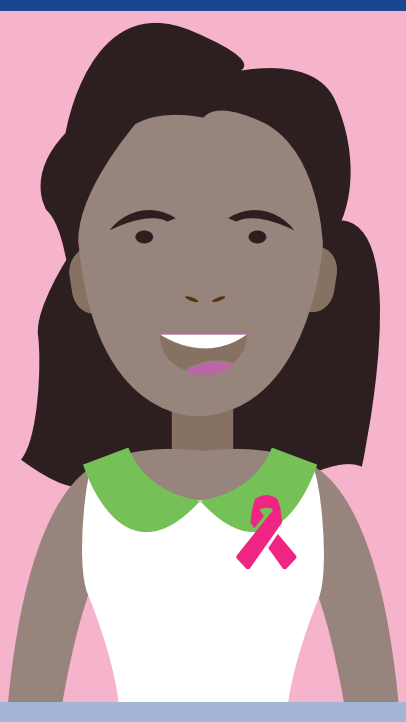
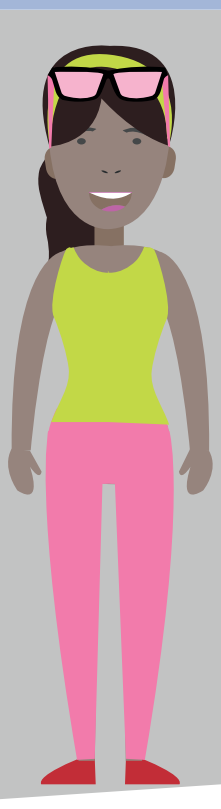


MYTH vs FACT

about breast cancer

Myth = ✗ Fact = ✓



✗ I am too young to get breast cancer

✓ Many women who are under 40 are diagnosed with breast cancer

✓ Men can't get breast cancer

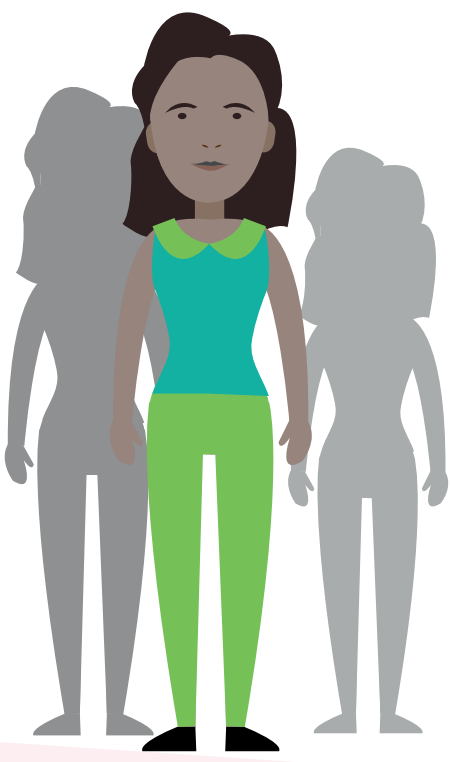
✗ 1 in 1 249 men have a lifetime risk of breast cancer

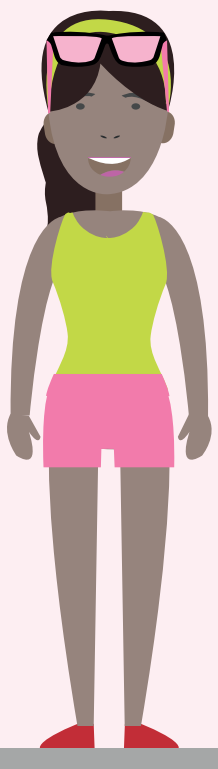
✗ Alcohol is not linked to breast cancer

✓ Alcohol use increases the risk of breast cancer

✗ Only women with a family history of breast cancer are at risk

✓ All women are at risk, but family history increases the risk





✗ I have never had children, so I can't get breast cancer

✓ Women who have never had children, or only had them after 30, have increased risk of breast cancer