

# Load shedding checklist



## PREPARE YOURSELF BY DOING THE FOLLOWING



Keep your **cell phone** fully **charged when the power is on.**

If your cellphone battery is low, remember that you can use your car charger in your car.

Remember to **switch off your oven** if it was on when the power outage started.



Keep **frozen bottled water** in your freezer to help **keep food cold** during a power outage.

**Access, security and safety** always remain a top priority - Know where the manual release lever of your electric garage door opener is located and how to operate it.



Also keep a **key to your house** with you in case your usual access to your house uses an electricity connection.



Invest in a small **gas lamp** for good quality lighting over a large area.

Keep boiled water in **thermos flasks** for hot drinks during a power outage.

Keep a battery- or solar-powered **torch or candles** in a place where it will be easy to find in the dark - make sure you have an extra set of fresh batteries.



**Prepare meals beforehand** in case of a power outage.



Invest in a small **gas cooker** for essential cooking and to boil water for hot drinks - make sure you have an extra bottle of gas.

Keep a **small torch** on your bedside table at all times - make sure you have an extra set of **fresh batteries.**



Install **solar powered** security and garden **lights** and / or ensure house / premises alarm batteries are working.



Make use of **surge protection:** Electric surges are one of the biggest causes of damage to equipment during a power outage. **Installing a surge protection device** can help minimise damage. Have a surge protection device fitted to your electrical distribution board and switch off all devices when not in use - protects from surges, but also reduces energy use.



Keep **refrigerator and freezer doors closed** at all times - a power outage of four hours should not cause food spoilage and a freezer should keep food frozen and safe for at least a day.



Most **medication** that needs **refrigeration** can be kept in a closed fridge for several hours without spoiling - it is essential that you check with your doctor or pharmacist to be sure about your type of medication.



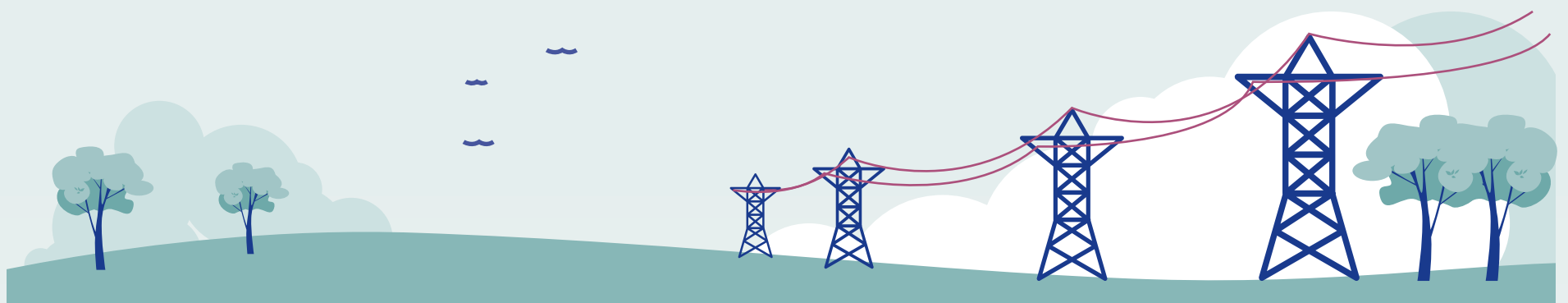
Load shedding may result in alarm systems not operating properly therefore **check with your insurer** if you are covered should you have a break in while the alarm is not powered.



Originally adapted from: Eskom Corporate Affairs, February 2015, For more info go to: [www.eskom.co.za](http://www.eskom.co.za)



**Back up your data:** Make it a priority to save your data offsite, in case of a hard drive crash or unforeseen electrical fault. Online "cloud-based" backups are very convenient and are mostly automated, which means that you have one less thing to worry about.



[www.westerncape.gov.za/110green](http://www.westerncape.gov.za/110green)

Source: <http://www.eskom.co.za/AboutElectricity/FactsFigures/Documents/LoadSheddingChecklist.pdf>



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