroniese siektes, oor te dra.

Another concurrent theme was: "It is normal to be nice". The reason for being that as health care workers we need to always be mindful on how we treat our patients (not just medically, but also emotionally). Patients usually remember how they were treated emotionally by health care workers, rather than how they were treated medically.

Therefore, with topics such as patient-centred care, HIV and the deaf community, as well as sexual health, we wanted to sharpen our skills on how to improve patient experiences at health care facilities. According to Nelis Grobbelaar: "It is our passion to make our patients smile." His other motto for the conference was: "We are ladies and gentlemen serving ladies and gentlemen."

Die lewe van 'n gesondheidswerker is baie keer gejaagd. Daar word van ons verwag om soos gimnaste die 'tight-rope' te loop, terwyl baie projekte gelytydig aan die gang gehou moet word. Ons het fokuspunte nodig om die balans te behou. Die NSP vir die volgende vyf jaar, asook die eMTCT plan is vir ons die fokuspunte.

Die tweede dag van konferensie was onder andere hieraan bestee en bespreek.

The theme of finding the balance continued on the last day with presentations that included metabolic syndrome and pharmacovigilance. GEMS offered free testing for metabolic syndrome risk profiling to all conference attendees, i.e. weight, BMI, waist circumference, blood pressure, HGT, cholesterol, medical history and family history. The aim of this was in order for us to be vigilant in taking care of ourselves so that we can take care of our patients, i.e. finding the balance.

Theunis Hurter het ook weer die gehoor getoor met sy in die kol stasistieke. Dit was baie insiggewend ten opsigte van hoe die Kaapse Wynland vaar met die ARV dienste hier; waar ons sukses behaal het en areas waar ons kan verbeter.

The attendance for this year's conference were outstanding, with about 180 people attending the 1st day, 200 the 2nd day and 100 the last day! This is an indication that the conference is growing in popularity amongst the health care workers and management.

Words: Dr Rehana Essop - ANOVA Physician

NURSES DAY A Stylish Celebration!



Western Cape Government Health in the Cape Winelands celebrated Nurses Day 2012 by spoiling their nursing staff with fun, healthy activities such as fun walks and creative stimulation. To address this year's theme, "From Evidence to Action," many of the sub-districts contracted guest speakers to help motivate and direct nurses toward creating a patient centered service.

Nursing forms an integral part of delivering health services to rural districts. In the Cape Winelands, the 30 mobile nurses deliver health-care to remote areas such as Kouebokkeveld and Bossieveld situated in farming communities.

The 50 primary health clinics each have at least one clinical nurse practitioner who has furthered her qualification by gaining a post graduate diploma in Primary Health Care.

In fact, whether you have a runny nose, want to know more about healthy living or are experiencing problems during pregnancy, your professional nurse or Sisters as they are known, is the perfect professional to consult!

The district has five hospitals, working in these facilities require nurses with a unique blend of skills, they need to be adaptable, able to deliver a baby one minute and help stitch a wound the next, work twelve hour shifts, be prepared work nights and public holidays and above all, they need to ensure that our clients receive quality care.

For all these and so many more reasons, the management of the district praised the dedication of the 870 nurses who work in the Cape Winelands.

The following activities took place:

- Drakenstein Sub-district: The nurses in this area were invited to attend a motivational speaker focusing on client care.
- Stellenbosch Sub-district: This sub-district is hosted events such as funwalks and massages.
- Witzenberg sub-district: The nurses of this area were treated to a goodie bag filled with products with which to treat and spoil themselves.
- Langeberg Sub-district: The Langeberg nurses together with the Montagu Friends of the Hospital enjoyed a high tea.
- BreedeValley Sub-district: Honored their nurses with an early morning breakfast before they set off to work for the day.
- Brewelskloof Hospital: The staff of this specialised TB treatment hospital enjoyed activities aimed at spoiling them throughout the day.

Dr Lizette Phillips, Director: Cape Winelands District, said the following, "My sincere thanks to every nurse who serve our patients with dignity and care, thus upholding the core values of the department namely, caring, competence, accountability, integrity, responsiveness and respect. Even though there are many challenges facing health care delivery to-day, let's remain positive and keep our focus on the patient by providing an excellent experience to every person accessing healthcare at any facility in the district. Thank you."



BREWELSKLOOF GHOLFDAG

Weereens 'n Sukses

Die jaarlikse gholfdag van Nashua en Brewelskloof-hospitaal is op 9 Junie 2012 gehou by die Worcester-gholfklub.

Hierdie jaar het die gereelde deelnemers onder 'n ekstra tikkie druk gespeel, as gevolg van die deelname van Suid-Afrika se Krieketspeler van die Jaar, Vernon Philander. Mnr. Philander het as beginner deelgeneem, in die span van Wes-Kaapse Regering Gesondheid.

Ten spyte van die reën en die deurentyd dreigende sneeu, het die onverskrokke spanne, wat saamgestel moes wees uit beide gholfspelers en beginners, die dag baie geniet. Aan die uiteinde was mnr. Philander toe nie in die wenspan nie.

Die eerste plek is eerder geneem deur 'n pa-en-seun-span, bestaande uit mnr. Gerhard Lourens en sy seun Luan, en mnr. Pierre Rousseau en sy seun Pierre. Knap gedaan! Net onder R10 000 is ingesamel wat tot die voordeel van die hospitaal se pasiënte en personeel aangewend sal word.

Hierdie dag sou nie moontlik gewees het nie sonder die ondersteuning van die volgende borge nie: Nashua Communications, Chrisma Slaghuis, Van Wyk en Le Roux Oogkundiges, Worcester Roundtable, Fidelity Security, Worcester Coca Cola, Kanonkop Estate, Cape Agulhas Civils, Sasko, Sanlam, Worcester Mediclinic, Overhex Kelder, Nuy Kelder, Worcester Voorsieners, Afrimat, Van Niekerk Glas, Worcester Curtain and Linen, Buks Visser, Bart Everson, Walters Uys and Jaco Jordaan.

MONTAGU KLINIEK

Gereed om brande te blus

Sr Edith Pengelli van Montagu het laat weet dat die personeel (en sommer heelwat pasiënte ook) op 'n koel en reënerige oggend in Mei opleiding in brandbestryding geniet het.

Die kursus is deur die plaaslike brandweer aangebied en die klem was grootliks op die werk van brandbestryders.

Die oggend was baie interessant, en die personeel voel nou meer vertrouwd met die gebruik van brandblussers.

Ons hoop regtig dat hulle egter nooit van hierdie nuwe vaardighede gebruik hoef te maak nie!



Charles Williams (KWD Apteekdienste) slaanaf terwyl Vernon Philander (Krieketspeler van die Jaar SA) 'n fyn oog op die bal hou.



Dr Danie Theron (Mediese Bestuurder – Brewelskloof-hospitaal), Fred Gehring (Finansies – Brewelskloof-hospitaal), Luan Lourens, Gerhard Lourens, Pierre Rousseau (jnr), Morne Freeman (Voorsitter Brewelskloof-hospitaal Fasiliteitsraad) and Pierre Rousseau (snr).



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