

DEVELOPMENTAL MONITORING CHART*Circle where a milestone is achieved by the expected age*

Age	Fine Motor/Vision/ Adaptive	Communication/ Hearing	Motor	Warning signs
14 weeks (3 months)	Fixes and follows 180 degrees Smiles Pulls at clothes Hands loosely open	Coos and chuckles Quiets to familiar sounds	Pull-to-sit: little/no head lag Prone: lifts head Moro reflex disappearing	Floppy (++Head lag) Asymmetry of tone or movement No response to sound Absent vocalization No visual fixation
6 months	Voluntary reach and grasp Transfers objects between hands	Laughs Vowel-type babbling Turns to mother's voice across room	Pulls to sit (braces) Prone: lifts chest and shoulders	As above
9 months	Points Pincer grasp Holds small object in each hand	Deliberate vocalisation Babbles Imitates sounds Understands "bye" and "no"	Sits without support Crawls Pulls to stand	Unable to sit Hand preference Fisting Squint Persisting primitive reflexes Monotonous vocalisation
18 months	Holds pen (palmar grasp) and scribbles	Say some 2 word phrases Understand simple commands (without hand gestures)	Walks well (arms down) Throws ball Climbs onto adult chair	Not walking No pincer grasp Unable to understand simple commands No words Mouthing
24 months	Spoon feeds well *Imitates vertical line Hand preference usually present	Speaks in short phrases *Identifies 5 body parts (points) Obeyes "Put the pen on the table"	Runs Up and down stairs (2 feet) Kicks ball	As above
36 months	Copies circle Able to dress with supervision Wash and dry hands Toilet trained	Able to talk in full sentences Knows name, age; points to 5 colours Rote count to 3	Can pedal Walks on tiptoe Throws and kicks ball	As above + Single words only Echolalia Failure to attain 36 month milestones
48 months	Eats with spoon and fork Copies cross Play with imagination (make believe)	Knows full name, address, age, names colours Speech intelligible	Stairs: 1 foot per step (no handrail) Hops on preferred foot	Speech difficult to understand (non-family) Failure to attain 48 month milestones
5-6 years	Copies a triangle and square Draws a man	Tell a story / sequence of events Understands concepts – cold, tired, hungry (Ask "what should a person do if they are cold?")	Walks easily on narrow line (heel-to-toe) Hops on each foot	As above+ Clumsy Poor posture Poor pencil grip Failure to attain milestones

[Do a more detailed assessment if any milestone has not been achieved by the age in the table, or if there are warning signs. If appropriate, refer to an appropriate therapist or senior paediatric doctor for further assessment.]