
A 336-page Pediatric Round Table discussion that focuses on the experiences and observations made by 26 of the world's most prominent scholars and healthcare professionals in the field of infant crying. Topics include possible explanations for infant crying, its effect on parents and strategies parents and caregivers can use to cope with this issue.

Emotional Regulation and Developmental Health: Infancy and Early Childhood

This 360-page book explores the origins of socioemotional behavior and how these emotions and behaviors impact future development. Some of the world's most distinguished scholars and healthcare professionals in the realm of early childhood behavior contribute their philosophies, expertise and experience to this book.

New Perspectives in Early Emotional Development

This 300-page publication brings to light current issues in child development that are relevant to both parents and healthcare providers. A common theme focused on the role that everyone caring for infants plays in the "development of unique and healthy human beings", as well as the need for communication and cooperation among all individuals that influence young lives.

Touch and Massage in Early Child Development

This 260-page publication includes input from global experts in paediatrics and child development who reveal that "Touch - from pregnancy through infancy - can produce surprising and dramatic benefits including:
• Shorter labour with a reduction in pain during pregnancy and birth
• Increased newborn health - even improved weight gain in premature infants
• More symptom-free days for children who are ill
• Improved breastfeeding with “kangaroo care”

**Helping the Children in Complex Humanitarian Emergencies: The Handbook**

Appropriate for relief workers who may not be child health experts and intended for use in the field during both man-made and natural disaster relief efforts. Covers the most relevant issues with hands-on guidance, including:

• Personally preparing for the experience of providing relief care to children during a disaster.
• Assessing problems and priorities for children, from the basic needs of food, water and shelter, to unique physical, emotional and safety issues.
• Conducting health assessments and planning medical care that is adapted to the age and stage of pediatric patients.
• Identifying and addressing psychosocial issues based on developmental stages.
• Employing skills in conflict resolution, negotiation and cross-cultural communication.
• Understanding basic tenets of international law relating to disasters.

**Booklets**

**Your Pregnancy Diary**

This 75-page, easy-to-use journal helps expectant mothers track changes during pregnancy and can be a useful guide for discussions with healthcare providers.

**Early Infant Crying - A Parent's Guide**

A 50-page booklet that addresses the importance of infant crying as a form of communication as well as when and why babies cry. It also addresses such issues as colic, unexplained crying and ways for parents to cope with them.
**Amazing Talents of the Newborn: Emerging Perspectives in Perinatal Care - Reference Guide**

A 64-page reference guide specifically designed for healthcare professionals, profiling the research of the experts featured in the *Amazing Talents of the Newborn* video.

**Skin-to-Skin: The Mother Baby Package - Professional Monograph**

This booklet summarizes current clinical and research practices, outcomes and benefits of "kangaroo care." Content is presented by leading figures in the field including representatives from the WHO.

**Touch in Labor and Infancy: Clinical Implications - Professional Monograph**

This 52-page professional monograph discusses the importance of touch during the perinatal period, infancy and early childhood, and its role in maternal-infant attachment.

**When Terrible Things Happen A Parent's Guide to Talking with Their Children**

Every year, millions of people are affected by natural and man-made disasters. During these times, children require particular attention. This 14-page booklet, presented in developmental stages: infant and toddler, preschool, school-age and adolescent/teenager, focuses on children's psychological needs and on helping parents and caregivers talk with their children in the aftermath of a disaster. It provides practical guidelines that are easy for parents to use every day.


**South African Handbook of Resuscitation of the Newborn** – SAPA and University of the Witwatersrand. 2004. 29-page booklet.
**Touch: A Parent's Guide to Infant Massage - Parent Video**
A 15-minute video for expectant or new parents and caregivers that provides information on the meaning of touch, its benefits, and a suggested step-by-step guide on how to massage your infant. This is suitable as a childbirth education tool.

**Touch in Labor and Infancy: Clinical Implications - Professional Video**
A 20-minute videotape for professionals on touch that is a companion to the monograph of the same title and highlights the research of Tiffany Field, PhD; Marshall Klaus, MD and Stephen Suomi, PhD.

**Amazing Talents of the Newborn - Video**
A 30-minute video designed for the healthcare professional and parent, presenting research on newborn behavior and attachment, helping parents and caregivers broaden their understanding of the development needs of the newborn.

**The Principles of Infant Skin Care. The Principles of Infant Development. The Clinical Implications of Touch - Video**

**Kangaroo Mother Care: Restoring the Original Paradigm for Infant Care and Breastfeeding – Video**
(SA. 2000. 51 min.)
KMC is a method of care for all newborn babies, but especially preemies. This video provides the latest up-to-date research and evidence to prove that the newborn thrives best in its original "rightful place" - on its mother’s chest. It is intended for health professionals, and explains **WHY** KMC works.

**Kangaroo Mother Care: Rediscover the Natural Way to care for Your Newborn Baby – Video**
(SA. 2001. 26 min.)
... a video release of Dr Nils Bergman's highly popular talks, summarised and presented in a way that every expecting mother can enjoy.
A practical method of doing KMC is described.