If you are feeling sick, stay home and first call 0800 029 999 or 021 928 4102 for advice.

Disinfect frequently used stationery, equipment & spaces at the end of each day. Including your cellphone.

If your job/role requires it, correctly dispose of protective equipment you’ve used.

Bring your own food in reusable bag & avoid eating in communal spaces.

When you get home:
- Wash your hands
- Shoes off outside
- Shower/bath immediately
- Wash work clothes & reusable bag