




Every **40** seconds, a suicide occurs according to the World Health Organization.

Every **3 seconds** an attempt is made.

# Teen Suicide in South Africa

**9%** of all **teen deaths** are due to **suicide**.  



Suicide is the **fastest growing** cause of death in the **15-24** age group.  


Every day **23** people **commit suicide**.

Children as young as **7** have **committed suicide**.  


**More** females than males **attempt** suicide but **more** males succeed.  


**75%** of people who **commit** or **attempt suicide** have given **some warning**.  


**60%**  


In **South Africa** 60% of people who commit suicide **are depressed**. Although most depressed people are **not suicidal**, most **suicidal people** are depressed.



In **South Africa**, **hanging** followed by **shooting**, **gassing** and **burning** are the most frequently used method.

### Risk factors for suicide:

- There's an existing mental illness e.g. depression, conduct (behaviour) disorder, etc.
- Alcohol and/or drug abuse
- Previous suicide attempts
- Availability of firearms in the home