



Western Cape  
Government



Cultural Affairs and Sport

**Sport Awards**

5 March 2022



# Foreword



The annual Sport Awards is a highlight of the Western Cape Government's calendar. The Awards recognise and officially acknowledge the esteemed excellence of sportspeople hailing from the Western Cape.

Today, we pay tribute to the exemplary role these individuals have played in the development of sport and motivating others to achieve more. I wholeheartedly thank each sportsperson awarded their prestigious acknowledgement for serving as a beacon of hope to all in the Western Cape. Their perseverance, focus and positive choices have groomed them into significant role-models to whom youth can aspire

Excellence in their respective sporting codes requires dedication, motivation and many hours of practice, but also most importantly support and encouragement from significant others: family, friends, coaches, managers and others. Heartfelt gratitude is expressed to them for their continuous support and encouragement toward our sporting success

History has shown time and again that sport has the ability to bring diverse groups of people together, inspires hope and I firmly believe our honoured sport stars personify this notion. They also promote a healthy lifestyle in which they contribute to increasing wellness and safety in the Western Cape and for that I thank you profusely.

In closing, a special word of thanks to all the DCAS team players for your hard work, dedication and professionalism in making the Sport Awards a proud occasion. Let us celebrate our victories and achievements and create a spirit of goodwill and social inclusivity.

**Anroux Marais**  
**Minister of Cultural Affairs and Sport**  
**Western Cape Government**

# Volunteer of The Year

## **Bathandwa Mayiji - Netball**

Bathandwa started a new netball sub-district in Khayelitsha called the Northern Zone Netball District. He headed up the initiative on his own with the support of the netball community. The district started with 16 clubs joining. The Sub-district is well managed under his leadership.

## **Tyrol Mackenzie - Chess**


Tyrol has shown from the beginning why he is such an asset not only to Overberg Chess Federation but also to the Overberg Schools Chess and Overberg in general. Tyrol is always the first to be at events and the last to leave the venue after a busy and hectic chess day. Tyrol is the one who sets up the chess boards, sanitizes the pieces and the attendees, places the board numbers, packs the tables, chairs, and always does this without asking for a single cent from the federation. Tyrol always does this and goes beyond this with a smile on his face and happy to assist to make sure our tournaments are of the highest standards. In fact, Tyrol has set the standard of how and in what manners tournaments should take place in our region.

## **Nadia Jacobus-Julies - Rugby**

A community worker by heart, Nadia needs no invitation to build a case for sport and offers her time in the following capacities to her community all round: National Netball Umpire, Netball Level 2 Coach, School Athletic Officials, Rugby Technical Official and Coach, Club Compliance Officer and Cycling Club Coordinator. She volunteers her time to serve on various committees like School Governing Bodies, the local Neighbourhood Watch and Rugby Committees.

## **Muya Koloko - SAPD**

For the past ten years Mr. Muya Koloko has been an active member of the Cape Winelands, at club and district level. He is very knowledgeable of Goalball technical official rules and is a reliable and cooperative member with a huge passion for the visually impaired. He is firm and strict but understands and respects his athletes competing at the required IPC/WPA (World Paralympic Association) approved events. At provincial trials, Muya sets high standards for his team and referees. He has availed himself at



international level representing South Africa on the Africa Goalball Association where members work on the training and development of Goalball athletes, preparing them for possible international competitions.

### **Inge Theron - Netball**

Inge's voluntary and community involvement lies at the heart of any truly successful Netball Club. Inge brings a great source of expertise needed to the West Coast Netball Federation and Velddrift Netball Club. She has a wide knowledge base and a range of skills to assist with tasks such as netball competitions, liaising with visiting teams, working with media and security organisations, providing services for athletes, sponsors, spectators, and other organisations associated with any sport event.

### **Franco Lucas - Central Karoo**

Franco started his journey in volunteerism in the MOD program that is run across the province. Since then, he has been actively involved in both playing and coaching sport. He has also applied his efforts in assisting school sport structures and has accompanied athletes travelling away from home.

# Sport Community Builder of The Year

## **Athol Wayne Ontong - Cape Winelands Rugby**

Athol is an educator nearing retirement but returned to coaching on federation and school level. He mentored several community clubs and assisted with coaching. He organised and presented coaching workshops as well as rugby clinics to youth in disadvantaged areas.

## **Marlene Williams - Cape Town Netball**

Marlene is responsible for the CTNF Junior League. The league is growing at a rapid speed. In October 2019 she organised the 2nd Inter-sub-district Junior Board Games. For the period 2019-2021 she has again distinguished herself as an individual who has the passion to address the societal ills in various communities.

## **Aldo Pekeur - Overberg Chess**

Aldo is the forerunner for developing and engaging school structures with federation structures. He is the driving force of the chess community within the Overberg District. He also plays an active role within the chess structures, club development and chess coaching in rural areas.

## **Meryl Daniels - Garden Route Rugby**

Meryl is involved with the Zoar United Rugby and Football Club. She has been the chairperson of the club since January 2019. She is also involved in the Kannaland School District with mini cricket. She represented Kannaland District this year in Limpopo Province at the Mini Cricket Indaba.

## **Nadene Sherman - West Coast Netball**

Nadene is the vice-chairperson of the West Coast Netball Federation. She is also the umpire convener of the federation. She is the compliance officer for the Southern Stings Netball team during the TNL in 2020 and 2021. She is the coach of the Malmesbury Netball Club.

## **Ricky Prince - Central Karoo Soccer/Athletics**

Ricky is a well-known sport athlete and administrator throughout the Central Karoo, Western Cape and in South Africa. He spends most of his time coaching and training scholars and the youth in the communities in various sport skills including but not limited to soccer, athletics and softball. Ricky has great organising skills and assists all schools and clubs when needed.

# Recreation Body of The Year

## **Vure's Health and Wellness Club (VHWC)**

VHWC is a wellness club operating in previously disadvantaged communities which seeks to give back to our communities with the best training and wellness service. VHWC is an affiliate of Langa Sport Council. The primary objective is to assist communities in reaching the fitness and healthy life goals through fitness specialising in skipping rope exercises, aerobics and monthly boot-camps, providing safe and effective exercises.

## **Oudtshoorn Christian Youth Forum (OCYF)**

The OCFY does excellent work for the youth of Oudtshoorn through sport days, spring days, presentations by the South African Police Services and healthcare organisations. The main aim of the OCFY is to educate children on the everyday challenges of alcohol and drug abuse, abuse against children as well as living a healthy lifestyle.

## **Drakenstein Community Sport Association**

The Association uses sport and recreation activities to assist hundreds of youth staying in the Paarl East, Greenhills and Wellington areas, where they face extreme socio economic challenges like gangsterism, high unemployment rates, alcoholism and drug abuse are kept off the streets. Over weekends and holidays, these officials organise dominoes, vlakkie cricket for girls and boys in various age groups, street netball and 5 a-side neighbourhood football leagues.

# Indigenous Games Team of The Year

## **Cape Town Intonga**

In September 2019 at the National Indigenous Games Festival that was held in Polokwane, the Cape Metropole District had 3 representatives that made up Team Western Cape in Intonga. Two out of the three representatives won medals (1 gold and 1 bronze) which contributed to the Western Cape getting the overall position of number 3 in the country. In September 2021 at the National Indigenous Games Festival that was held in Durban, the Cape Metropole District had two out of four representatives that made up Team Western Cape in Intonga. Both players won medals (1 gold and 1 silver), these achievements played a huge role in getting the Western Cape improving from the overall position 3 of 2019 to overall position 2 in 2021.

## **Overberg - Intonga**

Njabulo Maqikiqa represented the Overberg District on Team Western Cape at the most recent Indigenous Games Championships. His dedication and enthusiasm has proven him to be an asset to any team. His hard work assisted team Western Cape in achieving the silver medal at the National Indigenous Games that was hosted in KZN.

## **Cape Winelands - Jukskei**

The Team achieved gold medals at the 2021 National Indigenous Games Festival hosted by KwaZulu Natal (KZN) in both females and males. The success of the Western Cape Jukskei team was very significant and a huge contribution to the Team Western Cape achievement of 2nd place in 2021.

## **Eden - Morabaraba**

The Eden Morabaraba did exceptionally well this year and they won the preliminary IG Games during February 2021 as individuals and they followed that up with winning the Regional Games against players from different towns within their region and those players that previously competed at a National and Provincial Indigenous Games specifically for the code Morabaraba. The Team went on and against expectation they won at the Provincial event and beat all the opposition that they played against.





### **Central Karoo - Abigail De Boer - Diketo**

Abigail has been a strong leader in her district where it comes to her sport activities, especially the code Diketo. She received a silver medal at the National Indigenous Games in Limpopo in 2018 and a bronze medal in 2019. With all the restrictions around Covid-19 she still found the time to motivate her fellow teammates during practice. She excelled not only in her sports arena, but also in her personal life. She became a positive role model, mentor and inspiration through her passion for the youth and adults. She participated at the provincial games and was selected to represent team Western Cape at the National Indigenous Games in Durban September 2021. Abigail gave 100% every single practice on and off the field, still motivating her fellow teammates.

# School Team of The Year

## **Eversdal Primary School – Cape Town Tennis**

Eversdal Primary School participated in the BNP Paribas Rising Star Tournament and were the runners up out of all South African Primary School teams. The tournament started with the Cape Town leg (+/- 50 teams took part) and then they qualified for the Western Cape Tournament. After that they played the SA tournament coming 2nd overall.

## **Robertson High School – Cape Winelands Tug of War**

It was their first time ever participating in the mix division. They won the Cape Winelands/Cape Metropole Championship and won a gold medal, earning them Cape Winelands/Cape Metropole colours. They won a silver medal at the junior SA Championships. Michael Phillips was selected for the National U/23 training group.

## **Generation School – Overberg**

Generation School was the best chess school in the Overberg District. They won the inter-school two years in a row. They were also selected to compete at the Western Cape School Championships.

# Developing School Team of The Year

## **Generation School – Cape Winelands**

Generation School was the best chess school in the Overberg District. They won the inter-school two years in a row. They were also selected to compete at the Western Cape School Championships.

## **De Kruine Secondary School Under 15 netball team**

Athletes have to travel vast distances to attend the school in small rural town of Touwsriver. The team won the Cape Winelands District competition in the 2020-2021 season in difficult circumstances and were selected to participate at the Annual National Patrick Motsepe Netball Championships

# School Sportswoman of The Year

## **Ella Murphy – Cape Town Equestrian**

Ella is currently in grade 7 at Teneo International School. In 2020 she passed her Pony Club C+ test and in August 2021 for horse car and riding with Merit. She was the winner of the Western Cape Open Pony Rider Derby and 1m Pony Rider Derby in 2021. She is ranked number 1 in the Western Cape for Show Jumping in 2020 and currently leads the ranking in 2021.

## **Jodi Bucchianeri - Overberg Chess**

Jodi represented her school, Curro Hermanus, at a Curro national chess event and scored 4/5 games. She is part of the Overberg coaching group. She was selected to represent team South Africa at the African Schools Chess tournament in Kenya in December 2021.

## **Heike Janse van Vuuren- Garden Route**

Heike is currently the top u18 player on the Tennis SA rankings in South Africa. She is ranked number 5 in South Africa. She qualified for two International Tennis Federation u18 tournaments and won the singles and the doubles.

## **Chris-Mari Nel - West Coast**

Chris-Mari is an outstanding athlete. She takes part in athletics, discus and shot put. She was placed 2nd for shot put in u14 SA rankings and 2nd for hammer throw and 1st for discus for 2021.

## **Mursha Robbenson – Central Karoo Athletics**

Mursha is the current Western Cape Champion for u16 girls in athletics and cross country. She finished 9th at the ASA Cross Country championship in Durban 2021. She finished 6th in the 1500m at the ASA Schools athletic championship in Port Elizabeth and 5th at the SA Schools Championship in Potchefstroom.

## **Cara-Mia Nel- Cape Winelands**

Cara-Mia received a gold medal at the SA Games. She received her Western Cape Colours for tumbling, level 7 girls 9-10 years. She was the winner of the Madiba Cup series for level 5 girls 10 and under.

# School Sportsman of The Year

## **Leo Matthysen – Cape Town School Tennis**

Leo has represented Cape Town since his U9 year in the u11 CT team. He was included in the Grand Slam Development team for u16 and is one of 4 players in Africa to be selected. Leo is currently the u15 champion in SA and has been holding this position for the past 3 years. He is ranked number 1.

## **Hanru Wynand Pool - Overberg Lawn Bowls**

Hanru has been playing Lawn Bowls for 7 years. His achievements are as follows: Boland Open 4rs - Gold; Boland Open trips - Gold; Boland Open pair- Silver and he took gold medals at the Overberg Lawn Bowl events.

## **Julio Oerson – Cape Winelands Volleyball**

Julio made the Western Cape boys u15 team. He has received an award for best player against the best volleyball male athletes in CW Volleyball. He attended the national trials in Gauteng on 7 October 2021.

## **Drikus de Jager - Eden Tennis**

Drikus was selected to represent South Africa at the Africa Junior Championship in Egypt. He won the boys under 16 singles and doubles at the TSA Growthpoint EP Super 8. Drikus was the runner up in Boys u16 singles at the Nationals in Bloemfontein.

## **Luciano Jonas – Central Karoo Football**

Luciano participated in the 2020 COSAFA Championship in Port Elizabeth. He was selected to play in Morocco but due to covid 19 it was cancelled.



## Journalist of The Year

### **Fuad Esack**

Fuad represents Cape Community Newspaper which has 15 publications in their stable. He is responsible for overseeing the production of sport coverage for 13 of the 15 publications. Coverage includes all sport codes.

### **Nosiphiwo Madlebe**

Nosiphiwo is an enthusiastic and dynamic journalist with a passion for sport. She increases membership and viewers on the federation social media platforms. She formed relationships with newspapers to showcase programs and developments.

# Photographer of The Year

## **Natalie Spaltman – Cape Town**

Natalie was the official photographer at the Western Cape Junior and Young Rider Show-jumping Championship in 2019 and 2020. Natalie aside from her peers, shows absolute dedication to her photography, the sport and love for the subject (horse and rider) She invests herself completely at every show and feels every win, every loss, every fall with the horse and rider.

## **Deidre Cloete- Garden Route**

Deidre is a household name between various sport fanatics. Her codes are lifesaving, surfing, athletics, trail running, riding and modern pentathlon. She captures the true moments of the athlete. The humility of Deidre is also captured in her photos. She can capture the joy on a podium and the agony during a 42,2 km marathon. She is part of the sport family.

## **Clive Cupido – West Coast**

Mr Cupido is not only an avid photographer but also an active athlete in the athletics world. Using his experience as an athlete, Clive has taken photographs of numerous sporting activities with a close eye for detail when it comes to the athlete's perspective. Clive took photographs during the Boland League 1. He captures the true moments and action shots of the athletes.

## **Sammy B Jacobs – Central Karoo**

Sammy has a very active online portfolio that can be followed by anyone. He is always present at any of the sporting activities or events taking place within his district. His photographic images ensure that events in Central Karoo are captured and saved for years to come.

## **Reinhardt Hamman**

Reinhardt covers all Para-Athletics sport events locally and internationally. He has a passion for photography and live streaming. He captured the World Record at the Toyota SASAPD National Championships with a wonderful image that highlighted the efforts made by competing athletes.

# Newcomer of The Year

## **Tatiana Thomatos – Modern Pentathlon**

Tatiana has competed both nationally and internationally over the past 2 years, representing both the Western Cape and South African Modern Pentathlon Associations. She has excelled both on and off the field in various disciplines within the sports code and will be a great ambassador for Cape Town and woman in sport. Her commitment, hard work and character is a true reflection of the ethos of sportsmanship.

## **Franco Swanepoel – Fishing**

Franco is passionate about community fishing and promoting the sport of fishing to his local community members. In 2019 he received WP Colours for bank angling. He went on to compete in the 2020 SA Champs where he ended 9th overall participating in the B division. At the 2021 SA Champs he participated in the A division and his team won the gold medal.

## **Ruan Rossouw – Modern Pentathlon**

Ruan Rossouw is a very hard working and committed athlete who first started competing in 2021. He is always willing to put in the extra effort to achieve his goals, which saw him included in the team for the World Laser Championships in Egypt. His commitment and integrity have proven him to be a positive role model and ambassador for the sport.

## **Willem Schlehmeier – Athletics**

Willem only started competing in athletics in 2020 at the age of 49. He has shown incredible courage, determination and will power and has overcome the odds against him as he competed against able body athletes in his first year of competition. He also achieved a bronze medal at the 2021 SA Masters.

## **Rico van der Horst - Athletics**

Rico is the current Western Cape Champion in the boys u17 3000m. He has also been the Western Cape Cross Country Champion for the past 2 years in a row. In 2019 he finished 4th in the National Cross-Country Championships and in 2020 he was ranked 10th in the Country.

## **Maroney Willemse – Cape Winelands**

Maroney was chosen in the girls u19 Academy team for CW Jukskei which took part in the SA Junior Championships in Kroonstad.

The girls team won the silver medal. She was one of the best players at the Nationals and was selected as a member of the SA Academic team, and they won the gold medal against the SA Academic Invitation Team.

# Coach of The Year

## **Suzette Visser – Netball**

Suzette started her coaching path in 2004 at Darling Netball Club. Over the years she coached a number of teams and players. In 2019 she was appointed as the west Coast A Team coach. That year the team won gold at the Western Cape Championships and a silver medal at the Spar National Championships. In 2020 she was appointed as the Coach of the West Coast A team. She also coaches the u16A and B teams at Swartland High School and 1 Club team and 2 farmworkers teams in Darling.

## **Suzanne Ferreira – SAPD**

Suzanne is one of the most successful coaches in South Africa, coaching athletes in Para Sport amongst others. She has accompanied the Para Athletics Team of South Africa to various international sport events such as the Paralympics, Athletics World Championships and the Commonwealth Games. Her athletes, Charl du Toit, Dyan Buis, Johanna (Aneke) Pretorius and Anrune Weyers are all world class performers.

## **Eduard Steyls – Tennis**

Eduard has been full time in tennis coaching for the last 20 years. He has produced many Provincial and National players. Most of these players he started coaching when they were 7 years old. Eduard is a Provincial Tennis player himself and his team has won the Eden Top Guns in 2021. He also represented Eden in the last Young Seniors Inter-Provincial where they won gold. He is the best role model for any player, always inspiring everybody around him to have good values and integrity.

## **Jason Sewanyana - Athletics**

Jason has a dual career path of being a legal advisor for Old Mutual and a track and field coach specializing in shorts sprints and jumps. Over the past two years he has assisted his athletes in achieving five world records, three Paralympic records, two world championship records, one Paralympic finalist and two USSA athletes. He is an ASA level two certified coach with great enthusiasm for the sport and now serves on the board for the Walking with Brandon Foundation.

## **Claud Hendricks Central Karoo Rugby**

In the year 2019 Claud Hendricks was appointed as head coach for the Central Karoo Rugby Team in the SWD Municipal Rugby Shield Challenge. With all his experience, he selected a provisional guard of players around the areas of Klaarstroom, Laingsburg, Merweville, Prins Albert Willing Arms, Prins Albert Warriors and Beaufort West. From the 6 clubs, 1 team has advanced to play in the SWD Presidents League, 1 team is playing in the SWD Karoo Region while the others are competing in the local Central Karoo League.



# Administrator of The Year

## **Majiet Sait – Western Province Sport Association for Physically Disabled**

Majiet Sait is a very humble and unassuming man who has been championing disability sport for more than 35 years in different capacities where he felt he could make a difference. His willingness to step in where needed at any time, and in each portfolio making a difference as a volunteer, is notable, despite having a busy post in a school as deputy principal. Over the years he has volunteered at district, provincial, national and international levels as coach and team manager. He has served as the chairperson and vice-chairperson and latterly treasurer. Mostly he has carried different portfolios simultaneously to ensure that a job would get done.

## **Bräsler van Schoor – Lawn Bowls**

Bräsler van Schoor has been involved in playing bowls and has been the Overberg Bowls Competition Secretary for 4 years and Boland Bowls for a year. He has excelled in his post as administrator and has been a fine example and servant of the sport. Bräsler is also a Boland Provincial Player and earned a Gold Medal in the SA Inter Districts in 2013.

## **Ulene Visser – Modern Pentathlon**

Ulene has been involved with Eden Modern Pentathlon for the last 11 years. At first, she was the treasurer, then secretary and from 2017 to 2019 she served as the chairperson of Eden Modern Pentathlon. She also acted on the board of the Western Cape Modern Pentathlon Committee and on the Exco board of the South African Modern Pentathlon Committee for 2 years. She was the Western Cape Team Manager at the SA Champs from 2017 to 2020 and represented the SA Team as manager at the World Laser run Championships in 2019.

## **Kaylanne Collins – Volleyball**

Ms. Collins is professionally trained as an allied health worker (speech therapist) and is currently employed by the Western Cape Department of Health. Ms. Collins holds an Honours Degree in Speech Therapy. Due to the nature of her work, coupled to years of administrative experience, she has shown that she is administratively astute. Ms Collins is by default, setting the epitome of servanthood to a code that heavily depends on activists of her kind.

## **Collin Soldaat - Rugby**

Collin serves on the Executive Committee for the Central Karoo Sport Council with Farm Workers. He is the current Chairperson of the Beaufort West Rugby Club and also serves as the treasurer for the Central Karoo Rugby Federation. Mr Soldaat was the team manager for the 2019 season and led the team to win the shield Section of the Municipal Cup.

# Federation of The Year

## **Central Karoo Rugby**

In 2019 the Central Karoo Rugby Federation produced a rugby team that competed in the Municipal Cup Competition. The team produced performances that exceeded all expectations and ended up as the winners of the competition. The federation has also produced extremely capable administrators and presented numerous capacity building workshops to all their members.

## **Western Province Sport for the Physically Disabled**

The federation covers numerous sporting codes such as Para-Athletics, Boccia, Para-Cycling, Football 7 a side, Goal Ball, Judo, Wheelchair Dance and Para-Powerlifting. Administratively, WPSAPD has attended to all the required council meeting and is in good standing with all its affiliated sport councils and national Federation. WPSAPD has also initiated a multi-coded virtual event with the objective of creating opportunity for athletes to participate in their sport of choice, raise awareness for participation in disability sport and to raise funds for athletes to enable them to participate in competitions.

## **Overberg Lawn Bowls**

The federation had various teams participating in the Boland Competitions. They dominated the competitions with various gold and silver achievements. The pairs teams achieved 15 gold and 15 silver awards. In the inter district tournament, both men and woman took the silver awards.

## **Eden Cycling**

The Eden Cycling Federation is the no1 cycling federation in the province and no1 with Cycling South Africa with regards to compliance. As the top cycling district in the province, they have managers, commissaires and coaches that assist on National and International levels. The federation is also in good standing with the required District Sport Council.

## **Cape Winelands Volleyball**

The Cape Winelands Volleyball Federation has received rave reviews and endorsements of the quality standards of leadership throughout the 2 years of the current executive committee's tenure. Representatives of agencies have expressed their enjoyment to work alongside the union in developing the sport of Volleyball and in the positive impact on sport development in general.

## **West Coast Netball**

West Coast Netball Federation is a fully compliant federation with the district sport council. They have displayed effective and efficient financial management while conducting their business in a commendable manner. The federation has also produced teams that have excelled in all their tournaments, which can be attributed to their extensive development programs and initiatives. The federation has also placed a necessity on their capacity building initiatives where they have ensured training programs for not only players but coaches and technical officials as well.

# Team of The Year

## **The Cape Town Tigers - Basketball**

The CTT is a local basketball club in Gugulethu. They competed in the Coastal play-offs where they progressed to compete in the National Club Championships. The CTT were crowned National Club Champions putting the Cape Town based team on the National radar. They went on to represent South Africa at the Basketball Africa League and managed to go through all qualifier matches unbeaten.

## **Overberg Jukskei Team**

The Overberg Ladies A2 Jukskei team competed in the 2021 SA National Championships in Kroonstad, where they not only won Gold in the doubles section, but also won gold in the team event. History was made by this team as they were the first Overberg Ladies team to win gold medals and the Pikkie Uys Trophy at the SA National Champs.

## **SWD Cricket Senior Woman's Team**

The SWD Woman's cricket team was undefeated in all 5 matches and won the coastal pool of the Cricket South Africa Inter-Provincial Tournament that was hosted in Oudtshoorn in March 2021. They were also selected as team of the year by the SWD Cricket Board.

## **West Coast Netball A Team**

The West Coast A Team has shown consistency with their performances over the past 2 years. They placed 3rd at the Stellenport ranking tournament which promoted the team into the A division. During the Western Cape Championships, they performed well and finished 3rd overall.

## **500kg Ladies Tug of War Team - Cape Winelands**

The 500kg Tug of War Ladies Team achieved during 2020, a silver medal in 500kg at the Western Province /Cape Winelands Senior Championships, a silver medal in the 500kg ladies and Bronze Medal at the SA Championships. During the 2021 year they received a silver medal at club Championship, Gold at the SA Club Championship, Gold at the SA Championships and have earned SA status to represent SA at the 2022 World Championships in Netherlands.

# Recognition of Technical Excellence

## **Genevieve Lentz - Cape Town Table Tennis**

Genevieve is the current convener of Cape Town Table Tennis examinations. She tutored and assisted 10 table tennis umpires to prepare for international table tennis examination. Ms Lentz was the first female to represent South Africa at the Tokyo Olympic Games as a table tennis deputy referee.

## **Ethan Higham - Overberg Chess**

During the covid 19 pandemic Ethan has managed to assist with online website, he hosted online chess tournaments. He created a fully functional chess website for the Hermanus Chess Club.

## **Brandon Brand - West Coast**

In 2019 Brandon obtained his NSA B grading for netball umpiring. He represented West Coast Netball at various tournaments. Brandon has been umpiring the trials of the Southern Stings and Tornados since 2019 and still in 2021. Brandon is one of the umpires who always strives to help others.

## **Andre Olivier - Garden District**

Andre who is from the South Western District Cricket was included in the Cricket South Africa Reserve Panel as umpire for the 2021/2022 season. He successfully completed his national certificate as umpire in August 2021.

## **Colin Lottering - Central Karoo**

Colin is a very active technical referee on regional and provincial level. He has sound knowledge of the laws of football and holds a higher level 7 referees national certificate. He is serving as the HOD of Referees representing SAFA Central Karoo on WC Provincial Referees.

## **Theo Modiso - Cape Winelands**

Former boxing champion and talent promoter, Theo "Wild Dog" Modise, is one of few athletes flying the "Zwelethemba Flag" very high in boxing. This former Junior Bantamweight Champion is currently a technical official on District and Provincial level, Head Coach and Trainer at Battling Birds, a regional stable with boxers across the district. Following in the footsteps of his mentor and former trainer, Colbin "Hurricane Carter" Yabo, Modise is on a crusade to rejuvenate boxing in the region.

# Junior Sportswoman of The Year

## **Linell Engelbrecht – Garden Route**

Linell's medal tally at local and national events were phenomenal. She won gold as part of team SA Track in Cairo, Egypt. Linell is a multi-disciplined cyclist specialising in track, road and XCO.

## **Jean-Michelle de Blanche – Cape Town Gymnastics**

Jean-Michelle is a high-performance women's artistic gymnast at Mega Gymnastic Academy in Cape Town. She has been participating in high performance gymnastics for the past 9 years. Currently she is a junior Olympic gymnast in women's artistic gymnastics and an all-round achiever with her school sport and scholastic work at school.

## **Akho Dondolo – Overberg**

Akho has been playing Softball since the young age of 8 years old. As a player she has been involved in school as well as club level. She was selected in the Western Cape u15 team to represent the Western Cape at the National Schools Championship in Gauteng.

## **Mursha Robbenson – Central Karoo**

Mursha is the current WC Champion for girls u16 in Athletics and Cross Country. She finished 9th at the ASA Cross Country Championship in Durban 2021. She finished 6th in the 1500m at the SA Schools Athletic Championship in Port Elizabeth and 5th at the SA Schools Championship in Potchefstroom.

## **Caitlin Schlehmeier - West Coast**

Caitlyn is the WPA Junior and Senior 3000m steeplechase champion. A WPA 21 km and 10km Club Champion, she is Boland 3000m steeplechase and 5000m champion for the club. She has won 26 podium place medals over the different running categories, 12 gold, 8 silver and 6 bronze medals at provincial level.

## **Angelique Van Jaarsveld – Cape Winelands**

Angelique is a remarkable athlete in junior school and senior tug of war. She was selected as the junior school tug of war captain during January 2020. She took part at the Western Cape Championships and SA Championships in October and November 2020, she received 4 medals.

# Junior Sportsman of The Year

## **Aldo von Weilligh – Cape Winelands**

Aldo took part in the National Judo Trials in February 2020 where he came 1st in the u17 boys 90+kg weight division. He also achieved 1st place at the SA National Ranking event held in Port Elizabeth during February 2020.

## **Hanru Pool – Overberg Bowls**

Hanru has been playing Lawn Bowls for 7 years. His achievements are as follows: Boland Open 4rs – Gold; Boland Open trips – Gold; Boland Open pair- silver and he took gold medals at the Overberg Lawn Bowl events.

## **Marx Meyer – Cape Town Shooting**

Marx won 3 gold medals at the 2020/2021 Pacific Zones Half World in the junior events. He also won 3 gold medals at the national and provincial championships. Marx was part of the Junior Protea Muzzle Team that are currently ranked 2nd in the World.

## **Luciano Jonas – Central Karoo**

Luciano participated in the 2020 COSAFA championship in Port Elizabeth. He was selected to participate at the Morocco tour, but due to covid it was cancelled.

## **JP Rossouw - West Cost Shore Angling**

JP was selected for the Western Cape u16 team that was selected out of 5 Provinces to attend the u16 Nationals held in East London. The team came 6th. In 2020 he was selected again, and the team came second winning silver. He was the top angler of this tournament and awarded top u16 angler in the SA for Shore Angling awards.



# Sportswoman With A Disability

## **Nokuthula Yonke - Athletics and Basketball**

Nokuthula has achieved on district, provincial, national and international platforms. She was part of the Basketball team that took part in the Lwini Cup (Wheelchair Basketball) Tournament where the team came 1st. She is also a member of the SA Senior Woman's Team that is currently ranked 2nd on the African continent.

## **Minke Janse van Rensburg - Aquatics**

Minke has been selected to the South African Paralympic development squad. In 2020 she set the 400m Freestyle African record and broke the Open 50m World Record that stood for 12 years. In the 2021 season, Minke kept the momentum rolling at the Eden Aquatics A League Galas and recorded personal best times in all of her items.

## **Anrune Weyers**

In 2019 Anrune proved to be one of the top athletes in the world, setting personal bests in multiple events. She set the African 200m record in Belgium. She went on to set a new World Record time for the 400m. In 2021 she represented South Africa at the Tokyo Paralympic games where she came home with the Gold Medal for the 400m T47 category.

# Sportsman With A Disability

## **Mpumelelo Mhlongo- Athletics**

Mpumelelo has been competing at the highest level for the past couple of years which saw him being selected to participate in the 2020 Tokyo Paralympic Games. He competed in the T44 men's 100m, T44 men's 200m as well as the T44 men's long jump. He holds the World Record for the T64 men's 200m and the Paralympic record for the T44 men's 100m

## **Kerwin Noemdo - Athletics**

"Spotted" at a primary school interhouse athletics meet and was invited to try out for para-sports. Kerwin went on to take part in his first National Championships in 2008. Three World Championships later, saw Kerwin break the African record in Dubai for Shotput. Motivated and ready for training towards the Tokyo 2020 Paralympics, he was dampened by the covid 19 lockdown rules, but this just made him more determined. Kerwin set off for Tokyo with the goal to bring back a medal for the country and to inspire that little boy or girl who may be watching.

## **Willem Schlehmeier - Athletics**

Willem only started competing in athletics in 2020 at the age of 49. He has shown incredible courage, determination and will power and has overcome the odds against him as he competed against able body athletes in his first year of competition. He also achieved a bronze medal at the 2021 SA Masters.

## **Nathan Brown – Body Building**

Nathan has shown dedication to his sport and has proven himself to be a role model for the youth in his community. He competed in the Central Karoo colours Special Division in 2021 where he placed 1st. He also placed 1st at the South African National Body Building Championships in the special division with a wheelchair in 2021.

## **Ricardi Matthee**

Ricardi has qualified for the 2022 SASAPD Championships in 100m/200m and long jump. He was entered into the IWAS Championship 2021 in Portugal for 100m and power lifting, but the championship was cancelled due to the Covid 19 pandemic. He is part of the Eden Sport Academy where he represents Judo. He participated in power lifting competition in W/C where he won a gold medal in sub-junior category, under 59,5kg.





## Ministerial Commendation

### **Nicholas Dlamini - Cyclist**

Nicholas won the King of the Mountains jersey, becoming the first black South African to win a major classification in a World Tour race. In August 2019, he was named in the start list for the 2019 Vuelta a España. He was selected to represent South Africa at the 2020 Summer Olympics. He also rode in the 2021 Tour de France, becoming the first black South African cyclist to ride the Tour.

# Sportswoman of The Year

## **Dominique Scott-Efurd - Athletics**

Dominique has proven herself as a premier long-distance athlete within South Africa and the international circuits. She competed at the Tokyo Paralympic games as well as in the track meet in Irvine. During the Diamond league meeting in Hengelo, she achieved the 4th fastest time ever by a South African, behind only Elana Meyer.

## **Bianca Buitendag - Surfing**

In 2019 Bianca secured her Olympic qualification through her performances at the 2019 ISA World Surfing Games. She was selected as the captain of the South African Team for the World Surfing Games. She went on to compete at the 2020 Tokyo Games where she won the silver medal.

## **Leandra Wiloma Smeda – Soccer**

Leandra is a born and bred Velddriever who learnt her soccer traits and skills on Smit Park Sports Grounds. She was selected to play in the FIFA World Cup in 2019 and to date has 100 caps for the South African National Team (Banyana Banyana). She has also scored 23 goals in her time with the team. In the 2020/21 season, she played in the Liga BPI (Portugal National League). She has also been selected as the PUMA Brand Ambassador.

## **Gretchen Simpson - Softball**

Gretchen has excelled in multiple sporting codes including Softball in which she represents the Western Cape on a provincial level as well as Hockey where she represents South Africa on the National Team.

## **Nicola Smith – Cape Winelands**

Nicola was the Top defender in the Cape Winelands district for the 2019 season. During 2020 she played for the Western Cape Southern Stings TNL series. She received 3 player accolades and was defender of the tournament. During 2021 she was selected for the SA u21 Baby Proteas to play curtain raiser for the Spar Challenge. She has been selected to participate at the 2022 Spar Protea Team – Quad Series in England.

# Sportsman of The Year

## **Pieter Johan Truter - Shooting**

Pieter Johan Truter has been shooting black powder competitively since 2013 and was awarded Protea colours for the first time in 2014 to attend the Short-Range World Championship in Spain. He has an illustrious record of winning several provincial, national, and international medals. He is also a member of the South African Long-Range Protea team that have been World Champions for several years. He has an excellent track record for both individual and team matches and has won several medals during Long-Range World Championship since 2015.

## **Wynand Pool - Lawn Bowls**

Wynand Pool is a 48-year-old Bowls player that plays his sport in Hermanus. He has been playing bowls for 15 years. In 2012 he was selected to represent Boland Bowls at the SA Bowls Inter District Competitions. He has been chosen to represent Boland Bowls every year since then. He was also selected to represent Overberg District Bowls in the Inter District Competitions between Winelands and West Coast. He was also selected for the Department of Correctional Services Lawn Bowls.

## **Johan Windt - Modern Pentathlon**

Johan is a legend in Athletics, Biathlon and Modern Pentathlon. He is a true gentleman and an ambassador for sport with self-control always acting according to the rules. He always tries to make an effort to treat everyone with respect. He always shows a servant heart and helps where he can. By his performance and sportsmanship, he is a role model for our athletes. Johan is an inspiration that sports can be enjoyed for your own sake with proper consideration for fairness, ethics, respect and a sense of fellowship with his competitors. He is the best technical trainer in Modern Pentathlon and Eden is privileged to have him as an athlete and coach.

## **Callie van der Merwe - Bowls**

Callie has gone above and beyond expectations over the past couple of years. He has continued playing bowls of the highest standards and has also been a positive mentor for the younger up and coming players throughout the district. He is a great ambassador for the sport, with the necessary sportsmanship and leadership to inspire others and motivating fellow bowlers to attain higher goals.



### **Clive Cupido - Athletics**

Clive is an outstanding athlete, not just in athletics but also in Biathlon and Cross Country. Clive is a professional, self-driven, disciplined and highly organised fitness professional with numerous years' experience in running physical activities. He became the Boland Biathle champion after only 2 years of competition and became the WP Champion in May 2021.

### **Jaco Hendricks – Rugby**

Jaco is a talented rugby player who plays for Prince Albert Rugby Football Club. He previously also represented the club on provincial level where he played for the SWD u21 and the SWD Rural Rugby Teams. His 1st choice position is flyhalf, but he can play any position in the backline. During the SWD Municipal rugby shield challenge, he was selected as the first choice flyhalf and as vice-captain of the Central Karoo Rugby Team.





## Notes

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