All the staff enjoying the party!
PROFESSOR SIDNEY CWYES HAS WORKED AT RED CROSS WAR MEMORIAL CHILDREN’S HOSPITAL FOR 47 YEARS

Prof Cwyes joined the hospital staff in 1959, 3 years after the Hospital opened in 1956. After qualifying he graduated M Med surgery at UCT in 1958. This laid the foundation of paediatric surgery at Red Cross & in S Africa.

His first award was in 1963: The Cecil John Adams Scholarship & Travelling Fellowship. He has published 228 articles in scientific journals, 14 reviews of author’s publications, 31 chapters in books, 4 books. This impressive list reflects only some of his distinguished academic achievements during a career so awe-inspiring that this article is unable to describe it adequately.

In 1975 he was appointed to the Charles F M Saint Professor of Paediatric Surgery, Head of Dept of Paediatric surgery UCT & Chief Paediatric Surgeon at Red Cross Children’s Hospital.

He & his team successfully separated the first set of conjoined twins in 1964, since which time the paediatric surgical unit has carried out a further 35 successful separations.

With others, Prof Cwyes has lead the Hospital into a highly rated international paediatric & paediatric surgical centre providing outstanding postgraduate education with significant original research on many aspects of child health.

He is married to Marlene; they have 2 children, & three grand children. He & Marlene have a keen interest in Horticulture, being key founder of the W Cape Rose Society in 1969. His CV HORTICULTURAL bears testament to his excellence also in this field - numerous lectures, publications and research, including Chromosomes in Disas, Tissue culture in Disas, The Role of Garlic in Fungal Infections in Tissue Culture Programme, and Study of Ecology & Conservation of Disas.

MEMORIAL SERVICE for the late Mrs Adelaide Tambo, held at St George’s Cathedral, 7 February 2007

Sister Razia Essop, Sister Sonni Zimdahl, Mr Temba Xaba & Ms Diana Ross attended the service as representatives of the Hospital.

The late Mrs Tambo had visited the hospital, first with the ANC Women’s League & afterwards in her private capacity.

The Hospital Management & Staff send condolences to her family & colleagues.

CELEBRATION & THANKS-GIVING FOR THE LIFE OF ADELAIDE FRANCES TAMBO
18 July 1929 - 31 January 2007

"We the staff of Red Cross War Memorial Children’s Hospital, hereby redeicate our time, talents and skills to the benefit of all children who come to us for treatment. We pledge ourselves to privide, uphold and support high standards of medical care. We re-commit ourselves to one another by supporting everyone as we perform our duties to care for ill children".

ACT OF REDEDICATION

Lead by: Dr. Dimitri Erasmus CEO at the Red Cross War Memorial Children’s Hospital’s 50th Anniversary Celebration & Rememberance at St George’s Cathedral

Dear Colleague

The management wishes to salute you for your dedication to this institution during the 50 years of caring for our children.

May this celebration today be a token of our sincere appreciation.

We also extend our warmest wishes to you and your family for a wonderful and safe festive season.

Yours sincerely

The Management and Hospital Facilities Board
Red Cross War Memorial Children’s Hospital
IN PRAISE OF HANDWASHING ... a reminder

Cas Motala, Brian Eley, Andrew Whitelaw, Charmaine Rinquest, Annette Sohn

When cross-infection occurs in the hospital setting the source is usually an infected or colonized person. Bacteria usually spread from patient to patient on the hands of medical and nursing staff. Visitors who see only one patient are much less important as a cause of cross-infection.

Handwashing

By far the most important way of preventing the spread of pathogenic bacteria is by meticulous handwashing. However, despite the strong evidence for the importance of handwashing, hospital staff often fail to wash their hands. Even a very brief wash seems to be effective, scrubbing brushes are probably unnecessary, and if they are reused they may become a source of cross-infection. Hats and masks have a very limited role in preventing cross-infection. The use of gowns may reduce the number of people visiting a ward, but if they engender a false sense of security, gowns also may reduce the number of people who wash their hands.

Antibiotics

There is a tendency for handwashing to be neglected because of the belief that infection can always be treated with antibiotics, or, even worse, that it can be prevented with antibiotics. In the first few days after an antibiotic is started, a patient’s bacterial flora changes to strains that are resistant to that antibiotic. In most circumstances, prophylaxis for more than 24 hours does not reduce the incidence of infection, but merely ensures that if infection does occur, it is with a resistant organism rather than with a sensitive one. One can protect a patient against a wide range of organisms (e.g. during bowel surgery), and a patient can be protected for a long time against one organism with stable antibiotic sensitivities (e.g. penicillin prophylaxis for rheumatic fever), but a patient cannot be protected for a long time against a wide range of organisms. Thus the Gettysburg rule: antibiotics fool some of the organisms some of the time, but cannot fool all of the organisms all of the time.

Conclusions

Cross-infection is most likely to occur at times when a ward is crowded and busy, and the patients most likely to become infected are the very ill, those undergoing invasive procedures and those with impaired immunity. The most important practical ways of preventing cross-infection include:

1. Wash hands and arms before and after examining every patient: even a 15 second wash seems to be effective. Alternatively, a waterless hand hygiene agent (e.g. D-germ) should be applied to cover both hands.

2. Restrict the use of antibiotics as far as possible to patients with proven infection (isolation of bacteria from an endotracheal tube is not proof of infection).

3. Avoid unnecessary contact with incubators and pieces of equipment connected to a patient, particularly during ward rounds when pathogenic bacteria can be transferred from one patient’s environment to the next.

Cross-infection cannot be prevented by antibiotic therapy but it can be reduced substantially by handwashing. While most doctors are aware of these principles, few really believe them to be true, and even few actually wash their hands after examining every patient. Somehow, hospital staff must be made to wash their hands; possible methods of persuasion range from the Aunty Jack approach (“if you don’t wash your hands, I’ll rip your bloody arms off”) to more moderate techniques, such as the Centre For Disease Control (CDC) campaign based on the slogan “Handwashing saves lives” – it really does.

Infection Control: Red Cross Children’s Hospital

This article originally appeared in the Red Letter- August edition 2005

INFECTION CONTROL COMMITTEE AT HOSPITAL

INFECTION CONTROL AT THE HOSPITAL

CONGRATULATIONS TO THE WINNERS of the competition.

1st prize = G1
2nd prize = E1
3rd prize = The School

The judges looked at the simplicity of the posters and the strength and accuracy of the hand hygiene message.

Charmain Rinquest

CONGRATULATIONS

to our new ad hominem Associate Professors 2006

• Clarissa Pieper
• Jenny Thomas
• Tony Westwood
• Jo Wilmshurst

From the Red Cross War Memorial Children’s Hospital Management & Staff

THANK YOU

To Dave Nunneley from Seating Installations, who kindly donated 3 blue cushions for the brown benches.

1 in front of X RAY DEPT, 1 in front of OCCUPATIONAL THERAPY and 1 in front of WARD D1, helping us to maintain & brighten up the Hospital

Trudie Roux
Defining Greatness

When Alp asked me to say a few words on this special occasion, the first thing that came to my mind was Greatness. As with any creative mind one starts to define questions. What is Greatness and how do we define Greatness? Who are the humans that can be regarded as Great? The Lord JC remains the greatest of all, but what characterize people who are Great?

One’s immediate reference points are those that are Great by your own definition. I accept that what defines Greatness to me, is not necessarily the same for you. It is however important that everyone of us strive for Greatness in our own circumstances.

Some people are legends or idols, but not necessarily Great. Greatness to me is exactly those people who could raise above their circumstances, failed to become victims of their circumstances and have impact on other people’s lives, especially those vulnerable by society. They turned a mess to a miracle.

Allow me to dwell on but a few of the great ones:

**Martin Luther King Jnr**
Leading the civil rights movements, advocating for non-violent protest against segregation and racial discrimination.

*I Have a Dream - Address at March on Washington*  

- We refuse to believe that the bank of justice is bankrupt.
- We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation.
- So we have come to cash this cheque -- a cheque that will give us upon demand the riches of freedom and the security of justice.
- I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.
- I have a dream today.

**Mahatma Ghandi**

*You must be the change you wish to see in the world.*

He was one of the most influential figures in modern social and political activism. He considered the following traits in society to be the most perilous to humanity:

- Wealth without Work
- Pleasure without Conscience
- Science without Humanity
- Knowledge without Character
- Politics without Principle
- Commerce without Morality
- Worship without Sacrifice

He furthermore shared wise words real for us:

- Peace will not come out of a clash of arms but out of justice lived and done by unarmed nations in the face of odds.
- Democracy and violence can ill go together. Evolution of democracy is not possible if we are not prepared to hear the other side.
- A coward is incapable of exhibiting love; it is the prerogative of the brave.

**Mother Theresa of Calcutta**

Peacemaker, Pioneer, Legend
Established orphanages, homes for the abused, the hungry and those living with AIDS.

She explained her work and those she served by the following philosophy:

- Hungry not only for bead, but hungry for love,
- Naked not only for clothing, but naked for human dignity and respect
- This is Christ in distressing disguise Personal philosophy:
- Give yourself fully to God. He will use you to accomplish great things on the condition that U believe much more in His Love than in your own weakness.

CLOSER TO HOME

**Nelson Rolihlala Mandela, Madiba.**
Cultural Icon of freedom and equality
Following imprisonment of 27 years established a policy of reconciliation and negotiation.

These people motivates all of us to strive for greatness in our own circumstances and situations. Prof Heinz Rode, thank you for what you have done for children, for RCCH, for WC Health, for SA. Thank U for reminding us of Greatness

I THANK U

Dr Beth Engelbrecht
Deputy Director-General: Secondary, Tertiary and Emergency Care  
Department of Health: Provincial Government of the Western Cape
I had been at the Cross for three years before Heinz joined us in 1975. We worked together as colleagues for seven years. When I left in 1983 he was “REFLUX RODE” because of his interest in gastro oesophageal reflux disease. I was lucky enough to return here in 2004, already well-known for his expertise in Paediatric Burns, I found him to be “BURNS RODE”, but not unexpectedly much more. The following are easily put together “blogs” on the “much more” component of the Professor or as I have known him, Heinz:

HEINZ and HUMAN ANATOMY

Looking back I think it was because of his studies in man’s anatomy that I first heard about him. He qualified as an undergraduate in 1966, four years after me. He was the guy who swotted “Gray’s Anatomy” a reference work for his college primary. This was the start of an identifiably different surgeons career, for who could ever, would ever, try to swot this as a Text book – an impossible task made plausible by Rode.

ANATOMY – Should have made this his career – knowledge of which he has clung to and emphasised, throughout his professional life as teacher.

ENERGY – He is not lazy; this is an understatement – likes to tackle tasks. The word enthusiasm is strongly linked to this. The Greek derivation of this word is EN-with; THEOS–God. Possessed by GOD – ARDENT ZEAL about a cause. This is his approach to his work, the drive, energy he has for things or what an ordinary person would absolutely have no need to pursue or do.

PROFESSOR and HEAD of a Surgical Department and he does BURNS - with emphasis on does, at the “Coal” face – its HOT and the BANDAGES GO ON – even though its after hours. He is the public ANAESTHETIST’S NIGHTMARE.

HE DOES – He’s a Do-er. He does it himself – if you don’t want to do it he will; because he does everything and much needs to be done around him. This presents a problem – which he knows about. What is needed to be done is just too much for two hands and one brain – with the effect that the mind cannot remember where everything is or what has been left out.

POSITIVITY – The situation is grave but we always have a second chance. Things are never as bleak as they appear BUT CERTAIN THINGS ARE NOT A PRIORITY, things that Ali (his second in charge) has to do; why they are is often not clear; why this is so. Certain tasks are dropped as unimportant or not identified.

THOUGHTS ON A TANGENT – Not appropriate when said but sometimes provide excellent effect. WE NEED TO KNOW – A problem where the end point has already been determined – but this is never good enough. We need to know? And so a smiling group of people will tackle the allocated task, in an attempt to overcome the need, which originated in Heinz’s head – only his. But this never produces true despair – they will deliver. Why? Because they admire the man for what he is.

QUESTIONS THE OBVIOUS – Makes what seems laughable a legitimate problem.

CYCLICAL ATTACK – He thinks about us when we are not with him. Comes prepared to address "a problem", which he has realised at HOME and has then planned urgent corrective action or necessitates discussion.

DOCTORING – The career choice – FANTASTIC, no better, everything is possible. A multitude of possible career paths. Bound up with the privilege to be able to help your own kind.

ONLY 50% – That is all you need to know. A specialist in training and the end point objective is only 50%, to pass the exit examination – NOT MUCH.

BURN OUT – Job satisfaction rests on own expertise, not on that of a machine. Default investigations have replaced clinical assessment in making a diagnosis. A worsening situation. RESULT – Predicted early retirement or career change due to zero job satisfaction. Medicine – you have chosen the best. DON’T MESS IT UP Miss out on the enjoyment of knowing EXAMINE CASES.

TIME WATCHERS – Care cannot stop. He single out and praises those who do round and rounds, even when not on call. Then the word UNACCEPTABLE – this is frequently used – for instance, often associated with the concept propagated by the 7/11 chain of stores. The fact that you yourself chose the discipline, to become a medical practitioner – by choice you are locked into a career of TOTAL sacrifice/commitment. Dealing with another person’s life. Comparing values, your life with another’s, your’s may be worthless – another’s not (The CFM Saint Tradition).

OTHER LIKES AND DISLIKES:

CONCERN – Commonly shown; usually to do with inaction/implementation.

JOKES – Latches onto what he has read and shows great pleasure in sharing his enjoyment.

LIFE TALK – Advice to the young on how things should be done and approached.

COKE ADDICTION – One of his only identified weaknesses. He loves Coke – provides him with a chance to interact with those in the canteen. Rest for a moment and a Coke. He denies the addiction. Just from Burns theatre 37°C+, dehydrated and potassium depleted. This justifies his visit.

SPOILT BY NICOTINE – He cannot understand this weakness. Constantly challenges those who smoke.

THE “MUSIC MAN” – whistles unknown tunes. He does this when he has no one to talk to. Sounds precede his arrival – forearm of the now expected arrival; that things are about to happen.

SHARON COX – The “HER” effect. In spite of the male audience’s acceptance, a stand up reply, “No, you can’t say that!!” is heard. The Prof shuts up like a well-trained husband and cogitates the situation.

MAJOR INFLUENCES ON HIS CAREER: His WIFE – Heinz has his own psychiatrist – he keeps her at home for a moment and a Coke. He denies interaction with those in the canteen. Rest is done, coffee is prepared to address “a problem”, which he has realised at HOME and has then planned urgent corrective action or necessitates discussion.

ASTRID BERG – A major role player and psychiatrist – he keeps her at home – provides him with a chance to interact with those in the canteen. Rest is done, coffee is prepared to address “a problem”, which he has realised at HOME and has then planned urgent corrective action or necessitates discussion.

CFM Saint Tradition).

Heinz enjoys himself – he finally admits.

CHOICE – He never shows his complete despair – he can get on top of this. PERSISTENCE – this is hard, but he tries.

Confronted with the need, they agree that it must be done, must be completed and soon.

SPOIL IT AT THE END – He is the only one who will do things and does things. He is and what he loves, his work.

MOST OUTSTANDING CHARACTERISTIC – For their Sake he likes to be Boss, but in purposeful weakness to implement discipline, punitive threats are never carried out. People love him for this.

WHAT WILL HE LEAVE BEHIND? – Much in the minds of those he has had contact with.

A LEGACY – The challenge of knowing HIM, a DO-ER – TO DO; it’s always there, it’s very nature clarified – the NEED to DO and it’s for your OWN BENEFIT.

It’s been a privilege knowing Heinz, a leaning experience, watching him live his life. We thank him for this.

M R Q Davies
Senior Specialist
E Emeritus Professor Paediatric Surgery
The Red Cross Children’s Hospital welcomes Dr. Thomas Blake.

Dr. Blake started work at the hospital as a Medical Superintendent on 1st December 2006 & on that day he and his wife were seen “partying” with us at the “SALUTE OUR STAFF” function.

He is married to Saskina, a trained nurse and they have two sons and a daughter.

Dr. Blake graduated at UCT in 1972, MCHB, 1982, FCP (SA) and moved into private practice from 1992 to 2003. From 2003 – 2005 he worked as a consultant physician in the U.K., locum services. He returned in South Africa and on 1 June 2006. he assumed the post of Medical Superintendent in Tygerberg Hospital with responsibilities for a number of departments, Diagnostic Radiology, Radiation Oncology, Nuclear Medicine, PAMS and the Dental Faculty.

His clinical responsibilities at Red Cross Hospital are General Paediatrics, ICU (Critical care), Emergency Unit, Outpatients Dept. and Pharmacy.

He has a particular interest in staffing matters, “Who cares for the Carer?”

Western Cape Provincial Administration

OFFICE SECURITY: YOUR OWN RESPONSIBILITY

• ALWAYS KEEP MONEY IN A SAFE PLACE.
  Even tea money should never be left in an unlocked drawer during the day. Put it in a SAFE.

• NEVER LEAVE HANDBAGS ON DESKS OR WALLETS IN JACKETS IN YOUR ABSENCE.
  Take them with you or lock them away.

• BE CAREFUL WITH KEYS.
  Always keep them in a safe place and don’t keep spare keys for safes, etc. in a desk drawer.

• CLOSE VULNERABLE WINDOWS IN YOUR ABSENCE.
  It is easy to forget them open, particularly in summer. A thief can come and go within a couple of minutes.

• DON’T DISCLOSE CONFIDENTIAL INFORMATION TO STRANGERS.
  No matter how important they may seem, always report any such request to your employer.

• NEVER LEAVE CALLERS ALONE IN YOUR OFFICE.
  Use the telephone to enquire whether someone can see them.

• NEVER ASSUME THAT STRANGERS WANDERING ABOUT IN THE BUILDING ARE MEMBERS OF STAFF
  Challenge them. Even, “Can I help you?” will often deter the dishonest.

• DON’T JUST ACCEPT THAT STRANGERS ARE AUTHORISED TO BE IN THE BUILDING JUST BECAUSE THEY SAY SO
  Check with someone in authority. If the stranger is from a computer company or a contractor, someone in your organisation will know. Never allow anyone to remove office equipment without checking first.

• DON’T BE OVERAWED BY CALLERS.
  Make sure that someone is aware of the appointment, even if they insist on seeing the DIRECTOR OR HEAD OF DEPARTMENT.

• DON’T ASSUME ALL STAFF MEMBERS ARE AS HONEST AS YOU ARE.
  Take care of your property and that of your employer.

• BE ALERT
Support our Hospital Soccer Team
RXCH United:

1. ALBERTYN. P  WORKSHOP
2. ADAMS. S  HR
3. ABRAHAMS. V  FINANCE
4. BRIERLY. C  FINANCE
5. BOTHA. A  STORES
6. BUTTON. W  RECORDS
7. DREYER. M  PHARMACY
8. DIEDERICKS. J  RECORDS
9. FORTUNE. A  CLEANING SERVICES
10. HOFFMEESTER. L  STORES
11. JOHNSON. C  WORKSHOP
12. KAMALDIEN. S  STORES
13. PETERSEN. P  HR
14. VAN DE VENT. F  STORES
15. VALENTINE. G  STORES

This is a list of soccer players that will represent RXH in the Administration Sport Union [ ASU ] soccer league.

The persons responsible for managing the team will be Peter Albertyn [workshop, ext.5112] and Anton Botha [main store, ext. 5258].

We would like to invite more to join the team. Everyone should try and support the team.

Sharif Kamaldien

MESSAGE FROM A PATIENT

I do not remember my first admission to Red Cross Hospital. However, I won’t forget my last; when on the procedure table having a lumbar puncture. I realized although I’ve matured in many way, “Pain is not bias to age”.

I outgrew many things, including the furniture and the now seemingly, small portions of food. As impossible as it is for an adult daughter to stop returning home, too often to empty the fridge - even so, I couldn’t outgrow the love and care of the staff. By the time I’m confronted with the typical midlife crises and cycling through life - half of my life will have been spent with you.

Today though, I can speak of breaths of fresh air and angels! - That all gather in one place; a place where I’ve been before. You have brought me to my 21st year of life and many second chances. You have inspired many of my dreams; and reminded me of them in troubled times. Here is to you on your 50th Birthday, a gift of thankfulness from me to you on your birthday.

IRMA TITUS
POST-RENAL TRANSPLANT PATIENT AT RED CROSS CHILDREN’S HOSPITAL.

SWITCH ON OF LIGHTS
18 Dec 2006

The City of Cape Town Electricity Dept. kindly set up our festive lights for patients & visitors. Asnakyla Africa & Lwando Liliso, two patients, waved the MAGIC wand & the lights came on ! The carols were played by the Perseverance Brass Band.

THANK YOU to: Soli & Toni Philander patrons of the Friends, Charles Kadalie & his team from the electricity Department.

Thank you to Freddy Moore & the magnificent Perseverance Band
RED CROSS CHILDREN’S HOSPITAL’S FIRST ALUMNI WEEKEND EVER!

The Red Cross War Memorial Children’s Hospital is thrilled to have held our first Alumni Weekend on the 9th and 10th of February 2007. This aim of this event was to bring together all present and past doctors who have contributed to our special Hospital. Several of these doctors are now working all around the world and many travelled from afar to attend this debut event. Things got off to a flying start on Friday with a cocktail evening held at the Hospital. Saturday morning followed with a diverse, and inspiring, academic programme which culminated in a dinner at the stunning Vineyard Hotel.

Please contact the Children’s Hospital Trust on 0216867860 if you are a Red Cross Children’s Hospital Alumni and would like to register, or get more information, we would love to hear from you.

THE CURRENT HOSPITAL FACILITIES
BOARD MEMBERS 2007
The Hospital is grateful for your continuing support of its work
CHAIRMAN - MR DAWOOD KHAN
SECRETARY - MR MIKE RASMUSSEN

REV FRANK SCHEEPERS
MS ISABELLE FRANZEN
MS RASHIDA HASSIM
MS SHARIFA AHMED
MS DALMARI STEWARD
MS JUDICE JOSEPH
MS RIFQUA VAN HAAght
MR LIYAQAT PARKER
DR DIMITRI ERASMUS
PROF CASSIM MOTALA
MRS MAVIS XABA
PROF. GEORGE SWINGLER
2006 was a busy and, I’m afraid, noisy year on the redevelopment/upgrade front. Major projects included Ward G1 which was completed in January and Ward E1 was opened in November. By filling in the centre core areas and pushing out the front façade on both sides, over 100m² of floor space was added to most wards. Unfortunately, that work generated a lot of noise and I would like to thank all staff, patients, parents and visitors for their outstanding patience and understanding. Hopefully you will all be able to reap the rewards in one way or another!

2007 promises to be just as busy with the upgrade of Ward D2 due to commence in April with Provincial funding. The Hospital Trust is energetically raising the last of the required funding for the massive new 8-theatre operating suite, also due to commence in April. This project will span the space between the X-ray and Kitchen wings (as shown in the photograph below.) CSSD will relocate to the B-floor, below the theatres, leaving the ground floor vacant for a brand new, consolidated Radiology department, including MRI, in the not-too-distant future!

Other projects still in the planning phase are a new building, in Gnome Park, which will accommodate the Infectious Diseases Clinic and a Diabetes/Endocrine Unit as well as a new vehicle entrance with accompanying gatehouse and access control point.

Any queries may be directed to Toni Whithair at ext 5450/5555.
NEWLY ESTABLISHED LANGUAGE UNIT
SERVICES RENDERED BY LANGUAGE UNIT: HEALTH

The newly established Unit: Health
This unit renders translation and editing services and signage for all health institutions in the Western Cape. The establishment of the unit occur after a comprehensive survey of language usage undertaken where it was discussed that Health Department has a great need to improve access to services by working closely with the public. This could be done by promoting the interpretation service between patients and health workers and by training health workers in cultural awareness as well as to promote multilingualism as it is stipulated in Language Policy. The appointment of the LPs was based on the outcome concerns of the survey. Therefore the unit is currently running and it consists of five newly appointed Language Practitioners and one chief Language Practitioner, namely. The Department is at present in a process of appointing formal interpreters in health service areas.

The unit has a submission form for language translations.

The purpose of submission is:
- to record all translated sent to language services
- to be able to know what language does the translation needed
- to be able to liaise with contact person (person requested translation) for clarity of any technical term
- to avoid duplication of document.

For any document that need to be translated or for language inquiry you may have, please feel free to contact Language Unit at Head Office:  Ms Fikiswa “Fiki” Magqashela
Chief Language Practitioner
Directorate: Communications
Western Cape Provincial Government
Department of Health
Tel: +27 21 483 5516
Fax: +27 483 6169
E-mail: fmagqash@pgwc.gov.za

Directorate: Communication Services
P.O. Box 2060
Cape Town
8000

Thank you to Shape Magazine for Caring for the Carers

NURSING STAFF
ST VALENTINE’S DAY TEA

CALL FOR NEWS!
This newsletter is published four times a year. Please send your news items for THE RED LETTER: email: rxhpro@pgwc.gov.za or fax 021 658 5333. Hope to hear from you. Diana Ross - ph 021 6585448
CONGRATULATIONS to all the recipients - 30yrs Long Service Awards Presentation held at the Artscape Theatre

The Premier Mr Ebrahim Rasool invited the following staff to attend the Gala Function held at Artscape Theatre 28 Nov -
09.00 to 14.00:

- BAATJIES M
- BOWERS LJ
- BROWN SC
- DANIELS CM
- DESAI F
- JOB M
- MATHYS FV
- TANGO EJ
- TANGO MM
- ABRAMAMS A
- BAKER VG
- BEGEMAN RM
- BONNICI F
- BURGESS JD
- DAMON CM
- DUMINET
- FRANTZ LC
- HEATH MC
- HERMANUS MA
- HUGHES EJ
- JACQUES GG
- KLEIN M
- KNOBEL J
- MARTHEZE J
- MENTOOR RA
- PAWRED SA
- PRICE BD
- ROUX GWM
- SABLES MB
- ZIMDAHL S
- ABDOL G
- CUPIDO J
- DAVIDS FA
- HOPE G
- RYMAN
- SMITH M

The Minister of Health Western Cape, Mr Pierre Uys & Prof Househam, Head of Health, were present.

Congratulations to successful nursing students

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<thead>
<tr>
<th>Name</th>
<th>Course</th>
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<td>D2</td>
<td>Sep 04/Aug 06</td>
<td>Kwa Zulu Natal University</td>
</tr>
<tr>
<td>Wagenaar PE</td>
<td>Prof Nurse</td>
<td>E1</td>
<td>Sep 04/Aug 06</td>
<td>Kwa Zulu Natal University</td>
</tr>
<tr>
<td>Francis BJ</td>
<td>B TECH</td>
<td>ICU</td>
<td>2005/06</td>
<td>CPUT</td>
</tr>
</tbody>
</table>

EN Hess passed with honor.

Farewell Avril Isaacs
Thank you from all the Hospital for being a friend for 10 years. Wishing you every success in your new venture.
Thanks to TIGER Brands for arranging the Beacon Easter Bunny visit & all the Easter Eggs.
ARE YOU FIT FOR EASTER 2007 COMPETITION? CONGRATULATIONS TO ALL THE WINNERS

1. WARD G1
2. WARD B2
3. OCCUPATIONAL TH.
4. TLC
5. WARD E1 DANCE
6. WARD B1
7. CRECHE
8. PHARMACY
9. PEARL EDICK B1
10. WARD E1 TABLE DISPLAY
11. TRUST
12. PRIMARY SCHOOL
13. PHYSIOTHERAPY
14. DIABETES CLINIC
15. FOCHA
16. WARD C2
17. WARDA SAMAAI B1
18. NURSING EDUCATION
19. NOELINE PETERSEN X-RAY
20. NAZEMA ABRAHAMS B1

Thank you to all who took part and made the day so successful!
On the 14th of November 2006 the physiotherapy department organised an outing to Monkey Town for 38 patients who were previous burn victims. It was a huge success made possible by Gordian Fence SA and Vulcen properties who sponsored this event with a number of co-sponsors. It was at this point that a company called Ububele Holdings decided that they could also assist the physiotherapist’s in the burns unit.

Ubulele is a privately owned diversified investment holding company and was formed in 2002 in order to contribute to the South African economic development in general, and contribute towards sustained economic growth, development and social transformation in South Africa as well as create job opportunities in an attempt to assist Government in the eradication of poverty.

Ubulele therefore contributed by buying much-needed therapy equipment for physiotherapists to use with patients in this particular unit. The physiotherapy department would like to say a HUGE THANK YOU to Ubulele holdings for helping us to help our patients!

Asha Parboo
SALUTE OUR STAFF FUNCTION
1 DEC 2006

Thank you to ushers at the “Salute our Staff” event,
1 December 2006

Toni Whithair
Bonnie Stroeble
Feroza Steenkamp
Jane Jeffries
Maria Petersen
Thandi Mlinda

Joanna Lucas
Jenny Rawsthorne
Noeleen Petersen
Colleen Cox
Barbara Duminet
Our sincere appreciation to all the stars who entertained the staff at the “Salute our Staff” function. All of the entertainers donated their time & talent to the event.

Vicky Sampson  
Virtual Jazz Reality - Ian Smith  
Cape Town Opera  
Spier Moyo Group - 3rd World Bunfight  
Little Giants Swing Band  
Charles Kadalie - MC