



DIVERSION PROGRAMMES

CHILDREN BETWEEN THE AGE OF 10 – 12 YEARS

I AM ME (SEXUAL OFFENDER) PROGRAMME

Therapeutic Programme facilitated by – Probation Officer or Social worker

Programme Description: The purpose of the 'I am Me' Sexual Offender programme is to teach the participants to break the cycle of deviant thoughts and sexual behaviour for them to become children again, leaning towards more age-appropriate behaviour. To eradicate the negative exposure as much as possible, and replace this with contentment of being a child.

Programme content: The diversion programme's emphasis on cognitive Behavioural Interventions based on the principles of risk, needs and responsibility. Play therapy is utilised as an approach in which games, toys, mediums such as clay, drawings and painting are used.

Programme Outline (Themes covered): Self-image, relationships, boundaries, victimisation, personal hygiene, sex education personal violence, understanding wrong and right, dreams and coping skills.

Age group: Children 10 – 12 years old

Group size: 6 - 8 participants

Duration: Minimum 3 months. Maximum 6 – 12 months.

Monitoring and Evaluation: Three different types of Assessments are incorporated as part of this programme: Pre and Post Personal Assessment, Programme and Facilitator Assessment and DSD Tracking Tool.