



*Meeting held on 17 February 2015 at 14h00  
Venue: Conference Centre, Lentegeur Hospital*

## **1. Present and Apologies**

See attendance register attached as an annexure to the minutes.

## **2. Welcome**

Dr Beth Engelbrecht, Head of Department Designate, welcomed the Minister and everyone present.

## **3. Opening Remarks**

Dr Engelbrecht conveyed the apology of Prof Househam for not attending and stated that he would be retiring at the end of March 2015. She expressed her appreciation for his leadership in the PPHF.

She introduced the new Minister of Health, Dr Nomafrench Mbombo and highlighted her background.

## **4. Greater Tygerberg Partnership and Integrated Medical Portal**

Ms Kirsten Sloth-Nielsen, Programme Manager for the Greater Tygerberg Partnership, introduced the organisation, which had been set up by the Mayor. The regenerated and integrated Voortrekker Road corridor would:

- “link Cape Town’s two metropolitan nodes with the city at large and its regional hinterland,
- play a dynamic role as an innovation and development powerhouse, and
- help Cape Town achieve its 2040 vision of becoming “one of the world’s greatest cities in which to live and learn, work, invest and discover – a place of possibility” “.

Business retention and expansion was the core focus, as well as urban renewal, job creation, and improvement of socio-economic conditions. There were 32 different projects of which an integrated medical portal would form one.

A detailed study had been undertaken to identify all the public and private sector medical and allied health care providers in the redevelopment precinct: they would all be contacted to participate.

The Partnership was acting as the facilitator to connect all the role players and help initiate beneficial partnerships. She explained about the Business Retention and Expansion Programme which is a new project that they are driving. The Partnership was hosting a workshop on 26 March 2015 and all were welcome to attend. Interested parties can contact Ms Sloth-Nielson on 021 823 6713.

Note: the speaker’s PowerPoint presentation is available upon request.

**Questions/comments**

- a) Deloitte's study into the manufacture of medical devices in South Africa had shown that a large number of them are manufactured in the Western Cape. The manufacturers should get involved in the workshop on 26 March: the questioner would contact Ms Sloth-Nielsen.
- b) It's a fascinating project, is that the only project in Tygerberg and healthcare? There are 32 projects in total. They include business stimulation, environmental upgrading, property redevelopment, transport, student housing, facilities, etc.
- c) What is the timespan for the medical portal to be set up? One to two years. Dr Engelbrecht added that the Tygerberg Hospital redevelopment project is an important contributor to the Partnership's projects. Mr Manning added that the Business Development Unit was working with the Partnership (e.g. cataract project) and invited the private sector to use these opportunities to become involved.

**5. Report Back on Public and Private Sector Collaboration in Wellness Centres**

Dr Kate Rees, a public health registrar from the Department's Health Impact Assessment Unit (HIA), explained the pilot project whereby non-communicable disease and HIV screening and services were rendered through partnership with the private sector. Services package includes obesity, diabetes, hypertension, high cholesterol levels and a verbal tuberculosis risk questionnaire. HIA built on existing collaborations in providing baby vaccinations and family planning services.

The pilot phase began in April 2014. Included were one NPO-run clinic on a farm, several pharmacy clinics (5 partners; 10 sites) and one GP network (EMC). These offered free services at selected times.

From April to September 2014 the uptake of the services had been variable. The average utilisation of the free services had been 60% of the visits. This raised questions about the sustainability of such an initiative as it may not be affordable to the private partner.

She presented the detailed findings including the proportion of patients needing referral and follow up – a large proportion, most of whom were referred to public sector facilities. The interaction between the partners had been positive.

Note: the speaker's PowerPoint presentation is available upon request.

**Questions/comments**

- a) How was the project marketed and would you do another project like this? There had been a media launch and posters were displayed at private facilities. It had not been widely advertised as it was a pilot project only. It had shown that future partnerships were possible.
- b) Why were only these conditions included? What about mental health? In this pilot it had been decided to utilise tests already administered in such sites: a stepwise approach could be taken to widen the scope. These were also the biggest challenges in non-communicable diseases for the public health sector and relatively easy to test for. Mental health assessments required additional time and skills.
- c) Was sufficient feedback obtained from pharmacy groups? Feedback was received from all but there was lack of service uptake by the public.
- d) Would it not work to go through employer groups? That is a good idea and will be considered.

## 6. Incentivising Wellbeing: Corporate Opportunity

Mr Mandla Moyo, Managing Director of Biotic Health Corporation and chair of the board of The Health Foundation, described the value to the employer of providing wellness services and incentivising employees to use wellness behaviours. He described how decisions for short-term rewards could result in a long-term health liability. Lack of wellbeing resulted in loss of productivity, which carries cost. He described a pyramid of activities and incentives.

He then outlined the Biotic Health solution for corporates which included the biopsychosocial aspects and a broad range of supports such as apps. Biotic Health has a website that offers seven day plans and thirty two programs which can be customised. There is also an online portal to engage on discussions. Interested parties can contact Mr Moyo on [mandla.moyo@biotichealth.co.za](mailto:mandla.moyo@biotichealth.co.za).

Mr Moyo introduced the exhibitors, who are described in annexure A at the end of this set of minutes.

### Questions/comments

- a) Dr Engelbrecht asked how one motivates the leaders in an organisation to lead by example. It is important to have strong leadership that sets the example and the tone of the organisation. Where managers take lunch breaks, the staff feel free to do the same, and can then go to the gym, for example. It is possible to provide incentives that don't cost much but are meaningful to the employee, such as taking an afternoon off on reaching a goal.
- b) Who may access the wellness portal?  
It is free to all. The hope is to attract more experts that can assist in the discussion.

## 7. Alternative Hospital Funding Model

Mr Manning, Director of the Business Development Unit, provided feedback regarding the alternative hospital funding model that was being examined, spurred on by the need for a new Helderberg and Mossel Bay Hospital. Expressions of interest had been invited and over 50 submissions received. Most submissions contained noteworthy and useful content but none had adequately addressed the present challenges.

The solution appeared to be for the public sector to procure the land and the private sector to develop it. Green innovations would be an important part of the process. The funding model will be more closely examined following a workshop during which the private sector would be invited to provide inputs. Interested parties may contact Mr Manning on [Michael.Manning@westerncape.gov.za](mailto:Michael.Manning@westerncape.gov.za) or Ms Brooker on [keryn.brooker@westerncape.gov.za](mailto:keryn.brooker@westerncape.gov.za).

### Questions/comments

- a) Elaborate on the governance of the funding of the project?  
There would be massive costs and administration involved in governance: the existing governance structures eg presently employed by funders could be harnessed and expanded.
- a) The previous Oudtshoorn municipality town clerk described experience in the local authority providing land and a building which it leased to the Department of Justice for ten years in response to a need.  
This model has been explored and adds valuable inputs but does not address the present challenge as an option. It was noted that the model speaks to a municipality environment which is not as onerous as the provincial sphere.
- b) What is the central government's view on this? Is the workshop open to all?

The national government has expressed its support for this. The workshop invitation would be shared with all, and all interested parties are welcome to attend.

## 8. Address by the Minister

Minister Mbombo thanked everyone for their attendance.

She expressed regret that Prof Househam could not be there as it would have been his last meeting. His skills and the achievements of his career would not be forgotten.

She expressed her wholehearted support for a focus on wellness and preventative care, and primary health care. Building healthy families and a healthy workforce depended on a number of socio-economic factors. The district health system needed to be strengthened.

The fiscal cliff being faced for the following three years would result in the grants for training health professionals, and for the tertiary hospitals, being reduced. The number of posts for community service for newly-trained professionals would be reduced.

Regarding public-private interactions, there were already a number of strong relationships with civil society, especially regarding palliative and home-based care. There were tensions around national Treasury and the national Department of Health regarding full public private partnerships, but various public-private interactions did exist in the form of joint ventures and other formats.

It was necessary to go back to the basics with child health and school health and to strengthen the health systems – the number of mobile school wellness services needed to be increased. General practitioners in private practice could perform routine health checks for patients with chronic non-communicable diseases. Health information systems, maternal and child care, chronic diseases and health infrastructure all needed attention.

A video of the school health wellness mobile was screened. For more about the wellness mobile opportunities contact Ms Jenni Kruger at [jenni@thehealthfoundation.org.za](mailto:jenni@thehealthfoundation.org.za).

## Questions/comments

- a) A compliment was extended to the province for being the only one with a Public Private Health Forum.
- b) Was there any light on the horizon regarding the GP funding models?  
The pilot projects were being developed, using at least three sites. The final model would be drawn up following these. There were sponsors for these pilot projects. For more information you may contact Ms Steenkamp on [inge.steenkamp@westerncape.gov.za](mailto:inge.steenkamp@westerncape.gov.za).  
Dr Engelbrecht added that the Department has R18b to spend wisely and this should be prioritised where it will make the most impact. Minister Mbombo added that clinical care service delivery remained a core competence of the province and full responsibility for it remained with the province. It was important to have equity in health care.

## 9. Closing Comments

Dr Engelbrecht thanked the Minister for attending and wished her a successful future. She thanked everyone for their attendance.

Anyone with topic suggestions was welcome to contact the Business Development Unit with them.

The meeting closed at 16h30.

## Exhibitors

Services complementary to the theme of enabling individual wellness were present to exhibit their service and offerings. They were:

### 1. My Health Fitness

Nelia Greeff, a registered Biokineticist who is passionate about wellness of the community and uses exercise as medicine and advises patients on healthy eating and make active living a lifestyle.

Contact her on 021 418 1251/ 082 416 5699 or [neliag.bio@gmail.com](mailto:neliag.bio@gmail.com)

### 2. Cape Town Dietician

Elienne Horwitz is a registered dietician with a practice in Tamboerkloof, Cape Town. Her special interests include, chronic diseases of lifestyle, weight loss, sport, pregnancy and gut issues. She provides personalized eating plans, education, and menu plans.

Contact: 021 422 5224/0832667580 or [elienne@mydietician.co.za](mailto:elienne@mydietician.co.za)

### 3. MedSci

Medsci supplies and maintain medical-, physiotherapy-, aesthetic medical-, and biomedical test equipment. They demonstrated the Biospace Body Composition Analyser, a medical evaluation and monitoring device with the focus on wellness. Measurement information includes nutrition (protein), bone density, level of dry lean mass, weight-muscle-fat analysis, segmental fat and muscle distribution, intra and extra cellular ratios information, ideal target weight, cell integrity and phased angle.

Contact Estelle Gouws on 071 642 5105 or [estelle@medsci.co.za](mailto:estelle@medsci.co.za)

### 4. Samsung

Samsung demonstrated their S Health application and a range of devices that enable health and wellness monitoring. Devices include the Samsung S5, S5 mini, Gear S, Gear 2 and Note 4 which can measure heart rate, exercise activity (speed, distance, calories burned) and the number of calories in food by taking a picture. All the devices except the Note 4 are water resistant, perfect for tracking swimming activities.

Contact Leo Volkwyn on 074 459 8928 or [volkwynl@smollan.co.za](mailto:volkwynl@smollan.co.za)

<b>PRESENT</b>	
Dr Nomafrench Mbombo	Minister of Health
Dr Beth Engelbrecht	Designate: Head of Health
Michael Manning	Director: Business Development Unit
Inge Steenkamp	Business Development Unit
Mandi Bell	Business Development Unit
Keryn Brooker	Business Development Unit
Deidre de Kock	Business Development Unit
Roshan Saiet	Business Development Unit
Joan du Plessis	Business Development Unit
Dr Ahmed Adam	KMPSSO
Shameema Adam	Mediclinic
Florence Africa	Director: Nursing, W C Govt Health
Salie Ahmed-Kathree	Deputy Director Revenue Administration WC Govt Health
Alta Allen	Helderberg Society for the Aged
Dr H Amaler	SA Metal
Renee Anderson	Metropolitan Health
Akhona Bambata-Stemele	Clicks
Charles Bedford	Health Facilitated Services SA
Dr Nabel Behardien	Clothing Industry Health Care Fund
Dr J B Bekker	SAMA
Gail Benjamin	CPUT
Velma Benjamin	Alphapharm
Dr Soraya Bhikoo	Revive Care
Gary Black	PSSA
Marius Botha	ASLA
Dr Mari Bruwer	MCA Consulting
Candace Caldwell	Private
Hein Calitz	Infocare Health
Marika Champion	Director: Communications. W C Govt Health
Terri Chowles	eHealth News
Vivienne Clack	Pharmed Pharmaceuticals
Johan Coetzee	Ministry of Health
Nickie Crookes	Director: Professional Support Services
Lindsay Curran	Viva Medical
Nolan Daniels	Netcare Kuils River Hospital
Anton de Beer	Telecare Solutions
Nina de Jager	Pebbles Project
Brett de Klerk	EOH
Rene de Silva	Deputy Director Licensing and Inspection WC Govt Health
M Dhalla	Webstar-Health SA
Dr John Douglass	Pathcare
Cornè Dreyer	MSO
Jelena Duza	UK T&I
Pamela Eden	Optipharm
Kobus Esterhuise	Overstrand Hospice
Hannelie Fourie	Infocare Health
J J Franken	Phillips
Antoinette Frontini	MSO
Wendy Gibb	Nurture Health
Estelle Gouws	Medsci
Linda Greeff	GVI Oncology
Nelia Greeff	Nelia Greeff Biokineticist
Dr David Green	EOH
Neil Gregory	Pathcare
Carl Grillenberger	Advanced Health
H Hamdulay	GVI Oncology
Anjolene Hanekom	Rho-Baby Clinic
Megan Harker	eHealth News
Dr Yaseen Harneker	GVI Oncology
Dr Tony Hawkrige	Director: Health Impact Assessment W C Govt Health
Christine Hibberd	Right to Care
Scott Hogarth	Webstar-Health SA
Elienne Horwitz	Private dietician

L Ismail	Assistant Director Managed Health Care WC Govt Health
Dr Arthur Iweze	OSSA
Nazli Johaardien	Directorate Nursing WC Govt Health
Faldie Kamalie	Medscheme
Adrian Kearns	W Cape Dept Health
Marilyn Keegan	COHSASA
Dr T Koorts	Imdoc Healthcare
Erhardt Korf	Equra Health
Jenni Kruger	The Health Foundation
Lizeth Kruger	Dis-Chem
Burf Lang	Varian Medical Systems
Jean le Roux	Mediclinic
Guin Lourens	Stellenbosch University
Dr Judy Ludwick	Private practitioner
Martie Luremann	Medikredit
Jackie Maimin	Webstar-Health SA
Kitumaini Makinde	CPUT
Prof S Malan	UWC School of Pharmacy
Dr P Z M Mbeje	SAMA
Dr Kirsten Miller-Duys	Vodacom
Gary Moore	Corevest
Dr J Moosa	Rondebosch Medical Centre
Dr NA Moosa	Rondebosch Medical Centre
Refiloe Moutlwatse	Phillips
Mandla Moyo	Biotic Health
Dr Sugan Naidoo	EMC
Dr Tracey Naledi	Chief Director: Health Programmes
Beulah Neelmeyer	SACTWU Worker Health Program
Odette Ninow-Cullen	Onesight
Ncedo V Nkasela	Ernst & Young
Ronel Nortje	Netcare N1 City
Lungi Nyathi	Insight
Sorina Oberholzer	Clicks
Willie Oelofse	McIntosh Medical
Annette Ols	Life Vincent Pallotti Hospital
Muneer Omar	Mediclinic
Nalene Paul	Dischem
Mark Payne	ICPA
Randal Pedro	Melomed
GA Petersen	Life Path Health
René Petersen	CANSA
Christa Pretorius	Aetos IT
Francois Pretorius	Equra Health
Amrish Punwasi	Deputy Director Security Management Services WC Govt Health
Penni Putman	Private Health Administrators
Dr Kate Rees	Public Health Specialist W C Govt Health
Debbie Regensberg	Comfidor
Jan Roos	Clicks
Hélène Rossouw	Western Cape Government
Willie Rossouw	Deva Medical
Louis Röth	Medicross
Dr Sadick Saban	Private Family Physician
Raseda Samaai	National Renal Care
Uwe Schön	MST Mobile Health Technologies
Michael Schultz	LAMAF
Barbara Segalla	Helderberg Society for the Aged
Jessica Shihlomulo	MST Mobile Health Technologies
Kirsten Sloth-Nielsen	Greater Tygerberg Partnership
Jacqui Stewart	COHSASA
Z Stoltenkamp	Impethana Projects
Rayna Taback-Esra	US Centres for Disease Control & Prevention, Pretoria Office
Fran Taylor	Faircare Health
Kobie van der Merwe	Clicks
Etha van der Schyf	Sakhiwo

Annette van Heerden	Apace
Grant van Schalkwyk	ICPA
Clinton van Zitters	Aspen
Leo Volkwyn	Samsung
Dominic Wilhelm	Qonda
Charné Willemse	MSO
E N Wilson	CANSA
Clayton Wright	Samsung

**APOLOGIES**

Dilin Andrews	Alexander Forbes
Denise Barnes	Private
Dr Basil Bonner	Mediclinic
Bruce Brock	Private
Jako Calitz	Dr Schnetler & Partners
Cher Chapple	Private
Ingrid Cloete	ICON
Sr Stella Colli	Southern Suburbs Pharmacy
Estelle Coustas	Mediclinic
Dr Renette Crous	Chief Director: Rural Districts
Len Davies	Umsinsi Healthcare
Len Deacon	LDA
Dr Japie du Toit	The Health Foundation
Riël du Toit	Haven Health Systems Trust
Pierre Fourie	UTi CMD
Leana Habeck	International Board of Lactation Consultant Examiners
Colleen Herman	Hope Again Recovery Home
Elmare Keyser	National Renal Care
Tim Leworthy	Mediclinic
Dr Solly Lison	SAMA
Ryan Lobban	Mediclinic
Lynne Marais	Alexander Forbes
Alison Maytham	Vizibiliti
Patricia Mengech	USAID
Linda Lorette Niyonizigiye	Midwife
Natasha North	The Health Foundation
Dr Jan Pienaar	Anglo American
Prof Jeanette Roberts	UWC
William Stranix	Medtronic
Christine Swart	Netcare KRH
Dr Jenny Tait	GP
Dr Carol Thomas	GP
Chris Tilney	Netcare
Stephen Titus	Chief Director: Health Programmes W C Govt Health
Dirk Truter	Netcare
Dr Anton van Wyk	Netcare
Edmund van Wyk	Mediclinic
Michael Vonk	George Hospital
Chris Ward-Cox	Universal Healthcare
Sophia Warner	Pebbles Project
Gavin Weir	STTOP
Garry Whitson	PN Medical
Cindy Wiggett-Barnard	Helderberg Association for the Physically Disabled