

## Children's Rights



## You have the right to:



A name and a nationality at birth



Family care and parental care



**Basic Nutrition** 



Shelter



Basic health care services



**Education** 



Social services



**Protection** 

If you feel that your rights are being violated, please speak to someone you trust such as a parent, teacher, friend, police officer or family friend.

They can call the following numbers for help:

Department of Social Development Hotline: 0800 220 250

After hours: **082 227 0478** 

Childline: 116 | website: https://www.childlinesa.org.za

