



**Western Cape  
Government**

Cultural Affairs and Sport

## **WESTERN CAPE SPORT AWARDS WINNERS 2018**

### **VOLUNTEER OF THE YEAR**

Wilfred van Niekerk – Central Karoo Athletics

### **COMMUNITY BUILDER OF THE YEAR**

Willem Esbach – Central Karoo

### **RECREATIONAL BODY OF THE YEAR**

Witzenberg Sport and Recreation – Cape Winelands

### **INDIGENOUS GAMES TEAM OF THE YEAR**

Cape Winelands Drie Stokkies

### **SCHOOL TEAM OF THE YEAR**

Oakdale Tug-of-War 560kg Team

### **DEVELOPING SCHOOL TEAM OF THE YEAR**

Swartberg High Boys u/15 Volleyball Team

### **SCHOOL SPORTSWOMAN OF THE YEAR**

Jacquine Strydom – Eden Kickboxing

**SCHOOL SPORTSMAN OF THE YEAR**

Antonio Farmer – Eden Athletics

**AFTER SCHOOL SPORT COACHING EXCELLENCE**

Grace Mapfumo - Metro

**JOURNALIST OF THE YEAR**

Mark Ward – Central Karoo

**PHOTOGRAPHER OF THE YEAR**

Deidre Cloete - Eden

**NEWCOMER OF THE YEAR**

Anda Mbonjeni – Cape Winelands Judo

**COACH OF THE YEAR**

Claudio Miller – Eden Lifesaving

**ADMINISTRATOR OF THE YEAR**

Trevor Davis – Eden Bowls

**FEDERATION OF THE YEAR**

Western Province Rugby

**TEAM OF THE YEAR**

WP Women's Cricket Team

**RECOGNITION OF TECHNICAL EXCELLENCE**

Aimee Barrett-Theron – Western Province Rugby

**JUNIOR SPORTSWOMAN OF THE YEAR**

Meghan Ann Pead – Western Province Gymnastics

**JUNIOR SPORTSMAN OF THE YEAR**

Salmaan Moerat – Western Province Rugby

**SPORTSWOMAN WITH A DISABILITY**

Nosipho Princess Schroeder – Western Province Bowls

**SPORTSMAN WITH A DISABILITY**

Jonathan Ntutu – Western Province Athletics

**MINISTERIAL COMMENDATIONS**

Raven Klaasen

Springbok Sevens Team

**SPORTSWOMAN OF THE YEAR**

Elma Davis – Eden Lawn Bowls

**SPORTSMAN OF THE YEAR**

Chad le Clos – Western Province Swimming



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Sport Awards 2018



# Foreword

The annual Sports Awards is a highlight of the Western Cape Government's calendar. The Awards recognise and officially acknowledge the esteemed excellence of sportspeople hailing from the Western Cape.

Today, we pay tribute to the exemplary role these individuals have played in the development of sport and motivating others to achieve more. I wholeheartedly thank each sportsperson awarded their prestigious acknowledgement for serving as a beacon of hope to all in the Western Cape. Their perseverance, focus and positive choices have groomed them into significant role-models to whom youth can aspire.

Excellence in their respective sporting codes requires dedication, motivation and many hours of practice, but also most importantly support and encouragement from significant others: family, friends, coaches, managers and others. Heartfelt gratitude is expressed to them for their continuous support and encouragement toward our sporting success.

History has shown time and again that sport has the ability to bring diverse groups of people together and I firmly believe our honoured sport stars personify this notion. They also promote a healthy lifestyle in which they contribute to increasing wellness and safety in the Western Cape and for that I thank you profusely.

By celebrating our victories and achievements we create a spirit of goodwill and social inclusivity that ultimately binds us all better together.

In closing, a special word of thanks to all the DCAS team players for your hard work, dedication and professionalism in making the Sports Awards a proud occasion.



Anroux Marais  
Minister of Cultural Affairs and Sport  
Western Cape Government

# Volunteer of The Year

## **Charmaine Mostert – Cape Winelands Bowls**

Charmaine has broadened horizons of the bowling world over the years with administration, promotion and development of bowls throughout the Cape Winelands district and more recently the Western Cape.

## **Joy Goolooze – Eden Lifesaving**

Joy is the current secretary (administrator) of Eden Lifesaving district. She served as Provincial selector for the WC Nipper team. She voluntarily educated and trained 17 children from disadvantaged communities.

## **Marlene Williams – Cape Town Netball**

Marlene has been elected for a second term as the CTNF Chair for Development and Transformation. She uses Netball to bring together clubs and assist to establish leagues. She ensures that member and players are trained at various levels by organising workshops, clinics and courses.

## **Cliff Franklin – Overberg Bowls**

Cliff arrived at Barrydale in July 2016 and from scratch revived the Bowls club in the area. Cliff initiated the concept of a club league which was launched in May 2017. In February 2018 the very first Club Championship took place. He is also a member of the Overberg Bowls executive committee.

## **Wilfred Van Niekerk – Central Karoo Athletics**

He devotes himself to selfless voluntary service. Enriches lives of others particularly those who are less able to help themselves. Seen as an inspiration for those who works with him.

## **Isabel De Wet – West Coast Karate**

Isobel is the secretary of West Coast Karate association. She is responsible for organising Provincial and National tournaments. Isobel promotes and advertises Karate in the West Coast region.

# Community Builder of The Year

## **Isak Snyders – Cape Winelands**

Isak is a member of Witzenberg Social Cricket union which started in 2013. They focus on youth development through social cricket. He is committed to enhancing the lives of the youth in rural and deep rural areas (farms in Koue and Warm Bokkeveld).

## **Kalma Hayes – Eden**

Kalma gives of her time to build equestrian sport participation in the Pacaltsdorp community. She works tirelessly to educate and arrange fun days. Kalma also gives of her time to riders who have no infrastructure, coaching and other support in order to develop a love for horse riding as a sport.

## **Wendy Anne Bosse – WP**

Wendy is the founding member and co-director of Olympians Social development and education. She runs life skills programmes for at risk youth. In 2017 she put 8 and in 2018 put 3 athletes through adult learning programmes.

## **Nathan October – Overberg**

Nathan is head coach of Napier Rugby club. He runs youth programmes and is involved in community based activities including taking donations for the local churches and painting an NGO building.

## **Willem Esbach – Central Karoo**

Willem is a community builder and club coach of Prince Valley. He created five clubs within the area. Willems main aims are to increase participation in sport by locals, a reduction in youth offenders and anti-social behaviour.

## **Christopher Rodgers – West Coast**

Christopher had a vision to create an Athletics club for the youth and community of Langebaan, which he started in September 2012. One of the success stories is that the club membership has grown to 120 people participating in road running, cross country and race walking. Eight of the young athletes from the club now represent Boland and Western Cape.



# Recreation Body of The Year

## **Witzenberg Sports and Recreational Council – Cape Winelands**

The Witzenberg Sports and Recreational Councils mandate is to be a catalyst and active voice of the sporting fraternity in the district. A few of their main objectives is to integrate organised sport and levels of government in order to promote sport and to support and endorse sporting codes and school sport entities with applications for funding. They also ensure that all demographic representation is captured.

## **Oudtshoorn Christian Youth Forum – Eden**

The OCY Forum is a non-profit organisation whose mission is to design and establish community based programmes which will equip youth to face social issues. In the past year the organisation has been involved several youth focussed projects including Break-free drug prevention outreach programmes and Heritage day 7's Rugby, Netball, and Soccer tournaments.

## **Chess Western Province – Cape Town Metro**

Chess WP promotes chess amongst youth at various libraries, schools and community centres. They host chess tournaments with free entry fees and free meals for participants this year that number exceeded 100 players. By hosting these tournaments, they help learners improve mathematics, science and strategic thinking skills as well as life skills and improve mental activity.



# Indigenous Games Team of The Year

## **Cape Winelands Drie Stokkies – Cape Winelands**

Cape Winelands Drie Stokkies won the National Drie Stokkies Championships in Polokwane in 2017. They are district and provincial champions. They set new records at the National event in 2018 and are ranked number 1 in South Africa.

## **Imizamo Yethu Jukskei Club – Eden**

Imizamo Yethu Jukskei Club is a development team from Themba lethu that participated for the first time at the National Indigenous Games championship in Polokwane during 2017. They won a gold medal representing the Western Cape at the National championship.

## **Kgati Western Cape – Metro**

Kgati Western Cape achieved numerous accolades during the 2017 season despite many challenges. They won the Western Cape Indigenous Games team of the year award in 2017. They won a silver medal at the National Indigenous games festival in 2017.

## **Yaël Malgas – West Coast**

Yaël is a dedicated community journalist with a passion for telling stories about young sporting heroes. She regularly attends local sports events. She has a belief in the value of sport for the advancement of youth.

## **Arina Steyn (Jukskei) – Central Karoo**

Arina is not only a player but a registered coach and referee. She partook in various tournaments during 2017 including Inter district and Inter provincials. She was selected to be part of team Western Cape that competed at the SA Championship in Kroonstad where she won a gold medal and the team also won the series.

# School Team of The Year

## **Paarl Girls High School – Cape Winelands Netball**

During 2017 the team played 74 matches, won 68 and lost 6. They were Western Cape winners at the Top schools challenge and represented Western Cape at the National Kay Motsepe tournament and were runners up.

## **Oakdale Tug-of-War 560kg Team – Eden Tug-of-War**

They won Gold at the Open Club Championship in September 2017 and a Silver medal at the World Championship in England. They also won a Bronze medal at the SA Championship in April 2018.

## **Kairos Primary School Sport Aerobics Team – WP Sport Aerobics**

35 Athletes from the school was entered in the SASAFF Provincial competition that took place in May 2018, 29 athletes were selected to represent Team Western Cape at the SASAFF Fitness and Hip Hop championship and will also participate in the National championship.

## **De Villiers Graaff Hoërskool – Overberg Jukskei**

The Boys 1<sup>st</sup> Team represented team Western Cape at the SA Schools Tournament in Durban. They have represented the district for the past 3 years at the SA Junior Championships. They also won the plate section at the Junior championships.

## **Saldanha Primary – West Coast Artistic Gymnastics**

The schools competitive team has seen 18 learners attain West Coast Colours, and 3 seniors attained Western Cape colours. They also achieved 45 medals during the season. They team participated in an international event in Harare and achieved 14 medals including 7 gold, 6 silver and 3 bronze.

# Developing School Team of The Year

## **Brandwacht Primary – Cape Winelands Baseball**

During September 2017 the school team took part in the Tee Ball festival. 2 young players from the team was then selected to represent the federation at the National Baseball Championship in Durban.

## **Franken Primary School Judo Team – Eden Judo**

In September 2017, 11 athletes from the school received Western Cape colours. The team won 6 gold medals, 4 silver medals and 1 bronze medal at the SA schools tournament in October. In November 3 students were selected to national trials and 11 students are ranked in Top 6 in SA.

## **Milnerton High School Rugby Team – WP Rugby**

The school recruited students from the disadvantaged communities and townships to invest in them socially, academically and in rugby. The school has 8 players in the Under 18 Craven week and Academy week squads. The students travelling to school are subsidised and food parcels are sent to their homes to help their families.

## **Swartberg High School Boys under 15 – Central Karoo Volleyball**

10 players were chosen at the Central Karoo school volleyball trials. Five boys are selected to Western Cape school volleyball trials that took place in June. These boys have grown from grassroots players to participating at provincial level.

## **St. Helena Bay Primary under 13 Chess Team – West Coast Chess**

The team qualified to play in the Western Cape Top School Championships after winning the West Coast top school championship. The players are also excelling in the sport at club level and have participated in several tournaments this year.

# School Sportswoman of The Year

## **Rogail Joseph – Cape Winelands Gymnastics**

Rogail set a new school record in the 400m at the Inter school's championship. She participated in Provincial and National tournaments and won the 100m and 400m hurdles.

## **Jacquine Strydom – Eden Kickboxing**

Jacquine was chosen to represent SA in international events. She received SA Colours. She also received a Gold Medal at the Turkish Open International Championships and a Gold Medal at the National Championships.

## **Marné Campbell – WP Modern Pentathlon**

Marné has participated in Biathle, Triathle and Laser run for the past 4 years. In September 2017 she excelled in Triathle and became world champion in her age group at the world championship in Spain.

## **Susan Alexander – Overberg Jukskei**

Susan represented her school for the past 4 years in the Girls 1st team. She has also represented the Overberg at the SA Junior Championship in Kroonstad. In 2017 Susan captained the under 19 team and was chosen as to participate at the trials for the SA A-team.

## **Newlynne Appies – Central Karoo Netball**

Newlynne participates in her schools under17 and under18 netball teams. She was selected for the Central Karoo team in 2018, and selected for team Western Cape and participated in the All ages school tournament in Boksburg.

## **Chanelle Afrika – West Coast Artistic Gymnastics**

Chanelle has been awarded Sportswomen of the year at her school and at regional level has been awarded West Coast Schools Gymnast of the year. She is currently ranked 8th in the province and 18<sup>th</sup> in SA.

# School Sportsman of The Year

## **Xander Coetzee – Cape Winelands Wrestling**

Xander participated in two international competitions as SA Cadet finishing 7th at the World Championships in Georgia and 4th at the Africa Championships in Nigeria. He received his Protea colours as a junior in wrestling and is also a Level 2 provincial coach at Drostyd Wrestling club.

## **Antonio Farmer – Eden ASWD**

Antonio represented SA at the IAAF World Championship in China. He also represented SA at the CAA Southern Region Championships. He came in 2nd place at the ASA Senior Championships.

## **Marno Stander – WP Tennis**

Marno represented Western Province under 19 at the SA school's tournament and came in 1st place. He remained unbeaten throughout the entire tournament. He was also selected for the SA under 19 schools team and was set to travel to the UK in June 2018.

## **German Lewis – Overberg Athletics**

German participated at district and provincial level in athletics. He has won gold in the 1500m and 1800m competitions. On national level he is ranked 4<sup>th</sup>. He achieved gold in Cross country in district, provincial and national level.

## **Waldo Kaptein – Central Karoo Athletics**

Waldo is currently ranked 1st place on district and provincial level in his age group for 3000m cross country running. He also won gold at the Western Cape championships in March 2018 and finished 8<sup>th</sup> at ASA national championships in April.

## **Isaac Mentoor – West Coast Artistic Gymnastics**

Isaac was awarded Junior gymnast for 2016 at his club. He is currently the West Coast District Champion and provincial champion and is ranked 3<sup>rd</sup> in SA for boys level 13 and over. He won overall 3rd place at the National championships.

# After School Sport Coaching Excellence Award

## **Elmarie Velecity Carolison – MOD Coach, Cape Winelands**

Elmarie is a MOD Coach at De Kruine SS, Touws River. She has been with DCAS since 2007 and coaches netball and morabaraba. Her school teams have participated at district, provincial and national levels. These achievements speak to her passion for identifying talent within children from her own community.

## **Grace Mapfumo – Netball Coach, Metro South**

Grace is a netball coach from CoolPlay working in two primary schools and one high school in Ocean View, Cape Town. In the past year, two of her students have represented Western Province for netball at their age level. Grace is committed to building social cohesion through sporting activities.

## **Inga Sbulele Mfundisi – Chess Coach, Overberg**

Inga is a grade 10 learner who volunteers as a chess coach at Lukhanyo PS, Zwelihle. She has been coaching at the school since 2015 and has built a group of 30 dedicated learners who have achieved national and provincial awards for their chess skills.

## **Raymond Thembinkosi Pienaar –Soccer Coach, Metro Central**

Raymond is a soccer coach for Project Playground in Langa, Cape Town. A former professional soccer player, he has been with the organisation for 7 years and coaches the U/18 boys soccer team. Raymond's team have participated and excelled in a broad variety of local and international tournaments.

## **Ricardo Pritchard – Soccer Coach, Cape Winelands**

Ricardo is a soccer coach for NorSA Community Care in Wellington, a DSD and DOH funded after school programme. He coaches a group of 30 ladies and the team is part of the Cape Winelands regional league. His goal is to help build better future life opportunities for his players.

# Journalist of The Year

## **Christo Vermaak – Eden**

Christo writes for about 35 sport codes that gets published in different newspapers. He is described as having a passion for what he does and is willing to travel to any part of SA to cover sport.

## **Adnaan Mohamed – WP**

Adnaan is a qualified sport journalist. He is a specialist sport correspondent with expertise in media and communications. He was Chairman of Central Athletics club for 3 years. He also a Two Oceans club ambassador for 2017.

## **Sydney Jaques Armoed – Overberg**

Sydney is an entrepreneur and writer from Caledon. Earlier this year he started his own local newspaper which is issued every second week. The newspaper is hugely focussed on sport and the success stories of sporting fraternity in the area. He also has a love for photography.

## **Yaël Malgas – West Coast**

Yaël is a dedicated community journalist with a passion for telling stories about young sporting heroes. She regularly attends local sports events. She has a belief in the value of sport for the advancement of youth.

## **Peter Daniels – Cape Winelands**

Peter is a teacher by profession, but is a Sport radio journalist out of his love for sport. He also participates in development projects and encourages his listeners to engage with him on his Radio show. He shares the sport achievements of schools and clubs in the area on the show.

## **Mark Ward – Central Karoo**

Mark is a dedicated journalist and covers sport across the Western Cape. He profiles inspirational role models and reports on developing codes.



# Photographer of The Year

## **Ernest Kilowan – Cape Winelands**

Ernest is a freelance photographer doing exceptional work for Paarl Post, Stellenbosch and Paarl Gazette as well as Die Son. He is involved with sport at grassroots level, clubs, schools and recreational events. He has also covered many major events in the area including Boland league athletics championships and Rugby clubs and schools league.

## **Deidre Cloete – Eden ODN Cycling**

Deidre is a talented photographer from George. She is described as having a passion for her work which shows in her photography. She is present at most sporting events in the Eden district and is always willing to support sporting codes with capturing their events.

## **Lesley Carstens – WP**

Lesley is the official liaison officer for SA Tug of War. She is the official photographer for all the National Competitions. She travelled twice overseas with the National Team at her own expenses and has taken exceptional photographs at these events.

## **Neville Sharwood – Overberg**

Neville is very involved with Sailing and other sporting activities in the district. He enjoys taking photos at all types of sporting events but sailing is what he most passionate about.

## **Mark Ward – Central Karoo**

Mark is a photographer working for Kaapse Son for many years. He supports rural towns and contributing towards development of Central Karoo sports.

## **Trish Goosen – West Coast**

Trish is described as having the ability to capture a story in her photographs. Her goal is to always bring the person to the forefront within the sport code. She was able to capture a special moment when the bowler took the last wicket in a local cricket match.

# Newcomer of The Year

## **Anda Mbonjani – Cape Winelands Judo**

Anda was selected for SA-Cadet Team that competed in Burundi. National Ranking: 2nd in the u/17 – 90kg and 3rd in the u/21- 90kg. Known for his good sportsmanship on and off the field.

## **Doriano Moretti – Eden Fencing**

Doriano qualified for the Junior National team in December 2017 and represented SA at the Junior African Championships in Nigeria where obtained 5<sup>th</sup> place. He will represent SA at the Junior Commonwealth Championships in Britain.

## **Damian Willemse – WP Rugby**

Damian played in the 2017 Currie Cup Final. The team won the Currie Cup final. He was awarded DHL WP most promising player of the year. Played 10 games for DHL Stormers Vodacom Super Rugby Campaign. Vice-Captain of Junior Springbok team for World Cup u/ 20 Championships in France 2018.

## **Samantha Brink – Overberg Chess**

Samantha at the age of 7 qualified for SA Junior closed Chess Championships and was invited to take part the Commonwealth Chess Championship in Delhi India. In May 2018 she was invited to the Western Cape Schools individuals girls under 9 and achieved 6<sup>th</sup> place.

## **Selma Christina Du Preez – West Coast SA Biathle**

Selma achieved 7<sup>th</sup> place at the World Biathle Championship in Spain as a member of the SAMPA team. She is the second SA athlete to complete the competition.

# Coach of The Year

## **Jako Botes – Overberg Jukskei**

Jako is the coach for the National Men's Jukskei team. In the 16 tests for national teams where he was the coach, his team lost one and won 15 tests. In 2018 he led the National Men's team to a victory against Namibia.

## **Andre Louw – Central Karoo Football**

Andre is the most successful coach in the Central Karoo for junior teams. His teams took first place in the u/15 Western Cape Coke Tournament and at the Metropolitan u/16 Western Cape Tournament. One of his players was also selected for the National u/17 team.

## **Elrick Kulsen – Cape Winelands Cycling**

Elrick coached local cyclists Wade Theunissen and Ethan Kulsen to various wins in their age categories. He also coached Nolan Hoffman to a third Cape Town Cycle Tour win. He also coached Clint Hendricks to achieve a 3rd place and Bronze medal at the 2018 Commonwealth Games.

## **John Dobson – Western Province Rugby Football Union**

John coached the DHL Western Province team to the Currie Cup title in 2017. He also coached the unbeaten team in the SuperSport Rugby Challenge 2018.

## **Claudio Miller – Eden Lifesaving**

Claudio coached the National Junior team that competed in the International Surf Rescue Challenge 2017. This team was very inexperienced but they achieved the following results: two gold, four silver and 3 bronze medals. His team placed 3rd overall.

## **Marietjie Potgieter – West Coast Netball**

Marietjie coaches the Western Cape u/17 Willows Netball team, as well as the National SA Schools Team. Her team was unbeaten at the NSA Quad Series in Durban. Her National team also competed at the International Tournament in Fiji.

# Administrator of The Year

## **Zanne Parsons – Cape Winelands Cycling**

Zanne has been instrumental in bringing structure to cycling in the Cape Winelands. In 2017 the area hosted the SA Road and TT Champs with great success. Zanne is the secretary for Cape Winelands Cycling and drives the administrative issues. She has been involved in organising many successful events in the area. She submits funding applications for cyclists to ensure that they can attend events.

## **Penny Davidson – Overberg Jukskei**

Penny is the secretary of Overberg District Jukskei. She worked tirelessly to get the district up and running and she was instrumental in getting Overberg to compete at all levels, including the SA Championships. She also actively plays jukskei at club level and captained the Inter-District C-team.

## **Trevor Davis – Eden Bowls**

Trevor serves on the World Lawn Bowls Committee. He was an international technical official at the recent Commonwealth Games and he also serves on the World Bowls Coaches Committee. He was also the Technical Director for the Asian Sea Games in Malaysia.

## **Gardencia du Plooy – Western Province Weightlifting**

Gardencia is the secretary and treasurer for her association. She was also appointed as manager of the Western Province team that went to the SA Championships. Gardencia is also an International Category 1 referee. She is actively involved in the organising of participation at provincial and national championships.

## **Vergil Groepe – Central Karoo Rugby**

Vergil is the Chairperson of the Beaufort-West Older Persons' Club, as well as the Chairperson of the Beaufort-West Sport Council and the Central Karoo Rugby union. He actively develops sport in his community.

## **Isabel de Wet – West Coast Karate**

Isabel is the secretary of the Karate Association and handles all the communication in the region, as well as at provincial level. She worked tirelessly for 16 months to get West Coast Karate affiliated with the Sport Council. She is always promoting the sport and enforcing a positive image of the sport.

# Federation of The Year

## **Cape Winelands Judo – Judo**

The federation has 4 clubs in the district. During 2017/2018 the federation has attended district and provincial tournaments. They have offered a number of courses including a referees and coaching courses. The federation received 63 medals at the SA National Championships including 28 Gold, 21 silver and 14 bronze.

## **SWD Athletics – Athletics**

Hosted the 2017 ASA Race walking championships and was commended for a well organised event. 2 Athletes represented SA at the IAAF World Race walking championships in China. They are ranked 8th in the province at the ASA senior championships that took place in Pretoria.

## **Western Province Rugby – Rugby**

WP Rugby is Currie Cup Winners 2017. They have 12 DHL Stormers in the Springbok squad. Produced 10 Junior Springboks. Hosted and won the under 18 Craven and Academy week in Paarl – Won u/13, u/ 18 Girls National Tournament, Womens Inter Provincial Tournament u/16 Girls National Tournament and False Bay won the Club Gold Coast Trophy.

## **Overberg Bowls – Bowls**

Overberg bowls federations makes up 50% of members in Boland. They are currently top in the district. They have won numerous District, Provincial and National competitions. Their athletes have achieved many medal at international competitions one of which being a Silver medal at the Commonwealth Games.

## **Central Karoo Netball – Netball**

The federation has clubs within all 3 local sport councils in the district. They have sent district teams to tournaments including the Western Cape Championships in April and Spar National Tournament in July.

## **West Coast Netball – Netball**

The federation is a recognised structure of the National federation and is affiliated to Netball SA, Western Cape Netball and SASCOC. They have provided a clear plan of growing and developing the sport in schools. Development in all areas has taken place and hosted numerous courses and clinics.

# Team of The Year

## **Keenan & Keshaan Swarts – Cape Winelands FEDANSA**

The twins began dancing at the age of 7. They won the World trials held in Nelson Mandela Bay in 2017 and also won the Western Cape Championship. They have been chosen as the Rising stars award out of 32 couples in SA.

## **SC Mid-Amateur Inter Provincial Golf Team – Eden SC Golf**

They claimed their historic first victory in the B-division at the SA mid-amateur Inter Provincial Championship in October 2017. They remained unbeaten throughout the tournament. Leading up to the tournament they also had victories against Border and Gauteng North as part of their IPT preparation.

## **WP Cricket Ladies Team – WP Cricket**

Won the CSA Woman's T-20 league. First place in CSA Womans National week. Has shown good consistency over the past 6 years.

## **Jukskei C Team – Overberg Jukskei**

The team has won most medals during 2017/2018 season. They have won medals at all Inter district competitions. The team consists of 2 ladies and 2 men. They went on to win a Silver medal at the SA Masters Championship in Kroonstad.

## **Royal Blues Netball – Central Karoo Netball**

The team won the Central Karoo Netball league in September 2017. They also won the Oudtshoorn Sport Festival in June. The team is made up of youth and experienced players. Their goal is to be the best team in the country.

## **Weskus Kushengel – West Coast Angling under 16**

The team participated in the National Shore Angling Championship in Mossel Bay. They ended the tournament in 1st place against other provinces. Once player was withdrawn due to illness but the remaining 3 players ended the tournament in 1st, 2nd and 3rd place respectively.

# Recognition of Technical Excellence

## **Pieter Linde – Overberg Bowls**

Pieter started playing bowls in 1990 and has been a member of Vaal Bowls standing committee Technical official since 2006. He is a highly respected umpire not only in the Overberg district but in the entire province. Under his leadership more than 60 bowlers have qualified as umpires.

## **Burnett Jordaen – West Coast Karate**

Burnett has been practising Karate since the year 2000, and started teaching Karate in 2008. He is Technical director of West Coast Karate Association. He is also a KSA level 3 judge and referee as well as SAJKA level C referee and instructor.

## **Aimee Barrett-Theron – WP Rugby**

Aimee is the first female on SA Rugby's premier panel. Refereed at Sevens World Series in Dubai and at the Commonwealth Game 2017. She is also the first female professional referee in SA.

## **Tommy Meiring – Central Karoo Netball**

Tommy holds the highest grading in Central Karoo Netball. He is the senior and schools netball convener of umpires. He hosted the Central Karoo Easter tournament and attended all structures of trials in 2017 as an umpire.

## **Janine Kotze – Eden Badminton**

Janine sustained outstanding achievements as a referee, judge, technical official and umpire and qualified as an International umpire. Janine was honoured to umpire the Semi- final and Final matches at the Australian Open Championship.

## **Marielouw van der Merwe – Cape Winelands Netball**

Marielouw has been an SA A umpire since 2004. She received her International Umpires award in 2013. She umpired the final of the Varsity Cup Netball Series, as well as matches in the Brutal Fruit Series. She was one of two umpires that represented South Africa as an umpire at the Commonwealth Games in 2018.

# Junior Sportswoman of The Year

## **Meike Strydom – Eden ASWD**

Meike represented SA at the 2017 IAAF Youth Championship in Nairobi where she achieved 5<sup>th</sup> position in Shotput and a personal best of 16.40m. She received a Gold medal at the CAA Southern Region Championship in Boksburg and achieved 2nd position at the ASA Senior Championship.

## **Meghan Ann Pead – WP Gymnastics**

Meghan is a high performance gymnast as well as an elite Women's artistic Gymnast. Represented South Africa at the International Memorial Tournament in Serbia – December 2017. Placed 4th overall. Qualified for three apparatus finals – highest average score of team South Africa.

## **Mignon van Zyl – Overberg Karate**

Mignon started Karate at the age of 4. She obtained her junior black belt at the age of 10. She finished 6th at the JKA Shotocup World Championship in Ireland in the Kata and Kumite events. Mignon won gold medals at the SA JKA Championship in December.

## **Newlynne Appies – Central Karoo Netball**

Newlynne participates in her schools under17 and under18 netball teams. She was selected for the Central Karoo team in 2018, and selected for team Western Cape and participated in the All ages school tournament in Boksburg.

## **Jamy-lee Fisher – West Coast Karate**

Jamy-lee is a Karate student and is ranked in top 3 in her division in the country. At the age of 16 she has made the Western Cape under 21 team that will compete at the Karate SA Trials in 2018. She has received numerous medals including a silver and bronze medal at the KSA Zone 6 International games in 2017.

## **Zoe Julies – Cape Winelands Gymnastics**

Zoe is a 12-year-old gymnast at Wynland Gymnastics. At the HP trials in 2017 she made the team to represent SA at the Olympic Hopes Competition during November 2017 in Czech Republic. She was selected to represent SA at the African Championship in May 2018. She is also the youngest member of the SA team.



# Junior Sportsman of The Year

## **Tristan Goslett – Cape Winelands Kickboxing**

Tristan joined CW Kickboxing in 2013. He has achieved numerous accolades including Gold in semi contact at the Western Cape Championships and Bronze in semi and 4th place in Light contact at the SA Championships in 2018. And most recently Gold in semi and light contact at the ISKA world Championship.

## **Jean du Plessis – Eden SWD Cricket**

Jean was the first SWD cricketer to be selected for the SA under 19 team. In 2018 he represented SA at the International Cricket Council under 19 Cricket World Cup in New Zealand. He was also selected for the SA under19 team to tour England during July 2018.

## **Salmaan Moerat – WP Rugby**

Salmaan captained the Junior Springbok Team. Awarded the Bright Rock U/19 Bounce Player of the year. Made his DHL Stormers Super Rugby debut at the age of 20 years. Reached the semi-finals of the U/19 inter provincial competition in October 2017.

## **Cullen Keytel – Overberg Sailing**

Cullen is ranked 75th under 17 and overall 231st at his first international Regatta in Netherlands for SA Laser Radial. He felt he learnt some hard lessons and is ready for his next big international competition where he hopes to finish in top 10 at the Youth Sailing Worlds. In 2018 he placed 1st at the ZVYC Club Championship Laser Radial.

## **Parsley Filies – Central Karoo Football**

Parsley is a 15 year old football player. He was selected as part of the National squad to play in Zambia, the team went on to play against Bloemfontein Celtic under19 team where he was identified as an outstanding player. Joshua is also selected to represent SA at the first Africa Youth Forum taking place in September 2018.

## **Brandon Brand – West Coast Netball**

Brandon was selected as one of the under 23 SA Male Netball team squad members. He is the first male player from West Coast to be selected for team Western Cape but also to be part of the National squad. He has completed the level 3 theory exam and graded from a Western Cape C to NSA C+ in less than a year.

# Sportswoman With A Disability

## **Claudine Pietersen – Overberg Athletics**

Claudine is a 16-year-old athlete that started this year to participate in many codes of sport. She did well at the Western Cape II Athletics Championship. She came 3rd place in 200m, 1st place in Long jump, 1st place in 800m and 1st place in 1500m. she was also chosen for Western Cape to participate at the All Ages Games in September in KZN.

## **Toni Mould – Cape Winelands Cycling**

Tony achieved a Gold medal in para cycling (TW1class) at the SA National Time trial and Road Race Championships. She was selected as one of five SA Team members for Para cycling World Cup and World Championships taking place in 2018. She also serves as the Cycling convener for Maties Para-Sport.

## **Alvine Volkwyn – Eden Athletics**

Alvine participated at the SASAPD National Para athletics Championships in Bloemfontein in the F37 Woman Under 20 category. She received a Gold medal in javelin, shotput and discus and set a SA record of 17.54m in javelin.

## **Nosipho Princess Schroeder – WP Bowls**

Nosipho has been playing lawn bowls for disabled persons for 24 years. Silver Medal at the Commonwealth Games. At age 66 she is the oldest South African to win a medal at the Commonwealth Games.

## **Tiffany Anzonia April – West Coast Basketball**

Tiffany is captain of the under16 Basketball team and started playing Basketball at the age of 12. She is top scorer for her team. Tiffany received Western Cape colours and will represent the province during the Top Schools tournament.

# Sportsman With A Disability

## **Charl du Toit – Cape Winelands Athletics**

Charl broke the world record in Class T37 in 100m at the ASA Senior National Championships in Johannesburg. He was part of the SA team at the Commonwealth Games Gold Coast and set a new Bronze world record in T38 category in 100m with a time of 11.35s. He ranked 1<sup>st</sup> in 200m and 400m in T37 in the world.

## **Christopher Patton – Eden Bowls**

Christopher is president of PDBSA. In October 2017 he was called up by Bowl SA trials for the Commonwealth Games held in Gold Coast Australia. He won a Bronze medal at the games despite the extreme nature of his disability.

## **Jonathan Ntutu – WP Athletics**

Jonathan is a visually impaired athlete who ranked 1st place and has suffered one defeat in the past 18 months. He won a Silver medal at the 2017 World Championships. He achieved a Gold medal at the Commonwealth Games and set new South African records. He has now become the fastest Para athlete in SA.

## **German Lewis – Overberg Athletics**

German has participated on district and provincial level in 800m and 1500m races where he has achieved gold medals. On national level he is ranked 4th in SA. He is national LSEN gold medal winner for under17.

## **Curtley Elvirno Brown – West Coast Basketball**

Curtley is an exceptionally talented basketball player. He is captain of the under 18 Basketball team and is top scorer for his team. He has received West Coast and Western Cape colours.

# Ministerial Commendations

## **Raven Klaasen**

Raven started playing Tennis at the age of 14. His first appearance at Wimbledon was at the age of 17 when he played as a junior. He turned Pro in 2002 and was ranked 15th in the world at the age of 33. He then went on to be ranked higher at 9th in the world in 2016 on the doubles ATP ranking. He has won 14 ATP doubles titles and has also reached the Australian Grand Slam Final in 2014 and the Quarter final of the US open in the same year. His recent success was reaching the 2018 Wimbledon doubles final with Kiwi partner Michael Venus. He is currently ranked 21st on the doubles ATP world ranking and is also member of the Davis Cup.

## **Springbok SA Sevens Team**

The Springbok 7's has played 10 tournaments the 2017/2018 season. The team won the World Series two years in a row. They have shown great consistency in World Rugby. They have now become a household name in South Africa making them good role models for the youth in our country. They are currently ranked first place on the HSBC Rugby 7's World Series Standings.

# Sportswoman of The Year

## **Shineen October – Cape Winelands Karate**

Shineen participated at in the National Woman's Championship in Gauteng. In September she participated at the International Karate Union Championship in Ireland and won 3 Bronze medals. She represented SA at the African Continental Championship in Botswana.

## **Elma Davis – Eden Bowls**

Elma received her Protea colours in 2014. She achieved a Silver medal at Commonwealth Games. She won a Gold medal at the All Africa Tournament and achieved a Gold medal at the SA Masters Senior tournament.

## **Nolene Conrad – WP Athletics**

Nolene won first place in the Peninsula Half Marathon, and first in the Two Oceans Half Marathon. She came in 6<sup>th</sup> place at the FNB Cape Town 12km One Run. And placed 8th in Vienna City Marathon in Spain in 2018.

## **Lyzandre Booysen – West Coast Kickboxing**

Lyzandre was selected for West Coast team that participated in the SA Championships in Durban where she obtained 3 Gold medals. She also participated in an International tournament SA vs Mauritius and was selected for the president team.

## **Anneke Snyman – Overberg Lawn bowls**

Anneke started playing bowls at the age of 12. She won numerous district competitions and achieved medals at national and international events, including a Silver medal at the Commonwealth games. At the African States Championship, she won Gold in fours and Bronze in pairs and achieved an overall Gold medal.

## **Arina Steyn – Central Karoo Jukskei**

She competed for team Western Cape and was selected for the A team to represent the province at the National tournament she was also part of the SA for a test match where they won Gold.

# Sportsman of The Year

## **Rodney Cornelissen – Cape Winelands Kickboxing**

Rodney started kickboxing in 2013. In 2018 he achieved a Gold medal (K1) and Full contact (2 Gold) at the Cape Winelands Championships and Western Cape Championships he also achieved Gold at the SA championships.

## **Jovan Rebula – Eden SC Golf**

Jovan was selected for the SA Golf team that toured UK during June. He competed in the British Amateur, Scottish Amateur Open and St Andrew Links Trophy and English Amateur. He went on to win the British Amateur Championship. He is the first South African to win this tournament.

## **Chad Le Clos – WP Aquatics**

Chad won 3 Gold Medals at the Commonwealth Games. He won the 2017 Swimming World Cup and made history by becoming the first man that won three consecutive Butterfly titles at the Commonwealth Games in 2017.

## **Ruehan Van Romburgh – Overberg Bowls**

Ruehan is Overberg kickboxing champion as well as SA champion. He represented SA at the World Kickboxing Championship and became World champion in 3 different fighting modes.

## **Parsley Filies – Central Karoo Football**

Parsley is a 15 year old football player. He was selected as part of the National squad to play in Zambia. He was identified as an outstanding player. Joshua is also selected to represent SA at the first Africa Youth Forum taking place in September 2018.

## **Johan Van der Westhuizen – West Coast Shore Angling**

Johan received Junior Protea colours in 2016. He participated in the National championships in Mossel bay and won. Johan represented SA in a tournament competing against Namibia.



# Winners

Volunteer of The Year

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Community Builder of The Year

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School Team of The Year

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Developing School Team of The Year

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School Sportswoman of The Year

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School Sportsman of The Year

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After School Sport Coaching Excellence Award

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Journalist of The Year

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Photographer of The Year

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Newcomer of The Year

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Coach of The Year

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Administrator of The Year

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Federation of The Year

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Team of The Year

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Recognition of Technical Excellence

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Junior Sportswoman of The Year

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Junior Sportsman of The Year

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Sportswoman With A Disability

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Sportsman With A Disability

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Sportswoman of The Year

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Sportsman of The Year

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Cultural Affairs and Sport