

**In the first 1000 days your baby needs breastmilk,
healthy food and lots of loving care**



BETTER TOGETHER.

FIRST
1000 days
Right Start. Bright Future.

**In die eerste 1000 dae het jou baba borsmelk,
gesonde kos en baie liefdevolle sorg nodig**



BETER TESAME.

FIRST
1000 days
Right Start. Bright Future.

**Kwiintsuku ezili-1000 zokuqala usana lwakho
lufuna ubisi lwebele kuphela, ukutya okusempilweni
nokunonotshelwa ngothando**

