

Notable Western Cape Achievers 2015

Sport Code	<u>ACHIEVEMENTS</u>			
	NAME	DESIGNATION	ACHIEVEMENT	FEDERATION
Boxing	<ol style="list-style-type: none"> <li data-bbox="459 443 824 475">1. Mzuvukile Magwaca <li data-bbox="459 770 788 802">2. Sherodene Fortuin 	<p data-bbox="884 443 1115 475">Athlete - Metro</p> <p data-bbox="884 770 1115 802">Athlete - Metro</p>	<ul style="list-style-type: none"> <li data-bbox="1272 443 1615 592">• World Bantam Weight Champion in World Boxing Association(WBA) <li data-bbox="1272 600 1615 748">• Won the WBA International Bantamweight Title <li data-bbox="1272 756 1615 904">• East London on 14/8/2015 <li data-bbox="1272 912 1615 1326">• outpointed Maria Magdalene Rivera from Argentina to win the IBO World Title fight. She is the send female Boxer in South Africa to win World Title fight, she is from Cape Town based in Strand Nomzamo 	Boxing

Notable Western Cape Achievers 2015

	3. Mzonke Fana	Athlete - Metro	Community.	
	4. Toto Helebhe	Athlete - Metro	<ul style="list-style-type: none"> laboured for 12 rounds against Said Zungu, a fighter from Tanzania, to win the WBF International lightweight belt. Successful defended his SA Bantamweight by defeating Thabo from East London on 5 TKO. won the WBA international bantamweight title when he beat Jose Gonzalez (Mexico) on points in East London 	
	5. Mzuvukile Magwaca	Athlete - Metro		
Cycling	Shamieg Salie	Athlete - Metro	Participated overseas in	

Notable Western Cape Achievers 2015

			<ul style="list-style-type: none">• Participated overseas in Italy- London – Paris Race 25 – 28 June 2015• Day 1 had mechanical problems in general classification sections which costed 4 minutes on the leader.• Winning the climbers jersey and sprinters jersey• Taking four stage wins , youngest rider in the tour	WC Cycling
			Italy- London – Paris Race 25 – 28 June 2015	WC Cycling

Notable Western Cape Achievers 2015

	Alroy Palm Wade Theunissen	Athlete - Metro Athlete - Overberg	<ul style="list-style-type: none"> • Represent South Africa at the Junior World Championships in Astana, Kazakhstan during August 2015 • Set a SA record Junior Record in the Team Pursuit 	
Judo	Vernon Henry	Athlete – Cape Winelands	<ul style="list-style-type: none"> • Participated in 2015 Cadet and Junior African Championships in Egypt 	Boland Judo
	Francois de Wet	Team Manager – Cape Winelands	<ul style="list-style-type: none"> • 2015 Cadet and Junior African Championships in Egypt • Managed cadet and Jnr Judo Team 	
Kickboxing	Josh Cloete	Head Coach – West Coast	<ul style="list-style-type: none"> • Int. Kickboxing Championships • 9 – 13 May in Mauritius 	West Coast Kickboxing
	Adriaan Van Wyk	Athlete – West Coast	<ul style="list-style-type: none"> • Obtained Gold 	

Notable Western Cape Achievers 2015

	Marko Goliath	Athlete – West Coast	<ul style="list-style-type: none"> Obtained Silver 	West Coast Kickboxing
	Stefan Gelderbloem	Athlete – West Coast	<ul style="list-style-type: none"> Obtained Silver 	
Netball	Phumza Maweni	Athlete – Metro	<ul style="list-style-type: none"> 5th Place at Netball World Cup in Australia 	WC Netball
	Rochelle Lawson	Athlete – Cape Winelands		
	Bennie Saayman	Coach – Cape Winelands		
Sailing	Sieraj Jacobs	Athlete	<ul style="list-style-type: none"> 3rd Place winners in Shandong, Quandong International Sailing Week Regatta 	WP Sailing
	Nina Pienaar	Athlete		
	Paul Vivian	Athlete		
	Daniel Agulhas	Athlete		
	Theo Yon	Athlete		
Wrestling	Jason Beukes	Athlete – Cape Winelands	<ul style="list-style-type: none"> Africa Junior and Senior Wrestling Championships in Alexandria, Egypt 25 – 31 May Achieved Silver 	CW Wrestling
	Jaco van Straden	Athlete – Cape Winelands		

Notable Western Cape Achievers 2015

<p>Table Tennis</p>	<p>Shane Overmeyer</p>	<p>Athlete - Metro</p>	<p>WP Table Tennis</p> <ul style="list-style-type: none"> • Current SA Champ • Recently won SA Open Champs for the 8th time
<p>Transplant Sports Ass.</p>	<p>Hermann Steyn</p> <p>Hermann Steyn</p> <p>Stan Henkeman</p>	<p>Athlete & Chairman of Western Cape Transplant Sport Ass.</p> <p>Athlete & National Chairman</p>	<ul style="list-style-type: none"> • The South African Team did well and finished 3rd of 44 countries behind Great Britain and Argentina. Hungary finished in fourth place and the USA in fifth. The SA team won 89 medals (41 Gold, 24 Silver and 24 Bronze), the Western Cape athletes contribution was 41 medals (18 Gold, 18 Silver and 5 Bronze) • Won 1 Gold medals • Won 1 Silver medals • Won two Bronze medals