



COVID-19 SAFETY



MASIGONYENI.
MASENZENI
LENTO.

LAAT JOU INENT.
KOM ONS
DOEN DIT

coronavirus.westerncape.gov.za
#LetsDoThisWesternCape

WE HAVE EXITED THE FOURTH WAVE

With our numbers declining, we have thankfully exited the fourth wave. Let's continue to play our part and stay safe by:

- Getting vaccinated, protecting yourself from severe illness and death in subsequent waves and variants.
- Wearing a mask correctly, covering both your nose and mouth. Ensure that you dispose of or wash your mask after each use.
- Ensuring good ventilation, with lots of fresh air. If you are gathering, do it outside.
- Adhering to the Golden Rules of Good Hygiene, including staying home as soon as you feel sick.

Each of us has a role to play in ensuring that we keep safe and prevent the spread of COVID-19.

If you have not been vaccinated as yet, register in the following ways:

- visit <https://vaccine.enroll.health.gov.za/#/> (the link can also be found on www.westerncape.gov.za)
- dial *134*832# and follow the prompts (FREE on all South African Networks); or WhatsApp the word REGISTER to 0600 123456
- You can also walk in at any of our vaccination sites. The staff will help you to register and receive your primary vaccination or booster dose. Please bring your ID or passport if you can.

NGOKU SIPHUMILE KUMSINGA WESINE WECOVID-19

Njengokuba esihla amanani ethu, ngombulel' omkhulu, siphumile kumsinga wesine. Masiqhubekeni ngokudlala eyethu indima kwaye sihlale sikhuselekile ngokwenza oku kulandelayo:

- Ngokugonya, ngokuzikhuselela ekubeni ufumane isigulo esimandundu nokusweleka kule misinga nakwezi ntlobontlobo zale ntsholongwane.
- Ngokunxiba imaski ngokuchanekileyo, egquma umlomo nempumlo. Ngokuqinisekisa ukuba uyayilahla okanye uyayihlamba imaski yakho emva kokuyisebenzisa.
- Ngokuqinisekisa ukungena nokuphuma komoya kakuhle, kungene umoy' omtsha. Ukuba nikwindibano, yenzeleni ngaphandle.
- Ukuthobela iMithetho eNgundoqo yoCoceko oluLungileyo, kuquka nokuhlala ekhaya ngokukhawuleza nje xa uthe waziva ugula.

Umntu ngamnye unendima amakayidlale

ekuguqinisekiseni ukuba sizigcina sikhuselekile kwaye sikuthintele ukunwena kweCOVID-19.

Ukuba awukagonywa okwangoku, bhalisa ngezi ndlela zilandelayo:

- tyelela ku-<https://vaccine.enroll.health.gov.za/#/> (ilinki inokufunyanwa nakule webhusayithi www.westerncape.gov.za)
- dayela *134*832# uze ulandele imiyalelo (SIMAHLA kuzo zonke iiNetwekhi zoMsantsi Afrika); okanye thumela igama elithi REGISTER ngoWhatsApp ku-0600 123456
- Kwakhona, ungavela ungene ngaphandle kwedinga nakweyiphi na indawo yethu yokugonyela. Abasebenzi baza kukunceda ukuba ubhalise kwaye ufumane ugunyo lwakho lokuqala okanye olwethamo lokongeza ukhuseleko. Nceda uze ne-ID okanye nepasipoti yakho ukuba unakho.

ONS HET DEUR DIE VIERDE GOLF GEKOM

Met ons getalle wat afneem, is ons gelukkig klaar met die vierde golf. Kom ons gaan voort om ons rol te speel en veilig te bly deur middel van die volgende:

- Laat jou inent om jousef teen ernstige siektes en die dood te beskerm wanneer die volgende golwe en variante ons tref.
- Dra jou masker en sorg dat beide jou neus en mond bedek is. Maak seker dat jy jou masker weggooi of ná elke gebruik was.
- Sorg vir goeie ventilasie en baie vars lug. Indien mense bymekaarkom, moet hulle dit buite doen.
- Kom die Goue Reëls van Goeie Higiëne na, insluitend om tuis te bly wanneer jy siek voel.

Elkeen van ons het 'n rol om te speel om te verseker

dat ons veilig bly en die verspreiding van COVID-19 voorkom.

Indien jy nog nie ingeënt is nie, registreer op die volgende maniere:

- Besoek <https://vaccine.enroll.health.gov.za/#/> (die skakel kan ook op www.westerncape.gov.za gevind word).
- Skakel *134*832# en volg die aanwysings (GRATIS op alle Suid-Afrikaanse netwerke); of WhatsApp die woord "REGISTER" na 0600 123456.
- Jy kan ook by enige van ons inentingspersele inloop. Die personeelsaljouhelpomteregistreer en jou primêre inenting of skraagdosis te kry. Bring asseblief jou ID of paspoort saam indien moontlik.

For more COVID-19 information please visit the WCG Coronavirus website [here](https://www.westerncape.gov.za/coronavirus)



