

# Change in COVID symptoms

August 2021

STAY SAFE  
MOVE FORWARD

**Classical COVID symptoms used in screening remain in place.**

Classical COVID symptoms



Cough



Sore throat



Fever



Change in ability to smell and/or taste



Shortness of breath

**However there seems to be a change in COVID symptoms associated with the Delta variant.**

**Previously uncommon symptoms are now becoming more common.**

**COVID symptoms associated with the Delta variant are similar to the common cold.**

Delta variant symptoms:



Headache



Blocked/  
runny nose



Sneezing



Weakness/  
fatigue

They may be the *only* symptoms the client has.

**As these symptoms were less commonly seen with previous coronavirus variants, there has been a tendency to dismiss them as unlikely to indicate COVID, but now, that should no longer be practised and symptoms of the common cold should raise the suspicion of a COVID infection.**



Western Cape  
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