



Western Cape
Government

Cultural Affairs and Sport

Sport Legends

2021

Introduction

Each year the Western Cape Department of Cultural Affairs and Sport (DCAS) honours sportspeople in identified sports codes for their contribution to the promotion, growth, development and transformation of sport in their communities. They often performed these roles under difficult circumstances and with minimal resources. Often there was little institutional support and they had to make huge personal sacrifices.

These sportsmen and sportswomen became synonymous with sport in their communities, their province, and their country. They became our legends.

The first Annual Sport Legends Awards Ceremony was hosted by DCAS in 2005. This event marks the 15th time that sport legends in various sports codes are being honoured.

The nominees for the awards were proposed by members of the public and sports communities and selection was based on the following guidelines:

- People who made a significant contribution to sport.
- People who are regarded as icons in their communities.
- People who gracefully dedicated their lives to sport.
- People who played a role in shaping Sport and Recreation before 1992.
- A lifetime of service to the code in general.
- Nominees should be at least 55 years old.
- The nominee should preferably be retired, except in exceptional cases where the credentials of the candidate speak for themselves.

Today, 15 December 2021, the Western Cape Government acknowledges your contributions and bestows upon you, the 2021 inductees, the title of Sport Legend.

Individually and collectively, you have played a significant role in shaping sport in our province.

You worked tirelessly to develop the administrative and technical expertise required to ensure that sport is administered professionally and within the traditions of true sportsmanship.

You understand that sport is a powerful platform on which to build character, community, and social inclusion. You have inspired many a sportsperson and community with confidence and pride in their local sports heritage and have actively promoted the vision of a socially inclusive, creative, active, and connected Western Cape.

We salute you!

Foreword



The Department of Cultural Affairs and Sport (DCAS) is proud to acknowledge and honour legends, heroes, heroines and icons who have made a significant contribution to the development, transformation and growth of sport in South Africa and, particularly, in the Western Cape.

This event is a highlight on the DCAS calendar and we are delighted to again be able to officially acknowledge our own living legends who have given up years of their lives to ensure that we build a better society through sport. Now more than ever, the roles of individuals who shaped sport in the province should be celebrated and we are therefore privileged to officially recognize our sporting legends and encourage our youth to follow in their footsteps. Their legacy has paved the way for future sporting stars and showcased in real terms the integral significance of sport in the communities we serve.

We wholeheartedly thank our sport legends in attendance and are mindful of those who cannot join us today, as we pay homage to their efforts to use sport and recreation as a tool for positive development and to heal a once divided society. From the various districts of the Western Cape, we commend you for the momentous roles you have played in shaping sport during difficult circumstances and trying times.

At a time when our world needs much healing, more social inclusion and celebrations of note, we pay tribute to the sacrifices of our sport legends today. We express our gratitude for their graceful dedication to their sport and for working tirelessly to develop the expertise required to ensure that sport is administered professionally and within the traditions of true sportspersonship. We thank them for leading the way with the understanding that sport is a powerful platform on which to build character, community and social inclusion. They have inspired many a sportsperson and community with confidence and pride in their local sport heritage and have actively promoted the vision of a socially inclusive, creative, active and connected Western Cape.

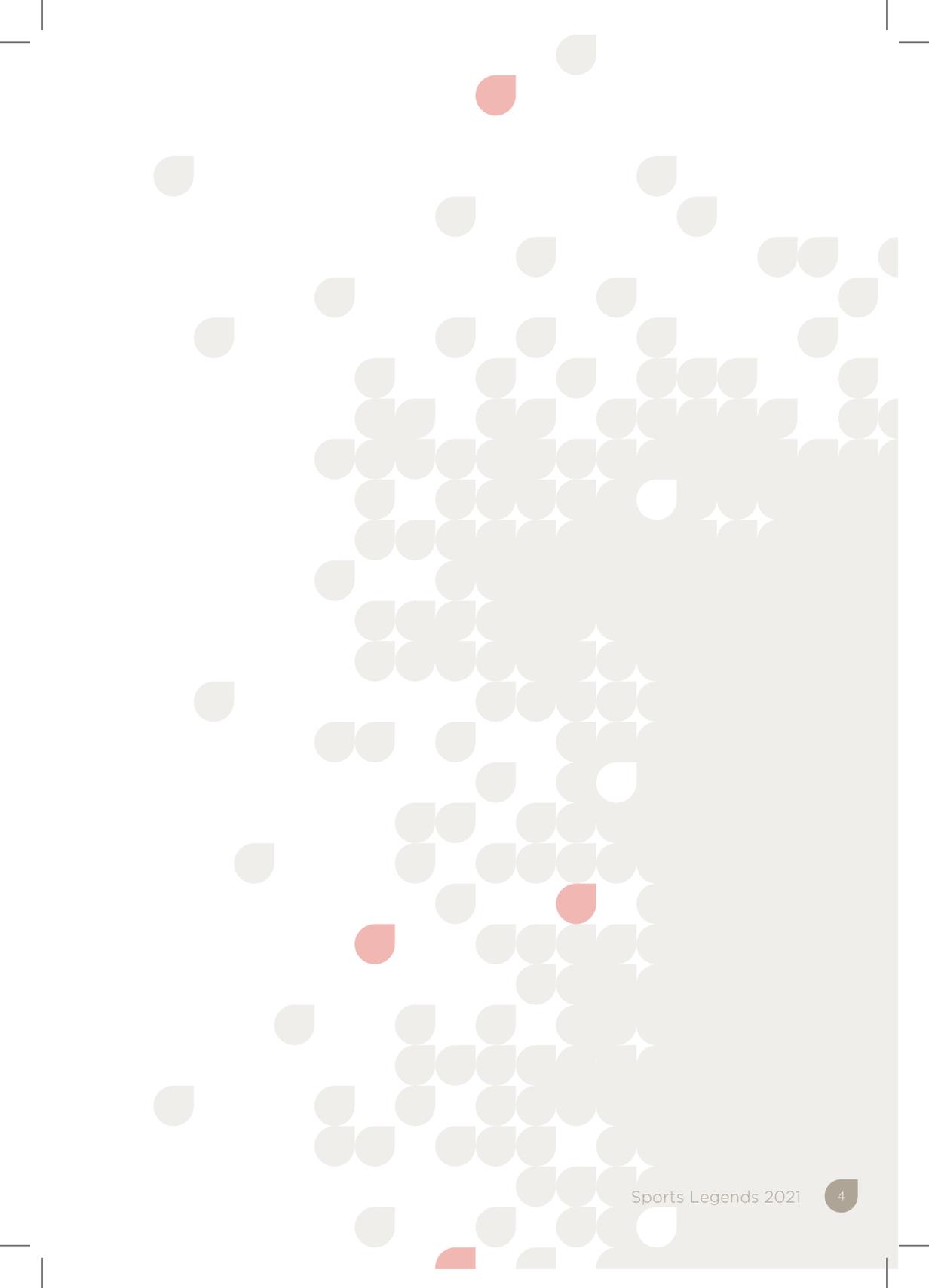
For this and so much more, we salute you!

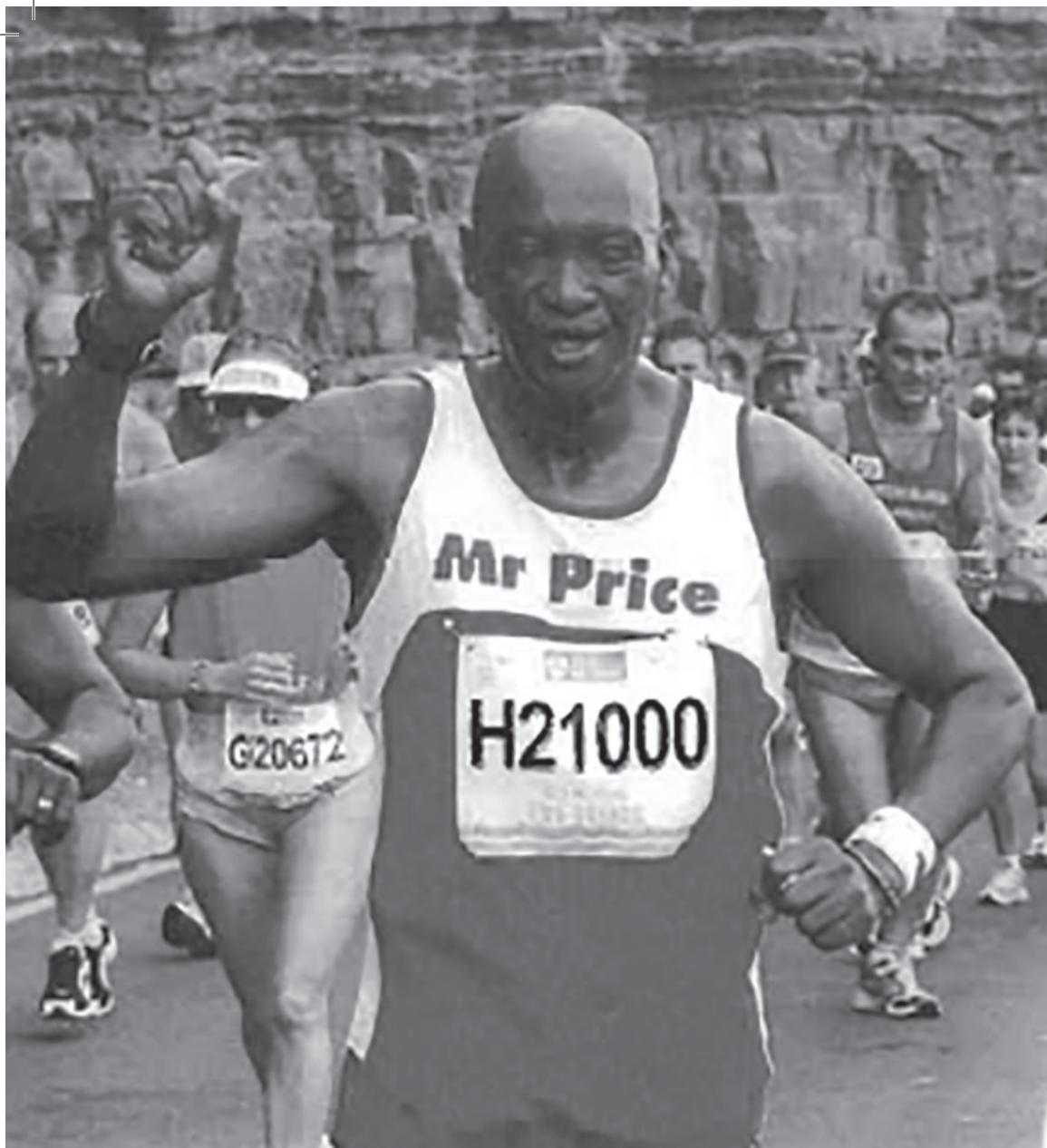
Anroux Marais
Minister Of Cultural Affairs And Sport
Western Cape Government

Nkosi Sikelel'iAfrika

(South African National Anthem)

Nkosi sikelel' iAfrika
Maluphakanyisw' uphondo lwayo
Yizwa imithandazo
Yethu
Nkosi sikelela
Thina
Lusapho lwayo
Morena boloka setjhaba sa heso
O fedise dintwa la matshwenyeh
O se boloke (Ntate)
O se boloke
Setjhaba sa
Heso
Setjhaba sa
South Afrika
(South Afrika)
Uit die blou van onse hemel
Uit die diepte van ons see
Oor ons ewige gebergtes
Waar die kranse antwoord gee
Sounds to call to come together
And united we shall stand
Let us live and strive for freedom
In South Africa our land





**Mlungisi Sidwell
Madlingozi**



Athletics – Road Running / Rugby

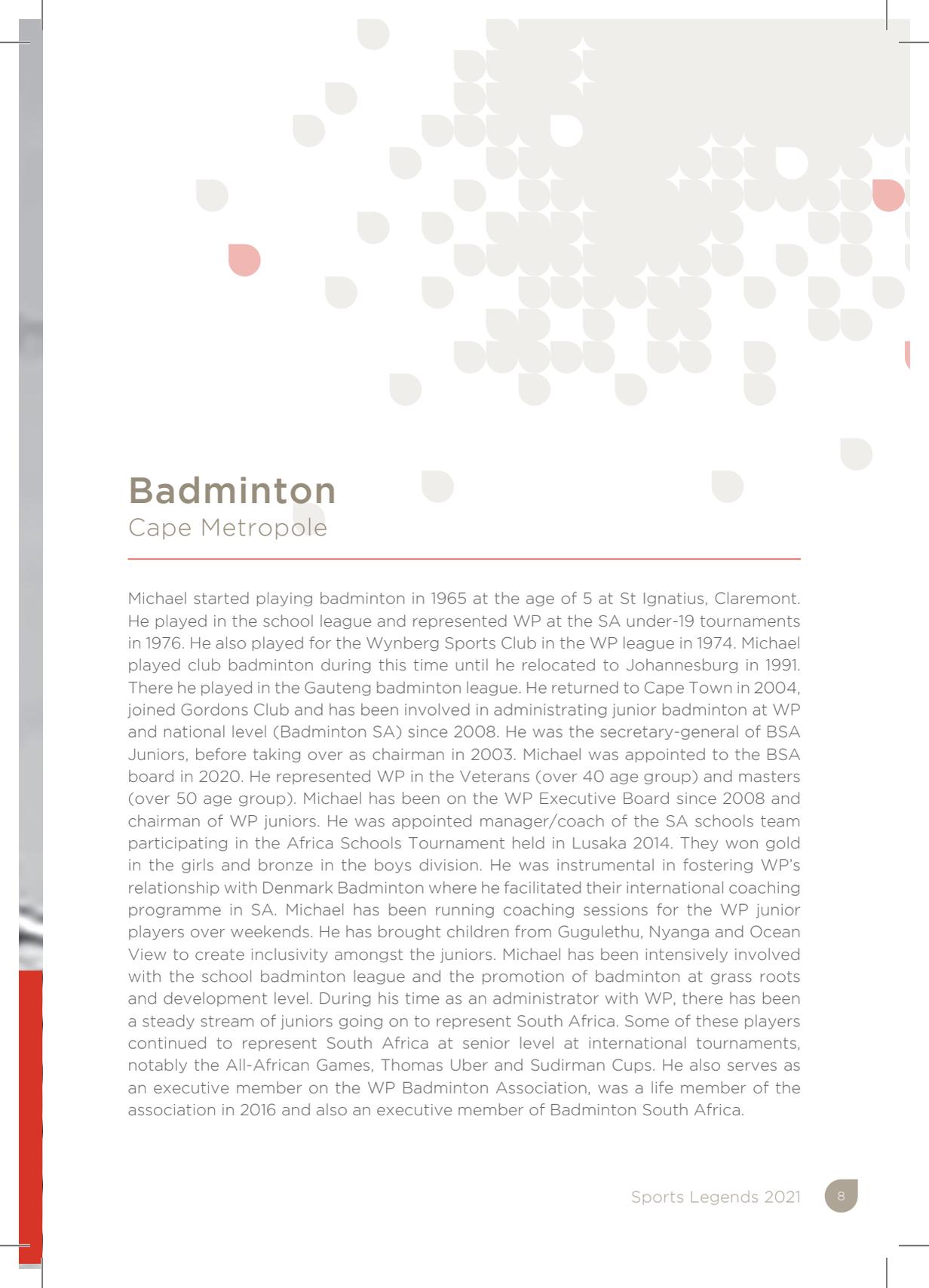
Cape Metropole

Mlungisi's sports career started way back in 1963. He started playing second team rugby at Vuyani Primary School in Gugulethu. Mlungisi became Heald Town Institution's Rugby captain and head prefect in 1970, Lovedale Teachers Rugby Captain in 1972 and ran the Old Mutual Two Oceans Marathon in 2010. He became the head coach at ID Mkhize High School in athletics and rugby. Mlungisi became the Western Province Athletics Board head coach in 1978 and he is currently an inspirational runner at Nyanga East Health Fitness Club. He is currently still running for Celtics running club.

Under his leadership ID Mkhize High School became a rugby and athletics school and the parents were impressed by the role of the school. In 1978, ID Mkhize High School won the inter-high school athletics competition. Mlungisi was selected as the head coach of a combined high school athletics team. He is currently the road running coach at Celtic Harriers Athletics Club, as well as the assistant coach at Nyanga East Fitness Club. He will finally hang up his running shoes at the age of 75. Hiking is his passion and if he isn't running, you'll find him hiking.



**Michael John
William Noone**



Badminton

Cape Metropole

Michael started playing badminton in 1965 at the age of 5 at St Ignatius, Claremont. He played in the school league and represented WP at the SA under-19 tournaments in 1976. He also played for the Wynberg Sports Club in the WP league in 1974. Michael played club badminton during this time until he relocated to Johannesburg in 1991. There he played in the Gauteng badminton league. He returned to Cape Town in 2004, joined Gordons Club and has been involved in administrating junior badminton at WP and national level (Badminton SA) since 2008. He was the secretary-general of BSA Juniors, before taking over as chairman in 2003. Michael was appointed to the BSA board in 2020. He represented WP in the Veterans (over 40 age group) and masters (over 50 age group). Michael has been on the WP Executive Board since 2008 and chairman of WP juniors. He was appointed manager/coach of the SA schools team participating in the Africa Schools Tournament held in Lusaka 2014. They won gold in the girls and bronze in the boys division. He was instrumental in fostering WP's relationship with Denmark Badminton where he facilitated their international coaching programme in SA. Michael has been running coaching sessions for the WP junior players over weekends. He has brought children from Gugulethu, Nyanga and Ocean View to create inclusivity amongst the juniors. Michael has been intensively involved with the school badminton league and the promotion of badminton at grass roots and development level. During his time as an administrator with WP, there has been a steady stream of juniors going on to represent South Africa. Some of these players continued to represent South Africa at senior level at international tournaments, notably the All-African Games, Thomas Uber and Sudirman Cups. He also serves as an executive member on the WP Badminton Association, was a life member of the association in 2016 and also an executive member of Badminton South Africa.



Zoran Slavkovic



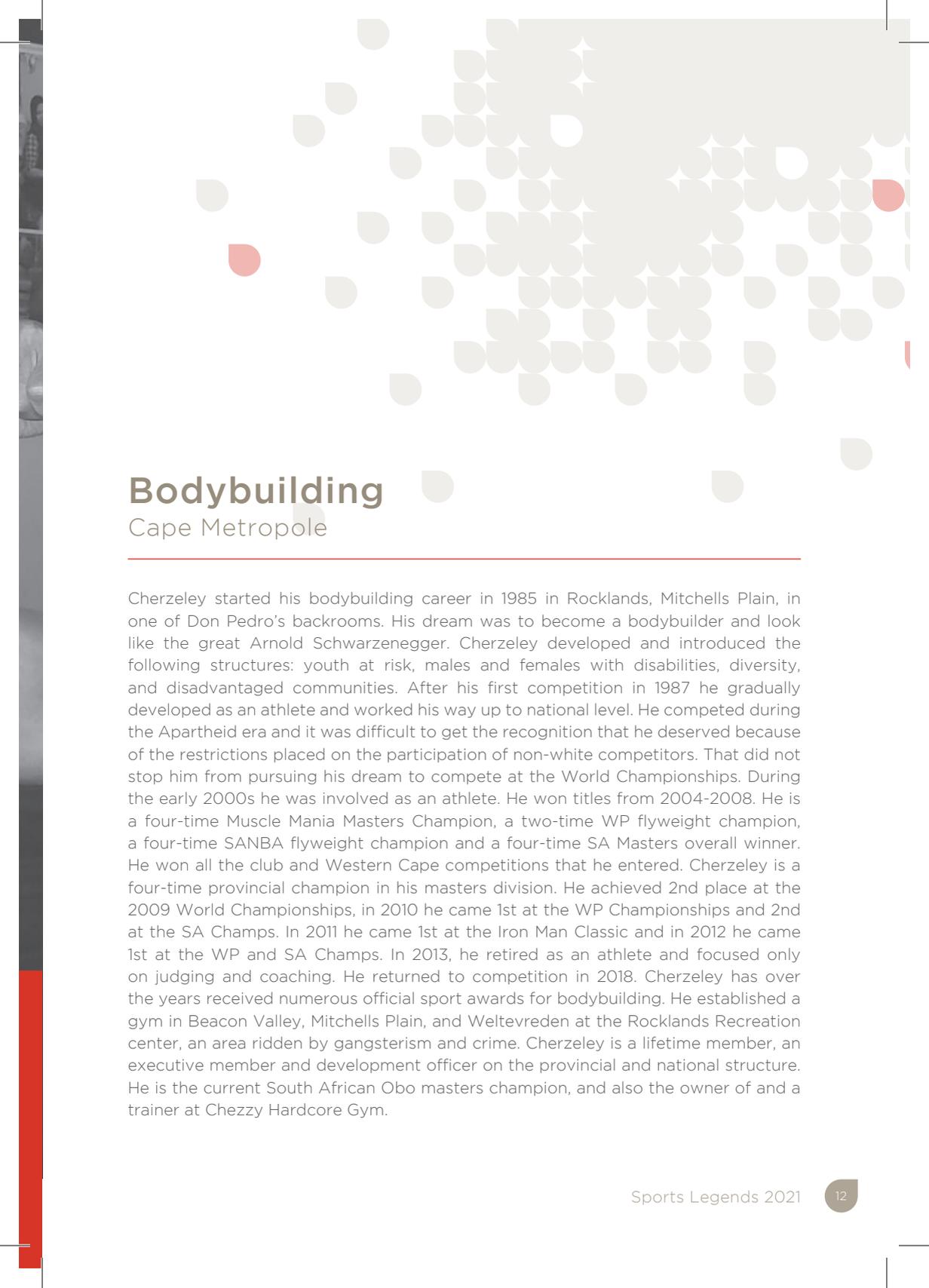
Basketball

Cape Metropole

Zoran first became active in basketball in 1972 in Yugoslavia. He was a talented coach and player. In 1992, Zoran immigrated to South Africa and continued his work as a basketball player activist. Zoran soon integrated himself and many fellow emigrants into the foundation of Cape Town and South African basketball. Zoran mobilized his peers to join his basketball club in Cape Town. His team became one of the best teams in the city, district, province and in the country. He served on multiple district and provincial structures in the Cape District and Western Cape. His business-like management style and intense coaching skills were soon identified. Zoran was appointed as the national under 18 boys head coach and was recruited to serve as the chairperson of the South African Masters Basketball Association (SAMBA) and the Federation of International Masters Basketball Association (FIMBA). Zoran is a natural mentor. He conducted a coach's development programme for young black female coaches empowering them to continue their trade as coaches more effectively. Furthermore, Zoran served the basketball community in Cape Town, South Africa, and the African continent for 29 years. As one of the custodians of basketball in Cape Town, a lot of what we see today in Cape Town basketball is due to his commitment and work. As a white male foreigner he saw no barriers in entering Gugulethu, Manenberg, Heideveld, Langa, Khayelitsha, Kalksteen and other communities to promote basketball. Zoran remains the chairperson of FIMBA and recently relinquished his role as SAMBA chairperson. Cape Town basketball looks forward to Zoran's contributions in the future.



**Cherzeley Granville
Zyster**



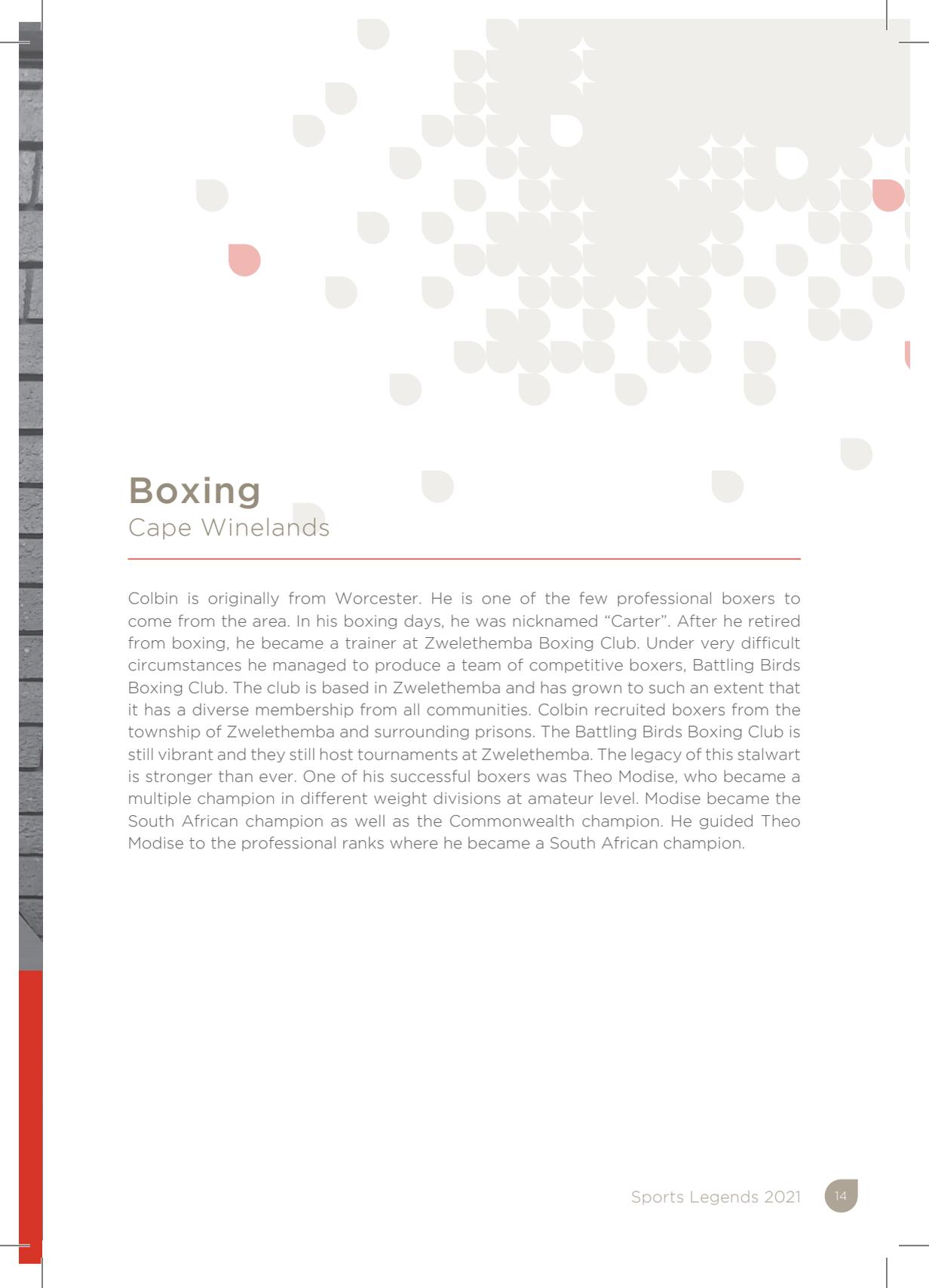
Bodybuilding

Cape Metropole

Cherzeley started his bodybuilding career in 1985 in Rocklands, Mitchells Plain, in one of Don Pedro's backrooms. His dream was to become a bodybuilder and look like the great Arnold Schwarzenegger. Cherzeley developed and introduced the following structures: youth at risk, males and females with disabilities, diversity, and disadvantaged communities. After his first competition in 1987 he gradually developed as an athlete and worked his way up to national level. He competed during the Apartheid era and it was difficult to get the recognition that he deserved because of the restrictions placed on the participation of non-white competitors. That did not stop him from pursuing his dream to compete at the World Championships. During the early 2000s he was involved as an athlete. He won titles from 2004-2008. He is a four-time Muscle Mania Masters Champion, a two-time WP flyweight champion, a four-time SANBA flyweight champion and a four-time SA Masters overall winner. He won all the club and Western Cape competitions that he entered. Cherzeley is a four-time provincial champion in his masters division. He achieved 2nd place at the 2009 World Championships, in 2010 he came 1st at the WP Championships and 2nd at the SA Champs. In 2011 he came 1st at the Iron Man Classic and in 2012 he came 1st at the WP and SA Champs. In 2013, he retired as an athlete and focused only on judging and coaching. He returned to competition in 2018. Cherzeley has over the years received numerous official sport awards for bodybuilding. He established a gym in Beacon Valley, Mitchells Plain, and Weltevreden at the Rocklands Recreation center, an area ridden by gangsterism and crime. Cherzeley is a lifetime member, an executive member and development officer on the provincial and national structure. He is the current South African Obo masters champion, and also the owner of and a trainer at Chezy Hardcore Gym.



Colbin Yabo



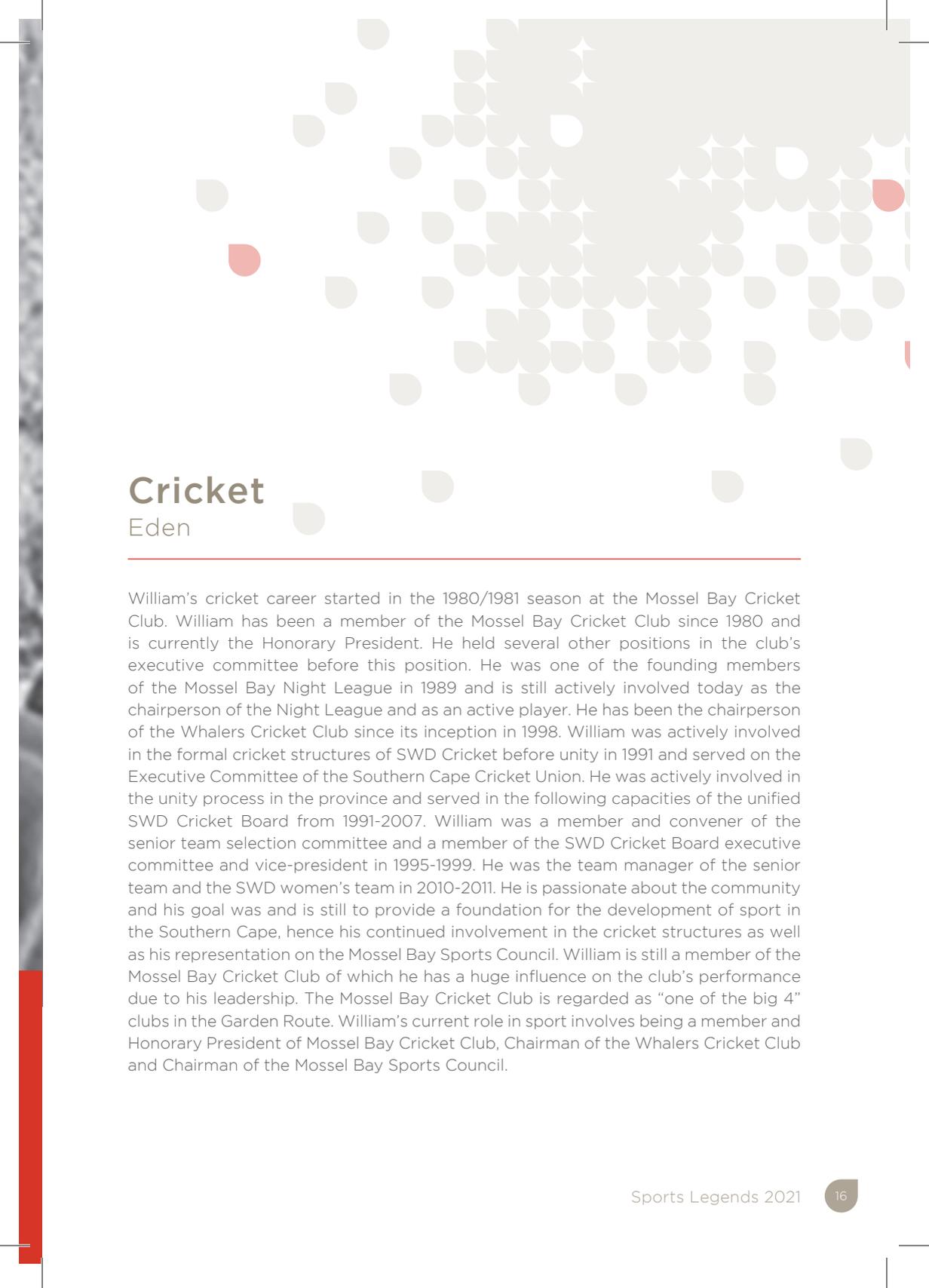
Boxing

Cape Winelands

Colbin is originally from Worcester. He is one of the few professional boxers to come from the area. In his boxing days, he was nicknamed “Carter”. After he retired from boxing, he became a trainer at Zwelethemba Boxing Club. Under very difficult circumstances he managed to produce a team of competitive boxers, Battling Birds Boxing Club. The club is based in Zwelethemba and has grown to such an extent that it has a diverse membership from all communities. Colbin recruited boxers from the township of Zwelethemba and surrounding prisons. The Battling Birds Boxing Club is still vibrant and they still host tournaments at Zwelethemba. The legacy of this stalwart is stronger than ever. One of his successful boxers was Theo Modise, who became a multiple champion in different weight divisions at amateur level. Modise became the South African champion as well as the Commonwealth champion. He guided Theo Modise to the professional ranks where he became a South African champion.



William Heinrich Benn



Cricket

Eden

William's cricket career started in the 1980/1981 season at the Mossel Bay Cricket Club. William has been a member of the Mossel Bay Cricket Club since 1980 and is currently the Honorary President. He held several other positions in the club's executive committee before this position. He was one of the founding members of the Mossel Bay Night League in 1989 and is still actively involved today as the chairperson of the Night League and as an active player. He has been the chairperson of the Whalers Cricket Club since its inception in 1998. William was actively involved in the formal cricket structures of SWD Cricket before unity in 1991 and served on the Executive Committee of the Southern Cape Cricket Union. He was actively involved in the unity process in the province and served in the following capacities of the unified SWD Cricket Board from 1991-2007. William was a member and convener of the senior team selection committee and a member of the SWD Cricket Board executive committee and vice-president in 1995-1999. He was the team manager of the senior team and the SWD women's team in 2010-2011. He is passionate about the community and his goal was and is still to provide a foundation for the development of sport in the Southern Cape, hence his continued involvement in the cricket structures as well as his representation on the Mossel Bay Sports Council. William is still a member of the Mossel Bay Cricket Club of which he has a huge influence on the club's performance due to his leadership. The Mossel Bay Cricket Club is regarded as "one of the big 4" clubs in the Garden Route. William's current role in sport involves being a member and Honorary President of Mossel Bay Cricket Club, Chairman of the Whalers Cricket Club and Chairman of the Mossel Bay Sports Council.



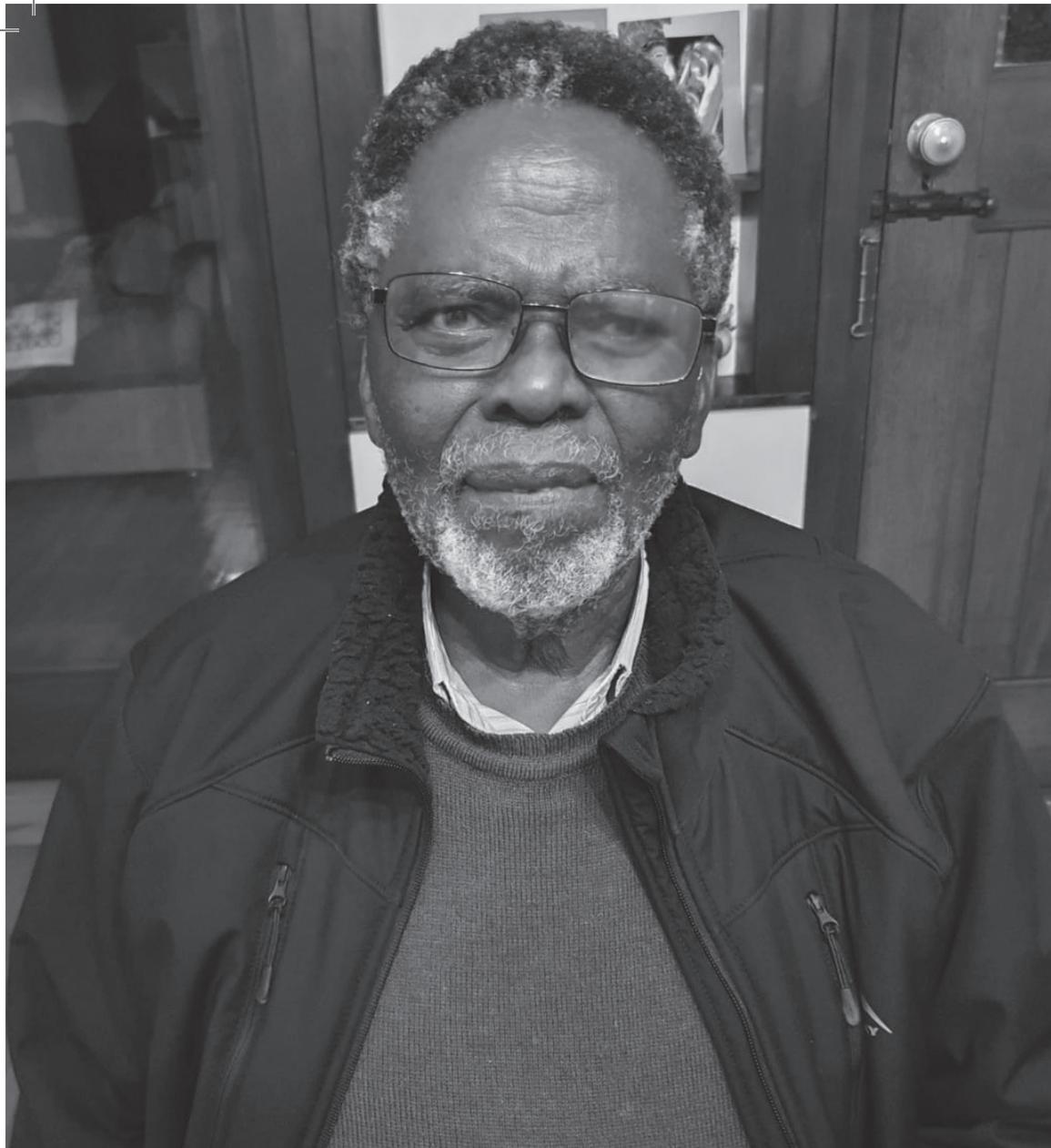
**Isaac Arthur David
Raubenheimer**



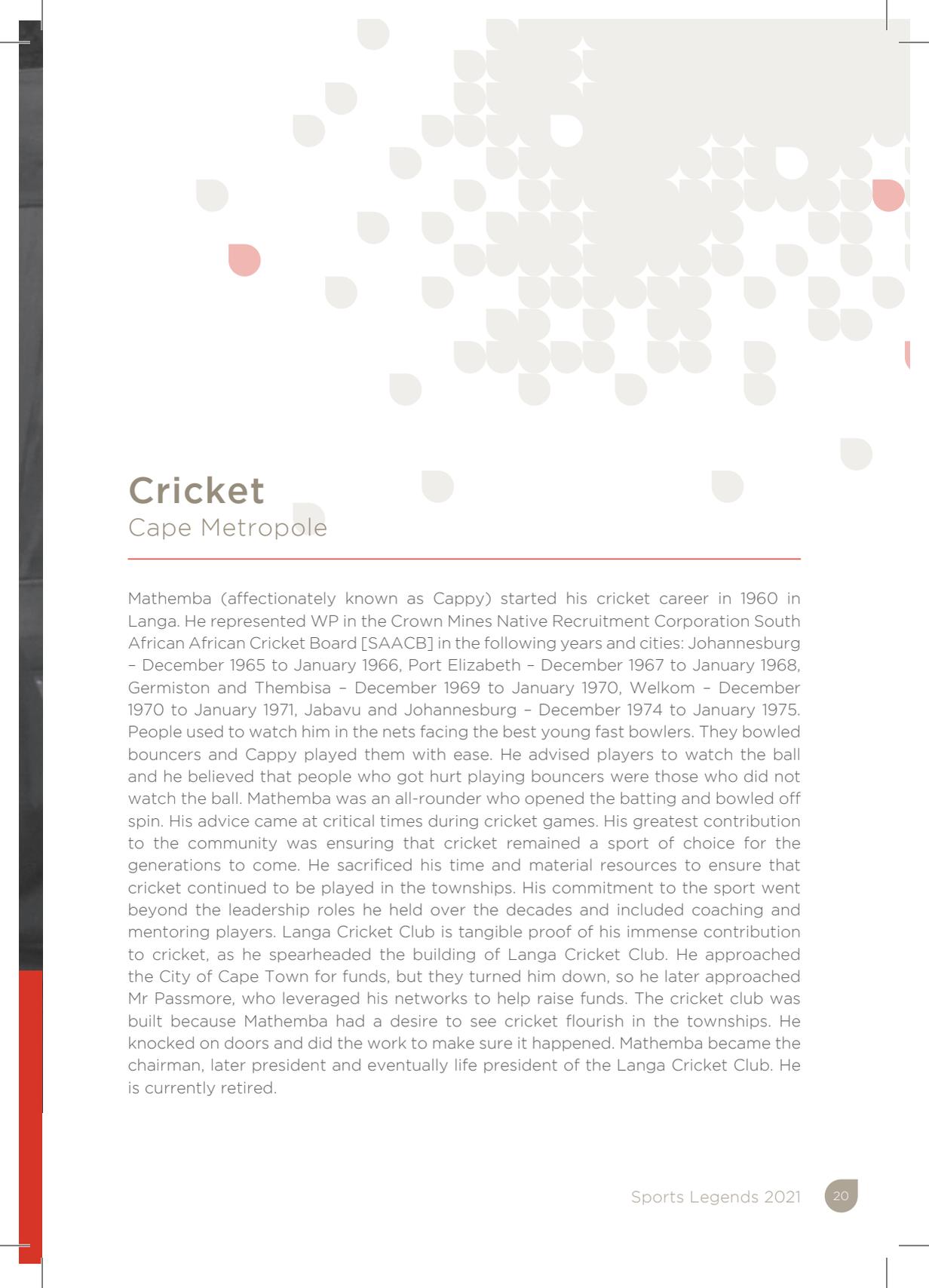
Cricket

Eden

In 1981, Isaac started his career in cricket at Sao Bras Secondary School in Mossel Bay. Isaac was the team manager of the SA Schools Rugby (SARU) team in 1991. From 1981- 2007 Isaac was involved with school sport and he completed a level 3 coaching certificate in 2003. He coached the South Western Districts (SWD) under 15 cricket team from 1997-2006, the SA under 15 country districts team in 2001 and he was the team manager of the SA country districts team in 1997. Isaac gave back to the community by coaching at Pacaltsdorp Secondary School from 1987-2017. He was the coach at the Pacaltsdorp United Cricket Club from 1998-2001 and during the 2004/2005 season and member of the Pacaltsdorp sports committee from 2000-2001. Many of the players that came through the school sport structure ended up in the SWD structures. A few also went on to play franchise cricket. Isaac played a significant role in coaching players like Brendon Louw (SA Schools, SWD, Warriors and Cobras) and Marcello Piedt (SA Schools, SWD, Warriors and Titans). Isaac is now retired.



**Mathemba Sheasby
Ndlumbini**



Cricket

Cape Metropole

Mathemba (affectionately known as Cappy) started his cricket career in 1960 in Langa. He represented WP in the Crown Mines Native Recruitment Corporation South African African Cricket Board [SAACB] in the following years and cities: Johannesburg - December 1965 to January 1966, Port Elizabeth - December 1967 to January 1968, Germiston and Thembisa - December 1969 to January 1970, Welkom - December 1970 to January 1971, Jabavu and Johannesburg - December 1974 to January 1975. People used to watch him in the nets facing the best young fast bowlers. They bowled bouncers and Cappy played them with ease. He advised players to watch the ball and he believed that people who got hurt playing bouncers were those who did not watch the ball. Mathemba was an all-rounder who opened the batting and bowled off spin. His advice came at critical times during cricket games. His greatest contribution to the community was ensuring that cricket remained a sport of choice for the generations to come. He sacrificed his time and material resources to ensure that cricket continued to be played in the townships. His commitment to the sport went beyond the leadership roles he held over the decades and included coaching and mentoring players. Langa Cricket Club is tangible proof of his immense contribution to cricket, as he spearheaded the building of Langa Cricket Club. He approached the City of Cape Town for funds, but they turned him down, so he later approached Mr Passmore, who leveraged his networks to help raise funds. The cricket club was built because Mathemba had a desire to see cricket flourish in the townships. He knocked on doors and did the work to make sure it happened. Mathemba became the chairman, later president and eventually life president of the Langa Cricket Club. He is currently retired.



Rosetta Baartman



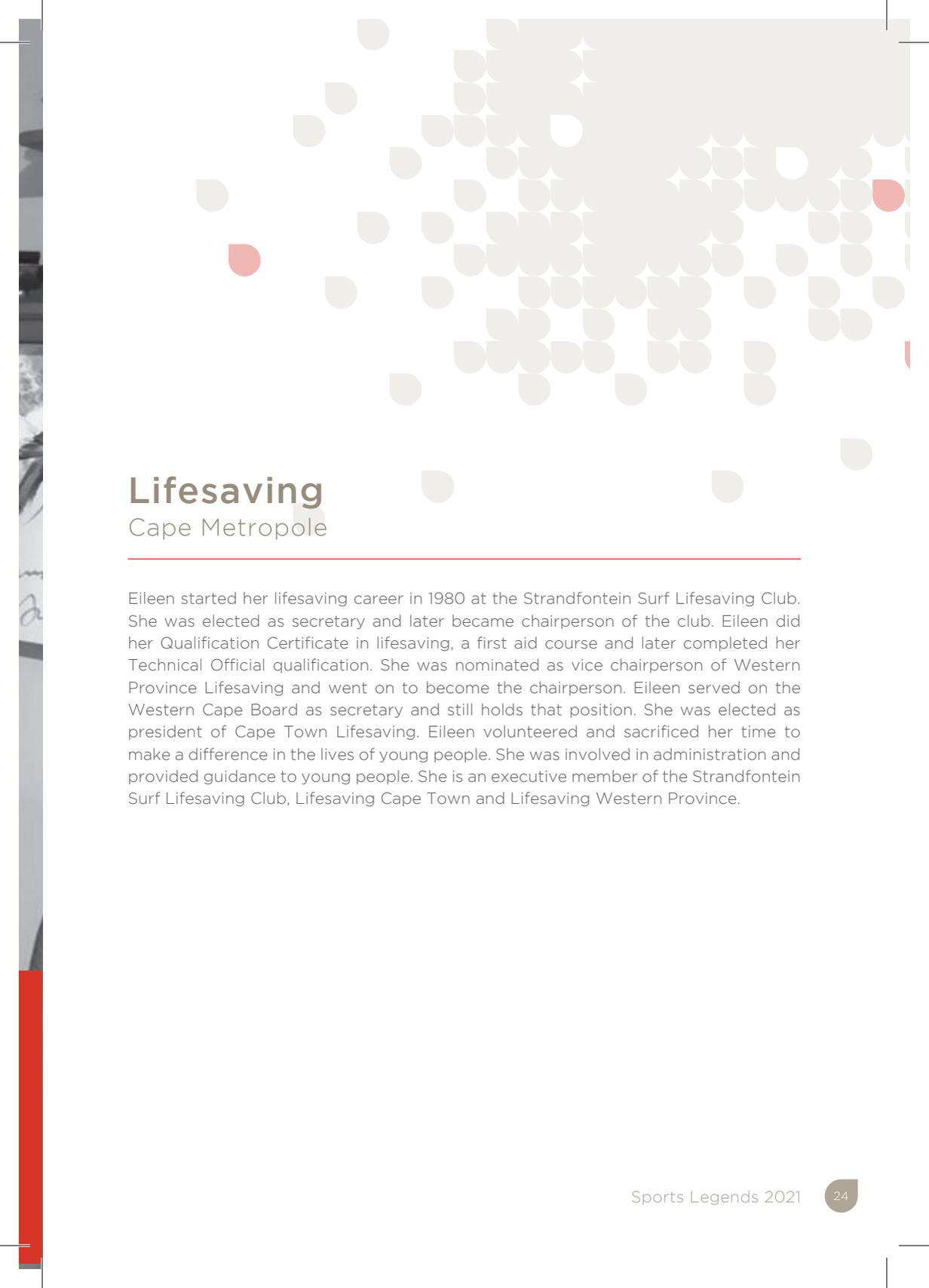
Football

Eden

Rosetta's football career started in 1977 in Dysselsdorp (Waaikraal). Her achievements were serving on the Dysseldorp Netball Union executive board, managing the under 15 girls regional football team and she was the manager of the women's regional football team in 1999 when the Banyana Banyana team was selected in Pretoria. She served as an executive member of the Dysselsdorp Soccer Union and she currently serves on the SAFA Eden and Oudtshoorn LFA. Rosetta was a member of the Dysselsdorp Sport Council and an executive member of the Spring Roses Soccer Club for more than 20 years. She was also the chairperson of women football in the LFA and chairperson of the Dysselsdorp police forum. Some of the Spring Roses Soccer Club's players were selected for the provincial team and she was one of the executive members who established the South Cape Football Association and the Unity in Football organization. Rosetta is now the vice-president of Oudtshoorn LFA.



Eileen Christina Fortuin



Lifesaving

Cape Metropole

Eileen started her lifesaving career in 1980 at the Strandfontein Surf Lifesaving Club. She was elected as secretary and later became chairperson of the club. Eileen did her Qualification Certificate in lifesaving, a first aid course and later completed her Technical Official qualification. She was nominated as vice chairperson of Western Province Lifesaving and went on to become the chairperson. Eileen served on the Western Cape Board as secretary and still holds that position. She was elected as president of Cape Town Lifesaving. Eileen volunteered and sacrificed her time to make a difference in the lives of young people. She was involved in administration and provided guidance to young people. She is an executive member of the Strandfontein Surf Lifesaving Club, Lifesaving Cape Town and Lifesaving Western Province.



Maria Magdalena Horn



Netball

West Coast

Maria started as a schoolteacher in Grobelaarshoop where she was a coach of the school and local town netball club. She later relocated to the town of Citrusdal in the West Coast district. She is still active in netball and is the current chairperson of the West Coast Netball Union. She coached Groblershoop Netball club in 1986-1988 and she obtained her NSA Level 2 accreditation. West Coast Netball won the Federation of the Year award in 2011, 2018 and 2019. Maria serves on the Western Cape Netball executive committee and on the Western Cape Southern Stings Board as a selector convener. She won many awards and achieved many of her goals, from coaching to management and referee experience. She helps where she can with coaching at the Farm Workers team in Citrusdal. With innovative ideas she makes sure that there are administration courses at the West Coast meetings to equip the clubs. They have a sanitary pad drive to schools in which she is instrumental. There is an exceptional growth in the number of clubs and memberships under her leadership. She and her team have presented numerous Western Cape Championships in the West Coast with limited resources and at these championships they involve our clubs to help and learn. Maria is the Chairperson of the West Coast Netball Union, Vice-President of Western Cape Netball Federation, and the Vice chairperson of the Stings Board.



Christina Susanna Muller



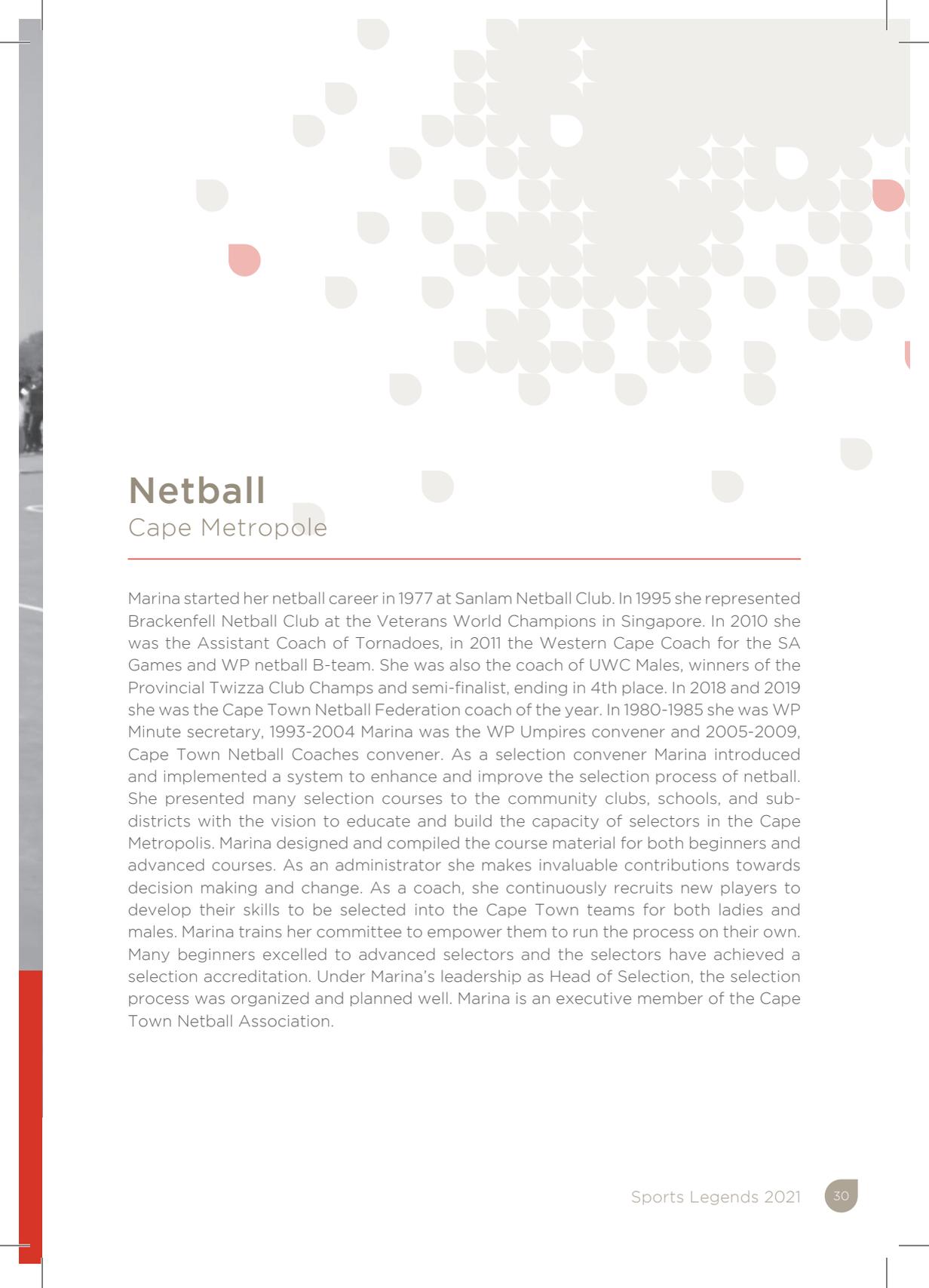
Netball

Eden

Christina started playing netball at school level in 1980. For more than 40 years she has been involved in netball in Herbertsdale, SWD level, SAPS and Albertinia. She is currently the chairperson of Women and Girls Commission Western Cape, the Western Cape Netball Federation Disciplinary Committee, SWD management from 2005-2006 SWD/ Eden Chairperson, selection and league secretary portfolio, and Eden Sports Council treasurer. The first ever Western Cape Provincial Netball Tournament was hosted by Eden Netball under the leadership of Christina. She also served on the SASCOC Women and Girls Commission in 2017-2019 and holds a SA C+ Umpires Grading and a level 3 senior netball coach. She volunteered her time as coach to schools, clubs, and federation teams. Christina organizes training and development of selectors, umpires, mentoring and grading of local umpires. She often donates equipment to clubs and sponsors underprivileged athletes. Her invaluable contribution towards women and girls projects are huge. Eden District, Greater Mossel Bay and Western Cape are currently beneficiaries of time and hard work put in by Christina Muller. Her contribution to growth is immense and one can see the numbers rising in netball participation. Eden Netball Federation was nominated at the Eden Sport Awards for Federation of the year. Christina was the head coach of Eden Netball Academy, is an executive member of Western Cape Women and Girls Sport, the Chairperson of the Western Cape Women and Girls, a member of the Western Cape Netball Federation and coach at Curro Mossel Bay.



Marina Bothma



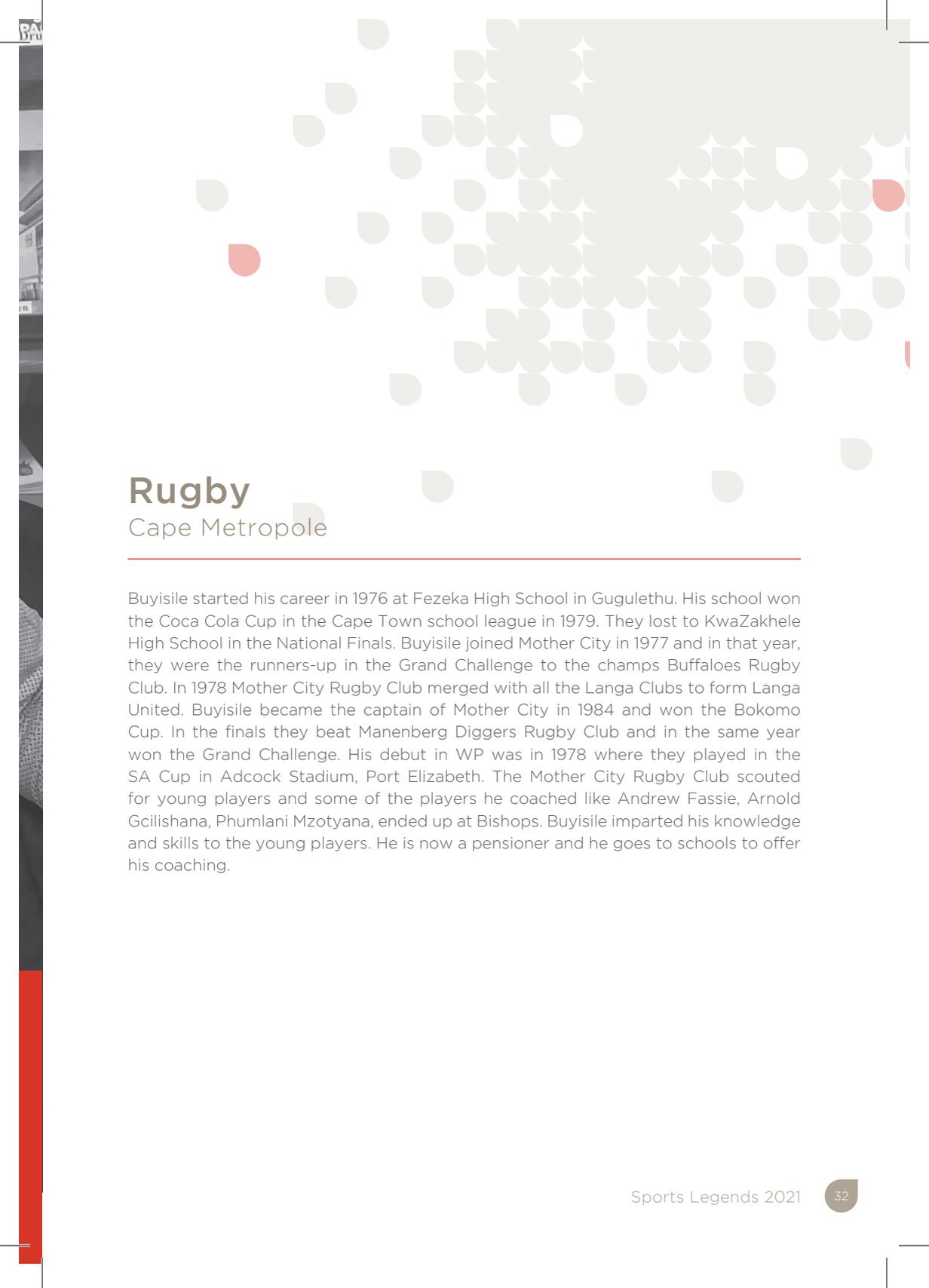
Netball

Cape Metropole

Marina started her netball career in 1977 at Sanlam Netball Club. In 1995 she represented Brackenfell Netball Club at the Veterans World Champions in Singapore. In 2010 she was the Assistant Coach of Tornadoes, in 2011 the Western Cape Coach for the SA Games and WP netball B-team. She was also the coach of UWC Males, winners of the Provincial Twizza Club Champs and semi-finalist, ending in 4th place. In 2018 and 2019 she was the Cape Town Netball Federation coach of the year. In 1980-1985 she was WP Minute secretary, 1993-2004 Marina was the WP Umpires convener and 2005-2009, Cape Town Netball Coaches convener. As a selection convener Marina introduced and implemented a system to enhance and improve the selection process of netball. She presented many selection courses to the community clubs, schools, and sub-districts with the vision to educate and build the capacity of selectors in the Cape Metropolis. Marina designed and compiled the course material for both beginners and advanced courses. As an administrator she makes invaluable contributions towards decision making and change. As a coach, she continuously recruits new players to develop their skills to be selected into the Cape Town teams for both ladies and males. Marina trains her committee to empower them to run the process on their own. Many beginners excelled to advanced selectors and the selectors have achieved a selection accreditation. Under Marina's leadership as Head of Selection, the selection process was organized and planned well. Marina is an executive member of the Cape Town Netball Association.



Buyisile Kilifele



Rugby

Cape Metropole

Buyisile started his career in 1976 at Fezeka High School in Gugulethu. His school won the Coca Cola Cup in the Cape Town school league in 1979. They lost to KwaZakhele High School in the National Finals. Buyisile joined Mother City in 1977 and in that year, they were the runners-up in the Grand Challenge to the champs Buffaloes Rugby Club. In 1978 Mother City Rugby Club merged with all the Langa Clubs to form Langa United. Buyisile became the captain of Mother City in 1984 and won the Bokomo Cup. In the finals they beat Manenberg Diggers Rugby Club and in the same year won the Grand Challenge. His debut in WP was in 1978 where they played in the SA Cup in Adcock Stadium, Port Elizabeth. The Mother City Rugby Club scouted for young players and some of the players he coached like Andrew Fassie, Arnold Gcilihana, Phumlani Mzotyana, ended up at Bishops. Buyisile imparted his knowledge and skills to the young players. He is now a pensioner and he goes to schools to offer his coaching.



Norman Harold Cloete



Rugby

West Coast

Norman's involvement in rugby started in 1975 at the St. Helena Bay Rugby Club. He is involved in the administration of sport especially rugby, for nearly 50 years. He served as an executive member of the Boland and West Coast Rugby Unions. Prior to unification, he served in the sector of Western Province Country Rugby Union and post 1992 for the Boland Rugby Union. He was awarded honorary membership of Boland Ruby Union in 2018. Norman played a key role in developing St. Helena Bay Rugby Club as a competitive and sustainable club competing in the major leagues of the Boland Rugby Union. He availed numerous opportunities for young talent to develop and selected for provincial and national teams. Norman developed structures to ensure the sound administration of the club with regards to financial management, disciplinary systems, and general administration. He was pivotal in the efforts to acquire a proper clubhouse and a gymnasium sponsored by SARU. The St Helena Bay players excelled and were selected for provincial and national teams. He focused on players to be equipped with necessary life skills. Norman is a lifetime member of St. Helena Bay Rugby Club and serves as the president of the club. He is mentoring the club's young executive members and gives guidance with regards to policy making and administrative matters.



Amanda Stripp



Softball

Eden

Amanda started her career at primary school level in 1970. Her achievements in primary and secondary school were netball, hockey, athletics, and swimming at club level for SWD (now Eden). Amanda achieved her SA Colours in Netball when she played against England in Cape Town in 1979. She gave back to the community by coaching race walking, athletics, cross country, netball and softball at school and club levels. Amanda took athletes to road running on Saturdays and her athletic club did development during the week in the community. Amanda took children from the community to participate in the races at the Knysna Oyster Festival during the school holidays. The athletes Amanda coached has obtained Western Cape colours and have participated at national level (athletics and cross country) against other provinces. Amanda is the executive member of Western Cape Softball Associations, Eden Softball Association, and the General Secretary of Western Cape Provincial Sport Confederation.



Abdul Majiet Sait

Sport Association for the Physically Disabled

Cape Metropole

In 1991 Abdul started as a teacher at Eros School in Athlone. For more than 35 years he has been involved in Disability Sport in different capacities at district to international levels. Abdul's first involvement was in 1991 when he was teaching at Eros School for Children with Cerebral Palsy, initially coaching at school, before moving into more administrative and management roles. He moved through the organizational structures in the Western Province Sport Association for the Physically Disabled (WPSAPD) and was willing to take on the roles and responsibilities to keep the organization moving forward. Abdul became the treasurer of WPSAPD and Visually Impaired from December 2020 to date.

Abdul is also the WPSAPD Interim CP Football Convener. He has been the WPSAPD Sport Committee member from May 2017 to December 2020, and was the chairperson of WPSAPD in 2006-2012. In 2007, he was selected to coach SASAPD CP Football Team that competed at the World Championship, Brazil, and since 2009 he has been serving on the South African Sports Association for the Physically Disabled CP Football Committee.

In June 2013, Abdul was selected as the Team Manager for SASAPD CP Football 7 A-side 8th international Trophy squad that went to participate Spain. He consciously creates and gives athletes the opportunity to participate at various levels from club to national structure levels. Abdul continues to enhance opportunities for needy players by transporting them to training and competitions. On many occasions, he reached out to learners with physical disabilities, who are no longer part of the LSEN school-based system in order to keep them involved within the Physically Disabled Sport structures. He has made a significant contribution to sport both as a sport administrator and as a coach/team manager over the years. In April 2021 he received one of the three SASAPD in Appreciation Awards as well as a Long Service Certificate for 35+ years of dedicated service to Disability Sport. A humble and unassuming person, Mr Abdul Majiet Sait is a true legend as a volunteer, administrator, and manager.

TOKYO 2020



**Dr Kevin
James Du Plooy**

Weightlifting

Cape Metropole

Dr Du Plooy started with the sport of Weightlifting way back in 1970 while still at primary school. He joined the local Physical Culture and Weightlifting Clubs (Kuils River Physical Culture and Weightlifting Club). During those years two sporting codes were practiced at the same time club and athletes could compete in both codes. Nowadays the codes have been separated for various reasons. Dr Du Plooy's achievements include being the former South African Weight and Middleweight Champion in 1979-1988. He has coached at club level since 1998 and even in the 80s and 90s at his former club. He served on the Executive Board of WP Weightlifting Association and was the manager of the Protea Weightlifting Federation in 1999, 2003, 2004, 2006, 2016 and 2017. Dr Du Plooy refereed at the Commonwealth Games in Delhi in 2010, refereed at the Olympic Games in Tokyo 2021(jury member) and is a member of the President's council of SASCOC since 2004 until present. This was just some of his great achievements.

In 1998 he started his own weightlifting club from humble beginnings in his garage, with a view of ploughing back into the sport what he got out of it as an athlete. He contributed to the reduction of crime and the other social evils by occupying the youth in a positive way. His thinking was that if you want to make a difference you must be prepared to dirty your hands, hence the establishment to the club. The club was established with a view on helping to keep children off the streets and to show them a better way than that of drug abuse. Their biggest achievement thus far is to have one of their members, Stephen Cupido, selected to represent South Africa at the Commonwealth Youth Games in Australia in November 2004. Stephen has completed and medaled at the Commonwealth Junior Championships in Melbourne, Australia. Internationally he serves as the 1st Vice-president of the Weightlifting Federation of Africa and Vice-president of the Commonwealth Weightlifting Federation. At Weightlifting competitions, he regularly serves as a member of the Jury.

Class of Sport Legends 2021

1. Mlungisi Sidwell Madlingozi
2. Michael John William Noone
3. Zoran Slavkovic
4. Cherzeley Granville Zyster
5. Colbin Yabo
6. William Heinrich Benn
7. Isaac Arthur David Raubenheimer
8. Mathemba Sheasby Ndlumbini
9. Rosetta Baartman
10. Eileen Christina Fortuin
11. Maria Magdalena Horn
12. Christina Susanna Muller
13. Marina Bothma
14. Buyisile Kilifele
15. Norman Harold Cloete
16. Amanda Stripp
17. Abdul Majiet Sait
18. Dr. Kevin James Du Plooy

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