



# PLEASE BE EXTRA CAREFUL IF YOU ARE AT RISK OF SEVERE COVID-19

If you're over 55 years or have an underlying illness like diabetes, please be extra careful.



Western Cape  
Government

Health

Sick? Stay home and call **080 928 4102**  
or visit [www.westerncape.gov.za/dept/health](http://www.westerncape.gov.za/dept/health)