

Ensure the best start

for the brightest future for your child

# Start caring for your child before birth



Grow-Love-Play



Western Cape  
Government

Health

BETTER TOGETHER.

FIRST  
**1000** days

Right Start. Bright Future.

Verseker die beste begin vir die blinkste toekoms vir jou kind

# Begin voor geboorte vir jou Kind omgee



Groei-Liefde-Speel



Wes-Kaapse  
Regering

Gesondheid

BETER TESAME.

EERSTE  
1000 dae

Reg Begin. Blink Toekoms.

Qinisekisa ngesiqalo esisiso

sekamva eliqaqambileyo  
lomntwana wakho

**Qalisa**

**Ukukhathalela**

**Umntwana**

**Wakho**

**Kwangaphamb**

**Kokuba**

**Azalwe**



**Khula-Thanda-Dlala**



URhulumente  
weNtshona Koloni

EzeMpilo

UBAMBISWANO NGAMANDLA.

liNtsuku ZOKUQALA

ezili- **1000**

ISiqalo esisiso. Ikamva eliqaqambileyo.