

●●● ADULT NON-FICTION VOLWASSE VAKLEKTUUR

ASHTON, Robert

The entrepreneur's book of checklists: 1000 tips to help you start and grow your business.- Pearson, 2004.

This is a book of checklists on subjects of interest to the entrepreneur. One would look up a subject of interest, for example, business plan, branding, cash flow, recruiting, et cetera. Under each topic is a list of points to consider and tips to try. At the end of each checklist is a concise case study of how someone faced and dealt with a business challenge. This is a concise book with short tips of a few lines under each topic, so not much reading is required. It could be a useful reference for entrepreneurs.

DH

CAIRNCROSS, Bruce

Field guide to rocks & minerals of Southern Africa.- Struik, 2004.

The author is head of the Geology Department at Rand Afrikaans University. This publication fills a gap, as nothing has been published on the local rocks and minerals before and it is a long overdue need on the subject. A rock and a mineral are defined. The introductory section discusses the attractions of collecting and arranging a mineral collection.

The main part of the book is an A-Z of Southern African minerals, crystals and gemstones. The distribution and physical characteristics of each one is described and illustrated with a colour photograph. This section is followed by descriptions of igneous, sedimentary and metamorphic rocks. Maps, tables, colour photographs, a glossary, bibliography and index are included. The print and the photographs are a little on the small side.

The book will be of interest to a cross-section of readers, including geologists, amateur collectors and those with a New Age interest in the healing properties of crystals.

DH

CRAMPTON, Hazel

The sunburnt queen: a true story.- Jacana, 2004.

The author was inspired by the story of Bessie, a seven-year-old English girl, shipwrecked along the Transkei Wild Coast during the late 1730s. Bessie was adopted by the amaMpondo, and developed into a beautiful woman to marry the chief of the tribe, and so became the ancestor of many of the Xhosa royal families of the 19th century. Though she acquired a Xhosa name, Gquma, meaning 'the roar

of the sea', she never forgot her original name and even named her daughter Bessie. Although Bessie's story is interesting in itself, it is not unique as this area was the scene of numerous shipwrecks.

Based on many years of research of the area, the author delves into the histories of other castaways along this treacherous piece of coast, and tells their stories intertwined with that of the people of the Wild Coast.

The book traces the lives of Bessie's descendants and those of other castaways. All these stories are interlinked with the early contact of the Xhosa-speaking peoples and the white settlers who visited the area and eventually came to settle. This is a fascinating bit of history that comes to life and even makes the confusing facts surrounding the history of the area more palatable. The book is crammed with information that may seem daunting at times, but it certainly grips the reader.

EB

DE KOSTER, Carolie

Keurkos vir elke dag.- Lapa Uitg., 2004.

Carolie de Koster is 'n opgeleide dieetkundige en kosskrywer. Sy bedryf ook 'n suksesvolle gastehuis en tree op as konsultant vir restaurante, koffiewinkels en gastehuse.

Haar nuutste titel, **Keurkos vir elke dag**, is 'n weer-speël van hierdie kennis. De Koster gee inligting oor korrekte gaarmaakmetodes, en sy sluit 'n verskeidenheid van meer as 180 resepte in, soos voorgeregte en slaai, sop en brood, ligte etes, vis- en skulpgeregte, hoofgeregte met vleis, nageregte en gebak. Elke resep verskaf ook advies oor bediening, bewaring en bevriësing en gee ook moontlike variasies van resepte. 'n Fees vir die oog, sal hierdie titel 'n aanwinst wees vir elke kombuis: of jy nou 'n huisvrou, of gastehuis-eienaar is, of sommer net vir die lekkerte kook.

EMW

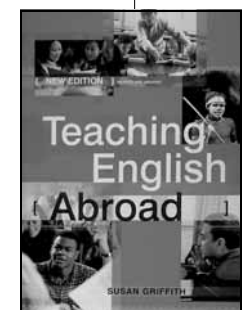
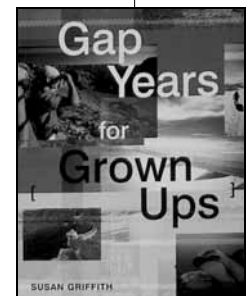
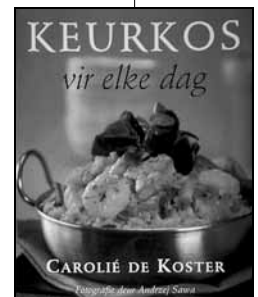
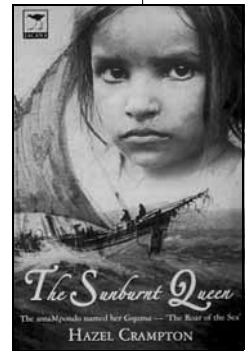
GRIFFITH, Susan

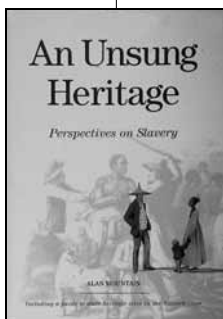
Gap years for grown ups.- Vacation Work Publications, 2004.

This publication sets out information on gap year programmes, jobs and volunteering around the world. There are many stories of older people who have taken a gap year and changed their lives. It is a comprehensive and practical book which sets out the options for volunteering, gaining a new skill, joining expeditions, and paid work opportunities open to travellers of all ages.

Although most of the organisations listed are British or American, much of the information is relevant for South Africans and this is an excellent book on the subject.

DH





GRIFFITH, Susan

Teaching English abroad.- Vacation Work Publications, 2005.

This is the seventh edition of a title first published in 1991. There is explanatory information on the various acronyms: TEFL, TESOL, ELT. The value and application of courses is discussed and is followed by a directory of training courses in the United Kingdom and other countries. Job opportunities, prospects for teachers in eighty-eight countries and the teacher requirements of over 700 language schools around the world are also covered. There is a worldwide directory of language schools. This is a comprehensive and definitive book, which sets out the scope of opportunities for interested persons.

DH

MOUNTAIN, Alan

An unsung heritage: perspectives on slavery.- David Philip, 2004.

Esteemed local writer Alan Mountain presents a well-researched and attractively-illustrated title covering the history of slavery at the Cape Colony and revealing its important contribution to the Cape's cultural heritage. The book is divided into three sections with the first concentrating on the social and economic aspects of history of slavery at the Cape. The second section examines the cultural legacy of slavery, and the final part concludes with 75 heritage sites that are associated with slaves. All in all, this is both informative and entertaining, providing a wonderful browse for readers interested in local history and for those wishing to know about historical places of interest.

EB

ORFORD, Margie

Rural voice: the Social Change Assistance Trust 1984-2004 - working in South Africa.- D. Philip, 2004.

This book is published in celebration of the twenty years anniversary of Social Change Assistance Trust (SCAT). Aided financially by Norwegian churches, the mission of SCAT is to empower the rural poor, strengthen civil society and promote social change. It has operated from the offices at St George's Cathedral. Fieldworkers operating in the Western, Eastern and Northern Cape have found that poverty-stricken rural communities are institution-poor. To help empower these communities SCAT has initiated the creation of advice and community radio stations. Fieldworkers describe their experiences working within communities and the stories of some of the community members make heart-rending reading. The book is illustrated with colourful and appealing photographs. It is an important book, which raises awareness of rural poverty and suffering. It is of interest to the general reader and especially anyone interested in helping to alleviate rural poverty.

DH

RICHE, David and FRANKLIN, Anna

Watercolour fairies: a step-by-step guide to painting fairies.- Search P., 2004.

An imaginative and lavishly-illustrated guide to painting fairies in watercolour produced with easy-to-follow step-by-step illustrations and photographs.

The author provides an outline of basic watercolour tools and techniques, revealing how to create a fairy world and various types of fairies.

Included is an in-depth look at the techniques of four well-known fairy artists as well as twenty more contemporary fairy/fantasy artists. The subject is well presented and practical, and is likely to be inspiring to readers who wish to do their own illustrations.

EB

ROBERTS, Chris

Heavy words lightly thrown: the reason behind the rhyme.- Granta, 2004.

An engaging and informative glimpse of the historical background to the stories behind well-known nursery rhymes, giving them a new reality. This revelatory study exposes the hidden meanings of the most innocuous-sounding nursery rhymes, revealing cases of sexual innuendo, religious hatred, financial hardship and political rebellion. Here the reader is offered a chance to look afresh at words so innocently learnt and repeated from memory as children, as well as indirectly gaining a briefing on English history. Each nursery rhyme is illustrated, varying in style from the traditional to the modern, which further adds to the charm of this extremely witty examination.

EB

SLEIGH, Mary

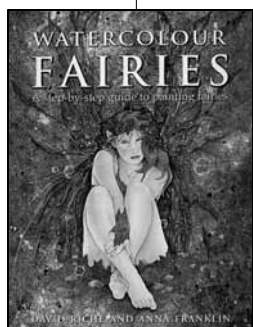
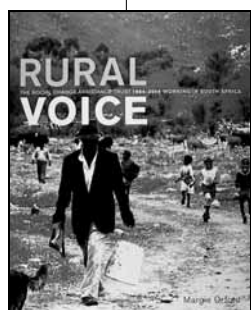
African inspirations in embroidery.- Batsford, 2004.

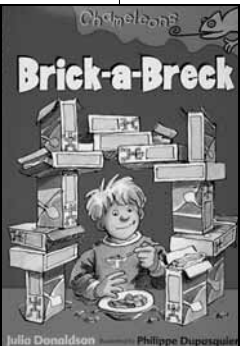
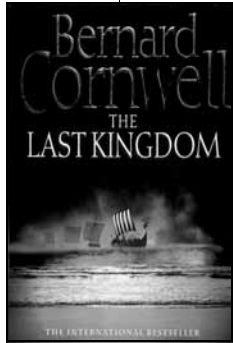
The author is a leading United Kingdom (UK) textile artist, who is well known to South African embroiderers. In this book she shows how the African images and motifs she records in her sketchbook progress into textile art works. Embroidery, dyeing, beading, patchwork and quilting are some of the mixed media used to make the works. There are case studies of works by leading textile artists, including a Cape Town quilter. Illustrated with colour photographs of sources of inspiration and completed textiles. This lovely book will be a source of practical advice for textile artists, especially those with a desire to work from African sources of inspiration.

DH

VAN RIEL, Fransje and YEKANI, Nomfusi Vinah
The crowing of the roosters: a story of personal courage and loss.- D. Philip, 2004.

Nomfusi Yekani tells her story from her childhood as the youngest child living with her mother in the Whittlesea area of the Eastern Cape. They lived a simple, traditional way of life, mostly self-sufficient.





Dane, that Uhtred seizes the opportunity to serve under Alfred the Great, the king of Wessex. This is the first title in an engrossing and thoroughly entertaining historical series that his fans most certainly will enjoy.

EB

EDWARD, John and **STOYNOFF, Natasha**
Final beginnings.- Princess Bks., 2004.

Well-known psychic medium John Edward teams up with Natasha Stoyneff, staff correspondent for **People magazine**, to write a gripping, suspenseful supernatural novel. The story opens in Venice where Katherine, an exhausted psychic medium, has escaped to enjoy a well-earned rest. But there she finds herself haunted by disturbing visions that somehow always include reference to a tower. So, when a chance to appear on a top-rated radio programme at the new BioWorld Towers in New York crops up, she accepts. Katherine's revelations broadcast from the centre nearly causes a riot especially when a planned explosion, so close after the tragic 9/11 episode, occurs. In the events that follow, a group of strangers, each with their own particular story, are linked in a mission to put a stop to a diabolic plan by a power-seeking ex-high-ranking military officer. All the main protagonists find themselves mysteriously stranded in a sealed-off tunnel where they have to deal with their issues and find salvation indirectly helped along by Katherine. A satisfying and moving read that certainly grips the reader from the beginning.

EB

McLAREN, John
Blind eye.- Schuster, 2004.

Blind eye is McLaren's fifth novel. This Scottish author has had a varied career, working as an international diplomat, venture capitalist and merchant banker. In his fiction too, he seems to enjoy variety. The subject of his first novel was artificial intelligence, and it was set in California's Silicon Valley. His others have been about: an inherited 6th sense, **7th sense**, 3 cab drivers who pool their knowledge from overheard conversations in their taxis to do a little insider trading, **Black cabs**, and a London family involved in organised crime, **Running rings**.

This latest novel is a mixture of political thriller and naval sea adventure. It is an exciting story written around a 'what if' scenario: what if a high-ranking member of the armed forces decides that he or she is in a better position to judge the situation in the field than those giving orders from home, and acts accordingly? The story alternates between different settings - London, the fictional African country of Numala, an aircraft carrier, and a submarine. There is a great deal of international interest in Numala's forthcoming elections, especially after the government's expulsion of the observer mission sent there by the EU. The action in London takes place at Whitehall and the office of the Secretary of State for Foreign Affairs. The aircraft carrier, the HMS Indomi-

table, which was on naval manoeuvres in the Mediterranean and has a newspaper journalist on board, is sent down to Africa, unescorted, to hover off the coast of Numala. Some of the action also takes place on a British surveillance submarine monitoring the situation in Numala. Out of all this, McLaren has fashioned an exciting and gripping novel that is bound to be enjoyed.

SG

●●● JUVENILE FICTION JEUGLEKTUUR

DE VILLIERS, Leon
My sussie se tande.- Lapa Uitg., 2004.

Klein Jannie du Plooy is baie in sy noppies met sy nuwe babasussie. Vir hom is sy alte fraai. Sy deuntjie verander egter gou toe sy begin tande kry en sy in 'n klein monster verander wat aanhoudend skreeu en aan alles knaag wat sy in die hande kry. 'n Skreeu-snaakse vertelling deur 'n klein knapie wie se verbeelding heeltemal op loop gaan. Kleingoed sal aanklank vind by die aanvallige rymteks en pretbe-laaide illustrasies deur Vian Oelofsen.

EMW

DONALDSON, Julia
Brick-a-breck.- Black, 2004.

Chameleons is a series of beginner readers. **Brick-a-breck** is about Stephen Rice, a boy who loves breakfast cereal so much that he eats it at every meal. His mother works for Sunfield, a company that makes cereals. A bonus for Stephen is that she can bring home the broken Choc-o-hoops; but that all stops when the local plant closes down and she loses her job. The family can now only afford to buy porridge.

When Stephen learns of Sunfield's Design-a-Cereal competition, he enters and, of course, his cereal, Brick-a-breck, wins. It is designed in the shape of a brick, so that children can build things with it before they eat it. He is asked to appear in the television advert for Brick-a-Breck, but after the umpteenth take, even Steven cannot stomach any more cereal. A pity really, because Stephen, as the winner, receives a lifetime's free supply. Colour illustrations by the familiar Philippe Dupasquier. This is great fun.

SG

Note: At the time of going to press, some of these titles were still on order.

EB	Erich Buchhaus
SG	Sabrina Gosling
DH	Denise Harris
EMW	Ethney Waters

2005