

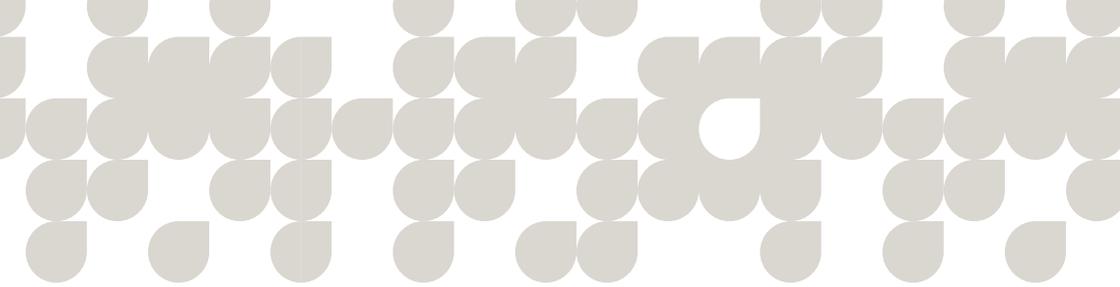


Western Cape  
Government

Cultural Affairs and Sport



Sport Awards 2017



# Foreword

The annual Sports Awards is a highlight of the Western Cape Government's calendar. The Awards recognise and officially acknowledge the esteemed excellence of sportspeople hailing from the Western Cape.

Today, we pay tribute to the exemplary role these individuals have played in the development of sport and motivating others to achieve more. I wholeheartedly thank each sportsperson awarded their prestigious acknowledgement for serving as a beacon of hope to all in the Western Cape. Their perseverance, focus and positive choices have groomed them into significant role-models to whom youth can aspire.

Excellence in their respective sporting codes requires dedication, motivation and many hours of practice, but also most importantly support and encouragement from significant others: family, friends, coaches, managers and others. Heartfelt gratitude is expressed to them for their continuous support and encouragement toward our sporting success.

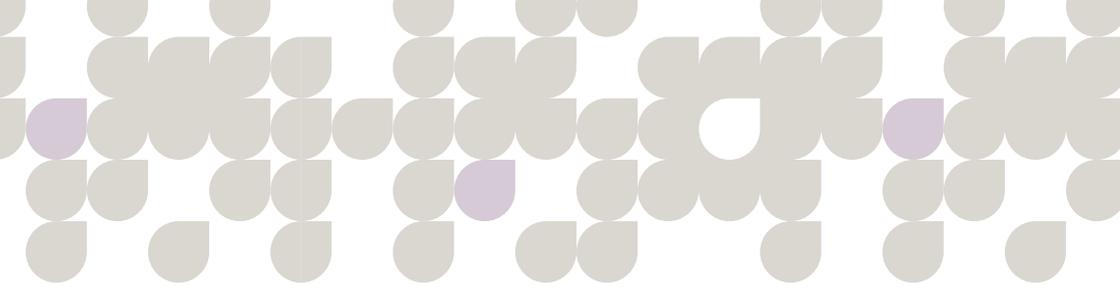
History has shown time and again that sport has the ability to bring diverse groups of people together and I firmly believe our honoured sport stars personify this notion. They also promote a healthy lifestyle in which they contribute to increasing wellness and safety in the Western Cape and for that I thank you profusely.

By celebrating our victories and achievements we create a spirit of goodwill and social inclusivity that ultimately binds us all better together.

In closing, a special word of thanks to all the DCAS team players for your hard work, dedication and professionalism in making the Sports Awards a proud occasion.



Anroux Marais  
Minister of Cultural Affairs and Sport  
Western Cape Government



# Volunteer Of The Year

## **Lorraine de Villiers – Western Province Tug-of-War**

Lorraine founded the Kuilsriver club in 2011 and focussed on children who came from troubled households. She started coaching them and many of them now represent Western Province. She volunteers at Jan Kriel school and is always willing to help with development and transformation.

## **Grant Ekermans – Overberg Sailing**

Grant was involved in organising the SA Sailing Youth National Championships. He has been on the Board of the Theewater Sports Club for a number of years. He has mentored a number of development sailors.

## **Susanna Spires – Eden Disability**

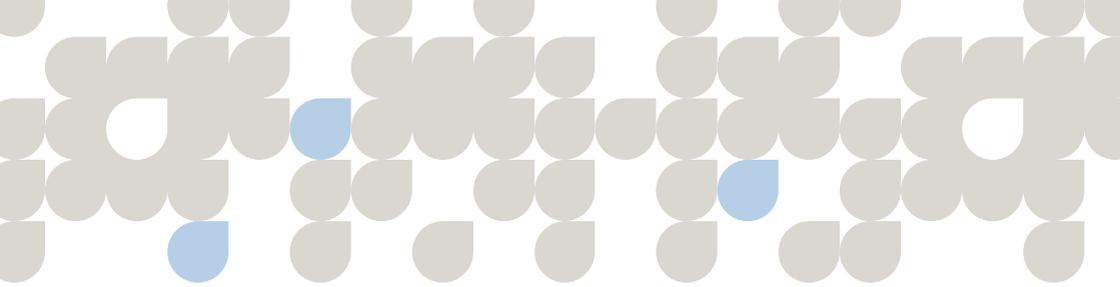
Susanna is the chairperson of Klein Karoo Sport for People with Disabilities. Under her leadership, athletes took part in the National championships, as well as the international wheelchair fencing competition in Poland. She does all the administration from her house, where she also stores apparatus.

## **Miena Jonkers – Central Karoo Athletics**

Miena has a big involvement in the rural communities. She has shown dedication to travelling long distances in order to support rural sporting structures. The commitment she has shown has led to good results at the National Rural Games in Polokwane where Central Karoo athletes featured prominently.

## **Scott Godlo – Cape Winelands Indigenous Games**

Scott is known as a mentor and a coach. He has also been dedicated to the growth of sport in Mbekweni and the surrounding areas. He has given of his time to promote the code at schools and institutions.



# Community Builder Of The Year

## **Edward Noble – Cape Winelands**

Edward has represented the region on all levels in darts. He started community social leagues in his area as a way of trying to address the high rate of drug use and gangsterism. He is especially focussed on the youth and trying to show them an alternative way of live.

## **Ouma Lena se Huis – Eden**

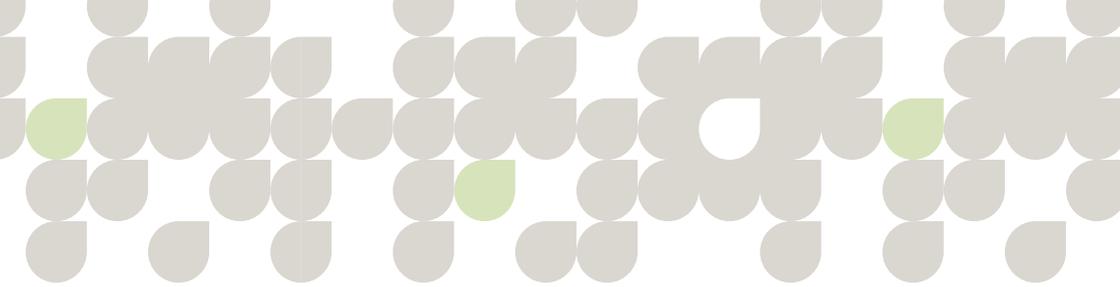
Lena Viljoen donated a residential home in Melkhoutfontein as a space where youth programmes can be presented. Children can participate in life skills programmes, various sporting activities and holiday programmes. Meals are also provided. There is now also an After care facility and a crèche.

## **Chaeli Sport & Recreation Club – Western Province**

This organisation aims at the empowerment of the community with a disability through adaptive sports. They create opportunities for people with disabilities to participate in sport through adapting wheelchairs, buggies or using an able-bodied partner.

## **Isak Jacobs – Central Karoo**

Isak organises football in his area as an agent for change.



## Recreational Body Of The Year

### **Cape Winelands Indigenous Games Council - Cape Winelands**

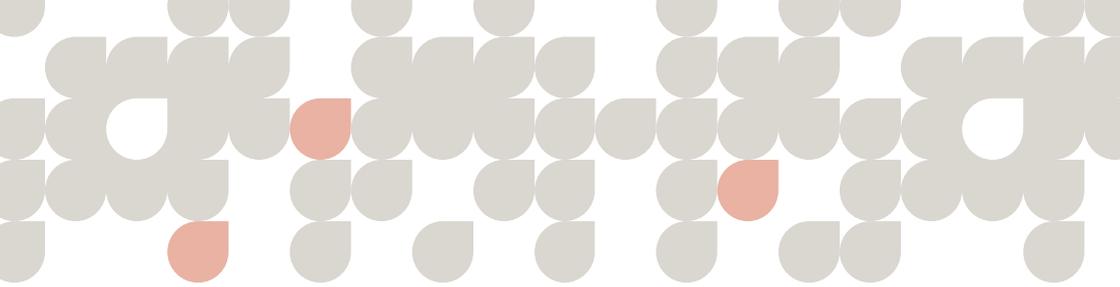
This group strives to enrich the local community with various skills. They employ sport as a tool to combat social ills and issues in the community. They have developed gold medallists as well as provincial players, coaches, managers and technical officials.

### **Christelike Jeugforum - Eden**

The Christian Youth Forum, under the leadership of Phillip Seroux, keeps youth busy with sport and recreation programmes. They arranged a Heritage Festival in 2016 which had 1000 participants. They also arrange educational and school holiday programmes in the area.

### **Khayelitsha Canoe Club - Western Province**

This programme introduces children from Khayelitsha to canoeing in an attempt to keep them away from social ills. The club has 50 members and operates with little financial support. They have been instrumental in turning a mugging hotspot in Khayelitsha into a sport and recreation area, with the canoe club on the dam.



# Indigenous Games Team Of The Year

## **Arina Steyn – Central Karoo Jukskei**

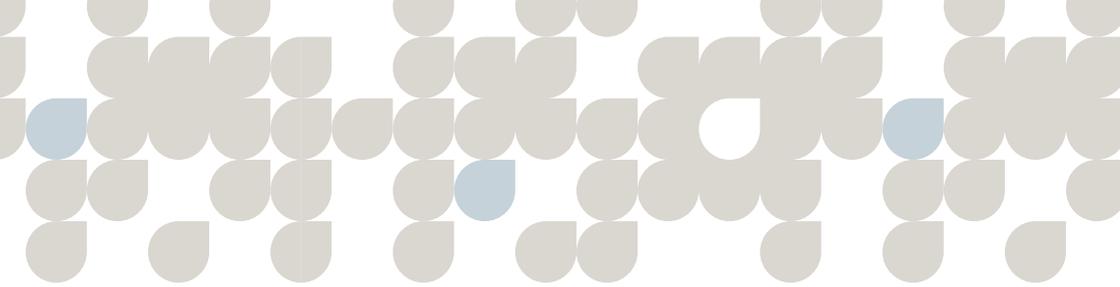
Arina was chosen to compete in Interprovincial matches and also as part of the Western Cape team. She was chosen as part of the Western Cape A team that competed at the SA Championships in Kroonstad. She was also chosen as part of the SA team.

## **Eden Kgati Team**

Winners of the District Indigenous Games in 2015 and 2016. Represented the Western Cape at the National Tournament in Limpopo in 2016 where the team received a silver medal.

## **Cape Winelands Drie Stokkies**

The team was unbeaten at the district and provincial games in 2016 and 2017. The team was chosen as part of the provincial team that competed at the National Indigenous Games Festival in 2016.



# School Team Of The Year

## **Van Reede Majorettes – Eden Majorettes**

Van Reede is the SWD Champ of Champions in 2017. This is the 6th consecutive time they have received this honour. The team participated in the SAMCA National Championships in 2017. The team is one of the Elite teams in SA and is currently ranked 8<sup>th</sup> in SA.

## **De Villiers Graaff Meisies – Overberg Jukskei**

The team represented the Western Cape at the SA Schools Tournament in 2017. They also represented Overberg in the SA Junior Jukskei championships in Kroonstad. The members of the team have many achievements between them.

## **HTS Drostdy 1<sup>st</sup> Rugby Team – Cape Winelands Rugby**

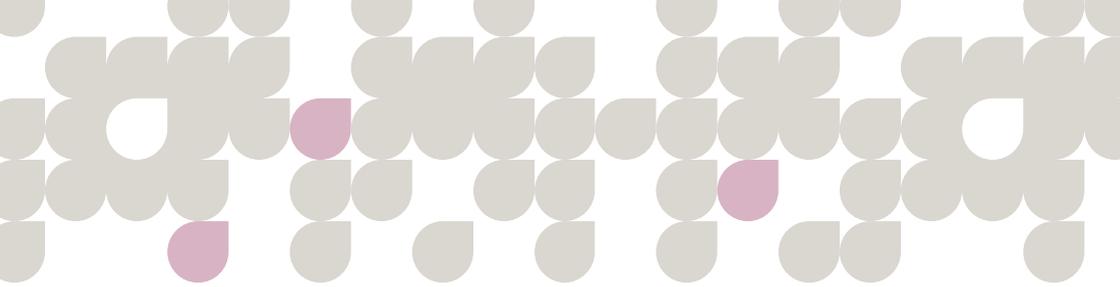
This team was unbeaten at the North/South tournament in Worcester. They were also unbeaten in the Kearsney Easter Rugby Festival. The team lies in the top 15 of the school team rankings in SA. 13 players were taken up into the Craven week and Academy teams. Two of the players were chosen as part of the SARU u/18 Sevens group.

## **Bastiaanse u/15 Team – Central Karoo Football**

The team was crowned as champions at the SASFA Central Karoo COPA Coca Cola u/15 Regional finals. They also came out as Provincial champions at the SASFA Western Cape COPA Coca Cola finals.

## **Paarl Boys High Rugby Team – Western Province Rugby**

The team were unbeaten for a third consecutive season in 2016. 5 Paarl Boys players were named in the 2017 DHL WP u/18 Craven week team and one player in the Academy week team. In 2017, the team won all their league games.



# Developing School Team Of The Year

## **Heidedal Athletics Team – Eden Cross Country**

This team produced 45 regional, 36 provincial and 4 Western Cape athletes and 8 SA medals in cross country. The athletes also performed well in athletics (32 regional, 3 provincial and 1 SA bronze medal) and the walking code (13 provincial athletes and 7 SA medals).

## **Westcliff HS Bulldogs 440kg Girls – Western Province Tug-of-War**

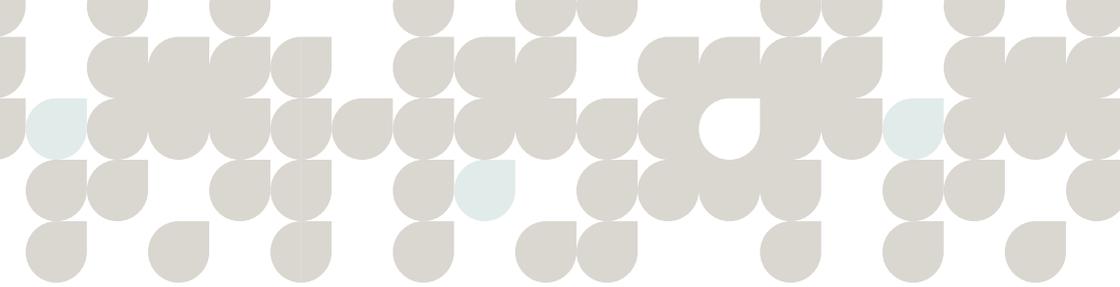
This team participated for the first time using boots. During their first “boots” season, the team won the WP league and the WP/Boland league. They also won a silver medal in the 440kg girls’ weight division at the SA Junior Championships.

## **Amstelhof Primary Athletics Team – Cape Winelands Athletics**

Amstelhof does not have proper or adequate sport facilities but despite this, teams still strive to participate and do their best. One of the boys from the Athletics team was crowned the u/12 SA Champion in 150m.

## **Laingsburg High School Athletics – Central Karoo Athletics**

Athletes were taken up into the Central Karoo, SWD and Western Cape Teams. The team competed at the Rural Sport Development Programme and ended in 3rd place at the National championship. The school athletes received 1 gold and 3 silver medals at the National Championship in Polokwane.



# School Sportswoman Of The Year

## **Tonet Tallie – Cape Winelands Judo**

Tonet took part in the National Judo Trials in February 2017 and ended in first place in the Girls' u/17 u/52kg division. She placed first at the West Coast Western Cape Open, the Cape Winelands Open and the Cape Winelands Open 2. She was also selected for the SA National Judo team that participated in the Africa Junior Championships. A number of additional accomplishments in Athletics including achievements in Hurdles and Pole Vaulting.

## **Githe Stander – Central Karoo Netball**

Githe was chosen as a member of the u/17 SA Schools Netball team. She participated in the Fiji International schools tournament and was selected for the National u/18 team in 2017.

## **Grivonne Rhona – Western Province Softball**

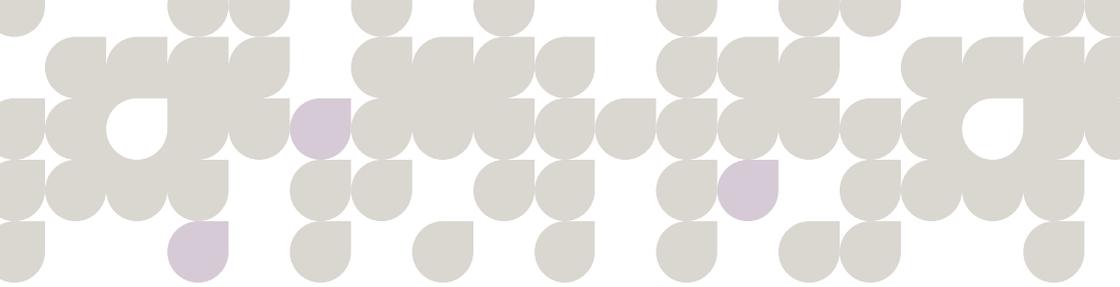
Grivonne plays a pivotal position as pitcher for her club, and she assisted her club to reach the top of the league in Cape Town. She then played a major part in Cape Town winning at the Gordon Monk Tournament in Gauteng. Grivonne became the youngest player (16) to be selected for the Senior Provincial team. She also achieved a major milestone by being selected for both the Junior and Senior SA teams.

## **Anique Wolmarans – Eden Netball**

Anique has been part of her school's 1st Netball team since the age of 15. She represented the Western Cape School team seven years in a row – since the age of 12. In 2016 she was selected for the SA Schools' u/18 Netball team.

## **Susan Alexander – Overberg Jukskei**

Susan has been part of the First Girls' Jukskei team for the past three years. She represented Overberg at the SA Junior Championships in Kroonstad. In 2017 she was chosen as part of the SA A team.



## School Sportsman Of The Year

### **Christo Lamprecht – Eden Golf**

Christo became the youngest Sanlam SA Amateur Champion in February 2017. He received his SA colours at the All Africa Junior Golf Championship. He also received his SA Senior colours at the 2017 Africa Region 5 Golf Championship. He took part in the British Amateur Championship in England in June 2017.

### **Johannes Pretorius – Overberg Kickboxing**

Johannes is the Overberg Kickboxing champion and is the Western Cape sport martial arts champion in Kickboxing. He won the 14-17 open weight division and was crowned the grand champion. He was selected for the SA Sport martial arts team.

### **Mathew Brooks – Western Province T2 Tri Cycling**

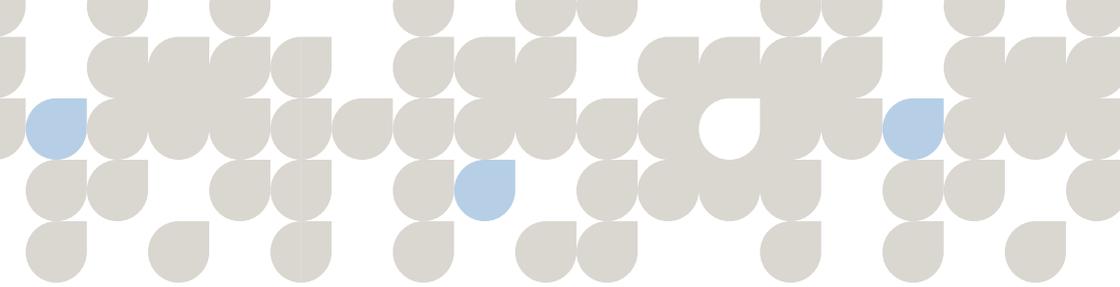
Mathew obtained four gold medals after competing at the Nationals in 2017. He currently holds the SA track record in the 800m event. He is currently ranked number 1 in T2 800m tri cycling Nationally.

### **Carl Roothman – Cape Winelands Tennis**

Carl is ranked as the number 1 boys u/14 singles player in Africa on the Confederation of African Tennis ranking. He was selected to represent SA in the u/14 tennis team to take part in the African Junior Tennis championships in 2017. He was the winner in his age category. He was chosen by the International Tennis Federation as one of only 12 boys to be part of the International Tennis Federations Young Stars team.

### **Werner Koster – Central Karoo Rugby**

Werner was chosen as part of the u/13 Karoo Cricket team. He was chosen as part of the SWD u/13 Craven week rugby team, as well as the SWD Sevens rugby team. He was also chosen as part of a group of 30 rugby players from various schools to take part in a tournament in France.



# After School Sport Coaching Excellence Award

## **Danritch Delano Booyesen- MOD Coach at Maskam Primary School - Vanrhynsdorp**

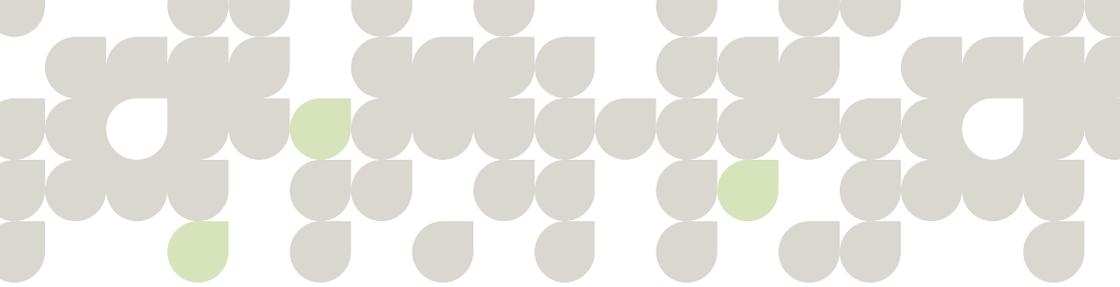
Danritch Booyesen is both a MOD Centre manager and a table tennis coach at Maskam Primary School. His career started as a volunteer coach in 2011. He became a MOD coach in 2015. Danritch has many table tennis successes at club, district and provincial levels, with 11 players in the district team and 1 player in the provincial team in 2017. In addition to his sporting achievements, Danritch works consistently to include the entire school community in his plans. Maskam is a successful MOD centre with a consistent core of learners attending.

## **Meeka'eel Abrahams - Sid.G.Rule Primary School - Mitchells Plain**

Meeka'eel Abrahams is a teacher who is passionate about the benefits of after school programmes and coaches rugby and athletics among other sporting codes at Sid.G.Rule Primary School. Under his watch in 2017, 17 athletes qualified for the athletics district championship, 7 further qualified for the provincial athletics championship, and 1 athlete qualified for the national primary school athletics championship. Meeka'eel has crowded in the support of both the school and district to support the sport teams he coaches and manages.

## **Thembekile Bulo- Nobantu Afterschool Care - Mfuleni**

Thembekile Bulo is a ballroom and Latin American dance sport coach at Nobantu Partial Afterschool Care in Mfuleni, the same centre he attended as a child. Originally a soccer coach, it was in dance sport that he found his true passion and rose to be a South African National Champion. The centre has produced 16 South African National Championship dancers and in September two of Thembekile's team are representing the Western Cape in the World Trials. Both are SA National Champions in the 12 - 15 age cohort. Nobantu is a successful DSD Partial After Care Centre with a consistent core of learners attending.



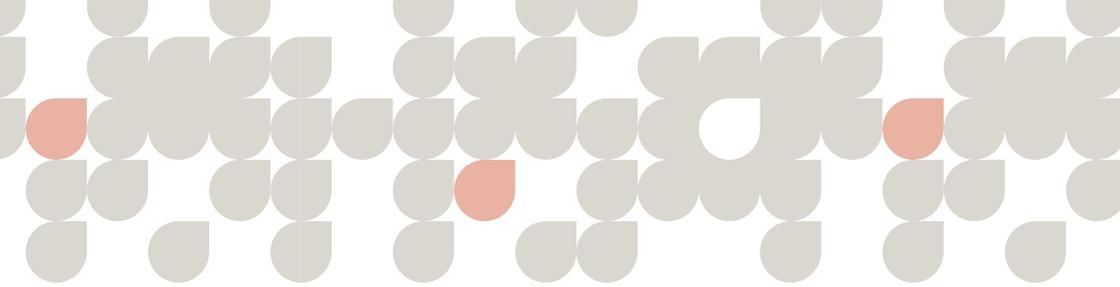
## Journalist Of The Year

### **Christo Vermaak - Oudtshoorn Courant - Eden**

Christo covers all sporting codes for the newspaper. He puts in extra effort to promote development sport in the area. He has a very neutral approach and delivers fair reporting. He plays a big role in promoting sport tourism for the area.

### **Sean Falconer - Modern Athlete - Western Province**

Sean is the editor of Modern Athlete and he determines content of every edition as well as writing features. He is often the MC for events such as the Comrades Marathon and Old Mutual Two Oceans Marathon. .



## Photographer Of The Year

### **Nick Janse van Rensburg - Cape Winelands**

Nick and his friend Matt Gorlei started an initiative know as Fly Bru, through which they have modernized the sport of fly fishing with their photography. He takes pictures on a voluntary basis and helps to promote the sport.

### **Gerhard Jooste - Eden**

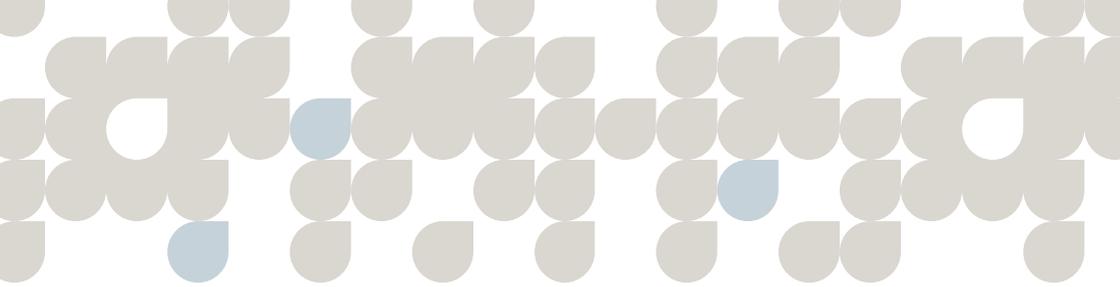
Gerhard has been a photographer at Equestrian shows for over four years. He gives up his personal time to capture photos for the competitors at shows. He uses creativity to capture spectacular photographs and he also designed logos for the Eden Equestrian Federation.

### **Reinhardt Hamman - Western Province**

Reinhardt is a Paralympian athlete whose photography hobby has captured some amazing images of the sport. His images have been used in the media and he has started his own website specialising in sport photography.

### **Neville Sharwood - Overberg**

Neville takes photographs at sailing regattas at no cost. He attends all events in his own time and takes photos to promote the sport.



## Newcomer Of The Year

### **Willem Boshoff – Overberg Kickboxing**

Willem is the Overberg and Western Cape Kickboxing champion in two fighting modes and he was crowned the South African Kickboxing champion in three fighting modes. He was selected for the National Martial Arts team and competed at the World Martial Arts championships in America.

### **Githe Stander – Central Karoo Netball**

Githe was chosen as a member of the u/17 SA Schools netball team. She was also chosen as part of the Western Cape u/18 team. After their tournament in July 2017, she was named as part of the u/18 National team.

### **Juarno Augustus – Western Province Rugby**

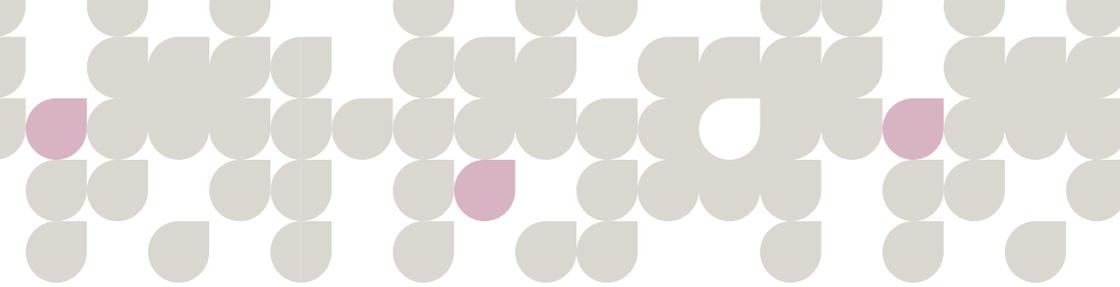
Juarno represented DHL Western Province in the u/19 team in 2017. He was named as the best DHL WP u/19 Forward at the end of the season. He was also chosen as part of the Junior Springbok Squad for the World Rugby u/20 Championship, where he was named as Player of the Tournament after scoring seven tries in five games.

### **Johann van Tonder – Eden Fencing**

Johann qualified for the Junior SA Fencing team to participate in the Junior African Championships in 2017. He ended 6th overall in the u/20 category (3 years above his age group). He is currently ranked 4th in the National u/17 category.

### **Ashleigh Parsons – Cape Winelands Cycling**

Ashleigh has competed, and performed well, in a number of races. She was the winner of the u/19 Women's road race at the South African National Championships in February 2017. She was also selected to represent South Africa at the Junior World Tracks in Italy in August 2017.



# Coach Of The Year

## **Suzanne Ferreira – Cape Winelands Athletics**

Suzanne is known in SA for her knowledge in the field of sprinters with disabilities. At the 2016 Paralympics, athletes coached by her achieved 8 medals – 3 gold, 3 silver and 2 bronze. Five athletes coached by her were selected for the SA team in 2017 and she was chosen to join Team SA as Sprint coach for the 2017 Para-Athletics World Championships.

## **Jako Botes – Overberg Jukskei**

Jako has achieved excellent results with the teams he has been coaching. He coached the SA Men's u/30 team (played 6 matches, won 5), the SA Masters team (won gold and silver medals) and the SA Veterans Men's team (2 gold medals).

## **Miena Jonkers – Central Karoo Athletics**

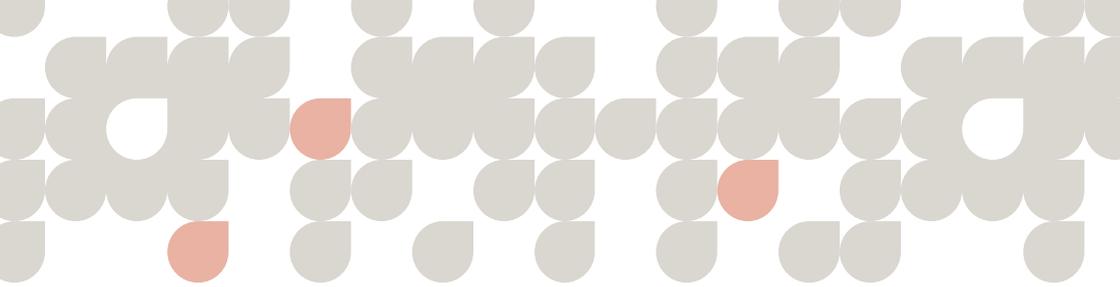
Miena has a big involvement in the rural communities. She has shown dedication to travelling long distances in order to support rural sporting structures.

## **Marcel Otto – Western Province Athletics**

Marcel coaches approximately 60 athletes. His athletes won 14 gold, 5 silver and 5 bronze medals at the WPA Junior Championships. Six of his athletes were selected for the WPA Junior team to compete at the National Championships where they won 3 silver medals and 1 bronze. Two athletes from his training group are ranked under the Top 10 athletes in the world in their respective events.

## **Lilian Steyn – Eden Judo**

Lilian achieved excellent results as a coach on district, provincial and national level with 8 students receiving the Western Cape colours, as well as 4 students ranked in the top 4 in SA. She was selected as National coach in 2016.



## Administrator Of The Year

### Harun Haupt – Cape Winelands Kickboxing

Harun does all the organising of tournaments in the district. He is the Officials Commissioner of the Cape Winelands Kickboxing Association. He was requested to do the administrative layout for the National Championships, as well as for the African Championships. He was also the administrator for the SA Team against Africa Kickboxing.

### Johan van Zyl – Overberg Karate

Johan travels widely to attend meetings regarding development of karate on a local level. He also spends a lot of time doing administrative tasks. He was the Co-Director for the Western Cape All Styles Karate trials. His administrative skills are of a high calibre and he is known for his ability to utilise funds effectively.

### Sonja Botha – Eden Seniors Tennis

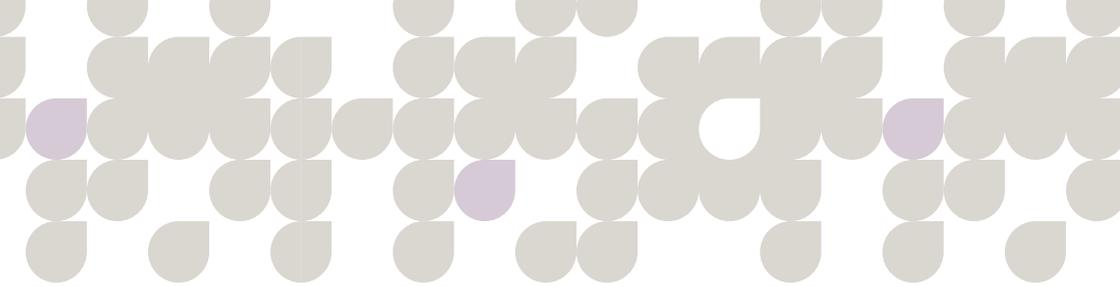
Sonja was involved with arranging participation of team in various tournaments, including the Cradock Challenge, Eden Seniors and the SA Super Players Inter-Provincial tournament. 4 Senior players were awarded SA colours and 2 Super Seniors will represent SA in America in October. This shows sound administration of the teams.

### Corena de Beer – Western Province Black Powder Shooting Union

Kobie is the Chairperson of Western Province Tug-of-War, as well as an Official and Referee for Western Province. She also acts as an Official and Referee for South Africa and was appointed as Vice-Chair of the Organisation Committee for the 2018 World Championships.

### Christo Faroo – Central Karoo Indigenous Games

Christo is currently the Chairperson within Drie Stokkies in Central Karoo. He is a strong administrator within the region and is also the coordinator of the Golden Games.



# Federation Of The Year

## **Artlure Angling Cape Winelands**

The federation has supported development anglers by purchasing a boat in order for these anglers to compete. The federation sent three teams to compete in the 2017 SA Championships, and they won a bronze and two silver medals. They also have the 1<sup>st</sup> ranked senior and junior in the country. 3 anglers received their Protea colours in 2017.

## **Overberg Karate**

Sensei Ronnie Knott holds a 6th Dan grading in the SA JKA (Shotokan) style. Two members of the federation serve on Provincial and National structures. The federation attends and hosts many tournaments. The federation has won 3 National Championship Medals and 2 International Championship Medals (through Mignon van Zyl).

## **Central Karoo Netball District Federation**

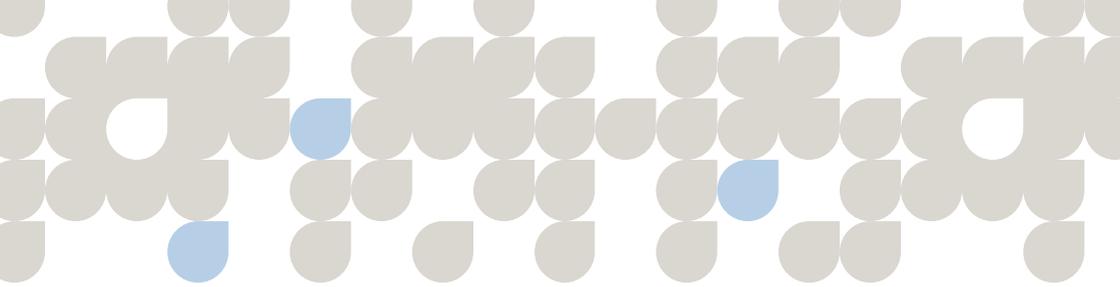
The federation has showed continued growth and has worked to ensure capacity building in terms of umpires in the region.

## **Western Province Rugby Football Union**

Runners-up in u/21 ABSA Currie Cup. Winners of Super Rugby SA Conference (July 2017). The federation produced the following National players: 8 Springboks, 6 SA A Springboks, 3 SA Men's Sevens Springboks and 11 Junior Springboks.

## **Eden Cycling**

The District hosts and organises in excess of three major events every year. Five of their Executive Committee members are part of the Western Cape Cycling Association's Executive and two members serve on the Executive Committee of Cycling South Africa. A number of their cyclists have received Protea colours as well as multiple world and African Titles. They are the leading federation in the country in performance, development and transformation in cycling.



## Team Of The Year

### **u/23 8-ball Team - Overberg**

This team won first place in their category at the SA 8-Ball Championships. They have won this title for the past three years.

### **Rhadsport Cycling Club - Cape Winelands**

The team won 16 medals (including 5 gold medals) at the 2017 SA National Track Cycling Championships. 3 riders are on the provisional list for the 2018 Commonwealth Games. In 2017, they started their own semi-professional road cycling team.

### **Oakdale 560kg Tug-of-War - Eden**

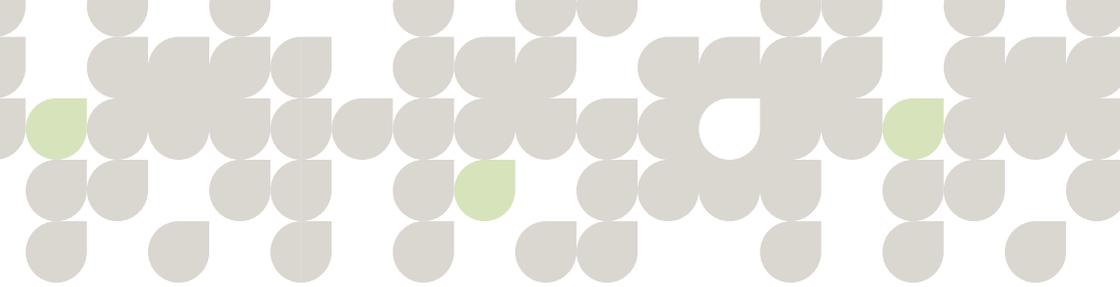
Oakdale won the Gold medal at the SA Championships for the past five years. They were the third best team in the world at the Open Club and achieved fourth place in the World Championships in 2016.

### **False Bay Lifesaving Men's Beach Relay Team**

The team has been undefeated in at the National Competition for three consecutive years. In 2017 they entered the World Stage event for the first time and achieved third place at the World Lifesaving Championships.

### **Spartans u/15 Netball - Central Karoo**

Winners of the Easter Tournament, the Rural Development Tournament and the National Winners in the Rural Development Tournament. They have four players in the top 35 National Netball Development team and two players received bursaries to attend the Netball academy in Bloemfontein.



# Recognition Of Technical Excellence

## **Tommy Meiring – Central Karoo Netball**

Tommy holds the highest grading in Central Karoo Netball. He is the senior and schools netball convener of umpires. He hosted the Central Karoo Easter tournament and attended all structures of trials in 2017 as an umpire.

## **Corne Botha – Eden Cycling**

Corne worked as a national commissaire at the Cape Pioneer Trek. He was selected as one of three national commissaires who worked at the Para-cycling World Cup 2016, as well as the next 2 World Cups. He coaches and manages young riders and also volunteers in order to grow the sport.

## **Marie-louw van der Merwe – Cape Winelands Netball**

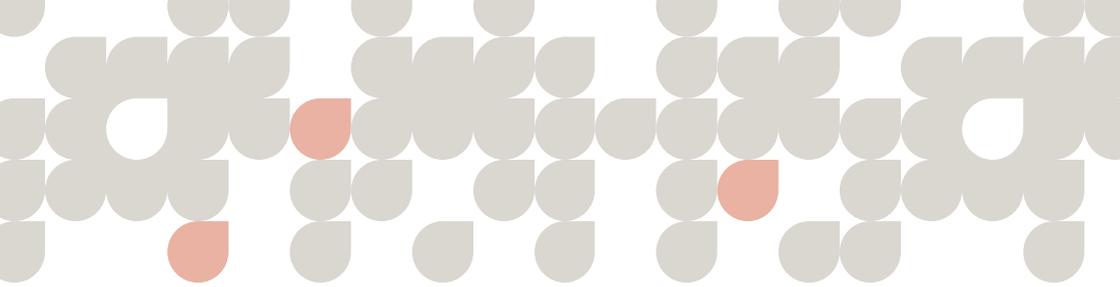
Marie-louw has been an SA A umpire since 2004. She received her International Umpires award in 2013. She umpired the final in the Brutal Fruit Netball Series, as well as matches in the Diamond Challenge. She was appointed as umpire in the World u/21 Netball Champions, as well as for the Tiani Cup, which is played between New Zealand and England.

## **Hilary Beeton – Western Province DISWEC**

Hilary is currently the Head of the World Para Athletics Classification (WPA) under the International Paralympic Committee. She is the National Para Athletics Classifier for South African Sports Association for Physically Disabled. She is also a member of the Para Sport Commission to SASCOC. She was also appointed to revise the online Para Athletics Classifier Course for the International Paralympic Committee. Appointed as chief classifier in 2016 Rio Paralympic Games.

## **Tanya Smit – Overberg 8-ball pool**

Tanya has been a SAPRA Green Blazer Referee since 2014. She was chosen as a referee to accompany the SA Women's team to the World 8-ball pool championships in England.



## Junior Sportswoman Of The Year

### **Lucrecia Zahela - Central Karoo Athletics**

Lucrecia represented SWD Athletics in the 800m and 400m events in 2016. In 2017 she was part of the Rural Development Team that competed in Polokwane. She won gold in both the 800m and the 400m relay event.

### **Juli Veruciel - Western Province Athletics**

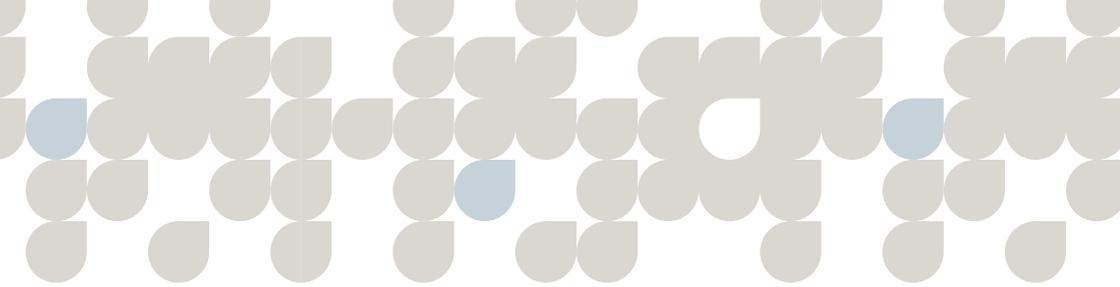
Juli finished third at the National championships and she is currently ranked 6th in the world in her classification according to the IAAF rankings.

### **Aimee Canny - Eden Aquatics**

Aimee won 4 gold and 1 silver medal at the Aquabear Invitational. She was part of the Eden team that competed at the Inter Provincial gala in Oudtshoorn, where she won 3 gold and 1 silver medal. She took part in the SA Swimming Junior National Champs, where she achieved 2 gold, 1 silver and 1 bronze medal.

### **Mignon van Zyl - Overberg Karate**

Mignon was chosen as part of the Western Cape team to compete at the SA National All Styles Championship in Durban, where she won a bronze medal. In April 2017 Karate SA ranked Mignon 3rd for kumite in the national rankings. She was selected for the Protea Karate All Styles team. She was also selected as part of the National SA JKA team that toured Ireland in August 2017.



# Junior Sportsman Of The Year

## **Juarno Augustus – Western Province Rugby**

Juarno represented DHL Western Province in the u/19 team in 2017. He was named as the best DHL WP u/19 Forward at the end of the season. He was also chosen as part of the Junior Springbok Squad for the World Rugby u/20 Championship, where he was named as Player of the Tournament after scoring seven tries in five games.

## **Roussouw Bekker – Cape Winelands Cycling**

Roussouw participated in the mountain bike discipline, Cross Country Olympic, at provincial level in the Junior Men age category. He won first place in the Western Cape Cross Country MTB Series and second place at the Western Cape Cross Country MTB Championships. He also won first place at the 2017 African Continental Mountain Bike Cup.

## **Jarco Ferreira – Eden Powerboat**

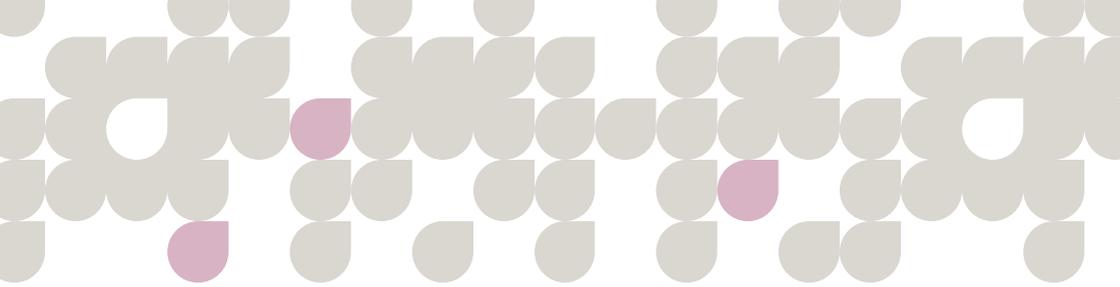
Jarco took part in the SA IRA National Championships and the UIM World Championships and his team ended first in the SA National Championships in Blouberg.

## **Cullen Keytel – Overberg Sailing**

Cullen received Western Province colours for Laser and Keel Boat Sailing. He was selected for the Western Cape High Performance Team for 2017/18. In 2016 he was the number one ranked Laser 4.7 Sailor.

## **Greyton Fransman – Central Karoo Athletics**

Greyton represented SWD in Athletics in 2016. In 2017 he was part of the Rural Development Team that travelled to Polokwane, where he won two gold medals.



## Sportswoman With A Disability

### **Vuyiseka Wessels – Western Province Judo**

Vuyiseka was the only female Visually Impaired entrant at the SA Open Judo Championships where she achieved a gold medal in her category. She also achieved gold at the Nedbank National Championships.

### **Ilse Hayes – Cape Winelands Athletics**

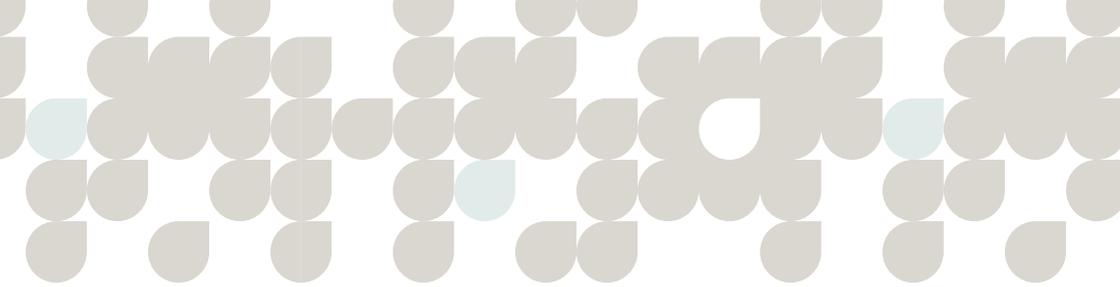
Ilse won gold in her category at the 2017 Nedbank National Championships and she won gold at two IPC events in Italy and Spain. She also achieved two silver medals at the 2016 Rio Paralympics. Ilse was selected for the SA team that competed at the 2017 IPC World Athletics Championships in London.

### **Susan Agrella – Eden Fencing**

Susan obtained national colours in fencing, as well as in epee in the senior category for able bodied fencers. She participated at the SA Championships and obtained a bronze medal in the Women's epee team event. She is currently ranked as number 4 on the national senior ranking list, number 1 on the veterans foil and number 2 on the epee list. Susan is also the national wheelchair fencing coach.

### **Jemma Anderson – Overberg Equestrian**

Jemma has taken her pony from a new novice pony in the showing area to the top ranked Pony Rider Novice Showing Combination. Jemma has worked with great determination to be classified to compete in Grade 5 Para Dressage in late 2017.



## Sportsman With A Disability

### Hilton Langenhoven – Western Province Athletics

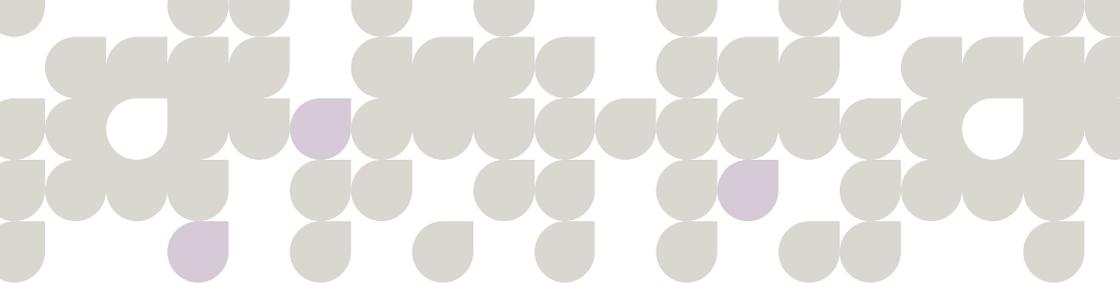
Hilton won gold at the 2016 Paralympics in Rio. He won gold at the Grand Prix Sauleda in Spain, as well as at the World Para Athletics Grand Prix in Paris. He was also selected as part of the team that competed at the World Para Athletics Championships in July 2017.

### Dyan Buis – Cape Winelands Athletics

Dyan competed at the IPC Grand Prix and the Nottwill in Switzerland. He achieved a ranking of 3rd for the 100m, 1st for the 200m and 1st for the 400m events. He was selected as part of the SA team that competed at the IPC World Athletics championships in July 2017 where he won a double gold in the 200m and 400m. Dyan also achieved Gold and Bronze medals at the 2016 Rio Paralympic Games.

### Phillo Verlaat – Eden Cycling

Phillo won the Eden Road and Time Trial Championships, as well as the Western Cape Road and Time Trial Championships in 2017. He went on to win the SA Road and Time Trial Championships in his classification. He is the current SA Track Champion in the 1000m Individual pursuit, as well as in the 3000m Individual pursuit. He also earned Protea colours in 2017.



## Ministerial Commendations

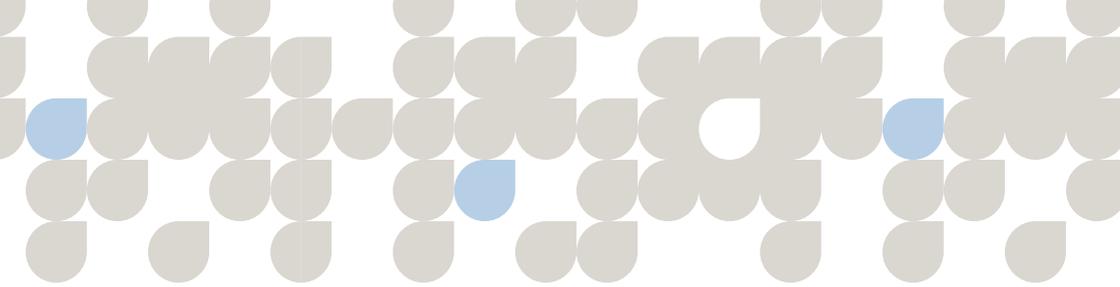
### Ruswahl Samaai

Samaai grew up in an impoverished neighbourhood of Paarl, living with his mother. He was driven to compete in athletics and would regularly walk nearly ten kilometres to the local running track to train. He made his first impact on the national scene as a 19-year-old at the 2011 South African Championships. He placed third, behind Godfrey Khotso Mokoena and Luvo Manyonga, and set a personal best of 7.75 m. He started competing on the international circuit in 2014 and he represented South Africa at the Commonwealth Games in that year. He achieved a first place win at the African Championships in 2016, and in 2017 he achieved a third place at the World Championships in London.

### Luvo Manyonga

Manyonga was raised in Mbekweni township in Paarl. He took part in local track and field competitions and his talent for long jump was soon identified. Manyonga had his first international success at the 2009 African Junior Athletics Championships. In 2012, Manyonga admitted to struggling with a crystal methamphetamine addiction and was banned for two years. Manyonga returned to professional track competition in 2016. He entered the 2016 Rio Olympics ranked in the world's top ten jumpers. In the Olympics, he was in the top four throughout the competition, leaping into the lead with his fifth round 8.37m. He was surpassed by Jeff Henderson's final jump of 8.38m to take the Olympic silver medal.

- Luvo Manyonga (born 8 January 1991) is a South African track and field athlete who specialises in the long jump. He holds a personal best of 8.65 m (28 ft. 41/2 in), set in 2017 in Potchefstroom. He was the Olympic silver medalist in 2016.
- He was the African Games champion in 2011 and the runner-up at the 2016 African Championships in Athletics. Manyonga represented South Africa at the 2011 World Championships in Athletics, placing fifth. He was world junior champion in 2010, and world champion in 2017.
- He has overcome immense personal challenges such as drug addiction and poverty to become a world champion by winning Gold at the London IAAF in August 2017.



# Sportswoman Of The Year

## **Zelda Olivier – Cape Winelands Judo**

Zelda won the SA National Trials in 2017 and was selected for the National Senior Ladies team. She competed at the Africa Senior Championships in April 2017, where she achieved 7th place. She is the current National Judo Champion in the Senior Ladies u/57 kg category as well as the Masters 30-39 year u/57kg category.

## **Anzel Laubscher – Western Province Chess**

Anzel is currently one of SA's best female players – she is already a Women International Master and is now pursuing the title of Women Grandmaster. In September 2016, Anzel represented SA in the Olympiad in Baku, where she scored 7 out of 10 possible points. She achieved joint Second place in the Zonal championship in Zambia in June 2017.

## **Elma Davis – Eden Lawn Bowls**

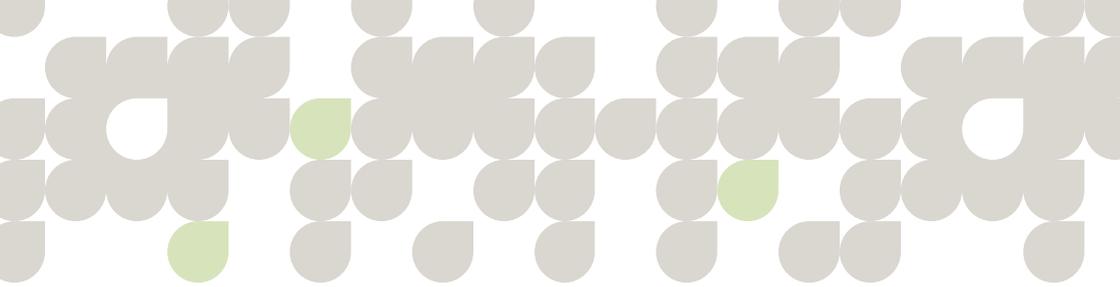
Elma excelled on district, provincial and national level. She is ranked as the number 1 Women's player in the Eden district. She won silver at the SA Nationals in the Women's Singles. She earned Protea colours and competed at the World Championships, where she won bronze.

## **Johanna Snyman – Overberg Lawn Bowls**

Johanna has represented SA since 2015. She was selected as part of the World Bowls side as player number 6. She will be competing as part of the SA team in the African States Tournament in September 2017.

## **Arina Steyn – Central Karoo Jukskei**

Arina was chosen to represent Western Province at the SA Championships in Kroonstad. She was also chosen to represent South Africa as part of an international tournament in Namibia.



## Sportsman Of The Year

### **Georgou Divaris – Eden Sailing**

Georgou was chosen as Western Cape Sailor of the Year for the 2016/17 season. He is ranked number one in South Africa in the Laser Radial Class, as well as the International Fireball class. He was chosen for the High Performance Squad for the Laser in South Africa. He competed in the World Championships in December 2016 and ended in fourth place.

### **Seabelo Senatla – Western Province Rugby**

Seabelo was named 2016 World Sevens Player of the Year. He overtook Fabian Juries as the all-time leading Sevens try scorer for South Africa. At age 23, he has 189 career tries. He also represented the DHL Stormers in Vodacom Super Rugby in 2017.

### **Stephan de Jager – Overberg Bowls**

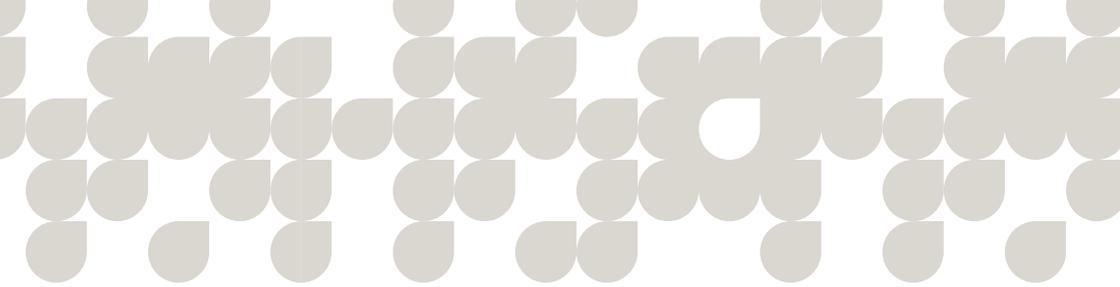
Stephan is the first Boland player that was selected for the Junior Proteas squad. He was also chosen as part of the SA Open Team. He was part of the team that won gold overall in the International African States event.

### **Ricardo Alexander – Cape Winelands Darts**

Ricardo was selected to represent SA SAPS at the Africa Games in October 2016, where the team won a gold medal. In June 2017 he was again included in the SA team and they will compete at the Africa championships in October 2017.

### **Greyton Fransman – Central Karoo Athletics**

Greyton represented SWD in Athletics in 2016. In 2017 he was part of the Rural Development Team that travelled to Polokwane, where he won two gold medals.



# Winners

Volunteer of the Year

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Community Builder of the Year

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Recreational Body of the Year

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Indigenous Games Team of the Year

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School Team of the Year

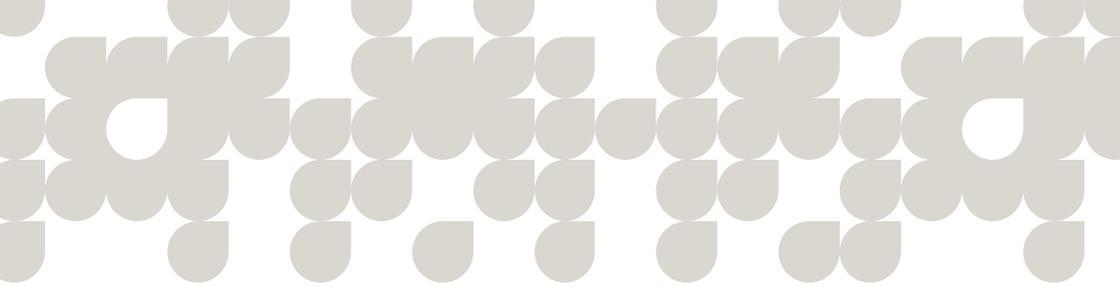
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Developing School Team of the Year

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School Sportswoman of the Year

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**School Sportsman of the Year**

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**After School Sport Coaching Excellence Award**

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**Journalist of the Year**

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**Photographer of the Year**

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**Newcomer of the Year**

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**Coach of the Year**

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**Administrator of the Year**

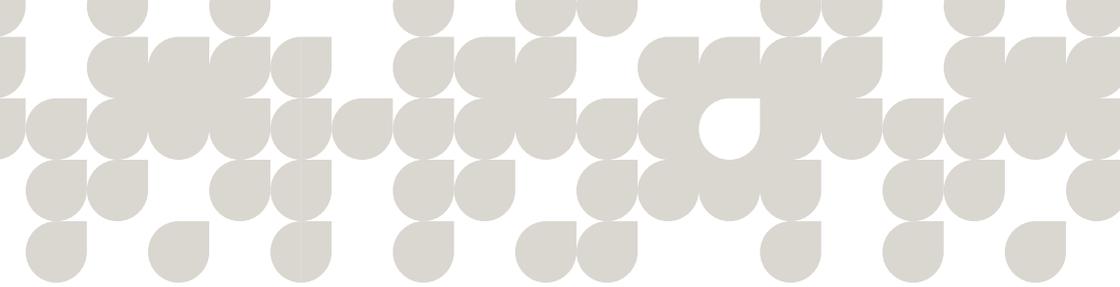
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**Federation of the Year**

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**Team of the Year**

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Recognition of Technical Excellence

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Junior Sportswoman of the Year

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Junior Sportsman of the Year

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Sportswoman with a Disability of the Year

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Sportsman with a Disability of the Year

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Ministerial Commendation

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Sportswoman of the Year

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Sportsman of the Year

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Department of Cultural Affairs and Sport  
Private Bag X9067, Cape Town, 8000  
Email: Dcas.Com@westerncape.gov.za

[www.westerncape.gov.za/cas](http://www.westerncape.gov.za/cas)



**Western Cape  
Government**

Cultural Affairs and Sport