

General Information

1. **Telephone Numbers:**
Red Cross Children's Hospital 658-5111
Groote Schuur Hospital 404-9111
Tygerberg Hospital 938-4911
2. **Poison Information Service**
24 hour **telephone** service: 689-5227
3. **Emergencies** (24 hour service)
Children who are acutely (seriously) ill or injured should be discussed with the appropriate registrar on duty
Medical 658-5075/5437
Surgical 658-5400/5576
Trauma 658-5000
When acutely ill or injured children are referred after consultation, please send them with a letter marked 'URGENT' to the registrar in the appropriate Outpatient Department or the Trauma Unit.
4. **General Paediatric Opinion**
(Monday – Friday)
Tel: 658-5002/5362 (mornings only)
658-5075/5437 (after hours)
 - (a) Telephonic consultations. These are welcomed and may often save the patient time and expense. For general paediatric consultations phone the above numbers. For sub-specialist consultations use the number under the appropriate sub-specialist clinic.
 - (b) Referrals to General Medical Outpatient Department:
Medical Outpatient Department has a referral service for children between 8am and 3pm, Mondays to Fridays. While patients can be referred in without appointments, appointments can be made by phoning 658-5002. Making an appointment will save the patient a lot of waiting time. Except in acute cases, it is better if unbooked patients arrive in the mornings. (7:30)
The General MOPD at the Red Cross Children's Hospital mainly serves children from the following areas:
Athlone/Gatesville, Hanover Park, Manenberg,
Nyanga/Guguletu/Phillipi, Mitchell's Plain, Khayelitsha - West of Spine Road, Southern Suburbs from Claremont to Salt River/
Woodstock.

Children with general medical problems from other areas should be referred to the paediatric service within the other Metropolitan Regional Hospitals:

Telephone numbers

Karl Bremer Hospital:	021 918-1911
New Somerset Hospital:	021 402-6911
Tygerberg Children's Hospital:	021 938-4911
Victoria Hospital:	021 700-1111

Please provide the patient with a letter with details, including previous X-rays, results of investigations and current medication and treatment. Patients requiring sub-specialist care need to have an appointment at the appropriate clinic.

5. **Surgical: See under "General Surgery".**
6. **Except in the case of certain Highly Specialised conditions, children over the age of 12 years** are not seen at the Red Cross Children's Hospital. There are certain special clinics for adolescents at Groote Schuur Hospital (see page 3).
7. **Except in the case of certain highly specialised conditions, sub-specialist clinics operate by appointment only** (unless otherwise stated). The telephone exchange at the Red Cross Children's Hospital allows direct dialling to hospital extensions, which should facilitate the making of appointments.

If problems are encountered please do not hesitate to contact:

Dr Tony Westwood	658-5190
Professor Marian Jacobs	658-5324

CLINICS

ADOLESCENT SERVICES

(Groote Schuur Hospital)

<u>Clinic</u>	<u>Doctor</u>	<u>Venue</u>	<u>Appointments</u>
ALLERGY	Dr P C Potter	E1	406-6320
DIABETES	Dr A Philotheou	G26	404-3025
ENDOCRINE	Dr S Delport	G25	404-4468/3380
RENAL	Dr M McCulloch	E2	658 5153

(Red Cross Children's Hospital)

ALLERGY CLINIC

Head: Professor C Motala
Consultant: Professor C Motala
Telephonic consultations: Professor C Motala
 658-5111 and request paging
Appointments: **SAN** Brenda Joshua
 658-5022/658 5311

Types of patients catered for:

1. Asthma
 - a) Moderate asthma not responding to regular medication
 - b) Severe asthma (steroid dependent)
 - c) Previous admissions for status near fatal asthma
2. Moderate to severe persistent Allergic Rhinitis
3. Atopic eczema and urticaria
 Atopic eczema associated with asthma and/or allergic rhinitis.
 All other cases of eczema are seen at the Dermatology Clinic.
 Children with recurrent or chronic urticaria may be referred for evaluation.
4. Suspected food allergy
 - a) In infants
 - b) Life-threatening and other significant reactions to foods
 - c) Food allergy of unclear cause
5. Drug allergy
 Allergic and life-threatening reactions to drugs
 e.g. anaphylaxis or bronchospasm.

6. Insect allergy
 Allergic and life-threatening reactions to bee or wasp stings.
 Increase in systemic symptoms following bee stings.
7. Patients considered for immunotherapy.

Note: Papular urticaria is not seen at this clinic.

Venue: S20, Red Cross Children's Hospital

Days and times: Monday 08:30-13:00
 (By appointment only) 14:00-16:00
 Wednesday 08:30-13:00
 14:00-16:00
 Thursday 08:30-13:00
 Friday 08:30-13:00

ANORECTAL AND STOMATHERAPY CLINIC

Head: Professor H Rode
Telephonic Consultations: Sister R Bihl 658-5363
Appointments 658-5363

Type of patient catered for:
 anorectal malformations,
 bowel incontinence
 bowel stomas.

Venue: S16, Red Cross Children's Hospital

Days and times: Monday 07:00-16:00
 Tuesday 09:30-12:00
 Thursday 10:00-12:00

ARTHRITIS CLINIC

Groote Schuur Hospital

Head: Dr Paul Roux G25, GSH
Appointments: 404 5386 Criteria: The public is free to make telephonic bookings.

Type of patient catered for:
 Children with (proven or suspected) persistent arthritis and other connective tissue disorders

Venue: G25, Groote Schuur Hospital

Days and times: Tuesdays: 14:00 – 16:00
 Fridays 08:00 – 13:00

AUDIOLOGY

Head Audiologist: Ms Colleen Cox 658 5406
Audiologist: Ms Jean Fermor 658 5568
Community Service Audiologist 658 5618
Appointments: 658 5406

Type of patients/appropriate referrals:

Suspected hearing losses,
Recurrent ear infection,
Speech/language delays, meningitis, ototoxic drugs,
TB, family history, head/ear trauma,
Learning disabilities and allergies,
Facial Palsy.

Venue: S24, Red Cross Children's Hospital
Days and Times:
Diagnostic Clinics: Monday to Friday 8:00 - 13:00
(no new referrals accepted after 12:00)
Wed. and Thursday 13:30 - 16:00
Hearing Aid Clinics: Monday and Tuesday 13:30 - 16:00

BEHAVIOUR DISORDERS CLINIC

Head: Dr G Riordan
Consultants: Dr G Riordan and Dr R Nassen
Appointments: 658-5434
Type of patient catered for: Children with behaviour disorders
Venue: S27, Red Cross Children's Hospital
Days and times: Thursday 8:00 - 12:00

BURNS CLINIC

Head: Professor H Rode
Telephonic consultation: 658-5012/5339
Appointments: 658-5400
Type of patient catered for: All burns
Venue: S19, Red Cross Children's Hospital
Days and times: Monday 12:00-14:30
Friday 12:00-14:30

CARDIOLOGY CLINIC

(including Rheumatic Fever Clinic)

Head: Dr J Lawrenson
Consultant: Dr S Shipton
Telephonic consultations and after hours referrals:
658-5111 - ask for Cardiologist on call
658-5300

Appointments:

Type of patient catered for:

The clinic offers a full range of specialist cardiological services. Referrals are accepted from general practitioners. Referring doctors may be asked to speak to a cardiologist when requesting an urgent booking.

Venue: S27, Red Cross Children's Hospital
Days and times: Monday, Thursday 13:30
Specialist Rheumatic Fever Tuesday 08:00

CARDIOTHORACIC SURGERY CLINIC

Head: Professor U von Oppell
Dr J Hewitson
Telephonic Consultations: 658-5126 for urgent consultations only
Appointments: 658-5400 Doctors are free to make telephonic bookings
Type of patient catered for: Paediatric cardiac and thoracic patients for both pre- and post-operative consultations.
Venue: S19, Red Cross Children's Hospital
Days and times: Fridays 09:00-11:00

CEREBRAL PALSY CLINIC

Head: Dr CM Adnams
Telephonic consultations: Attending doctor: 658-5033
Appointments: 658-5033

Type of Patient catered for: Children with cerebral palsy. The clinic provides physiotherapy, occupational therapy, speech and feeding therapy, social intervention and educational placement.

Venue: S13, Red Cross Children's Hospital
Days and times: Monday, Wednesday, Thursday and Friday 09h00

CHILD ABUSE MANAGEMENT TEAM

Team: Mr Andre Pieters (Head of Social Work Department) 658-5273
All Social Workers 658-5196
Dr Sebastian van As (Head of Trauma Unit) 658-5000
Dr Ralph Diedericks (Consultant in Ambulatory Paediatrics) 658-5111
Dr Beverly Edwards (Consultant Psychiatrist) 658-5111
CPN Trauma Unit 658-5141

Child Sexual Abuse

Survivors of Child Sexual Abuse should be seen in designated centres, which have been established to manage these problems so as to reduce unnecessary travel and other inconvenience. The centres are the Lady Michaelis/Victoria Hospital, Somerset Hospital, False Bay Hospital, Wesfleur Hospital and Karl Bremer Hospital.

Contact telephone numbers:

False Bay Hospital	782-1121 ext 138	Sr Badenhorst/Sr Hawkridge
Karl Bremer Hospital	918-1911	Sr Dolby
	or 918-1258	Rape Centre
Lady Michaelis	797-8171	Dr Trope
Somerset Hospital	402-6911	
Victoria Hospital	799-1111	Dr Nitzche
Wesfleur Hospital	571-8040	

Severely injured children, children with active bleeding and children requiring Tertiary Medical or Surgical opinion should be referred to Trauma Unit. Telephonic consultation is available at all times by contacting the Medical or Surgical Emergency Departments. The Child Abuse management team will investigate and manage all cases that arise out of Admissions to the Hospital.

Other forms of Child Abuse

Other forms of Child Abuse e.g. Abandonment, Neglect, Physical and Ingestions are seen and Managed by the appropriate service: Trauma, Medical and social Work

Contact telephone numbers

Medical Emergency Unit	658-5075	
Social Work Department	658-5196	(Office hours only)
Trauma Unit	658-5198	(for children with injuries)

CLUB FOOT CLINIC

Heads:

Groote Schuur Hospital

Professor E Hoffman
Dr C Maraspini

Telephonic consultations:

404-5129 (during clinic hours)

Appointments:

No appointment required

Type of patient catered for:

Congenital club foot

Venue:

**G Floor, Groote Schuur Hospital,
OPD Building**

Days and time:

Friday 08:00-11h00

CONGENITAL HAND CLINIC

Head:

Professor D Hudson

Telephonic consultations:

658-5111 Bleep Plastic Surgery Registrar

Appointments:

658-5400

Type of patient catered for:

This clinic deals with the problem of congenital anomalies of the hands and feet. If possible, all X-rays available should accompany the patient. Medical practitioners are encouraged to attend the clinic.

Venue:

S19, Red Cross Children's Hospital

Days and time:

Every 2nd Thursday 8:00 – 12:00

CRANIOFACIAL CLINIC

Head:

Professor JL Peter

Telephonic consultations:

658-5111 bleep Plastic Surgery Registrar

Appointments:

658-5335 referral by doctors or patients

Type of patient catered for:

This clinic deals with patients with craniofacial, jaw and maxillary problems. These range from hypertelorism, through prognathism to Crouzon's and Apert's syndromes.

Venue:

S19, Red Cross Children's Hospital

Days and times:

First Thursday of the month 13:30

CYSTIC FIBROSIS CLINIC

Head: Professor J Ireland
Team: Dr A Westwood, Prof H Zar
Ms B Morrow (Physiotherapy)
Ms D van der Spuy (Dietician)
Telephonic consultations: 658-5137 (ask for consultant on call)
Appointments: 658-5137 Ms Vivien Flynn,
Ward B2

New cases as well as urgent problems will be referred to the Cystic Fibrosis Consultant on call for pre-referral arrangements.

Type of patient catered for: Proven cases of Cystic Fibrosis only
Venue: **S13, Red Cross Children's Hospital**
Days and times: Tuesdays 14:00-16:30

DENTAL CLINIC (including Orthodontic Clinic)

Head: Dr S Harneker
Telephonic consultations: 658-5122
Appointments: 658-5122 mornings only

Type of patient catered for:
In-patients as well as chronically ill patients with dental problems
Plastic surgery patients with cleft palates

Venue: **S23, Red Cross Children's Hospital**
Days and times: Monday to Friday 8:30 - 12:30

DERMATOLOGY CLINIC

Head: Professor Gail Todd
Consultant: Dr Pat Lawrence
Telephonic consultations: 404-3376 **Groote Schuur Hospital**
658 5002 **Red Cross Children's Hospital**

The dermatologist on call is available to doctors only on the above number outside of clinic hours.

Appointments: 658-5002
Type of patient catered for: Problematic dermatological patients (cases of warts, molluscum contagiosum.)
IMPORTANT
Mild atopic eczema to be referred to dermatology services at local clinic.

Venue: **S27, Red Cross Children's Hospital**
Days and times: Tuesdays 08:30-12:30
Thursdays 08:30-12:30

DEVELOPMENTAL ASSESSMENT CLINIC

Head: Dr CM Adnams
Telephonic consultations and appointments: 658 5535
Type of patient catered for: Children with developmental delay or at risk for developmental problems, intellectual disability, behavioural disorders, pre-school or non-school attending children with learning problems.
Venue: **S6, Red Cross Children's Hospital**
Days and times: As per appointment

DIABETES CLINIC

Head: Dr A Philotheou
Consultant: Dr S Delport
Telephonic consultations: Dr SV Delport 404-9111 page 1294 or 404-3380
Appointments: 658 5035/5265
Type of patient catered for: All patients under 18 years with diabetes.
Venue: **S14, Red Cross Children's Hospital**

Admissions: ALL DIABETIC KETOACIDOSIS ADMISSIONS TO WARD **G25,GROOTE SCHUUR HOSPITAL**

Senior Endocrinology Registrar: 404-9111
Dr S Delport: 404-9111 page 1294
Sister, Ward G25: 404-4470 / 404-4467

Emergency cases and urgent bookings:
Senior Endocrinology Registrar 404-9111 page 1418
Sister L Starck 658-5111 page 4024

ENDOCRINE/METABOLIC CLINICS

Head: Dr S Delport

Consultant: Dr S Delport

Telephonic consultations and emergencies:

Dr Steve Delport: 404-9111 page 1294

Appointments:

Red Cross Children's Hospital 658-5285/5002

Groote Schuur Hospital 404-4468 / 404-4470

Type of patient catered for: Children with general endocrine growth and metabolic disorders seen at these clinics.

Venue: **S27, Red Cross Children's Hospital**

F Floor, OPD, Groote Schuur Hospital

Days and times:

Monday 08:00 -13:00 Red Cross Children's Hospital

Wednesday 09:00 -13:00 Groote Schuur Hospital

ENT CLINIC

Head: Professor C Prescott

Telephonic consultations: 658-5386

Appointments: 658-5386 Mon. to Thurs. 09:00 - 13:00

Criteria: This clinic is unable to cope with the numbers of children referred for ENT consultations and will only see children with 'urgent' ENT problems that cannot be managed in any other way - preferably after telephonic consultation between the referring doctor and one of the clinic doctors.

Type of patient catered for: This clinic primarily exists to provide a tertiary referral service for specialised paediatric ENT disorders and to cater for the ENT needs of those 'special' children who require the services only available within a specialist children's hospital for their medical care.

Because there has always been a lack of suitable ENT facilities for small children within the public health sector of the local community this clinic has always tried to provide a limited ENT service for such children and will continue to do so for selected children - see Criteria above.

Apart from these categories of patient, unrestricted bookings from any source of referral will be accepted for children:

- with chronic ear disorders
- with deafness
- with congenital ear malformations
- with facial nerve palsy
- with other head and neck malformations
- with suspected head and neck tumour

Emergency cases will be seen without a booking but notification of such referral would be appreciated.

Venue:

S24 Red Cross Children's Hospital

Days and times:

Monday to Thursday 09:00 - 13:00

FRACTURE CLINIC

Head: Professor EB Hoffman

Telephonic consultations: 658-5290 during clinic hours

Appointments: 658-5400

Type of patient catered for: Clinic caters for follow-up of fractures. Acute fractures are dealt with at all hours in the Trauma Unit.

Venue:

S19, Red Cross Children's Hospital

Days and times:

Tuesday and Thursday 13:00-16:00

GASTROENTEROLOGY CLINIC

Head: Prof. J Ireland

Team: Dr L Cooke and Dr L Goddard

Telephonic consultations: 658-5137 (ask for consultant on call)

Appointments: 658-5002

Doctors are encouraged to make telephonic bookings and to discuss the patient/problem with one of the gastroenterology doctors beforehand.

Type of patient catered for: Patients with problems related to the liver and gastroenterological system who require specialist assessment and care.

Venue: **S27, Red Cross Children's Hospital**

Days and times: Wednesday 14:00 -16:30

(See also Cystic Fibrosis Clinic)

GENERAL SURGERY CLINIC

Head: Professor H Rode
Telephonic consultations: Registrar on call
Appointments: 658-5400
Type of patient catered for: General paediatric surgery
Venue: **S19, Red Cross Children's Hospital**
Days and times: Tuesday 09:00-12:00
Thursday 09:00-11:00

GENETIC CLINIC

Head: Dr R de Decker
Telephonic Consultations and general enquiries:
Sr T Legg at Medical School 406-6304
Sr D Sklar at Red Cross Children's Hospital 658-5002

Appointments: 658-5002
Doctors are encouraged to make telephone bookings
Type of patient catered for: Any individual with a congenital or hereditary disorder requiring clinical appraisal, investigation, counselling and prenatal diagnosis.
Venue: **S27, Red Cross Children's Hospital**
Days and times: Tuesday 08:00-12:00
Wednesday 13:00-16:30

GENITAL DISORDERS CLINIC

Consultants: Dr S Delpont, Dr L Jee,
Professor D Hudson
A multidisciplinary team assesses children with intersexuality, micropenis, undescended testis with severe hypospadias.

Telephonic consultations and emergencies:
Dr SV Delpont 404-9111 page 1294
Sen. Registrar Endocrine Unit 404-9111 page 1418
Appointments: 658-5002
Type of patient catered for: Patients with ambiguous genitalia
Venue: **S27, Red Cross Children's Hospital**
Days and times: 1st Monday/month 08:00 – 12:00

13.

HAEMATOLOGY/ONCOLOGY CLINIC

Head: Professor P Hartley
Consultants: Prof PS Hartley , Prof J Daubenton
Dr F Desai

Telephonic consultations and appointments:
Referrals should preferably be discussed with a Consultant at 658-5297 before making an appointment.
Appointments: 658-5185/5297

Type of patient catered for: All children with malignant disease and haematological problems requiring investigation are seen.
The hospital is also the major reference and treatment centre for children with haemophilia.
If there is a *clinical suspicion* of cancer a child should be referred promptly. Confirmatory investigations, especially if invasive, are best done at the Children's Hospital and referral should not be delayed by a perceived need to establish the diagnosis first.

Venue: **Ward G1, Red Cross Children's Hospital**
Days and times:
Leukaemia and solid tumours
Monday, Wednesday
and Thursday 08:30 – 12:30

Anaemia and Bleeding problems
Tuesday 09:00 – 12:30

IMMUNOLOGY CLINIC

Head: Professor D W Beatty
Telephonic consultations: Professor Beatty: 658-5318
Dr Brian Eley: 658-5111
Appointments: Referrals should be discussed with the Immunology consultant. Appointments should be made either with Dr Eley or Professor Beatty.

Type of patient catered for: Patients with suspected or proven primary immune deficiency disorders
Venue: **S27, Red Cross Children's Hospital**
Days and times: Monday 08:30-11:30

14.

INFECTIOUS DISEASES CLINIC

Head: Dr B Eley
Consultant: Dr J Burgess
Professor G Hussey
Appointment: By medical/nursing personnel
Telephone 5311
Telephonic consultation (Hussey or Burgess):
Type of patient catered for: Any child infected with the HIV
Children on Antiretroviral Therapy
Venue: **S20 and S19, Red Cross Children's Hospital**
Days and times: Tuesday 09:00 - 13:00 (**S20**)
Friday 09:00 - 12:00 (**S19**)

LIPID DISORDERS CLINIC

Consultant: Dr J Firth
Appointments: 404-2265
Rapid lipid results will be available if the child arrives at 07:45-08:00 not having eaten that morning.
Type of patient catered for: Children with genetic and acquired lipid disorders are seen at this clinic.
Venue: **S27, Red Cross Children's Hospital**
Days and times: Last Monday of the month: 08:00-12:00

LIVER TRANSPLANT CLINIC

Head: Professor W Spearman
Other Medical Staff: Dr M McCulloch
Dr E Goddard
Dr Burger
Telephonic consultation: 658-5111 or 658-5012
Appointments: 658-5002
Type of patients catered for: Patients referred to assessment for liver transplantation and follow-up of patients having had a liver transplant.
Venue: **S27, Red Cross Children's Hospital**
Days and times: Monday 9:30 – 11:30

LUPUS CLINIC

Head: Dr Paul Roux
Telephonic consultations: 658-5111
Type of patient catered for: Children with (suspected or proven) SLE, scleroderma, dermatomyositis, vasculitis or other connective tissue disease.
Appointments: 404 5360 Doctors are free to make appointments
Venue: **Groote Schuur Hospital.**
Days and times: Tuesday 8:00-12:00

MUSCLE DISORDERS CLINIC

Head: Dr J Wilmshurst
Appointments: 658-5002
Criteria: Any child who has muscle weakness or is suspected of having a muscle disorder. Prior telephone consultation is often useful. Members of the public are free to phone for consultation.
Type of patient catered for: Children who have muscular dystrophies, spinal muscular atrophy, congenital myopathies or any other disorders of muscle, and their families. Please ensure that **both parents** accompany the child.
Venue: **S27, Red Cross Children's Hospital**
Days and times: Tuesday 09:00-12:30

NEUROLOGY CLINIC

Head: Dr J Wilmshurst
Telephonic consultations: 658-5548
Appointments: 658-5434
Referring doctors may make telephonic bookings or write for appointments. A referral note should accompany the patient.
Type of patient catered for: Children with complex neurological problems; infants and children with any disorder involving the central and/or peripheral nervous system.
Venue: **S27, Red Cross Children's Hospital**
Days and times: Held daily

NEUROPHYSIOLOGY LABORATORY:

Head: Dr J Wilmshurst
Telephonic consultations: 658-5289
All qualified clinical technologists in the laboratory
Appointments: 658-5289
Type of patients catered for: This laboratory provides a diagnostic service for children attending the Red Cross Children's Hospital and for children referred from other hospitals and from private practice.
Investigations performed:
Electroencephalography
Electromyography
Nerve conduction studies
Evoked potentials: * visual
* auditory
* somatosensory
Electroretinograms
Selective posterior rhizotomies
Venue: **S25, Red Cross Children's Hospital**
Days and times: Monday to Friday 08:00 – 15:30

NEUROSURGERY CLINIC

Head: Professor JC Peter
Telephonic consultations: 658-5111 - bleep registrar on call
Appointments: 658-5400 - referral by doctors only
Types of patients: All urgent problems should be discussed with the Neurosurgery Registrar on call
Venue: **S19, Red Cross Children's Hospital**
Days and times: Wednesday 10:00-16:00

OPHTHALMOLOGY CLINIC:

Head: Dr RH Grötte
Telephonic consultations:
Emergencies: Dr R Grötte 658-5255/5254
Eye Registrar: 658-5111 page 4093
Appointment: 658-5026
Urgent and emergency cases will be seen only after telephonic consultation.
Type of patient catered for: The clinic caters for general ophthalmological problems in pre-school children and any ocular pathology in children of school age. No routine sight testing service can be offered to children of school going age who should be referred instead to the School Eye Clinics.
Venue: **S21, Red Cross Children's Hospital**
Days and times: Tuesday, Thursday, Friday 08:00 – 12:30

ORTHOPAEDIC CLINIC

Head: Professor EB Hoffman
Dr Sparks
658-5400 (Margo)
Appointments: 658-5400 (Margo)
Type of patient catered for: Diagnosis and management of non-emergency orthopaedic cases.
Venue: **S19, Red Cross Children's Hospital**
Days and times: Monday 08:00-12:00
(Prof E Hoffman)
Friday 08:00-12:00
(Dr Sparks)

PLASTIC SURGERY CLINIC including Cleft Lip and Palate

Head: Professor D Hudson
Telephonic consultations: 658-5111 Bleep Plastic Surgery Registrar
Appointment: All referrals 658-5400
Type of patient catered for: This clinic deals with Plastic Reconstructive and Maxillo-Facial problems, e.g. bat ears, cleft lip and palate and many others including burn contractures, facial deformities, facial nerve palsy, congenital ear anomalies etc.
Venue: **S19 Red Cross Children's Hospital**
Days and times Thursday and Friday 08:00-12:00
See also: Congenital Hand and Craniofacial clinics

PSYCHIATRY CLINIC the Children's Centre **(Child and Family Unit)**

Head: Professor A Flisher
Consultants: Drs A Berg, R. Nasson
Psychologists: Mr R Anderson, W de Jager
Telephonic consultations: 685-4103
Appointments: Fax No: 658-4107 Tel No: 685-4103
for pre-referral arrangements or telephonic consultation with a staff member. Referral forms will be sent on request. Appointments are made after receipt of a completed referral form and allocation of the case to a therapist.
Type of patient catered for: This clinic deals with children who have emotional, behavioural and psychiatric problems. It does not deal with scholastic problems.
Venue:
The Children's Centre, cnr Sawkins and Liesbeeck Roads, Rondebosch
Days and times: Monday to Friday 08:00 – 17:00

RENAL CLINIC

Head: Dr M McCulloch
Other medical staff: Professor J Wiggelinkhuizen,
Dr D Maytham, Dr G van Dugteren,
Dr L Savage

Telephonic consultations: Dr McCulloch 658-5111
Dr Maytham 658-5111

Appointments: (new referrals accepted only from doctors) 658-5032
Type of patient catered for: Children with any disease of the kidneys and urinary tract, including hypertension and vasculitides who require diagnostic, therapeutic and follow-up facilities.

Venue: **S27, Red Cross Children's Hospital**
Days and times: Tuesday 13h00
Friday 08:00

RESPIRATORY CONSULTATIONS AND CLINIC

Head: Professor M Klein
Professor H Zar

Telephonic consultations 6585265 during office hours.
We welcome enquiries and consultations from doctors or Primary Health Care Nurses.

The call will be transferred to a specialist paediatrician for an immediate telephonic consultation. Whenever possible we will try to manage the problem telephonically in conjunction with the referring person. This is in order to minimise inconvenience to parents and to promote continuity of care in the community. In unusual circumstances when a problem cannot be handled in this way, we are able to arrange to see the child in our out-patient clinic .

Problems catered for: We deal with **all forms of respiratory illness** but also problems such as chronic cough, snoring, and recurrent pneumonia.

Venue: **S20, Red Cross Children's Hospital**
Days and times: Tuesday 14h00 – 16:00

SPEECH THERAPY

Head: Ms Vivienne Norman 658-5264/bleep 4201
Therapists: Warda Abrahams 658-5015
Unati Kamanga 658-5135

Appointments: 685-5135/5015/5264
Type of /appropriate referrals: Infants/Children with swallowing/feeding difficulties – discuss with Vivienne Norman.

0-7 year olds with speech and language delays or communication difficulties e.g. oral motor, articulation, stuttering, poor language structures.
(Children who are already in school should be referred to GSH Speech Therapy for general language difficulties – those with difficulties of a “tertiary” nature or those who are attending multiple clinics at RXH will be considered for therapy at RXH – phone department to discuss.

Venue: **S24 Red Cross Children's Hospital**
Days: Mondays to Fridays 8:00 -16:00

SPINAL DEFECTS CLINIC

Heads: Professor EB Hoffman (Orthopaedics)
Dr L Jee (Urology)
Dr C Adnams (Paediatrics)
Professor J Peter (Neurosurgery)
658-5033

Appointments:

Type of patient catered for: Children with neural tube defects (i.e. spina bifida /myelomeningocele)

Venue: **S19 Red Cross Children's Hospital**
Day and times: Wednesday 10:30 – 16:00

SURGERY DAY UNIT

Head: Professor H Rode,
Telephonic consultations: 658-5058/5576
Appointments: 658-5400 for a Tuesday clinic appointment
S19 Red Cross Children's Hospital (09h30)

Type of patient catered for: Well children requiring minor surgical procedures including inguinal hernias, undescended testes, and those needing circumcision.

Venue: **A7, Red Cross Children's Hospital, 658-5058 for queries**
Days and times: Theatre days are on Mondays and Thursdays only

UROLOGY CLINIC

Head: Dr L Jee
Telephonic consultations: 658-5432 Friday morning only
658-5335 at other times
658 5002/5023

Appointments:
Type of patient catered for: Specific urological problems
Venue: **S27, Red Cross Children's Hospital**
Days and times: Friday 09:30 - 12:00

Red Cross War Memorial



Children's Hospital

**Outpatient Clinic
INFORMATION**

2005

INDEX

GENERAL INFORMATION	1
ADOLESCENT SERVICES	3
ALLERGY CLINIC	3
ANORECTAL & STOMALTHERAPY CLINIC	4
ARTHRITIS CLINIC	4
AUDIOLOGY CLINIC	5
BEHAVIOUR DISORDERS CLINIC	5
CARDIOLOGY CLINIC	6
CARDIOTHORACIC SURGERY CLINIC	6
CEREBRAL PALSY CLINIC	6
CHILD ABUSE MANAGEMENT TEAM	7
CLUB FOOT CLINIC	8
CONGENITAL HAND CLINIC	8
CRANIOFACIAL CLINIC	8
CYSTIC FIBROSIS CLINIC	9
DENTAL CLINIC	9
DERMATOLOGY CLINIC	9
DEVELOPMENTAL ASSESSMENT CLINIC	10
DIABETES CLINIC	10
ENDOCRINE/METABOLIC CLINIC	11
ENT CLINIC	11
FRACTURE CLINIC	12
GASTROENTEROLOGY CLINIC	12

INDEX contd

GENERAL SURGERY CLINIC	13
GENETIC CLINIC	13
GENITAL DISORDERS CLINIC	13
HAEMATOLOGY/ONCOLOGY CLINIC	14
IMMUNOLOGY CLINIC	14
INFECTIOUS DISEASES CLINIC	15
LIPID DISORDERS CLINIC	15
LIVER TRANSPLANT CLINIC	15
LUPUS CLINIC	16
MUSCLE DISORDERS CLINIUC	16
NEUROLOGY CLINIC	16
NEUROPHYSIOLOGY LABORATORY	17
NEUROSURGERY CLINIC	17
OPHTHALMOLOGY CLINIC	17
ORTHOPAEDIC CLINIC	18
PLASTIC SURGERY CLINIC	18
PSYCHIATRY CLINIC – The Children’s Centre	18
RENAL CLINIC	19
RESPIRATORY CLINIC	19
SPEECH THERAPY	19
SPINAL DEFECTS CLINIC	20
DAY SURGERY CLINIC	20
UROLOGY CLINIC	20

