

If you have just had a new baby – congratulations! Do you want help remembering your child's important clinic visits?

At the clinic your child will get essential immunisations against common childhood diseases, and other routine services. This can save your child's life.



Go to www.roadtohealth.co.za
and register for handy email reminders

1

Go to www.roadtohealth.co.za

You will find lots of information on how to raise a healthy child.



2

Register

Click on **register**, enter your details and follow the prompts.

3

Add your child

Click on **add a child** and enter your child's details to receive email reminders for important clinic visits and useful information.

An easy way to remember your child's clinic visits!