

# S u b s t a n c e A b u s e

## Service Directory



Western Cape  
Government

Social Development

BETTER TOGETHER.

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Call our toll-free number if you want to find out more about any of Social Development's programmes:

**TOLL-FREE NUMBER: 0800 220 250**

## VISION

A self reliant society.

## MISSION

To ensure the provision of a comprehensive network of social development services that enables and empowers the poor, the vulerable and those with special needs.

## Values



Caring



Accountability



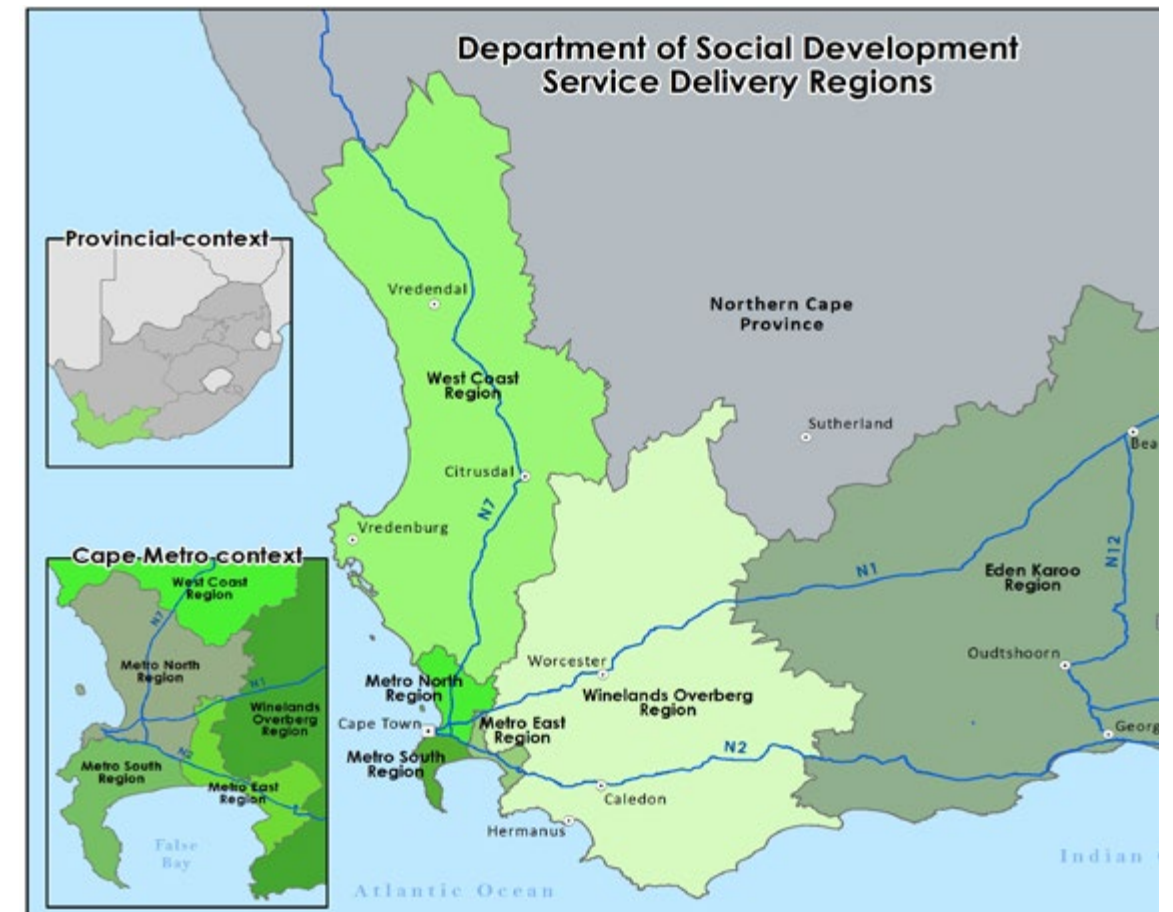
Competence



Responsiveness



Integrity



<p><b>WEST COAST</b> Tel: 022 713 2272</p>	<p>Matzikama ( Vredendal ) Cedarberg (Clanwilliam) Bergriver (Piketberg) Saldanha (Vredenburg)</p>	<p><b>CAPE WINELANDS</b> Tel: 023 348 5300</p>	<p>Witzenberg (Ceres) Drakenstein (Paarl) Stellenbosch (Stellenbosch) Breede Valley (Worcester) Breede River Winelands (Robertson) Theewaterskloof (Caledon) Overstrand (Hermanus) Cape Agulhas (Bredasdorp) Swellendam (Swellendam)</p>
<p><b>METRO NORTH</b> Tel: 021 483 7689</p>	<p>Bellville (Bellville) Delft (Delft) Elsiesrivier (Elsiesrivier /Goodwood) Atlantis (Atlantis) Milnerton (Milnerton) Cape Town (Cape Town) Langa (Langa)</p>	<p><b>METRO EAST</b> Tel: 021 001 2145</p>	<p>Kraaifontein Eerste River Somerset West Khayelitsha 1 Khayelitsha 2 Khayelitsha 3</p>
<p><b>EDEN KAROO</b> Tel: 081 759 6602</p>	<p>Kannaland (Ladismith/Calitzdorp) Hessequa (Riversdal) Mossel Bay (Mossel Baai) George (George) Oudtshoorn (Oudtshoorn) Bitou (Pleffenbergbaai) Knysna( Knysna) Laingsburg (Laingsburg) Prince Albert (Prins Al-bert) Beaufort West (Beaufort West)</p>	<p><b>METRO SOUTH</b> Tel: 021 763 6206</p>	<p>Athlone Gugulethu Phillippi Mitchell's Plain 1 Mitchell's Plain 2 Wynberg Retreat Fishhoek</p>

## INTRODUCTION:

You can get help with problems caused by the harmful use of drugs and alcohol. There are different types of services available to the public, depending on the kind of problems experienced by you or the person you are seeking help for.

This is a guide to some of the options that are available to help you.

## HELP IS AVAILABLE:

For assistance with overcoming addiction or harmful drug and alcohol use, you can contact any one of our offices or service providers listed below. If you have access to medical aid and the financial resources for private treatment, you can access a range of private psychiatrists and psychologists through any of the private treatment centres in the province. Make sure that the treatment centre you approach is registered with the Provincial Department of Social Development. Registered centres are those which meet treatment standards required by government.

## TREATMENT OPTIONS:

### WHAT IS IN-PATIENT TREATMENT?

In-patient service means a residential treatment service provided at a treatment centre.

### WHAT IS OUT-PATIENT TREATMENT?

It is a service to a person(s) who is engaging in harmful drug and alcohol use and to the people who are adversely affected by his/her behaviour.

This type of treatment involves attending regular sessions at a community based treatment centre.

## COSTING:

Although certain facilities render services without any cost implications to the client e.g. government treatment centres and government subsidized treatment centres you are encouraged to enquire from the required facility if there are any costs.

## GOVERNMENT CENTRES OFFERING FREE TREATMENT

NAME OF TREATMENT CENTRE	CONTACT DETAILS	LEVEL OF INTERVENTION
<b>De Novo Treatment Centre</b>	Old Paarl Road, Kraaifontein Tel; 021 988 1138/9 Fax: 021 988 0426 <b>Ms C Fledermaus</b> <b>Email: Cflederm@Westerncape.gov.za</b>	Inpatient Treatment Centre
<b>Kensington Treatment Centre (Women only Treatment Centre)</b>	Kensington road, Maitland Tel: 021 5119 169/ 021 5101 735 Cell: 083 2759 574 Fax: 0215101057 <b>Ms. F. Davids</b> <b>Email: fayruz@kensingtontc.org.za</b>	Inpatient Treatment Centre

CAPE WINELANDS		
NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Toevlug Treatment Centre</b>	40 Noble Street Riverview, Worcester Tel: (023) 342 1162 Fax: 086 716 8875 <b>Theresa Rossouw</b> <b>Email: trossouw@toevlug.org</b>	Inpatient Treatment Centre
<b>Hesketh King Salvation Army</b>	Cnr Old Paarl Road and Klipheuwel Road Muldersvlei Tel; (021) 884 4600 Fax: (021) 884 4602 <b>Major Allister Wood</b> <b>Email: hking@mweb.co.za</b>	Inpatient Treatment Centre
<b>SANCA Paarl</b>	JF Phillips Building, 1st Floor 34 Lady Grey Street, Paarl Tel: (021) 872 9671 Fax: (021) 872 5050 <b>David Fourie</b> <b>Email: paarl@sancawc.co.za</b>	Community based, Aftercare & reintegration
<b>ABBA</b>	Old Luckhoff Building, Banhoek Road, Stellenbosch Tel: (021) 883- 8030 Fax: (021) 883- 8095 <b>Muriel Koopstad, Lisette Muller</b> <b>Email: abba@adept.co.za</b>	Early Intervention
<b>Ikamva</b>	33 Violtjie Street Blompark, Gansbaai Tel: (028) 384 2144 or 072 453 8065 Fax: (028) 384 2144 <b>Jolande Sauls</b> <b>Email: Ikamva1@telkomsa.net</b>	Early Intervention

CAPE WINELANDS		
NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>FASFACTS</b>	1 Baring Street, Worcester Tel: (023) 342 7000 Fax: (023) 342 7001 Franscois Grobelaar <b>Email: francois@fasfacts.org.za</b>	Prevention and Early Intervention
<b>Hawston Health and Welfare</b>	169 Church Street, Hawston Tel: (028) 315 2527 Fax: (028) 315 2074 Julia Johnson <b>Email: overstrandcarecentre@telkomsa.net</b>	Early Intervention
<b>Prestige Ignite</b>	38 Leipoldt Street, Strand Tel: (021) 854 3183 Cell: 083 206 1043/ 083 531 4378 Fax: N/A <b>Johanna De Waal</b> <b>Email: Johannadewaal@gmail.com/ liezel@mesuresa.co.za</b>	Early Intervention
<b>RIET - Rural Institute for Education Training</b>	13 U Save Building, Gaffley Street, Pineview, Grabouw Tel: (021) 859 5361 Cell: 086 694 8938 <b>Mr Ivan Kortjie</b> <b>rietchild@telkomsa.net</b>	Early Intervention

## EDEN KAROO

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Knysna Alcohol and Drug Centre</b>	6 Green Street, Knysna Tel: (044) 382 5260 Fax: (044) 382 1063 <b>Marshall Laminie</b> <b>E-mail: info@kadc.co.za</b>	Early Intervention
<b>SANCA George</b>	2 Doneraile Street, George Tel: (044) 884 0674 Fax: 086 216 8301 <b>Denise de Beer</b> <b>Email: ddebeer@sancageorge.org.za</b>	Out patient, Community based for substance abuse (early intervention and aftercare)
<b>Creating Effective Families</b>	Alhof Street, D'Almeida Street Mossel Bay Tel: (044) 693 1092 Fax: 086 532 7582 <b>J.C. Karin Gildenhuis</b> <b>Email: cefmb@absamail.co.za</b>	Early Intervention and Aftercare

## METRO EAST

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>The Mudita Foundation</b>	Malibu High School, Chatres Crescent, Malibu Village, Blue Downs Cell: 084 857 0450 Fax: 086 540 1239 <b>Alison Carstens</b> <b>Email: Themuditafoundation@gmail.com</b>	Out patient programme for school going youth

## METRO EAST

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Helderberg Cares</b>	Office 201, Victoria Centre, Victoria Street Somerset West Tel: (021) 850 0792 Fax: 086 725 1499 <b>Charleen Galaway-Bennett</b> <b>Email: admin@smart-sa.org</b>	Community based
<b>Help Me Network</b>	13 Twin Oaks Centre, Main Road, Somerset West Tel: (021) 851 4234 Fax: 086 684 2018 <b>Gerard R Thomas</b> <b>Email: sput@iafrica.com</b>	Early Intervention and Out-patient Treatment
<b>SANCA Khayelitsha</b>	Catholic Welfare Centre, E505 Scott Street, Khayelitsha Tel: (021) 364 6131 Fax: (021) 364 5510 <b>David Fourie</b> <b>Email: khayelitsha@sancawc.co.za</b>	Early Intervention
<b>Born Again Enrichment Centre</b>	52 Mpangele Street, Litha Park, Khayelitsha Cell: 072 586 4106 or 083 735 2089 Fax: N/A <b>Nombulelo Mentjies</b> <b>Email: Bornagainenrichmentcentre@yahoo.com</b>	Early Intervention and Aftercare
<b>Nkosinathi Embrace All Centre</b>	Cnr of Bonca and Sulani Drive Nonqubela Site B Hall, Khayelitsha Cell: 083 876 3392 Fax: N/A <b>Mandisa Linganiso</b> <b>Email: embraceallcentre@gmail.com</b>	Early Intervention

METRO NORTH		
NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Cape Town Drug Counselling Centre</b>	1 Roman Road, Observatory Tel: (021) 447 8026 Fax: (021) 447 8818 <b>Ashley Potts</b> <b>Email: ashley@drugcentre.org.za</b>	Early intervention, community based treatment and aftercare.
<b>SANCA Tygerberg</b>	3 2nd Avenue Boston, Bellville Tel: (021) 945 2099 or (021) 945 2103 Fax: (021) 945 2098 <b>David Fourie</b> <b>Email: tygerberg@sancawc.co.za</b>	Early intervention, out patient, aftercare and reintegration
<b>PASCAP TRUST</b>	68 Wale Street, Cape Town Tel: (021) 422 5588 Fax: 086 617 1378 <b>Shabaana Osman</b> <b>Email: info@pascap.org.za or shabaana@pascap.org.za</b>	Early intervention
<b>Community Outreach Organization</b>	Kensington Civic Centre, Cnr of Walrus & Avro Avenue, Kensington Tel: (021) 593 3484 Fax: N/A <b>Mariam Oliver</b> <b>Email: moliver.coo@gmail.co.za</b>	Aftercare, reintegration and early intervention
<b>Christian Action For Dependence</b>	54 Toner Street, Parow Tel: (021) 930 4472 Fax: 086 566 5066 Kobus Pienaar <b>Email: cad@ramot.co.za</b>	Aftercare service

METRO NORTH		
NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Sultan Bahu</b>	Central Park Primary Juniper Street, Bonteheuwel Tel: (021) 694 9874 Fax: (021) 694 9634 <b>Shafiek Davids</b> <b>Email: bahuct@yahoo.com</b>	Aftercare and community based treatment
<b>Hope House Counselling Centre</b>	6 Lang Street, Kuilsriver Tel: (021) 701 9742 Director cell: 084 580 7298 <b>Judry Strickland</b> <b>Email: Judy.hopehouse@gmail.com</b>	Community based service for adults and adolescents
<b>SANCA (Atlantis)</b>	1 Dollie Centre, 93 Ardennes Street Beacon Hill, Atlantis Tel: (021) 572 7461 Fax: (021) 572 8743 Samantha Noorman <b>Email: atlantis@sancawc.co.za</b>	Community based treatment and early intervention
<b>Equilibrium</b>	9 Lower Balvenie Avenue , Matroosfontein Tel: (021) 931 7745 Cell: 072 590 3887 Fax: (021) 931 7745 <b>Yolanda Groep</b> <b>Email: equilibriumcentre145@gmail.com</b>	Early intervention and aftercare
<b>SANCA Bellville</b>	No. 3, 2nd Avenue, Boston Bellville Tel: (021) 945 2099/2103 Fax: (021) 945 4082 <b>David Fourie</b> <b>Email: david@sanca wc.co.za</b>	Early Intervention & Aftercare



## METRO NORTH

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>RAMOT</b>	54 Toner Street, Parow Tel: (021) 939 2033 Fax: (021) 930 3123 <b>Lettie Visser</b> Email: hoof@ramot.co.za	In patient

## METRO SOUTH

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>False Bay Therapeutic Community Centre</b>	1 Second Avenue Fish Hoek Tel: (021) 782 6242 Fax: 086 620 5826 <b>Reza Arieff</b> Email: falsebaytc@telkomsa.net	Inpatient treatment services
<b>Cape Town Drug Counselling Centre</b>	1 Civet Street, Eastridge, Mitchells Plain Tel: (021) 397 0103 Fax: (021) 391 0218 <b>Ashley Potts</b> Email: ashley@drugcentre.org.za	Early intervention, community based treatment and after-care
<b>Sultan Bahu Centre</b>	Cnr of Lansur and Lanedown Roads Tel: (021) 690 8042 Fax: (021) 691 7900 <b>Shafiek Davids</b> Email: bahuct@yahoo.com	Community based treatment and after-care

## METRO SOUTH

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>SANCA Gugulethu</b>	Masikhanye Isibane, NY1 Gugulethu Cell: 072 088 3165 Fax: (021) 633 0617 <b>Nancy Nombeko</b> gugulethu@sancawc.co.za	Early intervention  (available on Wednesday and Thursdays only) - appointment based
<b>Siyakuyenza</b>	C/O Eisleben & Mpumelelo Road, Phillippi Tel: (021) 374 0800 or (021) 371 8189 Fax: 086 548 6098 Nontembiso Mevana Email: sizakuyenza.new@gmail.com or gershwick@telkomsa.net	Early intervention
<b>SANCA (Athlone)</b>	Child Welfare Offices, 157 Lower Klipfontein Road Athlone Tel: (021) 638 5116 or (021) 638 5181 Fax: (021) 637 2832 <b>David Fourie</b> Email: david@sancawc.co.za	Early intervention, outpatient treatment, aftercare and reintegration
<b>Realistic</b>	Shop 9, NY 6, Gugulethu Tel: (021) 633 1800 Fax: (021) 633 4971 <b>NS Madikane</b> Email: solomonmadikane@gmail.com	Early intervention and aftercare
<b>Hope Again Recovery Home</b>	Mount Hope KLCC, Cnr Ajax & Artemis roads, Woodlands, Mitchell's Plain Tel: (021) 371 7323 Fax: 086 659 3824 <b>Colleen Herman</b> Email: hermancolleen@gmail.com or secretary@mounthope.co.za	Aftercare

## METRO SOUTH

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Early Years Services</b>	335 A Klipfontein Road Athlone Tel: (021) 637 8700 Fax: 086 244 235 <b>Avril Cupido</b> <b>Email: avril@earlyyears-services.co.za</b>	Aftercare
<b>FAVOR SA - Faces &amp; Voices of Recovery South Africa</b>	Community Health Clinic, Karbonkel Road, Hout Bay Tel: (021) 534 4426 Cell: 082 466 7713 / 082 427 7297 Fax: 086 626 2912 <b>Jurgens Smit</b> <b>Email: Jurgens@favor.org.za</b>	Outpatient treatment centre
<b>Sultan Bahu Centre - Mitchell's Plain</b>	92 Shepherd Way, Westridge, Mitchell's Plain Tel: (021) 372 2945 Fax: (021) 372 1838 <b>Shafiek Davids</b> <b>Email: bahuct@yahoo.com</b>	Community based treatment, aftercare and opiate
<b>Living Hope</b>	171 - 173 Main Road Muizenberg Tel: (021) 788 9702 Fax: (021) 788 6677 <b>Peter Lovick</b> <b>Email: lgmanager@livinghope.co.za</b>	Out Patient treatment
<b>SANCA Mitchells Plain</b>	<b>11 Daphne Crescent, Eastridge, Mitchells Plain</b> <b>Tel: (021) 397 2196</b> <b>Contact Person: David Fourie</b> <b>Email: mitchellsplain@sancawc.gov.za</b>	Early Intervention and After care

## WEST COAST

NAME OF TREATMENT CENTRE	PHYSICAL ADDRESS /CONTACT DETAILS	LEVEL OF INTERVENTION
<b>Rural Impact</b>	7 Fransman Street, Lamberts Bay Tel: 082 614 0232 Fax: 027 432 1870 <b>Andries Blankenberg</b> <b>Email: andriesbl@telkomsa.net</b>	Early intervention
<b>Matzikama Alcohol &amp; Drug Action</b>	Meerhof Street Vredendal North Tel: (027) 213 3270 Fax: (027) 213 3270 Mr Jan Fortuin <b>Email: madamatzi@telkomsa.net</b>	Early Intervention and Aftercare
<b>Foundation for Alcohol Related Research (FARR)</b>	Unit 5, Amber Place, 42 Bloemhof Street, Bellville, 7435 Tel: (021) 685 2646 Fax: (021) 685 7034 <b>Leana Olivier</b> <b>Email: lo@farsa.org.za</b>	Awareness
<b>Keep the Dream</b>	Up to Date Farm, Lot 30, Lutzville Tel: (027) 217 1144 Fax: 086 685 8314 <b>Ina Jooste</b> <b>Email: keepthedream@gmail.com</b>	Awareness, prevention, early intervention, aftercare and inpatient treatment



## City of Cape Town - MATRIX SITES

NAME OF TREATMENT CENTRE and CONTACT DETAILS	PHYSICAL ADDRESS and CONTACT PERSON	LEVEL OF INTERVENTION
<p><b>Tafelsig Matrix Site</b></p> <p><b>Tel:</b> 021 444 2024/5/6 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Tafelsig Community Health Centre Cnr of Kilimanjaro and Pyreneze Street Tafelsig, Mitchells Plain Sadika Barodeen and Zakia Arend</p>	<p>Outpatient Treatment Centre</p>
<p><b>Albow Matrix Site</b></p> <p><b>Tel:</b> 201 444 5963/4 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Albow Gardens Community Health Centre Koeberg Road, Brooklyn</p>	<p>Outpatient Treatment Centre</p>
<p><b>Delft South Matrix Site</b></p> <p><b>Tel:</b> 021 444 8444/5/6 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Delft South Clinic cnr Boyce Street and Delft main Rd, Delft South Samba Chiseya</p>	<p>Outpatient Treatment Centre</p>
<p><b>Khayelitsha Matrix Site</b></p> <p><b>Tel:</b> 021 444 2919/20/21 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Town 2 Community Health Centre Cnr Japhta Masemola &amp; Charles Mokoena Street, Town 2, Khayelitsha Monwabizi Mbandazayo</p>	<p>Outpatient Treatment Centre</p>
<p><b>Parkwood Matrix Site</b></p> <p><b>Tel:</b> 021 705 0074/0103 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Parkwood Clinic Cnr Parkwood Ave &amp; Walmer Road, Parkwood Sadia Kassiem</p>	<p>Outpatient Treatment Centre</p>
<p><b>Ruimte Road Matrix Site</b></p> <p><b>Tel:</b> 021 637 3984 <b>Email:</b> matrix@capetown.gov.za</p>	<p>Manenberg Ruimte Road Satellite Clinic Ruimte Road, Manenberg Sharee Huysamen</p>	<p>Outpatient treatment Centre</p>