

# Sport Legends 2016

## Introduction

Each year the Western Cape Department of Cultural Affairs and Sport (DCAS) honours sportspeople in identified sport codes for the roles that they played in ensuring the promotion, growth, development and transformation of sport in their communities. They often performed these roles under difficult circumstances and with minimal resources. Often there was little institutional support and they had to make huge personal sacrifices.

These sportsmen and sportswomen became synonymous with sport in their communities, their province and their country. They became our legends.

The first Annual Sport Legends Awards Ceremony was hosted by DCAS in 2005. This year marks the 12th time that sport legends in various sport codes are being honoured. The nominees for the awards were proposed by members of the public and sport communities and selection was based on the following guidelines:

- People who made a significant contribution to sport.
- People who are regarded as icons in their communities.
- People who gracefully gave sport their all.
- People who played a role in shaping sport before 1992.
- A lifetime of service to the code in general.
- Nominees should be 50 years old or older.
- Preferably, the nominee should be in retirement, except in outstanding cases where the qualifications of the candidate speak for themselves.

Today, 14 December 2016, the Western Cape Government acknowledges your contributions and bestows upon you, the 2016 nominees, the title of Sport Legend. Individually and collectively you have played a significant role in shaping sport in our province. You worked tirelessly to develop the administrative and technical expertise required to ensure that sport is administered professionally and within the traditions of true sportsmanship.

You understand that sport is a powerful platform on which to build character, community and social inclusion. You have inspired many a sportsperson

and community with confidence and pride in their local sport heritage and have actively promoted the vision of a socially inclusive, creative and active Western Cape.

We salute you!

## Ernest Johannes Blaauw

#### **Athletics**

Eden

Ernest's athletics career blossomed in 1988 when he received his permanent race number after completing the Two Oceans Marathon for the tenth time. He went on to complete the Ford Marathon Series in Cape Town (1990), Port Elizabeth (1992) and Durban (1994) respectively. He was chosen to represent South Africa in the three-day Malta Running Challenge in Italy. Among many other triumphs, Ernest has completed seven Comrades Marathons alongside Bruce Fordyce, the Old Mutual Cape Town Marathon, the Voet van Afrika Marathon as well as completing the Rhodes University Settlers Marathon on five occasions. Ernest received medals for all the above-mentioned marathons, ranging from gold to bronze. With his extensive experience and knowledge of long distance and cross country running, Ernest ploughed back to his community by giving motivational talks and training young runners on a weekly basis. He has dedicated a huge portion of his time to the development and training of young athletes, particularly two who are now making a great impact in athletics in South Africa - Lloyd Bosman and Elroy Galant. Ernest has retired from active participation due to health reasons, but still assists in time trials at a local level as well as in giving motivational talks.



## Isak Mentoor

#### **Athletics**

West Coast

Isak's career started in 1989 in Vredenburg under the auspices of Boland Athletics. He was elected as Chairperson of Salkoriane Athletics Club in 1990 and was re-elected annually until 1996. After a year-long absence, Isak was re-elected as Chairperson of Salkoriane Athletics Club in 1998 and has served the club in that capacity ever since. He achieved his first Comrades medal in 1993. Isak has received his permanent numbers for the Two Oceans Marathon and the PPC Riebeeck Berg Marathons. He achieved his first gold medal at the Bushgard marathon in Namibia. Isak is a qualified Boland Athletics technical official and referee as well as a member of the West Coast Athletics and West Coast Road Running Commissions. Isak has devoted 25 years to organising athletics on the West Coast.

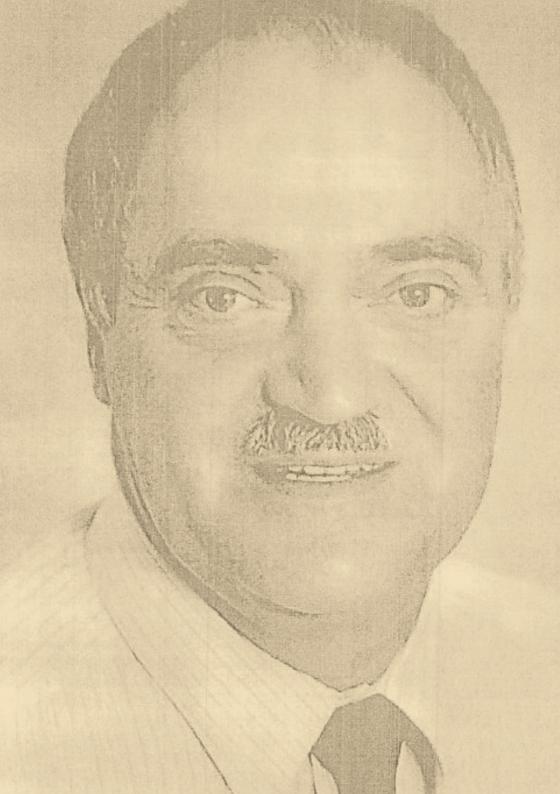


## **Pieter Ernest Jacobs**

#### **Badminton**

Cape Winelands

Pieter's playing career started in 1955 in Randfontein, Johannesburg at the age of 17 years. He went on to represent Western Transvaal for five years in inter-provincial tournaments. He represented the Orange Free State for two years during which time he won the inter-provincial title. Pieter represented Namibia from 1967 to 1993 when he was transferred to Windhoek as a government official. Pieter is the current President of the Boland Badminton Association as well as an active selector and player. As President, he was instrumental in bringing badminton to schools in disadvantaged communities.



### Abe de Bruin

#### Baseball

Cape Winelands

Abe de Bruin's participation in sport started at primary school where he played rugby and cricket, and did cycling, athletics and cross country. He went on to become the General Secretary of the Worcester Wheelers Cycling Club in 1976 and represented Boland cycling at the national meetings of the South Africa Cycling Federation. In 1998, he was asked by Edwin Bennett, the CEO of the South African Baseball Union, to join the baseball family. He started baseball in De Doorns, and helped establish baseball at schools in Malmesbury, Atlantis, Paarl, Robertson and Worcester. It wasn't long before Abe was known as 'Mr Baseball'. In 2004, Abe became the Secretary of the Boland Baseball Union. He held that position until 2010. He was then elected as Chairperson, serving until 2014. Abe is the CEO of the Cape Winelands Baseball Federation, a member of Worcester Strikers Baseball and Softball Club and Treasurer of the Western Cape Baseball Federation.



# Andrew Lebohang Phokeng

#### Boxing

Cape Winelands

In 1988 Andrew started coaching boxing at the Khuthele Industrial School in Paarl. In the same year, he was selected as a national coach of the team competing in Cameroon at the All Africa Games. In 1994, he was a founding member of the Western Cape Open Boxing Organisation (WCOBO) and the Cape Winelands Boxing Organisation. In 2002 he became a qualified national referee and judge. Andrew went on to officiate in Mozambique at the Mandela Cup where boxers from Germany and the Seychelles competed. He is currently the head coach of Bonnytown CYCC, a board member of WECSA and President of the Western Cape Open Boxing Organisation.



# Michael Anthony Lombard

#### Cycling

Eden

Michael began cycling competitively in 1988 in Oudtshoorn and Pretoria. In 1991 he was crowned the Eastern Transvaal Duathlon Champion. As a coach Michael has produced one world champion, three SA champions and a number of provincial champions. He has served on cycling committees for 10 years, promoting cycling as a healthy lifestyle and encouraging newcomers' and interest in the sport. Michael has served as Chairperson of the Pretoria Police Cycling Club, is currently the Chairperson of the Oudtshoorn Cycling Club and is an executive committee member of Cycling South Africa. He also recently represented South Africa at the World Championships in Perth, Australia in September 2016.



# Sonia Alice (Sally) Kluth

#### Equestrian

Cape Metropole

Sally started riding in 1940 in Somerset West. In 1980 she was crowned the South African Dressage Individual Champion. Sally has rescued countless neglected and abused horses and ponies over the years and schooled them for new homes. She has coached juniors to South African individual dressage championships. Sally has also coached several previously disadvantaged individuals to become competent rider athletes and put them through school. She has been instrumental in the training and coaching of disabled children in special needs riding in the Somerset West/Strand communities. Sally has retired as an athlete and coach.



## Amos Nicolaas Mitchell

#### Football

Central Karoo

Amos started his Soccer career at St. John's Primary School in De Aar while in Grade 7. He played football as an attacking midfielder, a position that he kept for his entire soccer career. He was elected captain during his High School soccer career and later played for the senior team of the Sentraal High School in De Aar. He joined Eleven Experience Football Club in 1963. He move to Beaufort West and worked as a messenger at the Receiver of Revenue. He then played for Shamrocks Eleven Football Club in the Western Soccer Union. In 1977 - 1979 he played for South Cape Training College Football team from Oudtshoorn in the Central Karoo Football Association. In 1980 after completing his teaching qualification, Amos started teaching at Teske Memorial Primary School in Beaufort West where he continues to play a significant role in supporting football in the Schools and in the Federation



## **Tannah Harris**

#### Golf

Eden

Tannah has been the President of the Southern Cape Golf Union for the past 10 years. He is a qualified R&A rules official and has been invited on several occasions to officiate as a rules and course set-up official at the South African Open Tournament, and for the PGA, Sunshine Tour and Winter Tour tournaments as a rules official. He has been serving for six years on the South African Golf Association's National Executive. Tannah is keenly involved with the South Cape Nomads, where he was made an honorary member in 2010. His involvement inand encouragement of golf development in the Southern Cape is peerless. He has been the leading light of the Caddies League, which is growing from strength to strength.



# Mziwonke Michael Nomjila

#### Golf

Cape Metropole

Mziwonke started his sport career in 1967 at the Zolani Centre. He received a trophy for first prize in a bodybuilding competition and a gold medal in Bloemfontein for most improved golf player of the year. Although retired, he still gives golf lessons to juniors.



## **Patrick Ross**

#### Karate

Cape Winelands

Patrick started karate in 1969. He is currently a 5th Dan Black Belt in Shukokai, Kobe Osaka and Hayashi-Ha Shito-Ryu Karate. In 1982, Patrick was instrumental in the unification of Karate Boland and served from that year in various official capacities, including the roles of President, Vice-President, Public Relations Officer and additional member. In 1996 he founded Hayashi-Ha Shito-Ryu Karate and established dojos in the Boland. He has received the Western Cape Premier Award for outstanding service to the Western Cape. In 2010, Patrick received the Lifetime Achiever's Award from Karate Boland. In 2012, after the Western Cape team came 3rd in South Africa, six of Karate Boland's students were selected to compete at the World Tournament in Paris. Under his guidance an outreach programme was established with Lelienfontein Farm to teach farm children the discipline of karate. He is currently the instructor of Etienne Marais, one of South Africa's best Kata students, who was the champion from 2009 to 2012



# Christopher Walter Henry Ensil

#### Karate

Cape Metropole

Christopher was the World Karate Champion in 2004 and 2014. He was a national coach and selector from 1996 to 2003, taking South Africa to 1st place in 2004, 2008, 2012 and 2014. As a coach, he has produced many provincial, national, All Africa and world champions since 1983. He is currently the director of coaches and received the Coach of the Year award in 2015. Christopher is a founder member of Goju Kan, a school that has produced students of a high standard who are actively involved in Western Cape and South African Karate.



# Johannes Jacobus Havenga

#### Lawn bowls

Eden

Johannes joined the George Bowling Club in 2001. He became a committee member of the club, and served two terms as Vice-President before being elected President. Having served as a local councillor for five years, Johannes became aware of the need to broaden participation in bowls. This became a passion, especially popularising and promoting the game among our youth. Reaching out to the underprivileged became a special focus for which he has received acclaim at club, district and national levels. Through planning, dedication and perseverance, he has overcome many obstacles to popularising the sport, including the lack of facilities, transport and finance experienced by underprivileged players.



## Walter Oosthuizen

#### Lawn bowls

Cape Metropole

Walter was a founder member of the Eskom Bowling Club in Worcester, which started in 1970. Walter served as the Secretary (1970 - 1971) and President (1972 - 1980) of the club. He was awarded the honour of Worcester Sportsman of the year in 1973. In 1981, Walter qualified as a level 1 umpire for Bowls South Africa. He moved to Cape Town in 1988 and joined Koeberg Bowls Club, which he later served as President. In 2011, he qualified as a level 2 umpire. He is currently serving on the Western Province Technical Officials Standing Committee. Walter is still bowling as a member of Durbanville Bowling Club, where he contributes a column on the laws of bowls to the club's monthly magazine.



# **Brian John Avery**

#### Lawn bowls

Cape Metropole

After playing and being involved in many different sports, Brian took up lawn bowls in 1990 at the Fresnaye Bowling Club, a sub-section of Fresnaye Sports Club, where he is a life member. In 1993, he progressed from playing as lead, to second, then third and was promoted to skip (team captain) in 1993. He still plays as skip in the WPBA Flag Competition. He has represented the club at national tournaments and in the All-Cape Tournament. Brian has served Fresnaye Bowling Club in the capacities of Vice-President (1994 – 2000), club selector (1995 to present) and greens keeper (1995 – 2005). He has completed numerous umpiring and coaching courses under the auspices of Bowls South Africa. Brian is currently retired, but is still an active executive committee and lifetime member.



# Aletta (Toy) Ungerer

#### **Masters Athletics**

Eden

Aletta started in Masters Athletics in October 2004 at the age of 59, 42 years after completing school in Oudtshoorn. She is still breaking South African records and trained intensely for the 100, 200m and 400m events at the World Championships in Australia in October/ November 2016, where she took first place in the 100m and 400m and second in the 200m. Aletta was awarded her national colours and holds the South African records for the 100m and long jump in the 60-65 years age group; 100m, 200m, 400m and long jump in the 65-70 years age group; and the 100m (3x), 200m (.87sec from the world record) and 400m (.89sec from the world record) in the 70+ age group. She also won silver (400m and long jump) and bronze (100m and 200m) at the 2011 World Championships in Sacramento, California; and gold (400m) and bronze (200m and long jump) at the 2013 Championships in Brazil. Aletta is currently an executive committee member of Masters Athletics South Africa, the Chairperson of Masters Athletics SWD and Secretary of Athletics SWD (ASWD).



### Maria Britz

#### Netball

Cape Metropole

Maria is actively involved in schools netball and served as an executive member of the then Western Province Primary Schools Netball Union. She has represented Schools Netball at the unity talks when one organization was established. Maria has served on the current Western Province Schools Netball in different capacities until she retired. Maria had that special gift to coach seniors at club level as well as work with players at school level. After retirement she was still involved in coaching of school teams, as a result of commitment she was appointed as the coach of Western Cape school teams. She continued to improve her coaching qualifications and also conducted coaching courses within the region She was awarded Life Membership of Western Province Schools Netball as well as Life Time Achievers Award from Western Province School Sport Organization for her dedication to sport and the children of Western Province.

With her accommodating nature she is still prepared to assist whenever and wherever needed to share her vast knowledge, skills and experience with others



# Hestheretha Reynecke

#### Netball

Central Karoo

Hestheretha started her sporting career in 1968 in Goodwood, Western Cape. She represented Western Province Schools Netball from 1968 to 1970. From 1971 to 1979, Hestheretha played college and club netball. In 1979 she became a founder member of Albertons Netball Club, where she was also a player-coach. Hestheretha has coached Western Province, South Western Districts and Western Cape teams. Her hard work was rewarded when she was named sport Coach of the Year in 2006. From 2007 to 2011, she was the Chairperson of South Western Districts Netball and served on the Western Cape structure.



# Heleen Sara Madumbo

#### Netball

Central Karoo

Heleen started coaching netball in 1977 in Beaufort West at John D. Crawford Primary School. She went on to win various leagues, with her learners achieving South Western District colours. She is currently still involved with coaching at a club level, having done so for 30 years.



# Maria Dorethea (Miemie) Thiart

#### Netball

Cape Winelands

Maria started her netball career in 1989. She has served as Secretary of Boland Netball from 1997 to 2016. Her goal has been to make netball accessible in all communities and she has volunteered much of her time to assist those who want to play the sport. Maria is also a qualified umpire.



# Loretta Cornelia van der Westhuizen

#### Netball

West Coast

Loretta started playing netball in 1975 in Grabouw. Lottie, as she is fondly known, has been involved with netball and athletics umpiring in the Cape Winelands and West Coast areas for many years. From 1990 to 1996, she was the team manager and assistant coach of the Boland Athletics team at the Schools SA Championships. Lottie has served as coach at Dirkie Uys Primary School for 31 years, 18 of which have been involved with the u/12A and u/13A netball teams. She takes pride in having coached the u/13 Boland Netball team that went unbeaten under her guidance from 1989 to 1991. Her 1991 team went on to win the South African Championships. In 1997, she was elected Secretary of the Boland USSASA Primary Schools Netball executive committee and served on the West Boland Primary Schools Netball executive. Lottie is 63 years of age but is still actively involved as an umpire at the Dirkie Uys Primary School, coaching the West Coast u/12 team and serving on the Swartland Primary Schools Netball executive committee.



# George Hector Fredericks

#### Rugby

Cape Winelands

George started his sporting administrative career in the early 1960s as Secretary of Retreat Rugby Football Club. He later joined the Young Standards Rugby Football Club, serving the club in the capacity of Vice-Chairperson and first team coach. He took on the job of u/19 coach where he managed to collect some silverware. His success at that level was recognised when he became Junior Rugby Convenor in the Paarl Rugby and Boland Rugby Unions. An emeritus professor of library science, George has maintained his commitment to coaching and developing club rugby throughout his busy academic career.

George is the current President of Young Standards Rugby Football Club and a member of Retreat Rugby Football Club's Old Boys.



# Samuel Sonny Gxilishe

#### Rugby

Cape Metropole

Samuel started his sporting career in 1963 in Khayamandi, Stellenbosch. During his rugby career he represented Boland as well as the Leopards (the representative national side of the South African Rugby Board during Apartheid) in 1972 and 1975 respectively. He continues to give back to the community as a spiritual leader. Although he retired from Olympic Gugulethu Rugby Club in 1979, he has inspired and motivated many black rugby players, including some who have achieved their Springbok colours.



# Velile William Diba

#### Rugby

Cape Metropole

Velile started his sporting career at school level in 1962. He rose to the highest level of black rugby when he was selected to the Leopards. He was awarded his Springbok blazer and the legendary Lagunya Rugby Award. Velile, who has retired, has given back to his community by coaching the local rugby club.



# Frederick Mervyn Draai

## Rugby

Eden

Frederick started playing at Perseverance Rugby Football Club in Oudtshoorn. He went on to represent South Western Districts. He began coaching in 1985 at Bridgton Rugby Club and went on to coach the All Blacks Rugby Club, Collegians Rugby Club and Spring Rose Rugby Club, where he achieved great success. His coaching talent was recognised when he was asked to coach the South Western Districts Rugby Union u/19, u/21, amateur, countryside and women's teams. Frederick was also a selector for the South Western Districts Rugby Union. He was instrumental in the establishment of women's rugby clubs in the Eden area. Frederick currently coaches at the Oudtshoorn School of Skills.



# **Tommy Meintjies**

## Rugby

Central Karoo

Tommy started his rugby career in 1974 at A.H. Barnard Primary School in Beaufort West. He played South African schools rugby, and represented Central Karoo Rugby and South Western Districts Rugby Unions. Tommy went on to coach the A.H. Barnard Primary School's u/11 and u/13 teams. His success at that level saw him being elected to coach the Karoo Schools rugby team.



# Harry Joseph Levendal

## Rugby

Eden

Harry started his rugby career in 1973 at Happy Hearts Rugby Club in Brandwacht. He has served the club as Chairperson, player, coach and referee. In 1984, Harry was named the South Western Districts Rugby Union junior coach. After a spell with the juniors, he was promoted to coach the senior team from 1987 to 1991. He is a former Director of Rugby for the Southern Canoe Region, a sub-region of the South Western Districts Rugby Union. He is retired from sports and was honoured as a South Western Districts Eagles Veteran.



# **Gregory James Morkel**

## Rugby

Central Karoo

Gregory started playing rugby in 1962 in Beaufort West. He represented the South Western Districts Rugby Union and played many a game for them. He went on to play for the South African Rugby Union where he received his Springbok colours. In 1966, he was awarded the Sportsman of the Year award in Oudtshoorn. In 2006, Gregory was named the Sports Personality of the year by the Sakekamer (Chamber of Commerce) of Beaufort West.



# Fezile Peter Mali

## Rugby

Cape Metropole

Fezile started as Secretary of Flying Eagles Rugby Club in 1960, a position he held until 1972. During this time he organised tours to the Eastern Cape, to take on the likes of Busy Boys and Spring Rose Rugby Clubs, as well as a tour to Italy. Fezile was also a delegate to the South African Rugby Board under the late Dr Danie Craven. Fezile is retired.



## **Leonard Giles**

## Surfing

Eden

Leonard started surfing in 1963 when only 10 years old, in the small town of Herold's Bay. Leonard was the first surfer from his area to receive national colours for surfing. He was chosen to represent South Africa in 1982 at the World Surfing Championships in Portugal. Leonard has won multiple South African Championships over eight different divisions and 10 Victoria Bay Quad titles across divisions. Leonard has mentored many local surfers, including Sean Holmes, Robert Pollock and David Pfaff. Over the years he has acted as coach to many surfers on the Southern Cape team. Leonard is a lifetime member of the Eden Surf Riders Association. He has donated his Victoria Bay Quad Trophy to be used as the Open Division Prize.



# Newton (Neddy) Sisam

## Surf Lifesaving

Cape Metropole

Neddy started surf lifesaving in 1953 at 10 years of age in Strandfontein, a coastal suburb of Cape Town. He achieved silver and gold medals in first aid (Red Cross). He went on to do an advanced first aid course through the Surf Lifesaving Association of South Africa in 1960. From 1961 to 2000, Neddy rescued and resuscitated a number of potential drowning victims – 85 of these rescues were made in 1961 alone. From 1963 to 1980, he was instrumental in the development of new lifesaving clubs along the Cape coastline. Neddy was also a swimming coach at the Trafalgar, Athlone and Kensington Pools from 1961 to 1971. In 1963, he succeeded in getting six non-white members of Alpha Surf Lifesaving Club in the Western Cape to obtain their surf proficiency award, including his son Francois. Neddy is a lifetime member of Alpha Surf Lifesaving Club.



# Mary Eileen Bennett

#### Softball

Cape Metropole

Mary started playing in 1972 in Rhodesia (now Zimbabwe). She later relocated to the Western Cape and played Western Province softball from 1978 to 1990. She went on to represent South Africa in softball in 1979, 1983 and 1988. Mary was the head coach of Falcons Softball Club, coaching juniors and seniors from all backgrounds. Her knowledge, passion and love for the game made her the backbone of Falcons Softball Club, where she was honoured with a lifetime membership. She also coached at the Western Province School of Excellence, a programme for talented youth players. Mary was the head of the Western Province Masters League for the 2014/2015 season. She is still very involved with softball youth and seniors training camps at club level.



# Rugaya (Gaya) Mammon

#### Softball

Cape Metropole

Gaya's sporting career started in the 1960s. In the 1992/1993 season of softball, the first after unification, Gaya played for the Westridge Yankees Softball Club, the team that won the League and Knockout Finals. In 1997, she made her first Western Province Masters team. She went on to obtain her South African colours in 2002 and attended the Women's World Softball Championships in Saskatoon, Canada. Gaya has played a pivotal role in empowering women in the workplace and in sport. She continues to educate the youth through her involvement with the South African Police Service. She strives to keep abreast of the latest developments in sport and contributes to the development of sport at all levels. Gaya plays an active role in counselling and advising individuals, women and clubs, and gives generously of her time to various community projects.



Notes

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