

# Activity Book

Fire is  
EVERYONE'S  
fight



Western Cape  
Government



**FIRE** RESCUE  
SERVICES

# FIRE IS EVERYONE'S FIGHT



Welcome to the BESAFE (Basic Emergencies, Safety and Fire Education) Activity Book where fire safety and fun starts.

This book is designed to help children understand basic concepts of fire safety, burn prevention and emergency procedures. The lessons are geared toward solving problems and making choices.

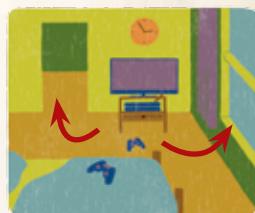
It's easy to think you won't be impacted by fire, but it can happen to anyone and it takes only a few moments to lose everything you have. We recommend that parents and teachers play an active guiding role when working through this book to ensure fire prevention becomes part of a child's daily life.



## FOR PARENTS

Keeping your child safe begins at home. For this reason there are certain fire safety measures that parents should be aware of too:

1. Smoke alarms in the home save lives. It has been found to be an effective method of surviving a home fire, even more so than having a fire extinguisher in the home. Teach children about the sound the alarm makes and encourage them to get out of the house if the alarm sounds. The best place for one is near the family sleeping area.
2. Work through a home escape plan with your family. Be sure each member of the family knows two ways out of their bedroom, if more than one is possible. Decide on an assembly point outside, away from the house. Never allow anyone to go back into a burning building - wait for help from a firefighter.
3. Children are sometimes afraid of firefighters dressed in their protective gear. Encourage your child's school to invite firefighters to visit classrooms while dressed in full gear and tell children about the important role of firefighters.



If you'd like more information about fire safety for your home, contact the local fire department or visit our website at: [www.westerncape.gov.za](http://www.westerncape.gov.za).

# FIRE SAFETY ALWAYS STARTS WITH YOU!

My name: \_\_\_\_\_

My address: \_\_\_\_\_  
\_\_\_\_\_

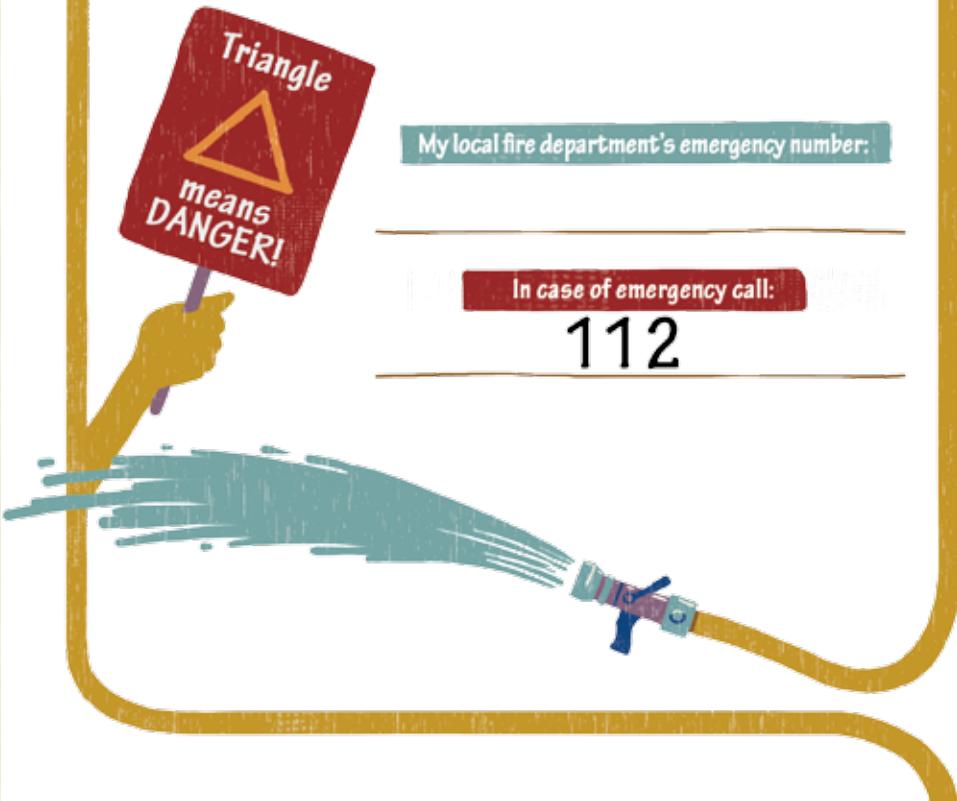
My phone number: \_\_\_\_\_

*This is my  
Fire Safety  
Activity  
Book*

My local fire department's emergency number: \_\_\_\_\_

In case of emergency call:

**112**



# STAY AWAY FROM HOT THINGS



Electric stove



Matches



Electric heater



Paraffin stove



Paraffin lamp



Kettle



Hot water



Coffee and tea



Iron



Fireplace



Toaster



Gas stove



Lightbulb



Fire drum



Candle

# WHICH ITEMS ARE DANGEROUS?



Can you see which items below are hot?

Draw a triangle around the hot items and a circle around the safe ones.  
We've done the first two for you as an example.



GAS HOB AND POT, COFFEE MUG SHOULD HAVE TRIANGLES.  
ANGWERE: LAMP, KETTLE, IRON, HOT WATER TAP, BURNING CANDLE.

# STAY AWAY FROM HOT WATER



Children should stay at least one metre away from the cooking area.



Keep kettle cords and pot handles out of children's reach.



An adult must always test the water temperature in the bath before letting a child climb in.

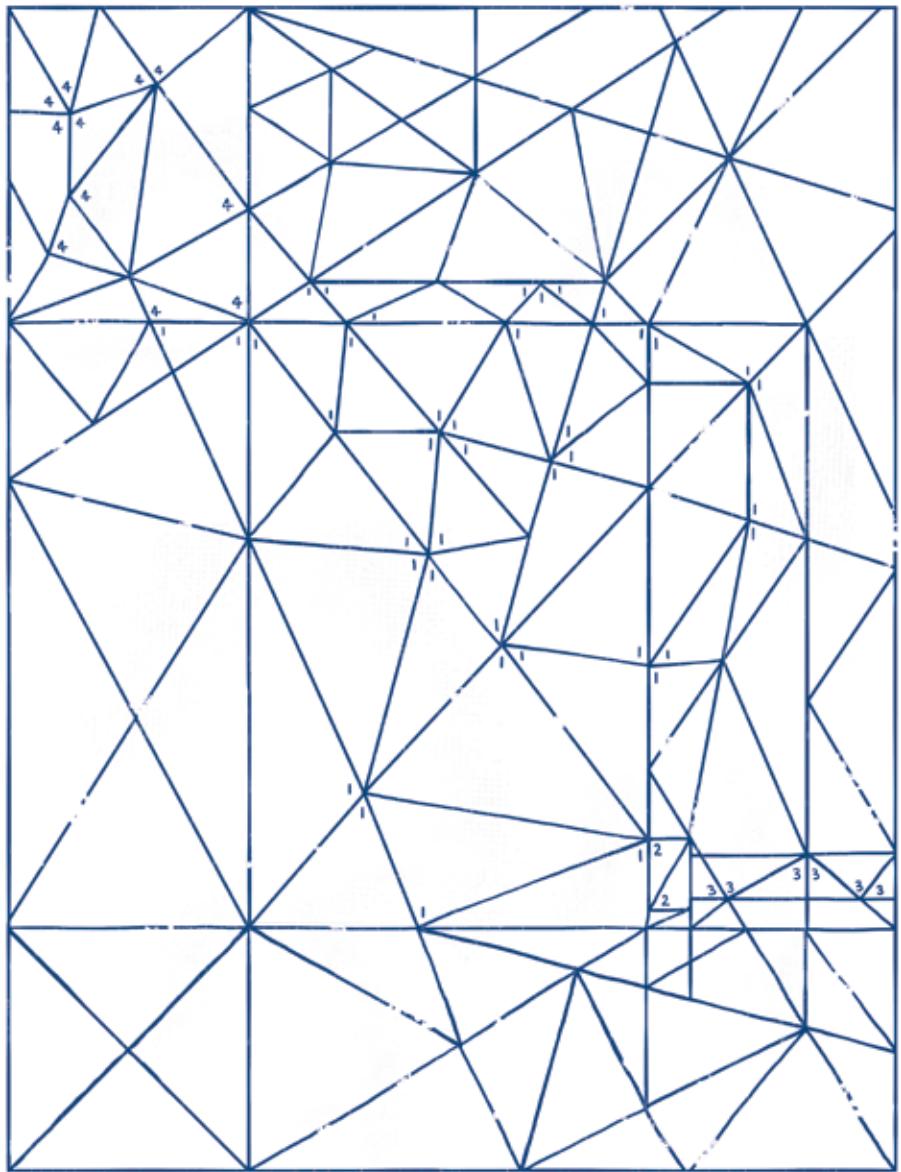


Most liquid burns are from hot water. Teach your children to always stay away from hot water and show them how to recognise hot water by looking for steam.



## PICTURE PUZZLE

Some of the shapes below are numbered 1, 2, 3 or 4. Choose a colour for each number and colour in the shapes to see what the picture is.



ANSWER: THE PICTURE IS OF A KETTLE. YES, IT'S HOT.

QUICK  
QUESTION?

Is the item pictured  
hot? \_\_\_\_\_

# MATCH AND LIGHTER SAFETY



If you find matches or a lighter lying around, call an adult.



Adults should store matches and lighters on a high shelf, away from children.

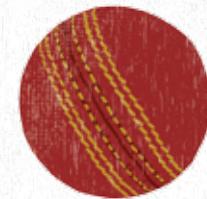


Teach young children that lighters and matches are tools for adults and not toys for children.



## FIRE IS NOT A TOY

Can you spot the items that can easily catch fire?  
Draw a triangle around them and draw a circle around the toys.



EXERCISE 2: HEATER, STOVE, KETTLE, LAMP, CIGARETTE ARE ALL ITEMS THAT SHOULD BE HANDLED ONLY BY ADULTS.

ANSWERS: BALL, AIRPLANE AND CAR ARE TOYS. MATCHES, LIGHTER AND POT CAN EASILY CATCH FIRE.

Circle the words that indicate an item which only grown-ups are allowed to handle

Teddy bear

Heater

Table

Chair

Stove

Kettle

Bed

Lamp

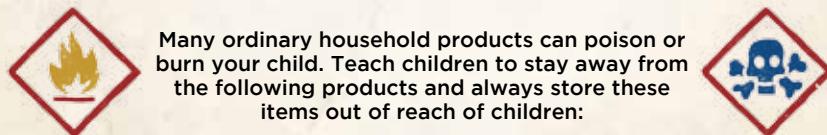
Blanket

Dog

Cigarette

Pillow

# SAFETY WITH HAZARDOUS LIQUIDS



Many ordinary household products can poison or burn your child. Teach children to stay away from the following products and always store these items out of reach of children:

Paraffin  
Paint remover  
Fertiliser  
Carpet cleaner  
Oven cleaner  
Air freshener  
Petrol  
Thinner

Insecticides  
Floor cleaner  
Dishwashing detergent  
Nail polish remover  
Benzene  
Pool acid  
Bleach  
Toilet cleaner

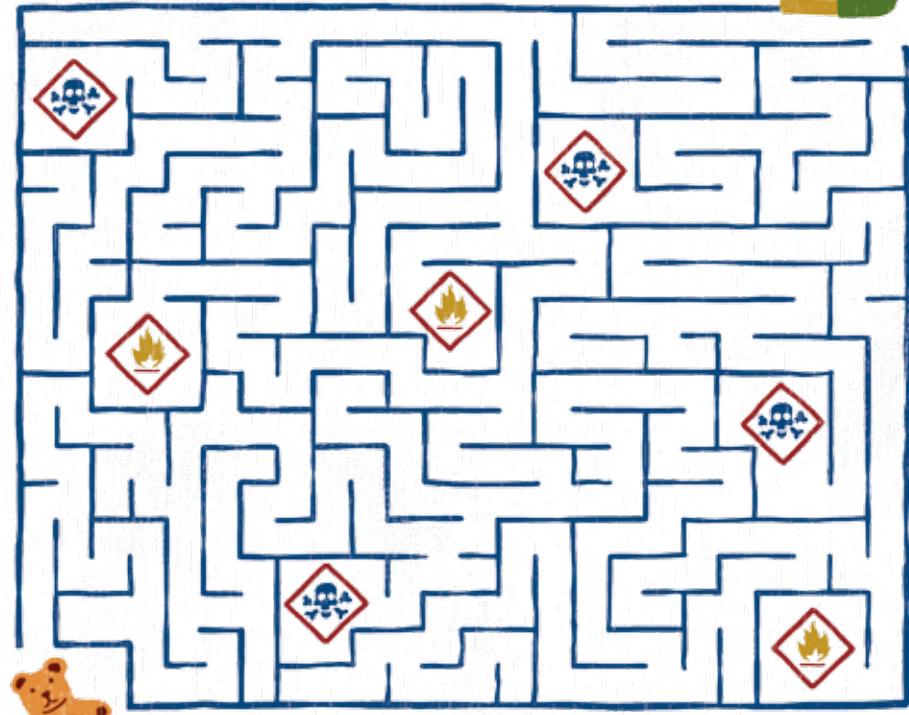
Washing powder  
Hairspray  
Turpentine  
Chlorine  
Disinfectant  
Drain cleaner  
Window cleaner  
Medicines

Never store dangerous liquids in a cool drink or water container. Make sure they are clearly labelled and have child-safety caps. Teach children to recognise warning labels on packaging.



# STAY AWAY FROM POISON

Help the girl to stay away from flammable liquids and poison and get to her teddy bear safely. Draw a line to show her the safe route to take.



ANSWER: THE BOTTLE SECOND FROM THE RIGHT IS A WATER BOTTLE AND SAFE TO DRINK FROM.

Only one of these bottles is safe to drink from. Draw a circle around the right one.



# SAFETY AROUND OPEN FLAMES



Children need to stay at least one metre away from flames and fire and should always be supervised by an adult.



Children should never be left alone in a room with open flames such as candles or paraffin lamps.



Candles and paraffin lamps should be kept safely out of reach of children.



Teach children to stay away from any open flame. Put out candles and fireplaces before going to bed. Never leave a lit candle or fireplace unattended. Keep candles and lamps away from children.



## WORD SEARCH

Circle the words connected to fire and open flames. Can you find all of them? Use the list at the bottom to help you. One word has been done as an example. The words can be horizontal (from left to right), vertical (from top to bottom) or diagonally (like the example).

Q U X P I S G L I G H T E R K  
M S M O K E A O L I Z E N O B  
T O J B R D S O W B U R N T A  
D F Z C G V S Y E E S Q O A R  
L C I W A Z T X H Q X H A V M  
H A G R C Y O T E L A M P Y X  
X Z H Z E O V M P S W I O S P  
C G P L K P E D M M N R U B M  
N A C L N S L O Q N A S O B J  
H P N D U K K A N X F L I N B  
P O A D E E X Y C H R N M B W  
I C A M L N B N C E Z B P R H  
S I F Y S E A Z V N W N V A Z  
V H E F Z I K B F O B K T A E  
B X S J S M A T C H E S A I M

### FIND THESE WORDS

- Lighter
- Smoke
- Matches
- Gas stove
- Lamp
- Burn
- Fireplace
- Braai
- Candle



# FIRE AND BURN HAZARD INSPECTIONS



The fire and burn hazards in this house are shown with a yellow triangle.

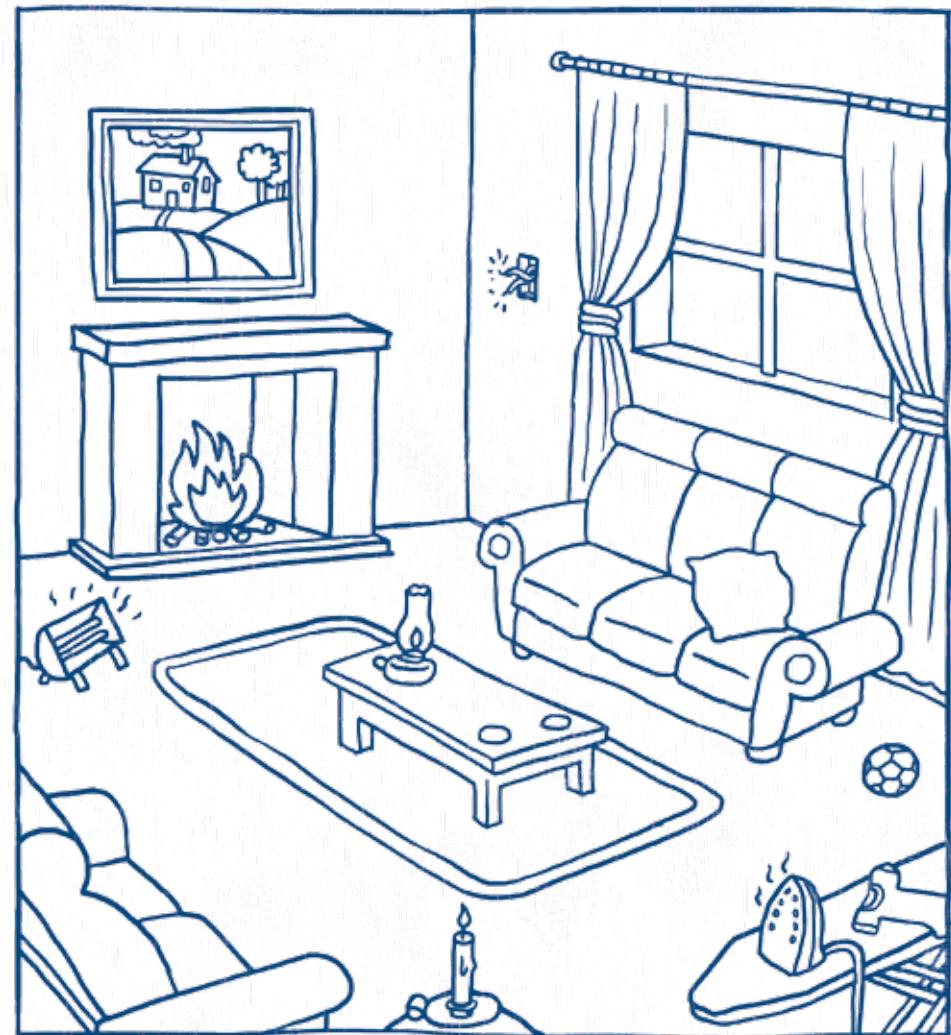


Conducting an inspection in and around your home to identify fire and burn hazards will decrease the likelihood of having a destructive, uncontrolled fire in your home.



## FIND THE FIRE HAZARDS

Draw a triangle around all the fire hazards in this picture.



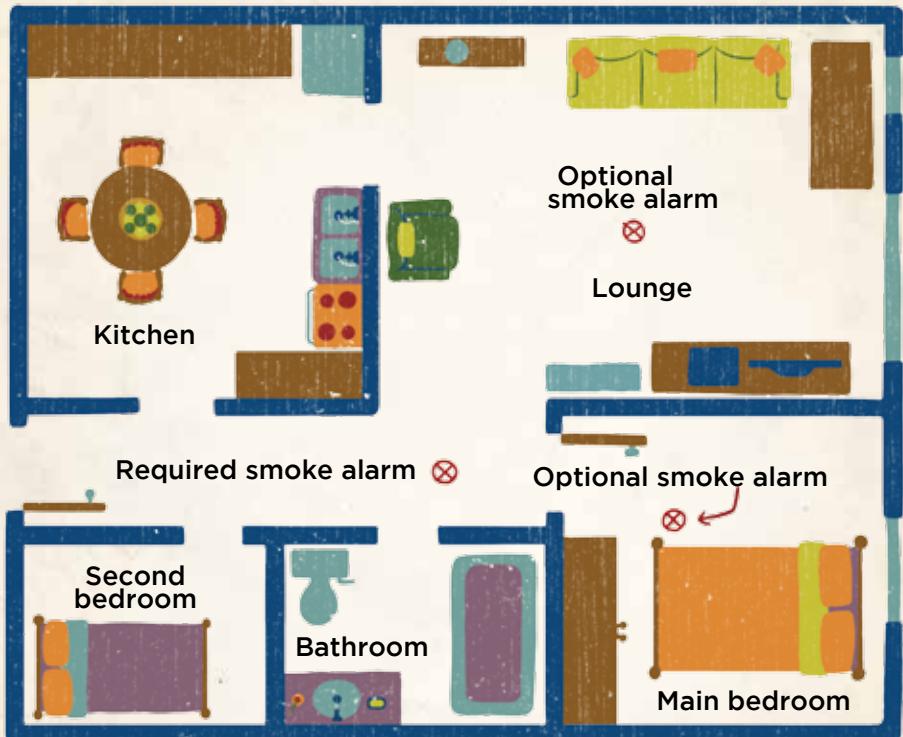
ANSWER: AT LEAST SIX



How many fire hazards can you find? \_\_\_\_\_

# INSTALL AND MAINTAIN FIRE ALARMS

The  indicates where smoke alarms can/should be installed.



- Install a smoke alarm outside every sleeping area.
- Test smoke alarms monthly and change the batteries at least once a year.
- Teach children what your smoke alarm sounds like and what to do if they hear it.

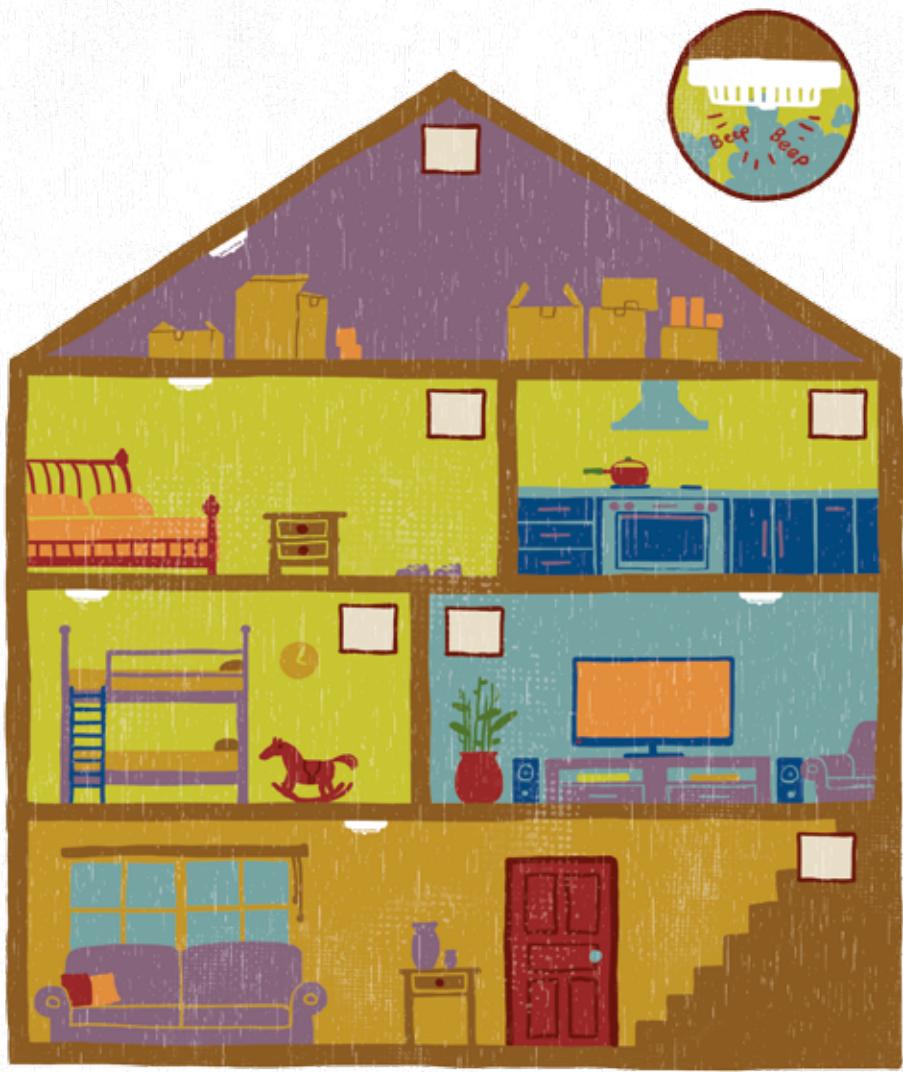


PARENT TIP  
Most fatal fires occur at night and smoke alarms double your chances of surviving a home fire. Install at least one smoke alarm on each floor, but not in the kitchen or bathroom as these rooms can cause false fire alarms.



## FIND THE FIRE ALARMS

Make a tick (✓) in the box if you see a fire alarm in the room and a cross (✗) if you can't find one. Look at the circle below for an example of what the alarm looks like.

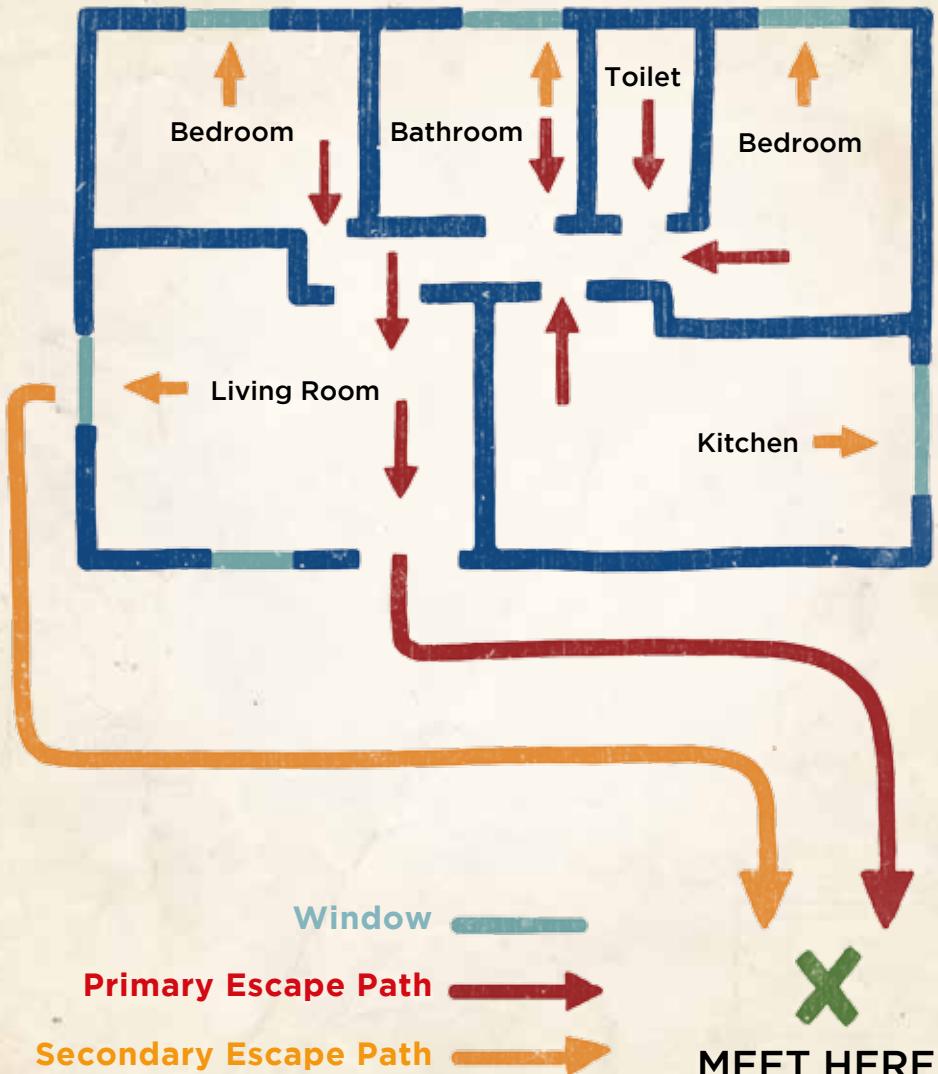


ANSWER: FIVE

QUICK QUESTION?

How many alarms can you find? \_\_\_\_\_

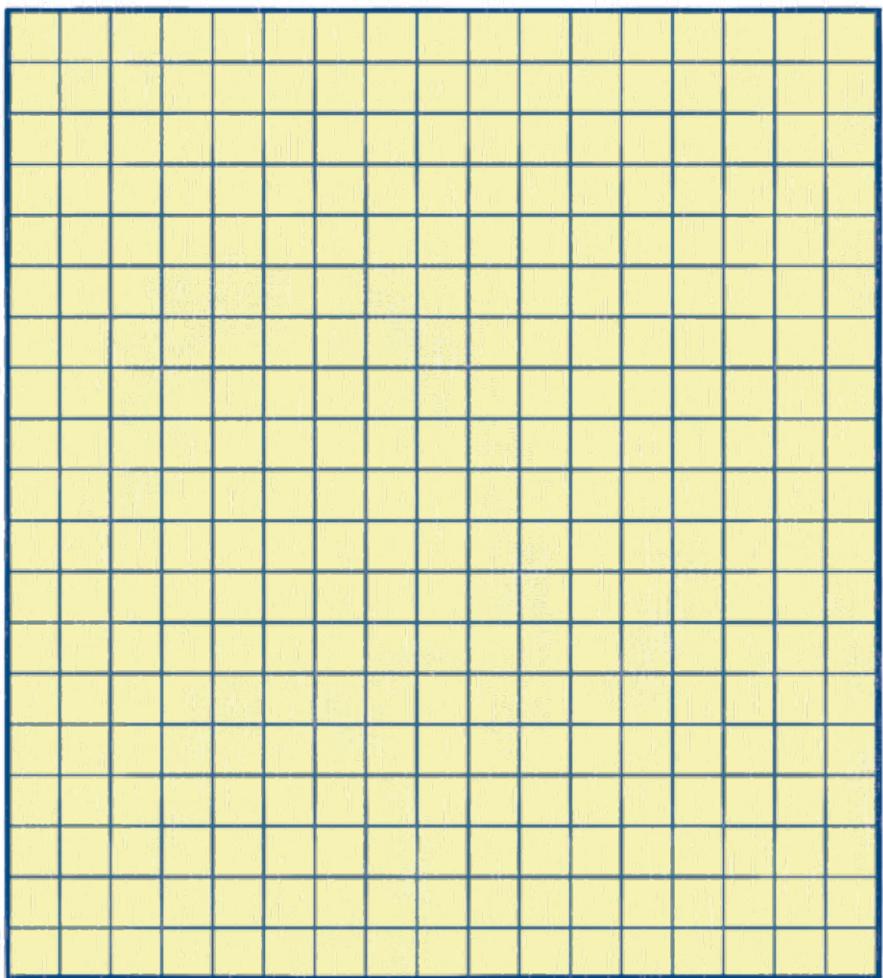
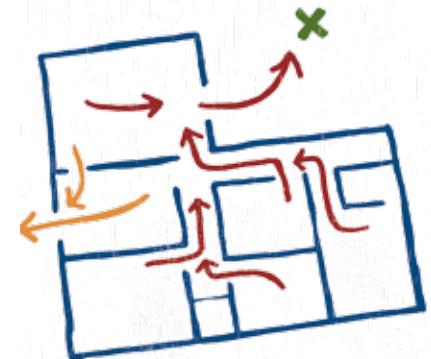
# HOME FIRE ESCAPE PLAN



An escape plan is as important as a smoke alarm. If possible, plan two routes out of each room. Have a family meeting place outside the house and practise the escape plan every six months.

# YOUR HOME ESCAPE PLAN

Use the grid below to draw your home and the escape routes you would use to get out. Try to have two escape routes out of every room.



## QUICK QUESTION?

How many escape routes are there out of your house? \_\_\_\_\_

# IDENTIFY FIRE EXITS



FORWARD



DOWN



LEFT



RIGHT

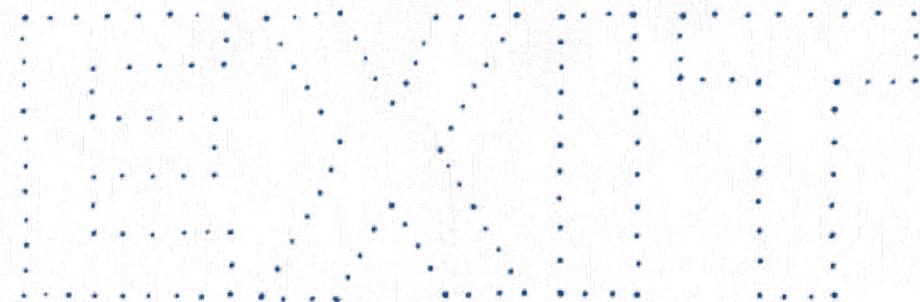


# FIND THE EXITS

Draw arrows to show how you would get out of this room if there was a fire. Remember you can also exit through a window.



CONNECT THE DOTS AND COLOUR IN THE WORD:



# RESPOND CORRECTLY DURING FIRE DRILLS



1. When you hear the fire alarm, stop what you're doing immediately.



2. Follow the evacuation route to the nearest exit and go straight to the agreed assembly point.



3. Never use the lift.



4. Always use the emergency staircase.



# FIND ALL THE ESCAPE ROUTES

Help the girl find three safe ways out of the house. Be sure to avoid the fires so she doesn't get burnt.



# REPORT FIRE AND SMOKE IMMEDIATELY



Fire



Ambulance



Police

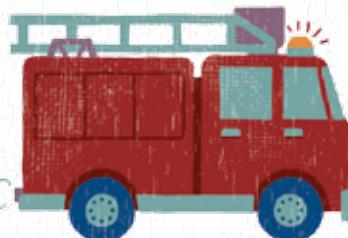


Poison control



## HELP THE FIRE TRUCK FIND HIS WAY

Connect the dots to help the fire truck get to the burning house.



### REMEMBER

Always get out of the house first and make sure you are safe before you call emergency services.

# FIREFIGHTERS ARE COMMUNITY HELPERS



Children may be scared of firefighters in full gear. Teach them not to hide or be scared of firefighters.



## DRESS THE FIREFIGHTER

Cut out the firefighter and his gear and put it on him to make sure he stays safe from fire.



# STOP, DROP AND ROLL



If your clothes catch fire, immediately stop where you are. Drop to the ground, cover your face and roll until the fire is out.

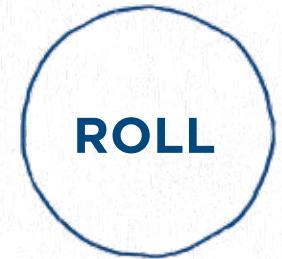
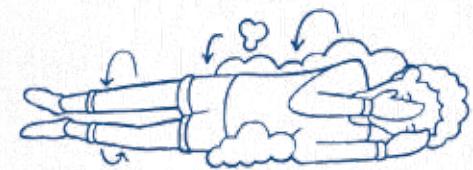


You should also teach children to crawl under smoke in case of a fire. This will avoid excessive smoke inhalation.



# WHAT TO DO IF YOUR CLOTHES CATCH FIRE

Colour in the signs on the left and then draw a line to connect each sign to the right picture.



FIRST PICTURE AND THE GREEN CIRCLE GOES WITH SECOND PICTURE (TO SHOW ROLLING).  
ANSWER: ORANGE ARROW GOES WITH THIRD PICTURE (TO SHOW DROP), RED STOP SIGN GOES WITH

# COOL A BURN WITH COOL WATER



It takes at least 20 minutes for cool water to stop the burn from a burn wound.

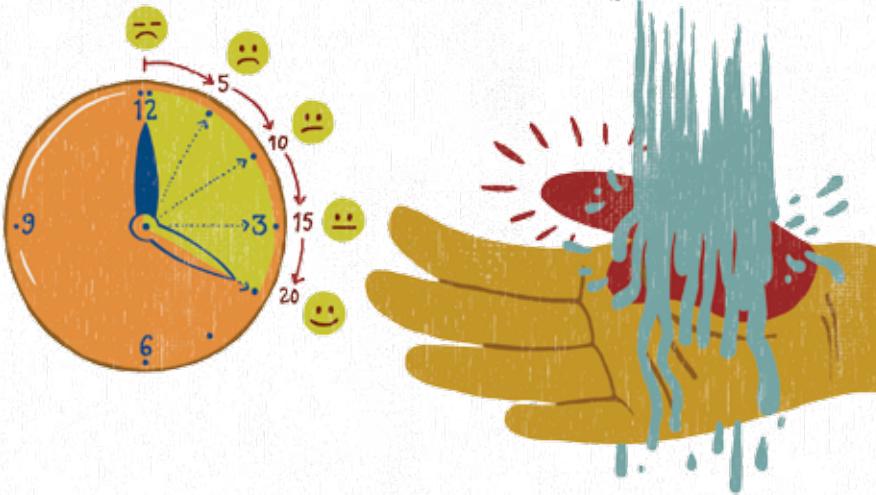
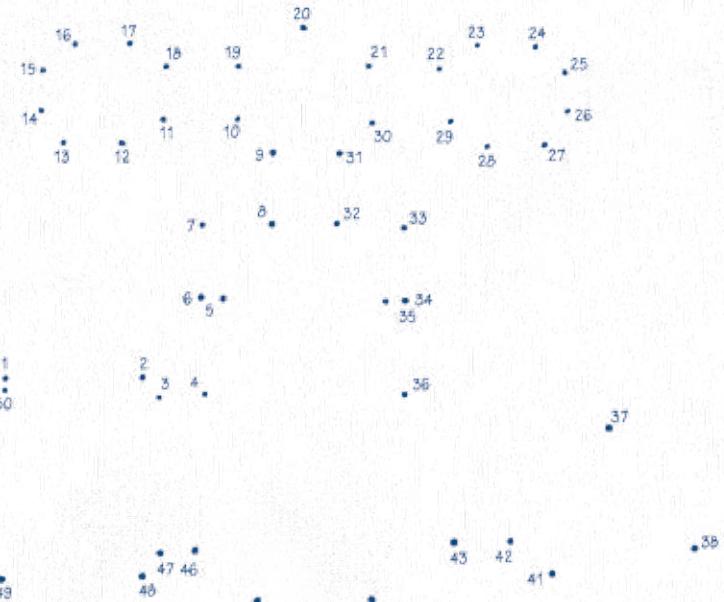


Use cool, running water (but not ice) to cool a burn. Teach children that if they get burnt, they should keep the burnt area cool until someone comes to help them.



# COOL THE BURN

Follow the numbers to connect the dots so you can help this person cool the burn on his or her hand.



ANSWER AT LEAST 20 MINUTES



How long should you keep a burn wound under cool water?



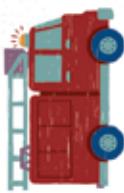
THIS IS TO CERTIFY THAT



HAS LEARNT THE BASIC PRINCIPLES  
OF FIRE SAFETY AND IS NOW A

# JUNIOR FIRE FIGHTER

OF THE WESTERN CAPE  
DISASTER MANAGEMENT AND  
FIRE & RESCUE SERVICES



EMERGENCY  
NUMBERS

**B.E.S.A.F.E.**

Basic Emergencies, Safety And Fire Education.

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