

**OPPORTUNITY FOR NPOS TO APPLY FOR FUNDING  
FOR SOCIAL WELFARE AND COMMUNITY DEVELOPMENT SERVICES IN THE WESTERN CAPE:  
PROGRAMME SPECIFICATIONS – SUBSTANCE ABUSE**

| <b>Sub-programme: Substance Abuse</b> |   |   |
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| <b>Prevention/<br/>Awareness</b>      | <b>Outputs</b> <ul style="list-style-type: none"> <li>- Children, families, and adults (communities at large) are aware of all risks of substance abuse.</li> <li>- Children, families, and adults (communities at large) are aware of risks pertaining to alcohol consumption and pregnancy</li> </ul> | <ul style="list-style-type: none"> <li>- Registration in terms of section 14 of the Prevention of and Treatment for Substance Abuse Act, 70 of 2008 or render services in accordance with Annexure A of the Regulations of the mentioned Act.</li> <li>- Credible information, education, advice and referral, promotion, communications services, and life skills in relation to Foetal Alcohol Spectrum Disorders (FASD) in rural areas.</li> <li>- Dedicated and appropriately trained personnel to provide prevention services.</li> </ul>  |
| <b>Early<br/>Intervention</b>         | <b>Output</b> <ul style="list-style-type: none"> <li>- At risk individuals are identified early and assisted before they require in depth interventions or statutory services</li> </ul>  | <ul style="list-style-type: none"> <li>- Registration in terms of section 14 of the Prevention of and Treatment for Substance Abuse Act, 70 of 2008 or render services in accordance with Annexure B of the Regulations of the mentioned Act.</li> <li>- Ability and willingness to appoint social workers and/or social auxiliary workers registered with the SACSSP to render the early intervention service.</li> <li>- Ability to screen for risky substance use utilising evidence-based screening tools.</li> <li>- Dedicated and adequately trained professional staff.</li> <li>- Ability to conduct comprehensive assessments.</li> <li>- Implementation of motivational interviewing and cognitive behavioural therapy skills.</li> <li>- Implementation of brief interventions linked to a structured treatment programme.</li> <li>- Referral to service users to alternative treatment and services if required.</li> <li>- Implementation of group therapy skills, psychoeducation sessions, life skill orientated groups and family sessions.</li> <li>- Implementation of training to caregivers.</li> <li>- Appropriate and adequate recording of therapeutic intervention.</li> </ul> |

## 2023 Call for Proposals: Substance Abuse Specifications

| <b>Sub-programme: Substance Abuse</b> |  |   |
|---------------------------------------|--|---|
| <b>Statutory</b>                      | <b>Output</b><br>Inpatient treatment services that comply with legislative provisions, protocols, minimum norms, and standards are provided for people with substance use disorders. | <ul style="list-style-type: none"> <li>- Registration as an inpatient treatment centre in terms of section 19 of the Prevention of and Treatment for Substance Abuse Act, 70 of 2008.</li> <li>- Inpatient treatment services provided by a multi-disciplinary team consisting of a social worker, professional nurse and other mental health practitioners registered with the relevant statutory bodies.</li> <li>- Provision of inpatient treatment service within a biopsychosocial approach.</li> <li>- Implementation of a structured treatment programme focusing on early recovery skills, relapse prevention and discharge planning.</li> <li>- Implementation of a case management system</li> <li>- Implementation of individual counselling, group therapy and family interventions.</li> <li>- Adequate and appropriate recording of all therapeutic engagement with service users.</li> </ul>   |
| <b>Statutory</b>                      | <b>Output</b><br>Community-based treatment that complies with legislative provisions, protocols, norms, and standards are provided for people with substance use disorders.          | <ul style="list-style-type: none"> <li>- Registration in terms of section 14 of the Prevention of and Treatment for Substance Abuse Act, 70 of 2008 or render services in accordance with the relevant norms and standards.</li> <li>- Ability and willingness to appoint clinical staff registered with the relevant statutory bodies.</li> <li>- Provision of community-based treatment utilising the biopsychosocial approach with the availability of a multi-disciplinary team.</li> <li>- Dedicated and adequately trained professional staff.</li> <li>- Ability to screen service users utilising evidence-based screening tools.</li> <li>- Ability to conduct comprehensive assessments and develop structured Individual Development Plans</li> <li>- Implementation of motivational interviewing and cognitive behavioural therapy skills.</li> <li>- Implementation of a documented structured treatment programme.</li> <li>- Implementation of a case management system.</li> <li>- Structured programme must include early recovery skill, relapse prevention and discharge planning.</li> <li>- Individual, group and family therapy to form part of the structured treatment programme</li> <li>- Implementation of group therapy skills, psychoeducation sessions, life skill orientated groups and family sessions.</li> <li>- Appropriate and adequate recording of therapeutic intervention.</li> </ul> |
| <b>Aftercare &amp; Reintegration</b>  | <b>Output</b><br>Services aimed at reunification / maintaining level of reconnection with substance abusers and their families.  | <ul style="list-style-type: none"> <li>- Registration in terms of section 14 of the Prevention of and Treatment for Substance Abuse Act, 70 of 2008 or render services in accordance with the norms and standards.</li> <li>- Ability and willingness to appoint social workers and/or social auxiliary workers registered with the SACSSP to render the aftercare service.</li> <li>- Dedicated and adequately trained professional staff.</li> </ul>  |

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|                                |  | <ul style="list-style-type: none"><li>- Ability to conduct comprehensive assessments and development of aftercare plans</li><li>- Implementation of cognitive behavioural therapy skills and relapse prevention therapy.</li><li>- Treatment programme to be documented and structured.</li><li>- Referral to service users to alternative treatment and services if required.</li><li>- Implementation of group therapy skills, psychoeducation sessions, life skill orientated groups and family sessions.</li><li>- Availability of psychosocial support groups or referral to available support groups.</li><li>- Appropriate and adequate recording of therapeutic intervention.</li><li>- Linkage of service users to economic opportunities.</li><li>- Longitudinal tracking of service users after discharge.</li></ul> |