

The first 1000 days is when you and your baby need nutritious food and a healthy environment



BETTER TOGETHER.

FIRST
1000 days
Right Start. Bright Future.

**Die eerste 1000 dae is wanneer jy en jou baba
voedsame kos en 'n gesonde omgewing nodig het**



BETER TESAME.

FIRST
1000 days
Right Start. Bright Future.

**Kwiintsuku ezili-1000 zokuqala kuxa wena nosana lwakho
kufuneka nitye ukutya okondlayo nibe kwimeko esempilweni**



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