

NASIONALE DAE

2011

NATIONAL DAYS

Compiled by SZERENA KNAPP

As has become tradition, we published details regarding national days for January/February 2011 in the November/December 2010 issue of the CL. The information below relates to the rest of 2011.

Every effort has been made to ensure that the correct information is published. Should there be any discrepancies please contact the compiler on (021) 483-2483.

APRIL

Balanced Lifestyles

Date: **1-30 April 2011**

Presenter: Cancer Association of South Africa

Caesarean Awareness Month

Date: **1-30 April 2011**

Presenter: International Caesarean Awareness Network

World Autism Awareness Day

Date: **2 April 2011**

Klein Karoo National Arts Festival

Date: **2-9 April 2011**

Presenter: Department of Environmental Affairs and Tourism

World Health Day

Date: **7 April 2011**

Presenter: Department of Health

World Parkinson's Day

Date: **11 April 2011**

Presenter: European Parkinson's Disease Association

World Haemophilia Day

Date: **17 April 2011**

Presenter: Western Cape Haemophilia Foundation

World Book Day

Date: **23 April 2011**

Presenter: Centre for the Book

Africa Malaria Day

Date: **25 April 2011**

World Day for Safety and Health at Work

Date: **28 April 2011**

Presenters: Provincial Government Western Cape: Occupational Health / Occupational and Environmental Health Research Unit (MRC)

MAY

Hospice Week

Date: **1-8 May 2011**

Presenter: Hospice Palliative Association

Anti-Tobacco Awareness Month

Date: **1-31 May 2011**

Presenter: Cancer Association of South Africa

Hepatitis Awareness Month

Date: **1-31 May 2011**

Presenter: Hepatitis Foundation International

World Press Freedom Day

Date: **3 May 2011**

International Firefighters' Day

Date: **4 May 2011**

International No-Diet Day

Date: **6 May 2011**

Presenter: Provincial Administration Western Cape: Dietician

World Asthma Day

Date: **3 May 2011**

Presenter: Asthma Association

World Red Cross Day

Date: **8 May 2011**

Presenter: American Red Cross

National Archives Week

Date: **9-13 May 2011**

Lupus Awareness Day

Date: **10 May 2011**

Presenter: Arthritis Foundation

International Nurses' Day

Date: **12 May 2011**

Presenter: Provincial Government Western Cape: Information Management

International AIDS Candlelight Memorial Day

Date: **15 May 2011**

Presenter: Provincial Government Western Cape: Health Promotion and Marketing

International Day of Families

Date: **15 May 2011**

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

World Telecommunication Day

Date: **17 May 2011**

Presenter: TELKOM

International Museum Day

Date: **18 May 2011**

Presenters: Iziko: Museums of Cape Town Centre for Conservation Education

Africa Day

Date: **25 May 2011**

Presenters: Iziko: Museums of Cape Town Centre for Conservation Education

International Day of Action for Women's Health

Date: **28 May 2011**

Presenter: Gender Advocacy Programme

World No-Tobacco Day

Date: **31 May 2011**

Presenter: Cancer Association of South Africa

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JUNE

CANSA on the move for the Youth and Men's Health Month

Date: 1-30 June 2011

Presenter: Cancer Association of South Africa

National Blood Donor Month

Date: 1-30 June 2011

International Children's Day

Date: 1 June 2011

Presenter: Department of Social Development

National Paraffin Safety Day

Date: 1 June 2011

Presenter: Paraffin Safety Association of South Africa

International Cancer Survivors' Day

Date: 5 June 2011

Presenter: Cancer Association of South Africa

World Environment Day

Date: 5 June 2011

Presenter: Department of Environmental Affairs and Tourism

World Ocean Day

Date: 8 June 2011

Presenter: Department of Environmental Affairs and Tourism

Alcoholics Anonymous Founders' Day

Date: 10 June 2011

Presenter: Alcoholics Anonymous

World Blood Donor Day

Date: 14 June 2011

Presenter: Western Province Blood Transfusion Service

World Elder Abuse Awareness Day

Date: 15 June 2011

Presenter: Age-in-Action

National Youth Day

Date: 16 June 2011

Presenter: RAPCAN

Presenters: Planned Parenthood Association of South Africa, Western Cape Education Department

International Day to Combat Desertification

Date: 17 June 2011

Presenter: Department of Environmental Affairs and Tourism

World Refugees' Day

Date: 20 June 2011

Presenter: United Nations High Commissioner for Refugees

Get Tested Day

Date: 21 June 2011

Presenter: Heart and Stroke Foundation SA

National Epilepsy Week

Date: 21-27 June 2011

Presenter: South African National Epilepsy League (SANEL)

SANCA Drug Awareness Week

Date: 21-27 June 2011

Presenters: Cape Town Drug Counselling Centre, South African National Council on Alcoholism and Drug Dependence

International Day Against Drug Abuse and Trafficking

Date: 26 June 2011

Presenters: Cape Town Drug Counselling Centre, South African National Council on Alcoholism and Drug Dependence

JULY

Women's Health Season

Date: 1-31 July 2011

Presenter: Association for Voluntary Sterilisation of South Africa

CANSA on the move for the Youth and Men's Health Month

Date: 1-31 July 2011

Presenter: Cancer Association of South Africa

Psychiatric Disability Awareness Month (Mental Illness)

Date: 1-31 July 2011

Presenter: Cape Mental Health Society

Corporate Wellness Week

Date: 4-8 July 2011

Presenter: Heart and Stroke Foundation SA

World Population Day

Date: 11 July 2011

Presenter: Planned Parenthood Association of South Africa

National Schizophrenia Day

Date: 23 July 2011

Presenter: Cape Mental Health Society

Osteoarthritis Day

Date: 26 July 2011

Presenter: Arthritis Foundation

AUGUST

Women's Health Season

Date: 1-31 August 2011

Presenter: Association for Voluntary Sterilisation of South Africa

Organ Donor Month

Date: 1-31 August 2011

Presenter: Organ Donor Foundation of South Africa

Cancer Prevention Week

Date: 1-5 August 2011

Presenter: Cancer Association of South Africa

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Rheumatic Fever Week

Date: 1-5 August 2011

Presenter: Heart and Stroke Foundation SA

World Breastfeeding Week

Date: 1-7 August 2011

Presenter: Provincial Government Western Cape: Maternal and Neonatal Services

National Immunisation Awareness Week

Date: 2-8 August 2011

Presenter: Department of Health: Social Mobilisation

National Women's Day

Date: 9 August 2011

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

Fibromyalgia Day

Date: 20 August 2011

Presenter: The Arthritis Foundation of SA

National Cerebral Palsy Awareness Week

Date: 23-27 August 2011

Presenter: Western Cape Cerebral Palsy Association

SEPTEMBER

National Heart Awareness Month

Date: 1-30 September 2011

Presenter: Heart and Stroke Foundation SA

Women's Health Season

Date: 1-30 September 2011

Presenter: Association for Voluntary Sterilisation of South Africa

Arbor Week

Date: 1-7 September 2011

Presenter: Department of Water Affairs and Forestry

Casual Day

Date: 2 September 2011

Presenter: Association for the Physically Disabled (Western Cape)

Kidney Awareness Week

Date: 5-10 September 2011

Presenter: Kidney Foundation of South Africa

Physiotherapy Back Week

Date: 5-11 September 2011

Presenter: South African Society of Physiotherapy

Pharmacy Week

Date: 6-12 September 2011

Presenter: Department of Health: Pharmacist

International Literacy Day

Date: 8 September 2011

Presenter: Centre for the Book

International Foetal Alcohol Syndrome Day (FAS)

Date: 9 September 2011

Presenter: South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

World Suicide Prevention Day

Date: 10 September 2011

Presenter: International Association of Suicide Prevention: Central Administrative Office

Stroke Awareness Week

Date: 12-16 September 2011

Presenter: Stroke Foundation

International Day for the Preservation of the Ozone Layer

Date: 16 September 2011

Presenter: Department of Environmental Affairs and Tourism

Retina Week

Date: 18-24 September 2011

Presenter: South African National Council for the Blind

Heritage Week

Date: 20-28 September 2011

Presenter: Iziko: Museums of Cape Town

World Alzheimer's Day

Date: 21 September 2011

Presenter: Alzheimer's and Related Dementias Association: Western Cape (ARDA)

World Retina Day

Date: 24 September 2011

Presenter: South African National Council for the Blind

World Heart Day

Date: 25 September 2011

Presenter: Heart and Stroke Foundation SA

World Tourism Day

Date: 27 September 2011

Presenter: Department of Environmental Affairs and Tourism

OCTOBER

Women's Health

Date: 1-31 October 2011

Presenter: Cancer Association of South Africa

International Day for the Older Persons

Date: 1 October 2011

Presenters: South African Council for the Aged, Age-in-Action

World Habitat Day

Date: 3 October 2011

World Animal Day

Date: 4 October 2011

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International Animal Week

Date: **4-10 October 2011**

Presenter: Cape of Good Hope SPCA

National Breast Cancer Day

Date: **7 October 2011**

Presenter: Cancer Association of South Africa

National Nutrition Week

Date: **9-13 October 2011**

Presenter: Department of Health: Nutrition

World Mental Health Day

Date: **10 October 2011**

Presenter: Cape Mental Health Society

National Marine Week

Date: **10-14 October 2011**

Presenter: Centre for Conservation Education

Obesity Week

Date: **10-14 October 2011**

Presenter: Heart and Stroke Foundation SA

World Arthritis Day

Date: **12 October 2011**

Presenter: Arthritis Foundation

World Sight Day

Date: **13 October 2011**

Presenter: SA National Council for the Blind

Global Handwashing Day

Date: **15 October 2011**

Presenter: Department of Water Affairs

White Cane Safety Day

Date: **15 October 2011**

Presenter: SA National Council for the Blind

World Food Day

Date: **16 October 2011**

Presenter: Department of Health: Nutrition

International Day for the Eradication of Poverty

Date: **17 October 2011**

National Down's Syndrome Awareness Day

Date: **20 October 2011**

Presenter: Down's Syndrome Association

World Osteoporosis Day

Date: **20 October 2011**

World Polio Day

Date: **24 October 2011**

World Stroke Day

Date: **29 October 2011**

Presenter: Heart and Stroke Foundation SA

NOVEMBER



Men's Health Month

Date: **1 November-31 December 2011**

Presenter: Cancer Association of South Africa

November in aid of CANSA Month

Date: **1 November-31 December 2011**

Presenter: Cancer Association of South Africa

National Children's Day

Date: **5 November 2011**

CPR Awareness Week

Date: **7-11 November 2011**

Presenter: Heart and Stroke Foundation SA

Malaria Day

Date: **12 November 2011**

National Diabetes Awareness Week

Date: **13-19 November 2011**

Presenter: South African Diabetes Association

World Diabetes Day

Date: **14 November 2011**

Presenter: South African Diabetes Association

Complementary Therapies Day

Date: **23 November 2011**

Presenter: Arthritis Foundation

International Day for the Prevention of Violence Against Women

Date: **25 November 2011**

Presenters: Western Cape Network on Violence against Women, New Women's Movement

16 Days of Activism Against Domestic Violence

Date: **25 November-10 December 2011**

Presenters: Western Cape Network on Violence against Women, New Women's Movement

DECEMBER



SunSmart and Environment

Date: **1-31 December 2011**

Presenter: Cancer Association of South Africa

World AIDS Day

Date: **1 December 2011**

Presenter: Planned Parenthood Association of South Africa

International Day for Persons with Disabilities

Date: **3 December 2011**

Presenters: Association for the Physically Disabled (Western Cape), SA National Council for the Blind

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International Volunteer Day

Date: 5 December 2011

Presenter: Volunteer Centre

International Human Rights' Day

Date: 10 December 2011

CONTACT DETAILS

Age-in-action

Tel: (021) 426-4249

Fax: (021) 426-4290

Cell: 082 805 9572

E-mail: saca@age-in-action.co.za

Alcoholics Anonymous

Tel: (011) 869-9077 / (021) 510-2288

Fax: (021) 510-2288

Web site: cape.org.za

Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact person: Henriette Arendse

Tel: (011) 478-2234

Contact persons: Jennifer Howorth

Tel: (044) 533-0132

Jill Robson

Tel: (021) 979-2724

E-mail: [<alzheimerssa@icon.co.za>](mailto:alzheimerssa@icon.co.za)

Web site: alzheimers.org.za

Arthritis Foundation

Contact person: Pat Jones

Tel: (021) 425-4738/425-2344

Fax: (021) 421-7330

E-mail: [<arthcpt@mweb.co.za>](mailto:arthcpt@mweb.co.za)

Web site: arthritis.org.za

Association for the Physically Disabled (Western Cape)

Contact person: Ray Blecher

Tel: (021) 555-2881/2

Fax: (021) 555-2888

E-mail: [<apd-wc@mweb.co.za>](mailto:apd-wc@mweb.co.za) /

[<director@apd_wc.org.za>](mailto:director@apd_wc.org.za)

Association for Voluntary Sterilisation of South Africa

Tel: (021) 531-1665

Fax: (021) 531-1665

E-mail: [<avssa@polka.co.za>](mailto:avssa@polka.co.za)

Asthma Association

Contact person: Paddy de Jager

Tel: (011) 643-2755

Fax: (011) 678-3069

Web site: asthma.co.za

Cancer Association of South Africa

Contact person: Alice Victor

Tel: (021) 689-5347/81/82

Fax: (021) 685-1937

E-mail: [<avictor@cansa.org.za>](mailto:avictor@cansa.org.za)

Web site: cansa.org.za / cansa.co.za

Cape of Good Hope SPCA

Contact person: Parveen Said

Tel: (021) 700-4140

E-mail: [<publicrelations@spca-ct.co.za>](mailto:publicrelations@spca-ct.co.za)

Web site: spca-ct.co.za

Cape Mental Health Society

Contact person: Carmen Hanslo

Tel: (021) 447-9040

Fax: (021) 448-8475

E-mail: [<info@cmhs.co.za>](mailto:info@cmhs.co.za)

Web site: capementalhealth.co.za

Cape Town Drug Counselling Centre

Contact person: Cathy Karassellos

Tel: (021) 447-8026/35/45

Fax: (021) 447-8818

E-mail: [<ctdcc@iafrica.com>](mailto:ctdcc@iafrica.com)

Web site: drugcentre.org.za

Centre for the Book

Contact person: Nelisa Lunika

Tel: (021) 423-2669

Fax: (021) 424-1484

E-mail: [<nelisa.lunika@nlsa.ac.za>](mailto:nelisa.lunika@nlsa.ac.za)

Web site: centreforthebook.org.za

Centre for Conservation Education

Tel: (021) 762-1622

CMC Health Resource Centre

Tel: (021) 931-8140

Cystic Fibrosis Association

Tel: (021) 557-0323 / (011) 294-3849

Deaf Federation of South Africa (DEAFSA)

Contact person: Lenie Viljoen

Tel: (021) 683-4665/6

Fax: (021) 671-2644

TTY (telephone device for the deaf):

(021) 683-0664

E-mail: [<deafsa2@iafrica.com>](mailto:deafsa2@iafrica.com)

Web site: deafsa.co.za

Department of Health

Contact person: Faith Mkosi

Tel: (021) 483-5682

E-mail: [<Fmkosi@pgwc.gov.za>](mailto:Fmkosi@pgwc.gov.za)

Web site: doh.gov.za

Department of Health: Nutrition

Tel: (021) 918-1413 / 483-5663

Fax: (021) 483-2682

Department of Health: Pharmacist

Tel: (021) 918-1526

Department of Health: Social Mobilisation

Tel: (012) 312-0099

Department of Education

Contact person: Paddy Attwell

Tel: (021) 467-2531/32

Fax: (021) 467-2363

E-Mail: [<pattwell@pgwc.gov.za>](mailto:pattwell@pgwc.gov.za)

Department of Environmental Affairs

Contact person: Desetso Ramotso

Tel: (012) 310-3822

Fax: (012) 322-2682

Cell: 082 219 5136

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Department of Social Development

Contact person: Stefanus Scholtz
Tel: (012) 312-7605

Department of Social Services

Contact person: Derrick Schroeder
Tel: (021) 483-4004

Department of Water Affairs

Contact person: Michelle Parker
Tel: (012) 336-8252 / (021) 950-7100
E-mail: <bdc@dwaf.pww.gov.za>

Down's Syndrome Association

Tel: (021) 910-0753 / 919-2701

European Parkinson's Disease Association (EPDA)

E-mail: <lizzie@epda.eu.com>
Web site: epda.eu.com

Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms
Tel: (021) 461-7360
Fax: (021) 461-9198
E-mail: <famsawc@new.co.za>
Web site: famsawc.org.za

Gender Advocacy Programme

Contact person: Agnes Petersen
Tel: (021) 465-0192/7
Fax: (021) 465-0089
Web site: gender.co.za

Health Promotion Resource Centre

Contact person: Agnes Petersen
Tel: (021) 931-8140
Fax: (021) 465-0089
E-mail: <health1@gender.org.za>

Heart and Stroke Foundation

Tel: (021) 447-4222
Fax: (021) 447-0322
Cell: 083 302 7311
E-mail: <murishca@heartfoundation.co.za>
Web site: heartfoundation.co.za

Heart Foundation

Contact person: Michelle Kearney
Tel: (021) 447-4222 / 086 022 3222
Fax: (021) 447-0322
E-mail: <michelle@heartfoundation.co.za>
Web site: heartfoundation.co.za

Hepatitis Foundation International

Web site: www.hepfi.org

Hospice Palliative Association

Tel: (021) 531-1706

International Caesarean Awareness Network, Inc.

E-mail: <info@ican-online.org>
Web site: www.ican-online.org

International Association of Suicide Prevention: Central Administrative Office

E-mail: <iasp1960@aol.com>
Web site: www.med.uio.no/iasp

Iziko: Museums of Cape Town

Contact person: Hamish Robertson
E-mail: <hrobertson@iziko.org.za>
Tel: (021) 481-3849
Fax: (021) 481-3993
Web site: iziko.org.za

Kidney Foundation of South Africa

Contact person: Fanie du Toit
Tel: (011) 447-2531 / 086 671 7347
Fax: (011) 447-2531
E-mail: nkfsa@mweb.co.za
Web site: nkf.co.za

Mental Health Information Centre

Contact person: Zimbini Ogle
Tel: (021) 938-9229
Fax: (021) 931-4172
Web site: mentalhealthsa.co.za

New Women's Movement

Tel: (021) 697-3337/8

Occupational & Environmental Health Research Unit (MRC)

Tel: (021) 406-6719
Fax: (021) 406-6163
Web site: uct.ac.za

Organ Donor Foundation of South Africa

Contact person: Phillipa Douglas
Tel: 0800 22 66 11 (toll free)
(021) 426-0198
Fax: (021) 426-1097
Web site: odf.org.za

Paraffin Safety Association of SA

Contact person: Shahida Arnold
Tel: (021) 671-5767
Fax: (021) 671-0233
E-mail: shahida@parafinsafety.co.za
Web site: parafinsafety.org

Planned Parenthood Association of South Africa

Tel: (021) 448-7312
Fax: (021) 448-7320
E-mail: <ppawc@ppawc.co.za>
Web site: ppasa.org.za

Provincial Government Western Cape (PGWC): Child Health

Tel: (021) 483-4266

Provincial Government Western Cape (PGWC): Dietician

Tel: (021) 918-1481

Provincial Government Western Cape (PGWC): Health Promotion and Marketing

Tel: (021) 918-1247
Fax: (021) 949-8153

Provincial Government Western Cape (PGWC): Information Management

Contact person: Danver Roman
Tel: (021) 918-1503
E-mail: <Droman@pgwc.gov.za>

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Provincial Government Western Cape (PGWC): Maternal and Neonatal Services
Tel: (021) 918-1507

Provincial Government Western Cape (PGWC): Occupational Health
Tel: (021) 483-3287

Provincial Government Western Cape (PGWC): Oral Health
Tel: (021) 954-2237 / (021) 633-8606

Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)
Contact person: Christina Nomdo
Tel: (021) 712-2330
Fax: (021) 712-2365
Web site: rapcan.org.za

South African Society of Psychiatry
Tel: (011) 484-9330
Fax: (011) 484-9332
Web site: sasop.co.za

South African National Blood Service (SANBS)
Tel: (011) 761-9000
E-mail: <donor@inl.sanbs.org.za>
Web site: sanbs.org.za

South African Dental Association
Contact person: Dr Roux Vermeulen
Tel: (022) 482-1228
Fax: (022) 482-2339
E-mail: <info@sada.co.za>
Web site: sadanet.co.za

South African Diabetes Association
Contact person: Margo McCumisky
Tel: (021) 425-4440
Fax: (021) 425-7940
E-mail: <capewc@diabetessa.co.za>
Web site: diabetessa.co.za

South African National Council for the Blind
Tel: (012) 452-3811
Fax: (012) 346-4699
E-mail: <admin@sancb.org.za>

South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)
Contact person: Ruth Fortuin
Tel: (021) 945-4080/1
Fax: (021) 945-4082
E-mail: <sancawc@mweb.co.za>

South African National Epilepsy League (SANEL)
Contact person: Driki Snyman
Tel: (021) 447-3014
Fax: (021) 448-5053
Web site: epilepsy.org.za

South African Psoriasis Association
Contact person: Catherine Alexander
Tel: (021) 981-1650 / (021) 551-4114 (a.h.)
Fax: (021) 981-1650

South African Society of Physiotherapy
Contact person: Daphne Beukes
Tel: (011) 561-3290
Cell: 083 250 6224
E-mail: <besem@iafrica.com>
Web site: physiosa.org.za
Tel: (021) 975-2634
Fax: (021) 976-1740

TELKOM
Contact person: Hannelie van Tonder
Tel: (021) 311-3740
E-mail: <vtondeh@telkom.co.za>

Volunteer Centre
Contact person: Deline van Boom
Tel: (021) 674-5367
Fax: (021) 418-3707
E-mail: <volcent@iafrica.com>
Web site: volcent.co.za

Western Cape Archives and Records Service
Tel: (021) 466-8122

Western Cape Cerebral Palsy Association
Contact person: Hillary Lane
Tel: (021) 685-4150
Fax: (021) 686-8544
E-mail: <ceo@wccpa.org.za>

Western Cape Education Department
Web site: wced.wcape.gov.za
Western Cape Haemophilia Foundation
Contact person: Mrs J Butler
Tel: (021) 654-6468

Western Cape Network on Violence against Women
Contact person: Synnovio / Shahiema
Tel: (021) 633-5287
Fax: (021) 637-3487
Web site: saartjiebaartmancentre.org.za

Western Cape Provincial Library Service
Contact person: Szerena Knapp
Tel: (021) 483-2483
Fax: (021) 419-7541
E-mail: <capelib@pgwc.gov.za>
Web site: capedateway.gov.za/library

Western Province Blood Transfusion Service
Contact person: Marika Champion
Tel: (021) 507-6365 / (021) 975-6228 (a.h.)
E-mail: <marika@wpbts.org.za>