



It Takes A Healthy Woman To Raise A Healthy Nation

You've always looked after everyone, but if you look after your own health first, the health of your family, community and our nation will ultimately be improved.



Western Cape
Government

Health

BETTER TOGETHER.

*Women
of
Worth*

ISIDIMA SABAFASI

Health Checks Are Easy And Free!

Take full advantage of the Western Cape Government Health facilities which offer various women's services free of charge. These services enable you to make wise choices about your body and your life. By going for regular health checks you are taking responsibility for your own health, preventing potential complications.

CLINICS:

- Delft (Symphony Way & Belhar)
- Paarl TC Newman
- Elsie's River
- Kraaifontein
- Gugulethu
- Hanover Park
- Mitchells Plain
- Macassar
- Khayelitsha Mapongwana
- Retreat
- Vanguard

THE FOLLOWING SERVICES ARE AVAILABLE FOR FREE AT YOUR LOCAL PUBLIC CLINIC:

- Contraceptive choices
- Pregnancy screening
- Antenatal care
- General health checks
- Free pap smears
- Breast checks
- Chronic disease management
- Counselling across a range of topics

JOIN US AT THE WOMEN OF WORTH EVENT;

it will be a fun-filled day with free health checks available. On top of that, there will be spot prizes and a chance to win one of 10 clothing vouchers to the value of R500. T&Cs apply.

13 AUGUST 2016

AIRPORT SHOPPING CENTRE
Corner of Stellenbosch arterial and Symphony way

20 AUGUST 2016

OLD REMBRANDT MALL
Cnr Lady Grey & Berg River street, Paarl