

Facilities Available

Cafeteria:

Situated on B floor between the main hospital and outpatients department. A snack shop is situated on the ground floor in outpatients opposite occupational therapy. A few shops, ATM and laundrette are situated across Klipfontein Road.

Parking:

The Parking is run by an outside company. They will charge you a rate for parking. All covered/ shaded parking bays are for permit holders only. If you park here without a permit your wheel may be clamped.

Additional family support:

A Muslim Prayer Room and Prayer Sanctuary are situated on the ground floor.

2nd-Hand shop:

The Friends of the Hospital have a second hand clothing shop.

Open: 8:30 to 13:00

Where: ground floor, OPD next to snack shop.

Play area:

Situated outside the trauma entrance and outside between out patients and the main hospital. Please supervise your child here.

Card/ payphones are situated around the hospital.

Interpreters are available. If one is needed, please inform the nursing staff at the clinic you are going to attend.



Clinic Details

Genetic Counselling Clinic

Tuesday: 09h00-12h00

Who should I contact for Genetic Counselling?

To make a genetic counselling appointment, please contact:

Carol Sylvester

S27, Red Cross Children's Hospital

Telephone: (021) 658 5002

Please specify that appointment is for Genetic counselling and not for a doctor's visit.

For any genetic counselling related questions or queries, please contact:

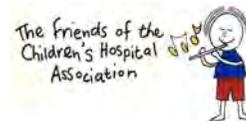
Genetic nurses:

Sr Sklar or Sr Legg

**Telephone: (021) 406 6304 /
(021) 404 6235**



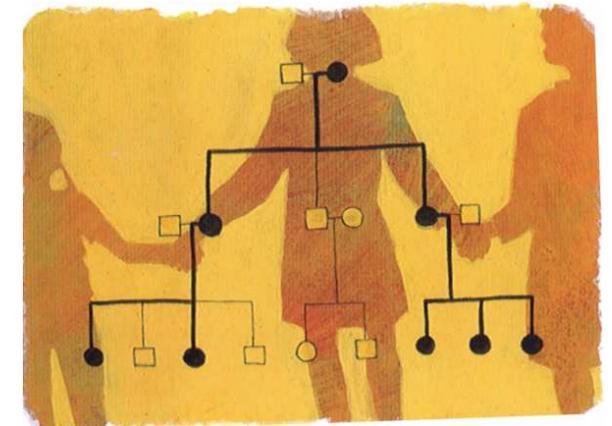
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Welcome to
**Red Cross War
Memorial Children's
Hospital**

Genetic Counselling Clinic

S27, first floor,
Out Patient Building



**Genetic counsellors
provide information and support
to families with a genetic condition**

Genetic Counselling?

Many conditions tend to run in families. Genetic or hereditary conditions may be passed on from parents to their children, since each parent passes on half of their inherited material (also called genes) to a child. However, some genetic conditions occur only once in a family.

Genetic counsellors can provide information about:

- ◆ the condition
- ◆ how it is inherited
- ◆ the chance of it happening again in a family
- ◆ options to deal with the risk and manage the disorder in the best possible way
- ◆ provide support to families having to deal with a diagnosis of a genetic condition.

In many cases a genetic counsellor can reassure families that there is no particular risk or that the risk is much less than they feared.

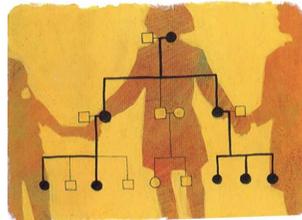
The genetic counsellor will explore how the individual and family are coping with the condition and can refer to appropriate support structures.



Who should have Genetic Counselling?

You may benefit from genetic counselling if:

- ◆ Your child has recently been diagnosed with a genetic condition.
- ◆ You or your partner has a condition which might be passed on to your children.
- ◆ You have a family member with a genetic condition.
- ◆ You and your partner are related to each other (e.g. cousins).
- ◆ You are finding it difficult to cope with a genetic condition in your family.



What should I bring to the clinic?

Please bring as much information as possible about your family's medical background and documents such as doctor's letters and reports.

Please find out from your partner about any family history on his/her side of the family if he/she will not be able to come with you to the clinic.

What happens in a Genetic Counselling session?

The genetic counsellor will discuss your reasons for seeking counselling and your concerns.

You will be asked for details of your family's medical history and a family tree will be drawn.

The genetic counsellor will explain the management and implications of the genetic diagnosis and the inheritance pattern of the condition.

You will be given the opportunity to ask questions about the chance of having another child with the condition and the implications for other family members.

The options for testing for the condition will be discussed.

The genetic counsellor will assess the need for any further support and referrals to other medical and social support systems.

