



## RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL



### PAIN MANAGEMENT PROGRAMME

16 March 2016

VENUE:

*D3 Pola Pasvolsky Lecture Theatre*

<u>TIME</u>	<u>TOPIC</u>	<u>PRESENTING</u>
08:30 – 09:00	Registration	<i>Ms Melissa Williams</i>
09:00 – 09:30	Introduction to pain	<i>Dr Heidi Meyer</i>
09:30 – 10:00	Pathophysiology of pain	<i>Prof. Jenny Thomas</i>
<b>TEA TIME</b> <b>10:00– 10:30</b>		
10:30 – 11:00	Providing Comfort – the state of the science	<i>Prof. Minnette Coetzee</i>
11:00 – 11:30	Pain assessment guidelines	<i>Professional Nurse Angeline Schrikker</i>
11:30 – 12:00	The impact of Yoga practices in the clinical environment	<i>Yoga instructor Lauren Pech</i>
12:00 – 12:30	Pain management guidelines from acute care to intensive care.....back home	<i>Prof. Jenny Thomas</i>
<b>LUNCH</b> <b>12:30 – 13:30</b>		
13:30 – 14:00	Paediatric pain	<i>Dr Annemie Burke</i>
14:00 – 14:30	Guideline to simple analgesia: Paracetamol	<i>Dr Karmen Kemp</i>
14:30 – 15:00	Ketamine what you need to know	<i>Dr Bobby Nieuwveld</i>
15:00 – 15:30	Palliative care case study	<i>Dr Tracey Puten</i>
15:30 – 16:00	Music therapy case studies	Music Therapist Chris Wildman



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08:30 – 09:00	Registration	<i>Ms Melissa Williams</i>
09:00 – 09:30	Neonatal analgesia: what should I know in 2016?	<i>Dr Rebecca Gray</i>
09:30 – 10:00	Psychology of Pain	<i>Psychologist Gill</i>
<b>TEA TIME</b> <b>10:00– 10:30</b>		
10:30 – 11:00	Managing the adolescent during his psychological journey through chronic pain	<i>Professional Nurse Lesley Hoogervorst</i>
11:00 – 11:30	Improving care of the technology dependent child – the South African perspective.	<i>Professional Nurse Jane Booth</i>
11:30 – 12:00	Epidural anaesthesia and wound infusion	<i>Dr Karmen Kemp</i>
12:00 – 12:30	Understanding the rights of a child in the clinical setting	<i>Ms Lori Lake</i>
<b>LUNCH</b> <b>12:30 – 13:30</b>		
<b>Poster presentation: Physiotherapy Phantom limb pain      Physiotherapist Rukiya Mowzer</b>		
13:30 – 14:00	Pain associated with burn surgery	<i>Dr Kotie Bester</i>
14:00 – 14:30	All about ketamine	<i>Dr Bobby Nieuwveld</i>
14:30 – 15:00	Research presentation: Complex Regional Pain Syndrome	<i>Dr Mariesa Nock</i>
15:00 – 16:00	Aroma therapy workshop Hands	<i>Aroma therapist Linda Ann O'Flaherty</i>