

Struggling with an addiction?

HELP
STARTS
HERE.



0800 220 250



heretohelp.co.za

**The right help,
helps everyone.**



**Western Cape
Government**

FOR YOU

Social Development

Finding the right help

If you or a loved one has a substance use disorder problem, help is available. The first step is to visit a local office of the Department of Social Development, or any community-based organisation who offers substance abuse treatment services. A trained health professional or social worker will conduct an assessment, and the outcome will determine the type of treatment required.

Treatment options are based on your assessment

Early intervention services: The person would've started experimenting with substances but hasn't developed a dependency. Early intervention services are rendered within the community.

Community-based treatment: A service rendered to a person who is engaging in harmful drug and alcohol use. Treatment involves attending regular sessions, the person can maintain his/her employment, have the support of their family and it's less costly than inpatient treatment.

Inpatient treatment services: The affected person would spend an extended period of time away from loved ones in a registered residential treatment facility.

For more information on service categories visit [heretohelp.co.za](https://www.heretohelp.co.za) .

Registered facilities

It is important to always enquire about the registration status of treatment centres. Inpatient treatment facilities are exclusively registered by the provincial Department of Social Development. The registration certificate must be clearly displayed at the facility. It should include the maximum number of service users for that facility, as well as a date of issue. Registration is valid for five years from the date of issue.

Unregistered treatment centres may not comply with the prescribed norms and standards, or have properly qualified staff, expertise or resources to deal with addiction treatment and any related complications. People accessing such unregistered services run the risk of being swindled out of money, having their rights violated, and injury.

For more information visit www.heretohelp.co.za or call the Department of Social Development on 0800 220 250.