DANCE STUDIES

This subject requires time, patience, commitment and dedication. It is also important to know that this subject is academically complex and physically demanding.

Subject Requirements
You will need the following:
- Appropriate dancewear to be brought to school daily
- Dance Textbook, Study Guides, DVDs, videos and Self Study Lessons
- Workbook/task book and PAT journal

The following will be covered:
TOPIC 1: DANCE PERFORMANCE
Practical Performance Technique Class and Integrated Theory which includes the following:
- Injuries
- Components of fitness
- General health care
- Dance performance

TOPIC 2: DANCE COMPOSITION
Improvisation and Choreography and Integrated Theory which includes:
- Term 1 - PAT process
- Term 2 - PAT product
- Unseen improvisation activities
- Improvisation and composition

TOPIC 3: DANCE HISTORY AND LITERACY:
Theory which includes:
- Dance literacy
- South African Choreographer and Dance work or
- International Choreographer and Dance work

THREE TIPS FOR SUCCESS IN THE PERFORMANCE EXAMINATION (PAPER 2)
1. **Master the Rubric**
   Familiarise yourself with all three sections of the rubric Understand the terminology technique, interpretation, and musicality.
2. **Rehearse with Purpose**
   Align your practice sessions with the rubric. Focus on perfecting your technical skills, expressing the choreography with meaning, and staying connected to the music.
3. **Polish Your Performance**
   Pay attention to details like transitions, energy, and focus. Treat each rehearsal like a performance to build confidence and consistency.

THREE TIPS FOR SUCCESS IN THE WRITTEN EXAMINATION (PAPER 1)
1. **Document and Reflect**
   Use your journal to track your PAT journey. Reflect on your creative process, challenges, and breakthroughs. This documentation can provide valuable insights for answering reflective and application-based questions in the exam.
2. **Practice Past Papers**
   Familiarize yourself with the format, layout, and types of questions in the NSC exam by working through past papers. This will help you understand the structure and improve your time management.
3. **Link Theory to Practice**
   Make connections between practical activities and theoretical concepts. For example, use your experiences in choreography to explore concepts like space, time, and focus. Applying theory to real scenarios will enhance your understanding and recall during the exam.

Assessment:

School-Based Assessment		Internal School Based
Term 1	Task 1: • Written Test • Evaluation Task	 50 Marks 50 Marks
	Task 4: PAT • Process Written • Process Practical	 25 marks 25 marks
Term 2	Task 2: • Written Examination • Practical Examination	 100 marks 100 marks
	Task 4: PAT • Product Written • Product Practical	 25 marks 25 marks
Term 3	Task 3: • Trial Written Examination • Trial Performance Examination	 150 marks 100 marks

Final End-of-Year Examination.	External NCS.NSC
Paper 2: Performance Examination	100 marks
Requirement 1: Technique class Requirement 2: Solo Requirement 3: Unseen Improvisation	50 marks 30 marks 20 marks

Final End-of-Year Examination	External NCS.NSC
Paper 1: Written Examination 150 marks	
Section 1: Safe Dance Practice and Health Care Section 2: Dance History and Literacy	60 marks 90 marks
Q1: Injuries Q2: Components of fitness Q3: General health care Q4: Dance performance Q5: Improvisation and composition Q6: Dance literacy Q7: Dance work Q8: Choreographer	15 marks 20 marks 10 marks 15 marks 15 marks 25 marks 25 marks 15 marks

SCAN ME!
Dance Studies Overview

Revision booklet
https://acrobat.adobe.com/id/urn:aaid:sc:EU:1206fe87-9752-4456-a244-727683eeced4

Dance Studies Online YouTube page
https://www.youtube.com/playlist?list=PLMC-_Tj1oqQWCXHbfZ43OFeDr3FynuZTj